



## FAMILY CAREGIVER SUPPORT

The Family Caregiver Support Program provides a variety of supports that help family and informal caregivers who are caring for adults 60+, and support for Grandparents 60+ with the responsibility of raising their grandchildren. FCSP provides information to caregivers about available services and resources, offers [Support Groups](#), respite care, and supplemental services on a limited basis.

The Homecare Independence Program is also offered as part of Family Caregiver Support. This program is available to individuals who are unable to carry out one or more tasks essential to daily living (e.g. toileting, ambulation) or instrumental activities of daily living (e.g. laundry, shopping) and who need help with these tasks to remain in their own home. This is a consumer-directed service that allows caregivers and older adults to hire family, friends, or others as a personal assistant or caregiver to assist with daily activities such as personal care and home management. A care advisor will assist caregivers consider options and will offer advice on how to self-direct care as a participant in the program. Individuals must be able to direct their own care or have someone who does this for them.