

NOVEMBER 2022 MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| | 1 | 2 | 3 | 4 |
| | Mango Chicken Rice Pilaf Oriental Blend Vegetables Pineapple Tidbits WG Roll/Margarine 2% Milk | Pork Cube Steak/LS Gravy Mashed Potatoes Collard Greens Pears Biscuit 2% Milk | Cheesy Beef Macaroni Casserole Baby Carrots Mixed Fruit Biscuit 2 % Milk | Baked Fish Potato Wedges Coleslaw Fruit Cup Hushpuppies/Nutrigrain Bar 2% Milk |
| 7 | 8 | 9 | 10 | 11 |
| Tomato Bisque Soup Pimento Cheese Sandwich Tropical Fruit Oyster Crackers Cookie 2% Milk | Chef Salad with Turkey/Cheese/Dressing Pasta Salad Fruit of Choice Breadstick/Margarine 2 % Milk | Chicken Cordon Bleu Rice Pilaf Tuscan Blend Vegetables Pears Biscuit 2 % Milk | Cheese Omelet/Sausage Hash Browns Steamed Broccoli Fresh Orange Blueberry Muffin 2 % Milk |  |
| 14 | 15 | 16 | 17 | 18 |
| Oven Fried Chicken Buttered Noodles Spinach Tropical Fruit Biscuit 2 % Milk | Smoked Sausage/Peppers/Onions Rice Green Beans Mixed Fruit Cornbread/Margarine 2 % Milk | Broccoli Cheese Soup Deli Sandwich Sun Chips Peaches Crackers 2 % Milk | Chicken Tenders Macaroni & Cheese Baby Carrots Fruit Salad Biscuit 2 % Milk | Lasagna Tossed Veg Salad/Dressing Fruit of Choice Nutrigrain Bar Bread Stick/Margarine 2 % Milk |
| 21 | 22 | 23 | 24 | 25 |
| Baked Pork Chop Northern Beans Steamed Cabbage Strawberry Applesauce WG Roll/Margarine 2% Milk | BBQ Chicken Rice Pilaf California Blend Vegetables Tropical Fruit Mix Biscuit/Margarine 2% Milk | Oven Baked Fish Red Skin Potato Wedges Yellow Squash/Onions Peaches Hushpuppies/Margarine 2% Milk | CLOSED  | CLOSED |
| 28 | 29 | 30 | | |
| Stew Beef/LS Gravy over Rice Baby Carrots Pineapple Tidbit Biscuit/Margarine 2% Milk | Chicken Parmesan WG Rotini Pasta with Red Sauce Tuscan Blend Vegetables Fruit of Choice Breadstick/Margarine 2% Milk | Pulled Pork BBQ Boiled Potatoes Collard Greens Peaches Cornbread/Margarine 2% Milk | Meat - at least 3 oz Casserole - 6 oz Veg/Fruit - 1/2 c Juice - 6 oz | **Due to ongoing food sourcing issues, menu changes may be made as needed. |