

## JANUARY MENU

		1 CLOSED	2 Stuffed Cordon Bleu Chicken Breast Rice Pilaf Mixed Seasoned Veggies Fruit Salad Soft Roll Milk 2%	3 Pork cutlet w/gravy Great northern beans Rice Applesauce Soft roll Milk 2%
6 Chicken Teriyaki Brown Rice Asian Vegetables Mandarin Oranges Soft Roll Margarine Milk 2%	7 Vegetable Beef Soup Green Salad w/Dressing Grilled Swiss Cheese Jello w/ Fruit Saltines Milk 2%	8 Chicken Alfredo w/ Fettuccini Pasta Steamed Broccoli Caesar Salad w/Dressing Bread Stick Diced pears	9 Baked Lemon Pepper Fish Mac & Cheese Tuscany Vegetable Blend Whole Wheat Roll Fresh Banana Milk 2%	10 Mexican Fiesta Casserole Fiesta Corn Tropical Fruit Cornbread Milk 2%
13 Chicken and Rice Bake Seasoned Green Beans Glazed Carrots Whole Wheat Roll Baked Apples Milk 2%	14 Italian Meatballs w/ Marinara Sauce Whole Wheat Penne Caesar Salad w/ Dressing Breadstick Pineapple Tidbits Milk 2%	15 BBQ Pork Chop Collard Greens Mac & Cheese Fresh Orange Soft Roll Margarine Milk 2%	16 Chicken Salad Lettuce & Tomato Potato Salad Whole Wheat Bread Chips Mandarin Oranges Milk 2%	17 Beef Chili w/ Beans White Rice Green Salad w/ Dressing Apple Saltines Sour Cream Milk 2%
20 CLOSED	21 Baked Chicken Breast w/ Mushroom Gravy Broccoli Au Gratin Mashed Potatoes Chilled Pears Whole Wheat Roll Margarine Milk 2%	22 Shepard's Pie Lima Beans Tropical fruit Whole Wheat Roll Margarine Milk 2%	23 Baked spaghetti Peas and carrots Green salad w/ dressing Breadstick Pineapple tidbits Milk 2%	24 Chicken Pot Pie Green Beans Biscuit applesauce Margarine Milk 2%
27 Swedish Meatballs Buttered Egg Noodles Peas & Carrots Whole Wheat Roll Pineapple tidbits Margarine Milk 2%	28 Baked Pork Chop Potatoes Au Gratin Steamed Cabbage Applesauce Whole Wheat Roll Margarine Milk 2%	29 Chicken Dumplings Steamed Mixed Veggies Diced peaches Soft Roll Margarine Milk 2%	30 Rosemary Roasted Chicken Breast Mashed Red Skin Potatoes Green Peas & Onions Fresh orange Soft Roll Milk 2%	31 Kielbasa sausage Steamed cabbage White rice Hot dog bun Mandarin orange Mustard Milk 2%