



Brunswick Senior Resources, Inc.
Resource Guide

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Brunswick Senior Resources, Inc.

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Adult Day Care Facilities & Programs

(Certified Adult Day Care and Adult Day Health Programs)

Elderhaus at the Lake, Inc.

Adult Day Center

1950 Amphitheater Drive, Wilmington NC

(910) 251-0660

<http://elderhaus.com>

Adult day care for 18+ who are able to perform activities of daily living

Elderhaus PACE at Canterbury for Northern Brunswick County

Alternative to nursing home care. PACE supports our elderly community so they can remain at home. PACE services are sponsored by Medicare and Medicaid. Cost is based on income and can be FREE or a single monthly payment. Eligibility: age 55 or over, live in a PACE service area, need a nursing home level care.

2222 S. 17th Street, Wilmington NC

(910) 343-8209

<http://elderhaus.com/pace-program/>

Active Day of Grand Strand

3880 Houndsfield Avenue, Myrtle Beach SC

(843) 626-8501

<https://www.activeday.com/locations/states/sc/>

Email: info@activeday.com

Woodard's Adult Day Health Center

*This facility is open.

115 Holden Beach Road, Shallotte,-

(910) 754-9409

<https://www.woodardsadhc.net>

NC Division of Aging and Adult Services - NCDAAS Brunswick County Social Services

910-253-2077

<https://www.brunswickcountync.gov/social-services/>

- Adult Day/Health Care: Limited funds are available to help with adult day care expenses for qualified individuals. For additional information call 910-253-2197
- Community Alternatives Program (CAP Program): Medicaid program that helps provide home services to adults with disabilities who are facing nursing home placement.

Adult Protective Services/Report Elder Abuse/Ombudsman

Reporting Abuse or Self Neglect

Any individual who suspects that a child or an adult may be abused, neglected, dependent or a victim of exploitation shall make a report to the local department of social services.

Reports can be made 24 hours a day, 7 days a week.

- During Business Hours (M-F 8:30AM-5:00PM): Call 910-253-2077 or 910-253-2415
Reports can be made in person in the Social Service Building B Annex on the Brunswick County Government Complex at 60 Government Center Dr. Building B
- After-hours, weekends, holidays: Call 911. Ask to speak to the after-hours social worker.

Adult Protective Services APS Brunswick County Department of Social Services

60 Government Center Drive

Building B

(910) 253-2077

Open Monday – Friday, 8:30AM – 5:00PM

Email: DSS@Brunswickcountync.gov

Adult Home Monitoring

The Adult Home Specialist (AHS) provides assistance, routine monitoring and complaint investigations in Assisted Living Facilities operating in Brunswick County.

NC Division of Health Services Regulations

1(800) 624-3004 or 910253-2600

Adult Placement Services

Assists aging or disabled adults find substitute placement in residential care facilities when their health, safety, and well-being can no longer be maintained at home.

(910) 253-2212

Guardianship

Brunswick County Social Services provides guardianship services to adults who have been adjudicated incompetent and do not have another person or corporation to serve as guardian.

(910) 253-2462.

The North Carolina Ombudsman Program

Serves long-term care residents in licensed Nursing Homes and Adult Care Homes. The Ombudsman resolves complaints or concerns made by or on behalf of residents in long-term care facilities.

Jeff Brunsink-Brunswick County

(910) 274-0344

jbrunsink@capefearcog.org

Holli Blackwelder-New Hanover

(910) 274-0350

hblackwelder@capefearcog.org

Advance Directives

Living Will, Power of Attorney, Organ Donation, Etc.

Notary Services Available

Through Case Management at Your Local BSRI Senior Center

Online Forms

Advance Directive for Natural Death (“Living Will”):

https://www.sosnc.gov/documents/forms/advance_healthcare_directives/advance_directive_for_a_natural_death.pdf

Advance Directive for Mental Health Treatment:

https://www.sosnc.gov/documents/forms/advance_healthcare_directives/advance_instruction_for_mental_health.pdf

Health Care Power of Attorney:

https://www.sosnc.gov/documents/forms/advance_healthcare_directives/health_care_power_of_attorney.pdf

Organ/Tissue Donor Card:

https://www.sosnc.gov/documents/forms/advance_healthcare_directives/organ_tissue_donor_card.pdf

Registration Form:

https://www.sosnc.gov/documents/forms/advance_healthcare_directives/registration_form.pdf

Removal Form:

https://www.sosnc.gov/documents/forms/advance_healthcare_directives/remove_directive_form.pdf

Attorneys

B. Joseph Causey, Jr.

5039 Main St. Suite 1
Shallotte, NC 28470
www.brunswickwills.com
(910) 212-5896

Wills, trusts, probate causes, guardianship

Bachara & Essey, Attorneys

200 Country Club Drive Suite A
Oak Island, NC 28465
www.bacharaessey.com

(910) 457-4577
estate, real estate, business, criminal, family,
probate

Cranfill Sumner & Hartzog

101 N 3rd Street, Suite 400,
Wilmington, NC 28401 &
112 Pine St., Shallotte, NC 28470
(910) 777-6000
elder law

Helayne Levy Payne, Michael Becker Elder Law

4436 Main St. Shallotte, NC 28470
www.apracticewithpurpose.com
(910) 755-7526

Toll Free: (844) 754-5433
assets, estate, guardianship, disability and
special needs, life care planning, LTC

Jennifer Roden, Lawrence

Craige Craige & Fox
701 Market Street
Wilmington, NC 28401
<https://craigeandfox.com/our-team/jennifer-n-marshall>

(910) 815-0085
business, civil litigation, elder, estate planning,
family, juvenile, guardianship, property,
municipal

Joan Keston: Keston Law

4320 Southport Supply Rd Ste
300
Southport, NC 28461
& 123 Culbreth Drive,
Wilmington, NC 28405
(910) 509-7121

Salines-Mondello

6781 Parker Farm Drive, Suite 210
Wilmington, NC 28405
www.lisa-law.com
(910) 777-5734
elder law

Trest & Twigg

4631 Main Street
Shallotte, NC 28470
www.trestandtwigg.com
(910) 575-7337
(wrongful death, personal injury, license
restoration, wills and estates, traffic offenses,
incompetency guardianship)

Watts Law Group

4617 Main Street
Shallotte, NC 28470
www.wattslg.com
(910) 250-9346
estate planning and probate, foreclosures,
homeowners association, construction,
criminal, business, personal injury and auto,
family, insurance, workers comp, consumer
advocacy, defending medical providers

Caregiver Resources

Agencies Offering Caregiver Information, Assistance & Support

Area Agency On Aging

Connects families with resources and attempts to meet needs of family caregivers. This includes local support groups, support services, entitlement programs and other community resources. Also offers Project C.A.R.E. (Caregiver Alternatives To Running On Empty), a state-funded, dementia-specific support for caregivers of persons with Alzheimer's disease. The goal of Project C.A.R.E. is to increase quality, access, choice, and the use of respite care for caregivers. Caregivers in crises are provided timely individualized assessment, guidance, counseling and limited respite care.

Contact: Dana Bentley dbentley@capefearcog.org 910-408-6365

Project C.A.R.E Family Consultant
dbentley@capefearcog.org

<https://capefearcog.org/area-agency-on-aging/project-c-r-e/#>

Brunswick Senior Resources, Inc

BSRI's Aging Resources Division is comprised of a team of Aging Resource Specialists who work to connect Brunswick County residents 60 and older and their caregivers to community programs, resources, and support by providing information and referrals, assistance in navigating application processes, and connection to home-delivered meals, home care, caregiver resources, and counseling.

910-754-2300

<https://bsrinc.org/aging-resources/>

Day Programs

Active Day of Grand Strand

Adult Day Center for 18+ who are able to perform activities of daily living

3880 Houndsfield Avenue, Myrtle Beach SC

<https://www.activeday.com/locations/states/sc/>

Email: info@activeday.com

Elderhaus at the Lake, Inc. Adult Day Center

Adult Day Center for 18+ who are able to perform activities of daily living

1950 Amphitheater Drive, Wilmington NC

<http://elderhaus.com>

Woodard's Adult Day Health Center

Adult Day Center for 18+ who are able to perform activities of daily living

115 Holden Beach Road ,Shallotte,-

(910) 754-9409

<https://www.woodardsadhc.net>

Education Opportunities for Caregiver

Community Resource Guide for Senior Services

www.capefearcog.org/resourceguide

National Council on Aging Benefit Guide

Short questionnaires assist in finding government programs that can help you or your loved one

www.benefitscheckup.org

North Carolina Division of Aging and Adults Services Resources for Family Caregiving

www.ncdhhs.gov/aging/fcreources.htm

The North Carolina Caregiver's Portal

Trualta is a personalized, skills-based training platform for family members caring for aging loved ones living at home.

<https://www.trualta.com/>

Nursing Home Placement Alternatives

CAP Program - North Carolina Dept. of Health and Human Services Community Alternatives Program for Disabled Adults

Home Health Programs for 65+, blind, disabled who require a nursing facility level of care and who are at risk of institutionalization within 30 days. Provides adult day health, personal care aide, home modification, mobility aids, meal preparation.

Contact: Brunswick New Hanover Regional Medical Center
(910) 667-7000

[Community Alternatives Program for Disabled Adults \(CAP/DA\) | NC Medicaid](#)

Elderhaus-PACE Program

Alternative to nursing home care with a home based approach by providing medical support and social services. Must be 55+, meet the nursing home level of care requirement as determined by the NC Dept of Health and Human Services and meet income requirements.

www.elderhaus.com 910-343-8209

Money Follows the Person (MFP)

A state project that helps NC Medicaid-eligible North Carolinians living in inpatient facilities move into their own homes and communities with supports. Must be a facility resident for 60 days, live in qualified facility and have a qualified resident.

To apply call 1-855-761-9030

Applications are online at <https://medicaid.ncdhhs.gov/providers/programs-and-services/long-term-care/money-follows-person>

Nutrition Options

Meals On Wheels

Provides nutritious, freshly prepared meals to county residents 60 and up who cannot reasonably prepare meals for themselves. Eligibility is not based on income and is determined by an initial in-home assessment.

Brunswick Senior Resources 910-754-2300

<https://bsrinc.org/aging-resources/>

Respite Service Options

Area Agency On Aging Respite Vouchers

Eligible caregivers can receive vouchers to provide in-home respite care and/or respite in group settings such as Adult Day Care/Health. Funds are limited.

Contact: Dana Bentley dbentley@capefearcog.org 910-408-6365

Project C.A.R.E Family Consultant

dbentley@capefearcog.org

<https://capefearcog.org/area-agency-on-aging/project-c-r-e/#>

Brunswick Senior Resources Respite Program

Provides respite to eligible caregivers on a short term, temporary basis. In-home assessments are conducted in order to determine eligibility and to assess for additional services. Resources, education and care management are also provided. Please contact a case manager at your local BSRI Senior Center.

(910-)754-2300

<https://bsrinc.org/>

Lower Cape Fear Life Care – Memory Partners

Memory Partners Program: offers care and support for patients diagnosed with dementia, and for their caregivers through counseling, support groups, respite care, home care and consistent contact from program staff.

1414 Physicians Drive, Wilmington

1-800-207-6908

<https://lifecare.org/memory-partners/>

North Carolina Lifespan Respite Program

an application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$500 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available. Caregiver must be at least 18 years old and a North Carolina resident.

- Caregiver must be providing unpaid care for an individual of any age.
- Neither caregiver nor care recipient can be receiving ongoing, publicly funded in-home services or other respite care, including adult day care services.

To Apply call Brunswick Senior Resources at 910-754-2300

Safety and Security Options

Alert Systems

See the “Durable Medical” section of this document

Are You Okay?Program

A FREE telephone reassurance service for older adults and adults with disabilities, who live alone or who are at risk of sudden illness, falls, accidents, and/or social isolation. The Brunswick County Sheriff’s Office places a daily computer generated call to each person enrolled at a specified time. If no response is received, a Deputy is dispatched to the residence to ensure the person’s safety. If the subscriber is okay, they simply hang up the phone after hearing the pre-recorded message. The computer assumes the subscriber is okay if they answer the telephone.

Brunswick County Sheriff's Office

(910) 253-2749

Project Lifesaver (Free Alert System)-Brunswick County Sheriff's Office

A FREE service for Brunswick County residents who are caring for loved ones with Alzheimer’s disease, autism or other conditions that make them likely to wander away or who have difficulties communicating with rescuers. Project Lifesaver bracelets can help rescuers find a loved one who has wandered away.

Contact the I.M.P.A.C.T. Unit 910-253-2749

<https://www.brunswicksheriff.com/community-programs/project-lifesaver>

Support Groups

BSRI FAMILY CAREGIVER SUPPORT PROGRAM

Through Brunswick Senior Resources Family Caregiver Support Program, Caregiver Support Groups are offered monthly at each senior center location. Virtual Support Groups are available as well. See full listings for all groups under “Support Groups” in this guide. See the “Support Group” section of this guide for more information.

Children's Services

Childcare.gov

A general database for child services by state. Used to help find child care and funds.
1-877-543-0059

Communities in Schools of Brunswick County, Inc.

3148 George II Highway, Unit 2
Boiling Spring Lakes, NC 28461
(910) 351-8007
info@cisbrunswick.org
www.cisbrunswick.org

Action For Success Program

Assigns case managers to students with identified risk factors such as poor grades, low test scores, behavior issues, frequent disciplinary referrals, poor attendance, and retention.

21st Century Community Learning Center Afterschool Program at Supply Elementary

The 21CCLC program is a STEM (science, technology, engineering, math) based program that operates Monday through Friday during after school hours with no cost to participants. Bus transportation and snack is provided. The goal of the 21CCLC program is to increase academic achievement, school attendance, class participation, homework completion, social skills, emotional and physical stability.

Contact Aileen Batton at (910) 946-1146 or mfragale@cisbrunswick.org.

Parenting Education Programs

The parenting program is offered to any Brunswick County parent or guardian of children between the ages of five and twelve. Group leaders work together with parents and children in a supportive and confidential environment to offer practical and effective techniques to build healthy, positive family dynamics. The COP groups currently offered in Brunswick County are Grandparents Raising Grandchildren and Single Parent Support Groups. Each of the parenting education programs are provided free of charge by trained parent educators. Free childcare is provided on site for participants.

Contact the CIS Parent Education Office at (910) 253-5327 ext 1435 or mwells@cisbrunswick.org.

Teen Court

Provides an alternative system of justice for first time juvenile misdemeanor offenders ages 6-17. Primarily serving students at Brunswick County's five high schools, Teen Court allows offenders to accept responsibility for their offense, have their case heard by a jury of their peers and complete a constructive sentence so they can avoid a juvenile court record.

Contact Sam Davis, Teen Court Director at (910) 253-4087 or teen.court@brunswickcountync.gov

Head Start Program- Dept. Of Health and Human Services

In school program for children ages 3 to 4 from families with low income, according to the Poverty Guidelines published by the Federal government, are eligible for Head Start and Early Head Start services. Children in foster care, homeless children, and children from families receiving public assistance.

71 N Piney Grove Rd NE

Bolivia, NC - 28422

(910) 253-8155

<http://scfsnc.org/head-start-program/longwood-center/>

HelpGuide.org

A nonprofit site aimed at helping grandparents find resources to help raise grandchildren.

Providence Home (Emergency Teen Shelter)

For Brunswick County Youth with no emergency residential shelter.

5310 Doshier Cutoff SE, Southport, NC 28461

(910) 457-0440

info@providencehomenc.com

<http://www.providencehomenc.com>

Counseling on Insurance

Affordable Care Act/Marketplace

Sign up for affordable, quality health coverage, 24hours/7days a week.

1-800-318-2596

healthcare.gov

Medicaid

health insurance program for low-income individuals and families who cannot afford health care costs.

60 Government Center Drive, Building B

910-253-2077

dss@brunswickcounty.gov

Medicare

1 (800) 633-4227

www.medicare.gov

North Carolina Department of Health Insurance-SHIIP PROGRAM (SENIOR HEALTH INSURANCE INFORMATION PROGRAM)

<https://www.ncdoi.gov>

Smart NC-*can review your adverse benefit determination notice with you, discuss your rights under North Carolina law and assist you with the appeal process.*

SHIIP-*Free, unbiased counseling about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D, and long-term care insurance.*

The North Carolina Senior Medicare Patrol - SMP

Assists seniors in reporting and combating Medicare fraud and abuse.

SHIIP Counseling Available at

The Brunswick Center at Calabash

10050 Beach Dr., Calabash, NC 28467

910-754-6226

The Brunswick Center at Leland

121 Town Hall Dr., Leland, NC 28451

910-754-3658

The Brunswick Center at Shallotte

3620 Express Dr., Shallotte, NC 28470

910-754-4468

The Brunswick Center at Southport

1513 N. Howe St. Ste. 1, Southport, NC

28461

910-754-4106

The Brunswick Center at Supply

101 Stone Chimney Rd., Supply, NC

28462

910-754-845

Local Agencies Assisting with Affordable Care Act Enrollment

CommWell Health

1-877- 935-5255

www.commwelhealth.org

Little River Medical Center

843-663-8000

4303 Live Oak Drive

Little River, SC 29566

www.lrmcenter.com

COVID-19 Resources

Test Sites Listed Online

<https://covid19.ncdhhs.gov/about-covid-19/testing/find-my-testing-place>

Test Site Locations

Brunswick County VA Clinic

910-754-6141

8a-4:30p

FastMed Urgent Care (Leland)

910-782-3600

8a-8p

CommWell Health of Bolivia

910-567-7114

7:30a-6p

Goshen Medical Center (Southport)

910-457-0070

7a-6p

Dosher Urgent Care

910-454-4732

8a-4:30p

Med First Southport

910-269-2053

8a-8p

Novant Health

Oceanside

Convenient Care

877-966-8268

8a-8p

Resources - Fighting Covid 19

Brunswick County Public Health

COVID Line

910-253-2339 (9a-5p)

NC Public Health Call Line

1-866-462-3821 (24/7)

Corona Community Hotline

800-451-1954, (24/7)

NCDHHS YouTube Videos - COVID

<https://www.youtube.com/watch?v=Z53PoYKX2Do&list=PLUadR7S9ykdnCrnT-x-2vnc0qZU7JsGit>

Consumer Education Services Inc

Financial Counseling Line

888-419-2374 (9a-9p)

Red Cross

COVID specific help

833-492-0094 (24/7)

Disaster Distress hotline

Immediate crisis counseling

1-800-985-5990 (24/7)

Text Alerts from NC Public Health

Text COVIDNC to 898211

Crisis/Disaster/Emergency Resources

Emergency Hotlines

Brunswick Family Assistance BFA

Leland Office
324-I Village Rd
Leland, NC 28451
901-408-1700

Brunswick Senior Resources

910-754-2300

Catholic Charities

Harrelson Center
20 N 4th St #300
Wilmington, NC 28405
(910) 251-8130

Coastal Horizons Center

24 HOUR HOTLINE

Emergency Youth Shelter
615 Shipyard Boulevard
Wilmington, NC 28412
(800) 672-2903 OR 910-392-7408

Hope Harbor Home

(Domestic/Sexual Violence) Hotline

24 HOUR HOTLINE

910) 754-5856 = crisis line
910-754-5726 = 24hr staff line

National Suicide Hotline

24 HOUR HOTLINE

Now updated- Dial 988 for assistance

NCCare360

24 HOUR HOTLINE

888-892-1162

United Way

24 HOUR HOTLINE

Dial 211
(910) 458-2777

Crisis Centers

American Red Cross Cape Fear

1102 South 16th Street
Wilmington, NC 28401
(910) 762-2683

Coastal Horizons Center, Inc.

24 HOUR HOTLINE

Emergency Youth Shelter
615 Shipyard Boulevard Office Park
Wilmington, NC 28412
(800) 672-2903 or 910-392-7408

Help Center of Federal Point

7 N. 3rd Street.
Carolina Beach, NC 28428

Hope Harbor Home – Brunswick County

24 HOUR HOTLINE

(Domestic & Sexual Violence)
Bolivia, NC 28422
(910) 754-5856

Rape Crisis Center – Brunswick County

Coastal Horizons Center Building
120 Coastal Horizons Drive
Shalotte, NC 28470
Admin Line: (910) 754-7949

Brunswick County Natural Disaster Resources

Access & Functional Needs Registry

A computerized registry of people w/ special medical needs who may require special assistance in the event of a disaster.

Contact: [Kelley Currie](mailto:Kelley.Currie@brunswickcountync.gov) 910-253-2850
<http://forms.brunswickcountync.gov/forms/accessneeds>

Brunswick County Animal Protective Services

Animal Sheltering
429 Green Swamp Rd.
Supply, NC 28462
910-754-8204
www.aps.brunswicksheriff.com

Brunswick County Emergency Services

3225 Old Ocean Hwy, Bolivia, NC 28422
910-253-5383

Brunswick County Environmental Health

sewer, well water
(910) 253-2150
Hours: 8:30a-5p

Brunswick County Health Department

(910) 253-2250
Hours: 8:30a-5p

Brunswick Family Assistance

Food Assistance & Monetary Assistance
4600 Main St, Shallotte, NC 28470
(910)754-4766|
<http://brunswickfamily.org>

1(888) 519-5362
Hours: M-F = 9a-5p, Sat = 9a-12p

Brunswick County Sheriff's Office

(910) 253-2777
Hours: 8:30a-5p

Brunswick County StreetReach

hot shower/food
(910) 842-2711

Brunswick County Public Housing Agency

910-253-2222
Hours: 8:30a-5p

Brunswick Transit System

(910) 253-7800
Hours: 8a-4:30p

National Agencies Offering Natural Disaster Assistance

American Red Cross

Shelters, meals, health services, mental health services, spiritual care, help to reconnect with loved ones, access to case workers, childcare, laundry, etc.
1(800) 733-2767
www.safeandwell.org

1-800-621-3362 or Text SHELTER & your zip code (ex. SHELTER 01234) to 43362

Housing Crisis Hotline

Call 211 or 888-892-1162

Catholic Charities

<https://www.catholiccharitiesusa.org/>

ReBuild NC

long-term disaster recovery program, through the HUD Community Development Block Grant – Disaster Recovery and Community Development Block Grant – Mitigation funding. Rebuild NC to offer rebuilding assistance.
call 833-ASK-RBNC to book an appointment

Endeavors - VA

Disaster Relief and Housing Services
Fayetteville (910) 672-6166
Jacksonville (910) 379-4913
dcmcnc@endeavors.org

Salvation Army

(910) 762-2070
Hours: 9a-4:45p

FEMA

Monetary assistance with home repairs, business repairs, medical, dental, child care, funeral & burial, household items, moving & storage, vehicle, some clean-up items.
<https://www.fema.gov>
<https://www.disasterassistance.gov/>

Voluntary Organizations Active in Disaster (VOAD)

Assisting with food, diapers, bill asst., clean-up, tarps, etc.
<https://www.brunswickcountync.gov/emergen cy/voad/>



Dental Care

Cape Fear Comm. College Dental Clinic

The CFCC dental clinic is part of a teaching institution for the dental hygiene and dental assisting students.

Health Sciences Building (L)

415 N. Second Street

Wilmington, NC 28401

910-362-7341

<https://cfcc.edu/about/community-services/dental-clinic/>

East Carolina University School of Dental Medicine

Dental school offering comprehensive general dental services for adults, children and special needs patients.

Community Service Learning Center

100 Brunswick Medical Center Parkway NE Bolivia, NC, 28422

Phone 910-253-9000

<https://dental.ecu.edu/brunswick-county/>

Med North Health Center

Dental services offered on a sliding scale based on income.

925 North Fourth Street, Wilmington NC 28401

Ph: 910-343-0270

<https://www.mednorth.org/>

Disability Resources

Agencies Offering Disability Assistance

Brunswick & New Hanover Social Worker for the Blind

910-253-2127
219 60 Government Center
Bolivia, NC 28422

Disability Resource Center

5041 New Centre Drive, Suite 210
Wilmington, NC 28403
Mon - Thu 9 AM - 4:30 PM
Phone: (910) 815-6618
Fax: (910) 815-6658

NC DHHS-Independent Living Program

Assists w/home & car modifications, durable medical equipment, personal assistance up to 40 hours a week. Must meet income qualifications. Household of 1 \$1,342 a month or less

Phone: (910) 746-6835 ; Simone Thompson

<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities> BROCHURE: <https://www.ncdhhs.gov/media/14030/open>

NC DHHS-Regional Center for the Deaf and Hard of Hearing

3240 Burnt Mill Drive, Suite 5
Wilmington, NC 28403
910-251-5702 TTY 910-251-5767
Offers free hearing screenings and assistance for those who qualify.

North Carolina Division of Services for The Blind

309 Ashe Ave, Raleigh, NC 27699
(919) 527-6700

North Carolina Library for the Blind and Physically Handicapped

1841 Capital Blvd
Raleigh, NC 27635
(919) 733-4376
<https://statelibrary.ncdcr.gov/lbph>

Prevent Blindness North Carolina

4011 WestChase Blvd. Suite 225
Raleigh, NC 27607
(919) 755 5044
<https://nc.preventblindness.org>

Disposable Undergarments/Diapers

Brunswick Baptist Association

Assists parents, older adults and caregivers with incontinence supplies, diapers and hygiene products. Prefer referrals from doctors' offices or other local agencies. Contact Brunswick Senior Resources for more information.

Brunswick Senior Resources

When available through grant funding or donations, BSRI provides incontinence supplies for Meals on Wheels Program recipients upon request. Contact a BSRI Case Managers for details.

(910) 754-2300

Camp United Methodist Church

Saturday 10am-12pm noon

4807 Main St.

Shallotte, NC 28470

(910) 754-4840

Diaper Bank of NC

Provides incontinence supplies, diapers, and hygiene products for infants, seniors and caregivers who are enrolled in specific agency programs like food pantry programs, Brunswick County Smart Start, Brunswick County Senior Resource Centers and more.

For a complete list visit the website at <https://ncdiaperbank.org/lower-cape-fear> .

(910) 777-3243

Email: lowercapefear@ncdiaperbank.org

Durable Medical Equipment/ Medical Devices/Safety

Agencies Assisting With Durable Medical

Disability Resource Center

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

Phone: (910) 746-6800

<http://www.drc-cil.org/>

NC DHHS-Independent Living Program

*vehicle & home modification, lift chairs,
other dme for those who qualify*

Phone: (910) 746-6835; Simone

<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

Neighbor to Neighbor Loaner Program

St. James the Fisherman Episcopal
Church

*Durable medical equipment lending
closet*

4941 Main St. Shallotte, NC 28470
(910) 754-9313

Self-Help Credit Union

*A nonprofit community development
lender offering Assistive Technology
Loans for the purchase of devices or
equipment.*

800-966-7353

Tamara Pereboom, (704) 566-2899

<https://www.self-help.org/personal/loans/other-loans/assistive-technology-loans>

Devices for Deaf and Hard of Hearing

ADCO Hearing Products

1-800-726-0851

www.adcohearing.com

Diglo

1-800-825-6758 V

800-825-9187 TTY

952-388-2152 VP

www.diglo.com

Hear-More Products

1-800-881-4327 V

1-800-281-3555 TTY

631-752-0689

www.hearmore.com

Hitec Group

800-965-9043 V

888-814-5359 TTY

www.hitec.com

WCI

(800) 233-9130 V/TTY

www.weitbrecht.com

Silent Call Communications

1-800-572-5227 V/TTY

www.silentcall.com

Devices for Visually Impaired

Brunswick & New Hanover Social Worker for the Blind

910-253-2127 (Tues & Thurs - BC)
910-251-5743 (M, W, F - NH)
krista.kelly@dhhs.nc.gov
219 60 Government Center
Bolivia, NC 28422

Disability Resource Center

910-815-6618
5041 New Centre Drive, Suite 210
Wilmington, NC 28403
<http://www.drc-cil.org/>

Lions Club International

Camp Dogwood for the Blind
Summer Camp for the Visually Impaired)
tammy@nclionsinc.org 828-478-2135
7062 Camp Dogwood Drive
P.O. Box 39
Sherrills Ford, NC 28673

Lions Clubs-Brunswick County

Eyeglasses recycling, assistance programs, vision screenings
910-232-9925

North Carolina Division of Services for The Blind

309 Ashe Ave
Raleigh, NC 27699
(919) 527-6700

NCDHHS Medical Eye Care Program

The Division of Services for the Blind
3240 Burnt Mill Drive, Suite 7
Wilmington, NC 28403
<https://www.ncdhhs.gov/assistance/visio-n-los-s/medical-eye-care-program>
1-866-222-1546
Spanish: 1-800-662-7030

North Carolina Library for the Blind and Physically Handicapped

841 Capital Blvd
Raleigh, NC 27635
(919) 733-4376
<https://statelibrary.ncdcr.gov/lbph>

Prevent Blindness North Carolina

4011 WestChase Blvd. Suite 225
Raleigh, NC 27607
(919) 755 5044
<https://nc.preventblindness.org>

DME Stores Accepting Medicare/Medicaid

Advanced Home Care

1620 Wright St.
Wilmington, NC 28401
800-868-8822
www.advhomecare.org

Carolina HealthCare Products, Inc.

1635 N. Howe St. Ste. H
Southport, NC 28461
(910) 454-4545

Coastal Drug Store

(Mintz Coastal Drug Store Inc.)
4924 Main Street Unit12
Shallotte, NC
(910) 754-6563

CVS Pharmacy LLC

All Locations
Shallotte, NC 28470
(910) 754-9351

DLS Home Services

609A Piner Rd., PMB
135 Wilmington, NC 28405
(910) 620-3734
www.dlshomservice.com

Family Medical Supply Inc.

4600-12 Main Street
Shallotte, NC 28470
(910) 755-7066
www.familymedsupply.com

Home Medical Systems

1347 S. Madison St.
Whiteville, NC 28472
(910) 642-5798

Thomas Drugs Inc.

4750 Main Street
Shallotte, NC 28470
(910) 754-4720

Walgreens Co

All locations

Walmart

All Locations

Medical Alerts**Alert1**

1-888-799-5074
*National coverage
www.alert-1.com

American Senior Safety Agency

Medical Alert System
1-888-473-2800
www.seniorsafety.com

Bay Medical Alert

2600 Stanwell Dr. # 103 Concord, CA
94520
1-877-522-9633
www.bayalarmmedical.com

ConnectAmerica

3 Bala Plaza West, Ste. 200
Bala Cynwyd, PA 19004 1-800-815-
5809
healthcare.connectamerica.com

Guardian Alert 911

EmoryDay, LLC
PO Box 176
Glenelg, MD 21737
www.guardianalert-911.com
800) 953-5211 ext. 2
*No monthly fee

Hasten

1-800-582-3073 (toll free)
<https://www.hastensystem.com>

Life Alarm Services, Inc.

4210 Columbia Rd. Ste. 14B
Augusta, GA 30907
1-800-780-5433
*no monthly fee

Life Station

888-670-2459
www.lifestation.com

Philips Lifeline Medical Alert Service

1000 Commerce Park Drive, Suite 300
Williamsport, PA 17701 1-855-681-5351
www.lifeline.philips.com

Oxygen Supplies

Apria Healthcare

501 Covil Ave., Ste. 400
Wilmington, NC 28403
(910) 343-8930
www.apria.com

Coastal Carolina Respirare

2527 Delaney Ave, Unit A
Wilmington, NC 28403
Office:(910) 362-1414
800-821-4897

Family Medical Supply

1620 Wright St.
Wilmington, NC 28401
(910) 762-7007
www.familymedsupply.com

Liberty Medical Specialties

1120 Ocean Highway West
Supply, NC
(910) 755-0023

Lincare

1011 Zion Hill Rd SE
Bolivia, NC 28422
(910) 755-7277

Safety Devices

Knox Box Emergency Key Box for First Responders

The Knox Rapid Access System removes barriers to entry when first responders respond to an emergency call. Responders can gain rapid access into secure residential and commercial properties. Brunswick County First Responders have a universal key that is specific to each community that will open the box to give them access to a house key. Prices start at \$211
<https://www.knoxbox.com/> 800.552.5669

LogicMark FreedomAlert-requires landline

This no-fee medical alert system is customizable to call up to four contacts and 911. If a caretaker wants to forward your call to 911, they simply dial 911 from their own phone and the system hangs up with the caretaker and calls 911 directly. The system and batteries can be tested. Customers may purchase up to four waterproof pendants to go with a single base station. Cost is about \$250.

LogicMark Guardian Alert 911-requires a landline

Pushing the blue button connects you directly with 911. LogicMark promises no service charges or contracts with this device. The system and its battery can be tested periodically to ensure that it'll work when needed. The pendant is water-resistant and provides two-way communication. Cost is about \$150.

Wyze Cam Indoor Smart Home Camera-requires smartphone and wifi

See inside your home using your mobile phone. Pan, tilt, and zoom: Control remotely, or monitor a room automatically by setting 4 predefined waypoints. Panning has a 360° left/right rotation range and tilting has a 93° vertical up/down range. Now with Color Night Vision. Two-way audio: Speak with anyone you care about through the Wyze app. Cost is about \$40.

Safety Programs

The Brunswick County Sheriff's Office's "Are You Okay?" Program

The "Are You Ok?" system makes daily computer generated calls to subscribers at their pre-determined time each day, seven days a week, 365 days a year. If the subscriber is okay, they simply hang up the phone after hearing the pre-recorded message. The computer assumes the subscriber is okay if they answer the telephone. If the subscriber does not answer the phone, it will alert the Sheriff's Office and someone will try to make contact with that person or key holder to check on the subscriber. If they cannot make contact, a law enforcement officer will be dispatched to their residence.

Contact: the Brunswick County Sheriff's Office I.M.P.A.C.T. Unit at (910) 253-2749.

Project Lifesaver (Free Alert System)-Brunswick County Sheriff's Office

A FREE service for Brunswick County residents who are caring for loved ones with Alzheimer's disease, autism or other conditions that make them likely to wander away or who have difficulties communicating with rescuers. Project Lifesaver bracelets can help rescuers find a loved one who has wandered away.

Contact the I.M.P.A.C.T. Unit 910-253-2749

<https://www.brunswicksheriff.com/community-programs/project-lifesaver>

Education

Brunswick Community College

50 College Rd.
Bolivia NC 28422
(910) 755-7300

www.brunswickcc.edu

A public, two-year educational institution provides accessible and affordable programs and services that meet the educational and cultural needs of the community and to provide opportunities for individuals to be successful.

Brunswick County Literacy Council

282 Ocean Highway
Supply NC 28462
(910) 754-7323

www.bcliteracy.org

The Literacy Council offers tutoring, training, typing and has a literacy teacher, ESL (English as a Second Language) tutoring, in addition to basic literacy tutoring.

Brunswick Senior Resources Senior Centers

Offers once a month technology instruction.

Calabash Senior Center

10050 Beach Dr.
Calabash, NC 28467
910-754-6226

Leland Senior Center

121 Town Hall Dr.
Leland, NC 28451
910-754-3658

Shalotte Senior Center

3620 Express Dr.
Shalotte, NC 28470
910-754-4468

Southport Senior Center

1513 N. Howe St. Ste. 1
Southport, NC 28461
910-754-4106

Supply Senior Center

101 Stone Chimney Rd.
Supply, NC 28462
910-754-845

Energy/Utility Assistance

Brunswick County DSS Programs

60 Government Center Drive, Building B

(910) 253-2077

DSS@Brunswickcountync.gov

Crisis Intervention Program

Federal program that assists those who have no heating or cooling source or has a disconnect notice and the well-being of a household member would be in danger if the heating or cooling crisis was not alleviated.

Low Income Energy Assistance

Check eligibility & Apply Online: <https://epass.nc.gov/>

Assistance with heating bills. **Apply Dec. 1st through Jan 31st.**

Brunswick Baptist Association

1041 Old Ocean Highway

Bolivia, NC

(910) 754-7979

www.brunsbaptist.org

Brunswick County Water & Sewer Utility Assistance

County Public Utilities residential water and/or sewer customers whose gross annual income is equal to or less than 130% of the federal poverty level for the household size, with assets less than \$110,000, and the household's total available on-hand cash resources must be less than \$2,200.

The County establishes the monthly credit amount for water and/or sewer service during the annual budget process. The available credit in Fiscal Year 2023 is \$11 per month for county residential water customers, \$15 per month for residential sewer customers, and \$26 per month for residential customers who have both water and sewer service.

Check eligibility & apply online at: <https://epass.nc.gov/> OR print application at:

<https://www.brunswickcountync.gov/utilities/utility-billing/>

<https://www.brunswickcounty.nc.gov/social-services/utilityassistance/>

Brunswick Baptist Association

1041 Old Ocean Highway

Bolivia, NC

(910) 754-7979

www.brunsbaptist.org

Brunswick Family Assistance

4600 Main St. Shallotte, NC 28470

(910) 754-4766

www.brunswickfamily.org

Brunswick Homeless Coalition

Ocean Isle Beach, NC 28469

1-888-519-5362

www.brunswickhomeless.com

Brunswick Senior Resources

Heater and Fan Program

(910) 754-2300 -or-

contact a case manager listed page 2.

Generations Church

4019 Executive Park Blvd. SE

Southport, NC 28461

(910) 454-9302

www.generationschurch.com

St. Brendan's Catholic Church

5101 Ocean Hwy W

Shallotte, NC 28470

(910) 754-8544

www.stbrendan-shallotte.org/#/

Utility Companies

AmeriGas

3245-A Hwy. 421 N.
Wilmington, NC 28401
(910) 251-5302
91 Southport-Supply Rd. Hwy. 211
Supply, NC 28462
(910) 755-5597

AT&T Telephone

Toll Free: 1 800-288-2020

Brunswick Electric Membership Corporation BEMC

BEMC Headquarters
795 Ocean Hwy W (Hwy 17)
Supply, NC 28462
(910) 754-4391

BEMC Southport/OKI

4335 Southport-Supply Rd. (Hwy 211)
Southport, NC 28461
(910) 457-9808

BEMC Whiteville

2228 New Britton Hwy E (Hwy 130)
Whiteville, NC 28472
Customer Service:
(800) 842-5871
Report an outage:
(800) 682-5309

Brunswick County Water & Sewer Utility Assistance

<https://www.brunswickcounty.nc.gov/social-services/utilityassistance/>
Application period is June 22-July 17

Cape Fear Public Utility Authority, LLC

253 Government Center Dr. Wilmington,
NC 28403
(910) 332-6550

Country L.P. Gas

1767 Fletcher Rd. NE
Leland, NC 28451
(910) 805-6418

Diversified Energy

6 Red Bug Rd SW
Shallotte, NC 28470
(910) 754-8131
(855) 639-7878 (toll free)

Fairways Utilities Services Inc.

7500 Carolina Beach Rd. Wilmington,
(910) 395-6684 -or
304 Passage Gate Way Wilmington, NC
(910) 395-6701

Gas Tech

1611 Canaday Rd.
Wilmington, NC 28411
(910) 686-3502

Hendrix Barnhill Co Inc.

100 Eastwood Rd.
Wilmington, NC 28403
(910) 392-2941

Long Bay Utilities Co Inc.

Southport, NC 28461
(910) 457-5148
(910) 278-5011

Progress Energy

800-452-2777
7am-7pm
www.duke-energy.com

Spectrum Cable

Phone (855) 243-8892

Estate Liquidation/Moving Service

Auction Orange

Assistance with clear outs, estate auctions, consignments, etc.

1930D Castle Hayne Road

Wilmington, NC

(910) 352-0411

Confederate Rose, Inc.

Estate Liquidation and Auction Services

4606 Main St.

Shallotte, NC 28470

(910) 471-8833

Seamless Organizing Solutions

Offering residential and home office decluttering, downsizing and organizing in a compassionate, non-judgmental manner. Coordinates with clients to develop an individualized action plan, and create efficient, functional spaces and systems.

Contact: Kelly Lehman

910-795-9204 or kelly@seamlessorganizingsolutions.com

www.seamlessorganizingsolutions.com

The Fancy Flea Antique Mall

Fancy Flea will consign your high quality, gently loved items. Performs "living" estate sales to clean out entire homes.

2773 US-17

Shallotte, NC 28470

(910) 755-6665

Financial Assistance

Agencies Providing Financial Assistance

Brunswick County Dept. of Social Services

60 Government Center Drive
Building B
910-253-2077

The State/County Special Assistance In-Home Program for Adults (SA/IH)

provides monthly help with living expenses such as food, shelter and clothing to low-income older adults or adults with disabilities who are at risk of entering a residential facility. Must be Medicaid eligible.

Brunswick Family Assistance

4600-8 Main Street
Shallotte, NC 28470 (910) 754-4766
Satellite Location: 2030 Holden Beach Rd
Supply, NC 28462
Open the 2nd Thursday of the month
<http://www.brunswickfamily.org/>

Catholic Charities

20 N 4th St UNIT 300
Wilmington, NC 28405
Phone: (910) 251-8130
<https://www.catholiccharitiesraleigh.org/>

Southeastern Community and Family Services

910-277-3535
915 S Main St, Unit 1
Laurinburg, NC 28352
<https://www.nccaa.net/our-agencies>
<http://scfsnc.org>

Agencies Providing Information On Finding Financial Assistance

Brunswick Senior Resources Senior Centers

Contact a case manager at your local senior center.

Fitness and Health Promotion

Brunswick Senior Resources Senior Centers

Exercise Equipment, Exercise Classes and Wellness Programs offered at Senior Centers. Free for 60+ and \$99 annual for individuals 50-59.

Call Senior Centers for Information

The Brunswick Center at Calabash

10050 Beach Dr.
Calabash, NC 28467
910-754-6226

The Brunswick Center at Leland

121 Town Hall Dr.
Leland, NC 28451
910-754-3658

The Brunswick Center at Shallotte

3620 Express Dr.
Shallotte, NC 28470
910-754-4468

The Brunswick Center at Southport

1513 N. Howe St. Ste. 1
Southport, NC 28461
910-754-4106

The Brunswick Center at Supply

101 Stone Chimney Rd.
Supply, NC 28462
910-754-845

Parks and Recreation Programs

<https://bcparks.recdesk.com>

(910) 253-2670

****See Senior Games**

Food & Nutrition Services/ Food Delivery & Pickup Services

Food and Nutrition Programs

Brunswick County Department of Social Services

Food and Nutrition Service (Food Stamps)

60 Government Center Drive

Building B

Bolivia, NC

910-253-2077

You must apply in person or online

<https://epass.nc.gov/CitizenPortal/application.do>

Brunswick Senior Resources Senior Centers

The Brunswick Center at Calabash

10050 Beach Dr.

Calabash, NC 28467

910-754-6226

The Brunswick Center at Leland

121 Town Hall Dr.

Leland, NC 28451

910-754-3658

The Brunswick Center at Shalotte

3620 Express Dr.

Shalotte, NC 28470

910-754-4468

The Brunswick Center at Southport

1513 N. Howe St. Ste. 1

Southport, NC 28461

910-754-4106

The Brunswick Center at Supply

101 Stone Chimney Rd.

Supply, NC 28462

910-754-8450

Congregate Meal Program

All BSRI Senior Centers and Senior Nutrition Sites offer weekday congregate meals during lunch time for those 60+ at no cost. (Donations Appreciated)

Meals On Wheels

Weekday hot meals delivered to homebound seniors

Food Pantries

Income for households should be at or below 130% of the federal poverty guidelines.

Bolivia Food Banks

Love of Christ Ministries

4308 Bus. 17 NE, Bolivia, NC 28422
(910) 253-4893
2nd and 4th Thursday
5-7pm

Leland Food Banks

Closer Walk

117-C Village Rd., Leland, NC 28541
(910) 399-4383
4th Saturday, except 3rd Saturday in
Nov. & Dec.
9am-11am

First Baptist Church

571 Village Rd, Leland, NC 28451
(910) 371-2233
1st & 3rd Saturday
10am-noon
Drive-thru (Covid)

Inspirational House of Praise

1005 Village Rd, Leland, NC 28451
(910) 371-6052
Wednesdays
8:30-9:30am

Salvation and Deliverance

4402 Northwest Rd., Leland, NC 28451
(910) 655-9600
3rd Thursday and 2nd/4th Saturday
8am-10am

Town Creek Vision

215 Sunnybrook Way, Leland, NC
28451
(910) 477-4840
Thursdays
8am-11am

Navassa Food Bank

Countywide CDC

1183 Old Mill Rd., Navassa, NC 28451
(910) 383-1787
Every other Wednesday
10am-12pm

Shallotte Food Banks

Brunswick Family Assistance

4600 Main St.
Shallotte, NC 28470
(910) 754-4766
Office:
Mon/Tues/Thursday Wednesday
Friday
M,T, Th = 9a-4:30p W = 1p-4:30p
F = 9a-3p

Camp United Methodist

4807 Main St.
Shallotte, NC 28470
(910) 754-4840
Saturday
10am-Noon

St. Brendan Catholic

5101 Ocean Hwy. W. Shallotte, NC
(910) 754-8544
Wednesdays
10am-Noon

South Brunswick Interchurch

4807 Main St.
Shallotte, NC 28470
(910) 579-4684
Saturdays
10am-Noon

Wings Ministry

4519-1 Main St.
Shallotte, NC 28470
(910) 512-7643

Southport/Oak Island/Boiling Springs Food Banks

Shoreline Baptist

4198 Vanessa Dr.
Southport, NC 28461
(910) 457-1909
Mondays
3pm-5:00pm

Sonrise Independent Baptist

8375 River Rd.
Southport, NC 28461
(910) 477-6161
2nd & 4th Monday
2pm-4pm

Southport/Oak Island Interchurch(offers delivery to those without transportation)

249 W. Boiling Spring Rd.
Boiling Spring Lakes, NC 28461
(910) 845-2320
Tues. & Sat. 9-11:15am
Thurs. 5-7pm

Sunset Beach Food Bank

Seaside United Methodist Church

1300 Seaside Rd.
SE Sunset Beach, NC 28468
(910) 579-5753
Tuesdays 9:30am-11:30am

Supply Food Banks

Brunswick Islands Baptist

1672 Mt. Pisgah Rd.
Supply, NC 28462
(910) 842-8969
1st & 3rd Tuesdays
8am-10:30am

Victory Independent

516 Varnamtown Rd.
Supply, NC 28461
(910) 842-7322
Tuesday
12pm-1pm

Winnabow Food Bank

St. Mary's Missionary Church Gospel

6401 Ocean Highway E
Winnabow, NC 28479
(910) 253-7622
1st and 3rd Saturday
11am-1pm

Food Delivery & Pickup Options

Gourmet to Go

Home cooked meals for elderly parents, an ill neighbor or for weekly family meals. Meals for special dietary needs available, such as KETO, paleo, dairy free, low sodium, nut allergy, healthy heart or gluten-free. Family meals serve 6-8. Single meals are \$7.95 or 6 meals for \$39.95. Meals are made fresh to order and can be frozen or refrigerated for up to four (4) days. All meals are prepared to be frozen and reheated while maintaining quality and freshness. Delivery is available to Oak Island, Southport, St. James, BSL, and surrounding communities. Deliveries between 4:30pm and 6:30pm. Orders must be placed and paid for online by 2:00 p.m daily. \$5.00 delivery fee.

105 West St. George Street, Southport, NC 910-505-9336 or 910-477-1082

<https://gourmettogosouthport.com/>

Instacart

Instacart is a home delivery and pick up service that partners with the most popular national and regional retailers such as Albertsons, Costco, CVS, Food Lion, Kroger, Lowes, Publix and more. Delivery fees average about \$5 per order, plus tip.

<https://www.instacart.com/store> **Are you a Senior? Call 1.844.981.3433**

Mom's Meals

Refrigerated, home-delivered meals that are ready to heat and eat. Many Medicare Advantage plans offer meals as part of their post-discharge. To see if yours does, consult your plan materials or call the phone number on the back of your insurance card. Or self-pay offers meals at \$7.99/meal plus shipping.

<https://www.momsmeals.com/our-food/how-it-works/>

Health Care/Health Care Programs

Clinics Offering Services Free or On a Sliding Scale

New Hope Clinic

201 W Boiling Spring Rd, Southport, NC
28461

(910) 845-5333

www.newhopeclinicfree.org

Provides basic medical and dental care, diagnostic services and prescription drugs to low income, uninsured residents of Brunswick County.

Ocean Isle Office

1525 Ocean Isle Beach Rd. Suite
2,

Ocean Isle Beach, NC 28469

Bolivia Office

4311 Old Ocean Highway

Bolivia, NC 2842

CommWell Health

1 (877) 935-5255

aca@commwellhealth.org

www.commwellhealth.org

Shalotte Office

341 Whiteville Rd.

Shalotte, NC 28470

Cape Fear Health Net-Medical Care

Brunswick & New Hanover ONLY

1601 Doctors Cir, Wilmington, NC
28401

(910) 399-2751

www.capefearhealthnet.org

Assists low-income, uninsured who do not qualify for other resources with access to primary care.

Health Programs

Healthy Opportunities Program

Provides assistance with food, housing, and transportation for Medicaid recipients with chronic health issues like diabetes and high blood pressure.

Call a Health Navigator at 910-208-2024

Health Screenings

Medicare Preventive Benefits

- One-time Welcome to Medicare Preventive Visit and Yearly Wellness Visit Colorectal Cancer Screenings
- Breast Cancer Screening (Mammogram)
- Cervical and Vaginal Cancer Screening
- Prostate Cancer Screening
- Cardiovascular Screening
- Diabetes Screening, Supplies and Self-Management Training
- Shots (Flu, Pneumococcal, Hepatitis B)
- Glaucoma Screening
- HIV (Human Immunodeficiency Virus) Screening
- Bone Mass Measurements

Medicare Part B (Medical Insurance) covers:

- Abdominal aortic aneurysm screening
- Alcohol misuse screenings & counseling
- Bone mass measurements (bone density)
- Cardiovascular disease screenings
- Cervical & vaginal cancer screening
- Colorectal cancer screenings
 - Multi-target stool DNA tests
 - Screening barium enemas
 - Screening colonoscopies
 - Screening fecal occult blood tests
 - Screening flexible sigmoidoscopies
- Depression screenings
- Diabetes screenings
- Diabetes self-management training
- Glaucoma tests
- Hepatitis B Virus (HBV) infection screening
- Hepatitis C screening test
- HIV screening
- Lung cancer screening
- Mammograms (screening)
- Nutrition therapy services
- Obesity screenings & counseling
- Prostate cancer screenings
- Sexually transmitted infections screening & counseling
- Shots:
 - Flu shots
 - Hepatitis B shots
 - Pneumococcal shots
- Tobacco use cessation counseling
- Yearly "Wellness" visit

www.medicare.gov/coverage/preventive-screening-services

General Medical Care

General Medical Brunswick County

Brunswick Novant Medical Hospital

240 Hospital Dr. NE

Bolivia, NC (Located on Hwy 17 in Supply, NC)

(910) 721-1000

<https://www.novanthealth.org/brunswick-medical-center.aspx>

An acute care hospital offering a full range of healthcare services.

Dosher Memorial Hospital

924 N Howe St., Southport NC 28461

(910) 457-3800

www.dosher.org

A Critical Access community hospital.

Brunswick County Health Department

25 Court House Dr. NE, Bolivia NC 28422

(910) 253-2250

www.brunswickcountync.gov/health/

Baby Love, Child Service Coordination Program, Community Alternative Program (CAP), Environmental Health, Family Planning, General Clinic, Health Check Program, Health Education, Healthy Family Program, HIV Clinic, Immunizations, Laboratory Services, Maternal Outreach, Maternity Care Coordination Program, Maternity Clinic, Pediatric Clinic, Pediatric Primary Care Clinic, Personal Care Services

General Medical Surrounding Area

New Hanover Regional Medical Center

2131 S. 17th Street, Wilmington, NC 28401

(910) 667-7000

<https://www.nhrmc.org>

Bariatric surgery, behavioral health, cancer treatment, children's health, emergency, heart, home care, imaging & diagnostics, neuroscience, orthopedics, rehabilitation, spine, stroke, trauma, urgent care, and women's health.

Grand Strand Medical Center

809 82nd Parkway. Myrtle Beach, SC 29572

(843) 692-1000

www.mygrandstrandhealth.com

Inpatient behavioral and mental health treatment, breast care, cancer care, pediatric ER and care, emergency care, health screenings and fairs, heart care, maternity care, orthopedic surgery, neuro and spine care, rehabilitation services, stroke care, surgical services, advanced wound care, and level I trauma care.

Home Repairs and Modifications

101 Mobility

Providing accessibility solutions for older adults. Stairlifts, wheelchair lifts, metal ramps, home elevators, etc. Offers free consultation, buy back options & rentals.

5221 Oleander Dr, Wilmington, NC
(910) 469-4815

<https://101mobility.com/wilmington/products/ramps-handrails/>

Brunswick Baptist Association

Assists with ramp construction for those who qualify. Eligibility is based on age, income and physical limitations.

1041 Old Ocean Highway, Bolivia, NC
(910) 754-7979

www.brunsbaptist.org

Catholic Charities

Storm damage repair, etc. Income requirements must be met for this program.

Harrelson Center
20 N. 4th Street Ste 300, Wilmington, NC
(910) 251-8130

www.catholiccharitiesraleigh.org/wilmington

Christian Recovery Centers, Inc

Pressure washing & lawn maintenance to seniors meeting income requirements

1994 Ash Little River Rd NW, Ash, NC
910-287-4357

Lifepoint Church

1725 Reed Rd NE
Leland, NC 28451
(910) 794-3100

www.lifepointnow.com/benevolence

Next Day Access

Ramps, stair lifts, grab bars/safety poles, bathroom products, platform/porch lifts, pool lifts.

2850 Village Dr., Ste 202, Fayetteville, NC
910-386-8046

<https://www.nextdayaccess.com/wilmington-n-c/>

NC DHHS-Independent Living Program

Bathroom modifications, ramps, auto lifts, walk-in showers, etc. Eligibility requirements must be met.

(910) 746-6800

<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

WARM – Wilmington Area Rebuilding Ministry

Income requirements must be met for this program.

5058 Wrightsville Ave, Wilmington NC
(910) 399-7563

www.warmnc.org

Homeless Resources & Shelters

Resources

Brunswick Homeless Coalition

BCHC PO Box 7411
Ocean Isle Beach, NC 28469
1 (888)-519 5362
www.brunswickhomeless.com

Brunswick County StreetReach, Inc

Streetreach 24 hr. message center
(910) 842-2711
www.bcstreetreach.org

Brunswick Partnership for Housing
a transitional housing agency providing eligible families with a safe in which to live for 9-18 months.

910-946-1501
4891 Long Beach Rd. SE
Suite 3 #311
Southport, NC 28461
<https://www.brunswickpartnership.org>

Homeless Crisis Line

not on weekends
(910) 444-4998 (9am-3pm)

Emergency Warming Shelter

The Warming Shelter

1403 Market Street at Trinity United Methodist
(Enter on 14th Street side)

The shelter is open when the temp. drops below 30 degrees for two consecutive nights.
The shelter opens at 6pm. Dinner is served at 6:30pm. Breakfast is served at 7am.

Shelters

Cape Fear Rescue Mission

502 Castle Street
Wilmington, NC
(910) 343-0366
www.rescuemissioncapefear.org

First Fruit Ministries

Social Service Organization
2750 Vance St.
Wilmington, NC
(910) 794 9656 x110
<https://firstfruitministries.org>

Good Shepherd Center Homeless Shelter

811 Martin St.
Wilmington, NC
(910) 763 4424 x100
118 beds/Co-Ed
<http://www.goodshepherdwilmington.org>

Jesus Ministries Church & Outreach

(910) 791-7002

New Directions for Families/ Myrtle Beach StreetReach

(843) 945-4902
90 beds/Co-Ed
<https://www.helpnewdirections.org>

North Strand Housing

Shelter (Longs, SC)
(843) 756-9488
20 beds/Co-Ed
<http://www.northstrandhousingshelter.org>

Open House Emergency Youth Shelter

(910) 392-7408 or 800-672-2903
https://www.coastalhorizons.org/services/crisis_intervention/

Rescue Mission of Cape Fear

910-343-0366

Men only

<https://www.rescuemissioncapefear.org>**Salvation Army of Cape Fear**

820 N. 2nd Street.

Wilmington, NC 28401

(910) 762-7354

52 beds

<https://www.salvationarmycarolinas.org/capefear/>**Recovery Housing For Men****Beach House Recovery**

(910) 712-2241

<https://beachhouserecovery.net/>**Brunswick Christian Recovery Center**

1994 Ash Little River Rd NW

Ash, NC 28420

(910) 287-4357

<https://bcrcrecovery.org/>**Hope House**

Office: 10 Henry St.

Wilmington, NC 28405

(910) 264-1212

www.hopehousewilmington.com**Launch Pad**5001 Wrightsville Ave. Wilmington, NC
28403

910-632-2344

www.newlifelaunchpad.com**Oxford House Brentonshire**

105 Brentonshire Rd

Wilmington, NC 28405

Contact: Clint (910) 782-7223

Oxford House Cape Fear

602 Everbreeze Lane

Wilmington, NC 28411

(331) 725-1709

www.oxfordhousenc.org**Oxford House Covil House**

355 Lullwater Drive

Wilmington, NC 28403

(910) 370-6757

Oxford House Greenwich

226 Greenwich Lane

Wilmington, NC 28409

(704) 315-4150

Oxford House Oleander Drive

5802 Verbenia Drive

Wilmington, NC 28409

(910) 528-5830

Oxford House Smith Creek

1131 N. Kerr Avenue

Wilmington, NC 28405

(252) 231-6261

Oxford House Woodduck

5584 Woodduck Circle

Wilmington, NC 28409

(803) 682-7236

Stepping Stone Manor

416 Walnut Street

Wilmington, NC 28401

(910) 762-1743

www.porthhealth.org****Brunswick County****Anchor Initiative****

910-363-7880

<https://www.brunswicksheriff.com/community-programs/an-chor-initiative>

Recovery Housing For Women

Hope House

Office: 10 Henry St.
Wilmington, NC 28405
(910) 264-1212

www.hopehousewilmington.com

Kelly House

*for pregnant women in recovery or
infants up to 6 mos. old*
2206A Wrightsville Ave.
Wilmington, NC 28403
(910) 763-6499

Launch Pad

5001 Wrightsville Ave.
Wilmington, NC 28403
910-632-2344

www.newhopelaunchpad.org

Oxford House College Road

110 Lansdowne Rd
Wilmington, NC 28409
(864) 417-9137

Oxford House Dotson

1205 Dotson Court
Wilmington, NC 28409
(910) 459-8457

www.oxfordhousesenc.org

Oxford House Hunting Ridge

618 Hunting Ridge Rd.
Wilmington, NC 28412
(910) 530-0035

Peachtree Recovery Home

4403 Peachtree Ave.
Wilmington, NC 28403
(910) 228-7150

The Rose House

(910) 287-4357
<https://bcrcrecovery.org/>

**Brunswick County

Anchor Initiative**

910-363-7880

<https://www.brunswicksheriff.com/community-programs/anchor-initiative>

Domestic Violence Housing

Domestic Violence Shelter and Services, Inc.

2901 Market St. Wilmington, NC 28401

(910) 343-0703

www.domesticviolence-wilm.org

Good Shepherd Center

811 Martin Street

Wilmington, NC 28401

910-763-4424 x100

www.goodshepherdwilmington.org

Shelter, Soup Kitchen (open to the public), 30 Days are Free – \$3 per night thereafter
Registration: Monday – Friday (Not on a holiday) between 8am - 3:30pm,
Male, Female, Families

Hope Harbor Home Crisis Line

PO Box 230, Supply, NC 28462

(910) 754-5856

www.hopeharborhome.org

Salvation Army

820 N. Second Street

Wilmington, NC

(910) 762-2070

www.salvationarmycarolinas.org/capefear/home/

Shelter, Soup Kitchen (for guests of shelter), 2 weeks are free – approx. \$55 per week thereafter. Please call the Salvation Army to inquire about their registration process.
Male, Female, and Families

Wilmington Interfaith Hospitality Network/ FamilyPromise of Lower Cape Fear

The Harrelson Center at 20 N. 4th Street, Suite 440

Wilmington, NC 28401

(910) 769-4730

www.familypromiselcf.org

Families only (victims of domestic violence)

Misc. Shelter Services

Brunswick County Streetreach

(910) 842-2711

<http://www.bcstreetreach.org/>

Partnerships with community churches offering food, shelter, supplies, resources, etc.

Dignity Ministry- Little River UMC

1629 Highway 17 N., Little River, SC 29566

(843) 249-2329

www.lrumc.net

Offers showers, hot lunch, and a bag lunch to go.

Prison Ministry/Homeless Outreach Building Hope Ministries

1009 Hewett Rd SW, Supply, NC 28462

(910) 842-2711

(in-prison team, street team, Angel Tree kids program, newly released, human trafficking task force)

Shepherd's Table free dinner – Little River UMC

1629 Highway 17 N., Little River, SC 29566

Every Friday 5-7pm in the Fellowship Hall (843) 249-2329

www.lrumc.net

Soup Kitchen Camp UMC

4807 Main St., Shallotte, NC 28470

910-754-4840

4:30p-6:30p

(Call ahead to confirm it's operating.)

St. Philips Episcopal Church

205 E. Moore St., Southport, NC 28461

910-457-5643

www.stphilipchurch.org/staff

Free lunch every Monday from 11:30 to 1:00pm. All are welcome. Singles, seniors, homeless, parents who just need a break.

****See also: Food and Nutrition Services on page 33.**

Hospice

Hospice offers both Palliative Care and Hospice Care. **Palliative Care**, also known as palliative medicine, is specialized medical care focused on the symptoms and stress of a serious illness. Staff assist in navigating complex healthcare situations, coordinating with your doctors to support your current treatment plan, and helping you manage pain and symptoms to improve quality of life for you and your loved ones. Patients can receive palliative care in their homes, assisted living facilities, hospitals, and skilled nursing facilities. Palliative care nurse practitioners visit patients as needed to access care needs and provide pain and symptom management. **Hospice Care** begins when the current prognosis indicates a life expectancy of six months or less, or treatment is no longer available or desired.

HOSPICE AGENCIES

Amedisys Hospice Care

1729 Southport Supply Road Unit A
Bolivia, NC 28422
(855) 809-0997
www.amedisys.com

Community Home Care & Hospice

Brunswick County
497 Olde Waterford Way Suite 208
Belville, NC 28451
(910) 371-6427

Columbia County
333 Jefferson St.
Whiteville, NC 28472
(910) 642-5009

Liberty Home Care & Hospice

Brunswick County
1120 Ocean Hwy W
Supply, NC 28462
(910) 754-8134

New Hanover County
420 Eastwood Rd, Suite 101
Wilmington, NC 28403
(910) 251-8111

Lower Cape Fear LifeCare

TO MAKE A REFERRAL CALL: [800.207.6908](tel:800.207.6908).

New Hanover County
1406 Physicians Drive
Wilmington, NC 28401
(910) 796-7900

OFFERS: Palliative Care, Hospice Care, Respite Care, Memory Partners and 3 Hospice Care Centers.

Memory Partners Program: offers care and support for patients diagnosed with dementia, and for their caregivers through counseling, support groups, respite care, home care and consistent contact from program staff.

Housing Resources

(For Apartments, Assisted Living, & Skilled Nursing Facilities see the Senior Living Section of this guide.)

Brunswick County Homeless Coalition

Advocates for Brunswick County's homeless by educating the public and promoting, recruiting, and facilitating resources.

PO Box 7411, Ocean Isle Beach, NC1-888-519-5362

<http://brunswickhomeless.com/>

Brunswick County Public Housing Agency

60 Government Center Drive NE, Building B, Bolivia NC 28422

(910) 253-2222

<http://www.brunswickcountync.gov/public-housing/>

Administers Section 8 Housing Choice Voucher (HCV) to offer low-income families housing units. The family must meet HUD requirements.

Brunswick County Tax Department

Property Tax Relief Information (65+ may receive a property tax discount)

<http://www.brunswickcountync.gov/tax-office/elderly-exclusion/>

Brunswick Housing Opportunities

3470 Old Ocean Hwy, Bolivia, NC

(910) 253-0699

Brunswick Partnership for Housing

Providing transitional housing for Brunswick county families in need.

<https://www.brunswickpartnership.org/>

Brunswick Housing Opportunities

3470 Old Ocean Hwy, Bolivia, NC

(910) 253-0699

Countywide CDC

404 Old Mill Rd NE, Navassa

910-383-1787

Homebuyer education

Endeavors

269 Westlake Rd.

Fayetteville, NC 28314

910-672-6166

Assists veterans with rapid rehousing.

Habitat for Humanity

1323 Stone Chimney Rd.

Supply, NC 28462

(910) 454-0007

Builds & rehabilitates homes for those who qualify.

ReBuild NC - NCORR

833-275-7262

<https://www.rebuild.nc.gov>

Offers rent and utility assistance for those impacted by Covid through the Hope Program.

H.U.D. U.S. Department of Housing and Urban Development

800-569-4287

https://www.hud.gov/i_want_to/talk_to_a_housing_counselor

Reverse Mortgages

Action Pathways, Inc

(910) 485-6131

www.actionpathways.ngo

Consumer Education Services, Inc.

(866) 484-5373

<https://www.cesisolutions.org>

Foothills Credit Counseling, Inc.

(828) 286-7062

http://www.cccsof.org/services_counseling.html

Johnston-Lee Harnett Community Action, Inc.

(919) 934-2145

<https://www.jlhcommunityaction.org>

Navicore Solutions – Raleigh

(800) 992-4557

www.navicoresolutions.org

Resources for Seniors

(919) 872-7933

www.resourcesforseniors.org

Sandhills Community Action Program, Inc.

(910) 947-5675

<https://www.sandhillscap.org>

Telamon Corp.

(919) 851-7611

www.telamon.org

H.U.D. U.S. Department of Housing and Urban Development

800-569-4287

https://www.hud.gov/i_want_to/talk_to_a_housing_counselor

Counseling on reverse mortgages.

In-Home Aide/Home Health Services

In-Home Assistance Programs

Brunswick Senior Resources- In-Home Aide Program

In-Home Aide services help individuals who have functional, physical or mental impairments accomplish their daily activities such as bathing, dressing, toileting, cooking, cleaning, laundry.

Contact a case manager at your local BSRI Senior Center

Medicaid: Those who qualify for Medicaid may qualify for personal care services PCS, but only as prescribed by your doctor. To qualify for personal care services, you must show that you need assistance with your activities of daily living such as bathing, dressing, eating and mobility. Your doctor may need to complete a DMA-3051 FORM to facilitate eligibility. For more information visit [North Carolina Medicaid Personal Care Services Program: Benefits & Eligibility](#) or contact a case manager at your local BSRI Senior Center.

North Carolina Dept. of Health and Human Services- CAP Program

Home Health Programs for 65+, blind, disabled who **require a nursing facility level of care** and who are at risk of institutionalization within 30 days.

Contact: Brunswick New Hanover Regional Medical Center (910) 667-7000
[Community Alternatives Program for Disabled Adults \(CAP/DA\) | NC Medicaid](#)

Community Alternatives Program for Disabled Adults (CAP/DA)

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation.

Community Alternatives Program/Choice (CAP/Choice).

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation. An agency arrange

PACE Program-Program of All-inclusive Care for the Elderly

State/Federal program that provides comprehensive health care and services that allow individuals 55+ who **qualify for nursing level of care** to remain with their family and as opposed to a nursing home or other care facility.

Eligibility: There are only four criteria to be eligible for PACE: age 55 or older, reside in an area served by PACE, **be certified as eligible for nursing home level care** in NC and be able to live safely in a community setting at the time of enrollment. THIS IS AN ENTITLEMENT PROGRAM and is therefore based on income requirements.

Contact: Elderhaus 910-343-8209

[PACE Program - ElderhausElderhaus](#)

Home Health - Medical

Agencies that serve Brunswick County

Advanced Home Health

800-643-6656 (24/7 phone)

<https://advhomehealth.com/locations/>

All Care Home Care Agency

1213 Culbreth Dr.

Wilmington, NC 28405

(910) 350-8811

Accepts all payments

<https://www.allcarehc.com>

Allied Home Health Care Inc.

143 Holden Beach Rd SW. #1B

Shalotte, NC 28459

(910) 755-2020

Accepts Medicaid (CAP/DA, CAP/C),
VA,private insurance and private pay.

Assisted Care at Home

1003 Olde Waterford Way Suite 1B

Leland, NC 28451

(910) 332-3333

<https://assistedcare.net>

Accepts all payments

Bayada*

3205 Randall Parkway Suite 207

Wilmington, NC 28403

(910) 397-7767

www.bayada.com

Brightstar of Brunswick/New Hanover

2709 Market St. Suite 201

Wilmington, NC 28403

(910) 599-9555

www.brightstarcare.com

Accepts VA, private pay, LTC insurance

Cape Fear Home Care

3807 Wrightsville Ave, Ste. 24

Wilmington, NC 28403

(910) 794-7300

www.capefearhomecare.com

Accepts Medicaid, private pay, private insurance.

Care Providers of Wilmington, Inc.

2547 S. 17th Street Suite B

Wilmington, NC 28401

(910) 792-6296

Toll Free: (877) 791-6255

www.cpwilmington.com

Accepts all payments.

Community Home Care & Hospice

497 Olde Waterford Way Ste 208

Belville, NC 28451

(910) 371-6427

Tollfree: 866 400 6685

www.communityhch.com

Accepts all payments.

Care Alternatives

100 Old Eastwood Rd. #33

Wilmington, NC 28403

(910) 395-5440

Eldercare At Home

3408 Wilshire Blvd. STE 100-B

Wilmington, NC 28403

(910) 395-5003

www.eldercarenc.net

Accepts private pay, private insurance,
CAP and Veterans

Elderhaus PACE

PACE Program
1380 N College Rd
Wilmington, NC 28405
(910) 343-8209
TTY: (1-800) 735-2962
www.elderhaus.com

Griswold Home Care

4016 Shipyard Blvd Suite A
Wilmington, NC 28401
(910) 363-2866
www.griswoldhomecare.com

Interim Health Care

592 Ocean Hwy W.
Supply, NC 28462
(910) 755-8044
www.interimhealthcare.com
Accepts all payments.

Liberty Home Care & Hospice

420 Eastwood Road Suite 101
Wilmington NC 28403
910-251-8111
Toll free: 1-800-999-9883
1120 Ocean Highway West Supply, NC
28462 800-800-0618
www.libertyhomecare.com
Accepts all payments.

Maxim HealthCare Services

2106 South 17th Street
Wilmington, NC 28401
(910) 251 8990
www.maximhomecare.com/Wilmington_Homecare_223.aspx

Accepts Medicaid, private insurance and private pay.

NHRMC Home Care

7864 US Highway 17 South
Rocky Point, NC 28457
(910) 259-1224
www.nhrmc.org/services/home-care

Accepts all payments.

Veterans Care Coordination

1 (855) 380-4400
www.vcchc.com

VA

No Cost
Numerous locations
(910) 343-5300

Home Health Companion Agencies - Nonmedical

Always Good Company Home Care

P.O. Box 10167
Wilmington, NC 28404
(910) 538-5207
www.alwaysgoodcompanyhomecare.com
Accepts Long-Term Care Insurance.

Bayada*

3205 Randall Parkway Suite 207
Wilmington, NC 28403
(910) 397-7767
www.bayada.com

*BSRI contracts w/ Bayada for In Home Aide, assisting with cost.
Call BSRI to inquire
910-754-2300.

BrightStar Care of Wilmington and

Brunswick County
2709 Market St, Ste 201
Wilmington, NC 28403
Phone 910-599-9555
www.brightstarcare.com/wilmington-brunswick-county

Coastal Companion Care

5101 Southport Rd. SE Suite 4
Southport, NC 28461
(910) 457-5300
www.coastalcompanioncare.com

Comfort Keepers

112 Pine St #5
Shallotte, NC 28470
(910) 208-6019
www.comfortkeepers.com

Community Innovations

80 Alliance Drive
Whiteville, NC 28472
(910) 642-5697
www.communityinnovations.com
Accepts Medicaid and private insurance.

Kennedy Companion Care

100 Old Eastwood Rd., Bld A, Ste 108
Wilmington, NC
(910)769-1455

Home Instead

25 Union School Rd. NW
Shallotte, NC 28469
(910) 790-0002
www.homeinstead.com

Right At Home

2202 Wrightsville Ave
Suite 112
Wilmington, NC 28403
(910) 765-0755
www.rightathome.net/wilmington

Senior Helpers

2311 South 17th Street
Wilmington, NC 28401
(910) 250-9280
www.seniorhelpers.com/wilmington
Accepts all payments.

Housekeeping Private Companies

Beach Maids

2531 Kirby Rd. SW
Supply, NC 28462
Phone number:
(843) 421-9036

Coastal Maid Cleaning Services

Located in Sunset Beach Area
Phone number:
910-505-9101
Cell phone:
(910) 448-2661
<http://coastalmaidcleaning.com>

Complete Cleaning Services

3345 Stone Chimney Rd. SW
Supply, NC 28462
(910) 842-4528
www.cleaningbrunswick.com

Glory Girls Cleaning Service

Shallotte
Area

(843) 246-4812

Merry Maids

1302 S 39th St.
Wilmington, NC 28403
(910) 317 0365
www.merrymaids.com/wilmington/

Molly Maid of Wilmington

4302 Holly Tree Rd.
Wilmington, NC 28412
(910) 338-4661
www.mollymaid.com/wilmington/

The Maids of Wilmington

108 N Kerr Ave Suite K1B
Wilmington, NC 28405
(910) 859-8449
www.maids.com

Yes! Maids

Located in Ash
(970) 387-8287

Job Training/Job Placement

EDSI (Educational Data Systems, Inc.) Workforce Services

5300-7 Main Street, Shallotte, NC 28470

(910) 754-6120

<http://www.edsisolutions.com>

Administers the WIOA Adult and Dislocated Workers program in Brunswick County under Contract with the Cape Fear Council of Governments. Employment and Training Opportunities.

NC Department of Commerce, Division of Employment Security

PO Box 25903, Raleigh, NC 27611

888-737-0259

www.des.nc.gov

File an unemployment claim, inquiry into the status of the claim, resolve Issues associated with a filed claim.

NC Department of Commerce, Division of Workforce Solutions/ NCWorks Brunswick County Career Center

5300-7 Main Street, Shallotte NC 28470

(910) 754-6120

Marcell Hatten- NCWorks One-Stop Manager Brunswick County

www.ncworks.gov

Provides employment assistance, labor market information, TAA.

NC DHHS-Independent Living Program

Phone: (910) 746-6800

<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

Provides Counseling, training, education, transportation, job placement, assistive technology and other support services. These services are provided to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.

United Way Senior AIDES Program

5919 Oleander Drive, Suite 115 Wilmington, NC 28403

(910) 798-3900

Offers job counseling and training for qualified people age 55+. Applicants must meet certain income-level requirements.

Legal Services

Consultation and Legal Assistance for Seniors

LawHelpNC.org

www.lawhelpnc.org

Legal Aid of NC

272 N. Front Street, #220

PO Box 814

Wilmington, NC 28402-0184

(910) 763-6207

<https://www.legalaidnc.org>

Legal aid offers telephone assistance, project screening, assistance, and referral for major areas of help including benefits, housing, civil rights, and domestic violence.

North Carolina Advocates for Justice

701 Corporate Center Dr, Suite 450

Raleigh, NC 27607

919-832-1413

<https://www.ncaj.com/>

The organization offers an online database that matches the user with a local attorney who will provide a free consultation.

North Carolina Elder Law Legal Aid & Pro Bono Services

<https://www.justia.com/lawyers/elder-law/north-carolina/legal-aid-and-pro-bono-services?locale=state>

North Carolina's Statewide Senior Legal Hotline

1 (877) 579-7562 (60+)

www.legalaidnc.org

Housing law, consumer law, employment law, public benefits, civil law

apply online at same link

Find additional resources and events through our local Area Agency on Aging.

<https://capefearcog.org/area-agency-on-aging/>

Medicare/Medicaid

Medicare: www.medicare.gov

Medicaid: <https://www.brunswickcountync.gov/>

To Apply For Medicaid

Contact:

Brunswick County Dept of Social Services OR Apply online: <https://epass.nc.gov/>

60 Government Center Drive

Building B, Bolivia, NC

Phone: 910-253-2077

Who is eligible for the North Carolina Medicaid Program? You can check your eligibility at ePass.gov. Click on the following link <https://epass.nc.gov/>

Be a resident of the state of North Carolina, a U.S. national, citizen, permanent resident, or legal alien, in need of health care/insurance assistance, whose financial situation would be characterized as low income or very low income. You must also be one of the following:

- Pregnant, or
- Be responsible for a child 18 years of age or younger, or
- Blind, or have a disability or a family member in your household with a disability, or
- Be 65 years of age or older.

To be eligible, you must have an annual household income (before taxes) that is below the following amounts:

Household Size*	Maximum Income Level (Per Year)
1	\$17,131
2	\$23,169
3	\$29,207
4	\$35,245
5	\$41,284
6	\$47,322
7	\$53,360
8	\$59,398

To Get Assistance in Choosing a Medicare Plan or Apply for Medicaid Medicare Saving Program

Contact:

Seniors Health Insurance Information Program (SHIIP)

1 855-408-1212

1 919-807-6900

<https://www.ncdoi.gov/>

or **Contact your local BSRI Senior Center**

Mental Health Organizations/Programs/Services

Mental Health Important Phone Lines

Disaster Distress Helpline 800-985-5990

Mobile Crisis Hotline 844-709-4097

National Hopeline Network, Suicide & Crisis Hotline 1-800-442-HOPE(4673)

National Institute of Mental Health Information Resource Center 1-866-615-6464

National Suicide Hotline – DIAL 988

Mental Health Important Websites

Crisis Solutions North Carolina: www.crisissolutionsnc.org

Eastpointe Behavioral Health Care: www.eastpointe.net

Substance Abuse & Mental Health Administration: <https://www.samhsa.gov>

Suicide Prevention Resource Center: www.sprc.org

Mental Health America: www.mentalhealthamerica.net/preventing-suicide-older-adults

Mental Health First Aid Training (*COVID edition*):
<https://www.redcross.org/take-a-class/classes/psychological-first-aid%3A-supporting-yourself-and-others-during-covid-19/a6R3o0000014Zlg.html>

Red Cross COVID help:
<https://www.redcross.org/virtual-family-assistance-center.html#someone-to-talk-to>

Mental Health Organizations

Carolina Dunes Behavioral Health
2050 Mercantile Dr., Leland, NC 28451
(888) 652-3122
Free Confidential Assessment
www.carolinadunesbh.com

Coastal Horizons Center
Brunswick Office Outpatient:
Highway 17 South (Behind Jones Ford)
120 Coastal Horizons Drive, Shallotte, NC 28470
(910) 754-4515
Rape Crisis: (910) 754-7949
Outpatient Services: therapy, medication management

Coastal Southeastern United Care Brunswick County

3640 Express Drive, Shallotte, NC
28459
(910) 755-5222

10 Referendum Dr. Suite F-115
Bolivia, NC 28422
910-253-5801

1201 S 16th St Suite B
Wilmington, NC 28201
910-769-4971
<https://cseuc.org/>

Lindley Habilitation

Persons with intellectual/developmental disabilities; Medicaid in home, day program, AFL, & private pay
1513 N. Howe St. Suite 12, 14
Southport, NC 28461
www.lindleyhabilitation.com

5040 New Centre Dr. Suite F.
Wilmington, NC 28403
(910) 793-3828

Oceanside Family Counseling & Resource Center, PLLC

790-3 Sunset Blvd N
Sunset Beach, NC 28468
(910) 575-4200

Trillium Access Point Screening Program

Provides 24/7 anonymous, online, evidence-based, self-administered behavioral health self-screenings, educational resources, and referral info in English and Spanish.
(866) 998-2597.
<https://trilliumncaccesspoint.org/>

Trillium Health Resources

Wilmington: (910) 550-2556 Crisis: 877- 685-2415 (24/7)
<http://www.trilliumhealthresources.org/>

Provides intervention and treatment to those with mental illness, developmental disabilities and substance abuse problems.

Wilmington Behavioral Health

Mobile crisis team dispatched to your location to conduct an in-person crisis assessment and provide support and resources for mental health, substance abuse & developmental disability issues. No payment or insurance is required. No out of pocket cost.
(844) 709-4097
Open 24/7/365

Pest Control

Allied Pest Control

6584 Beach Dr.
Ocean Isle Beach, NC 28469
(910) 579-9655
www.alliedpestcontrol.org

Brunswick Pest Control Inc

265 W Boiling Spring Rd Southport, NC,
28461
(910) 457-4444
www.brunswickpestcontrol.com

Bug-N-A-Rug Exterminators

670 Wellington Ave
Wilmington NC 28401
(910) 254-9443
www.bugnarug.com
parts of BC & NH

Bugno Pest Control*

7325 Haven Way
Wilmington, NC 28411
www.bugnopestcontrol.com
(910) 367-2501

Bugs Etc.*

5751 Oleander Dr # 3,
Wilmington, NC 28403
(910) 799-0746
www.fleamaxx.com

Bug Out

6752 Gordon Rd.
Wilmington, NC 28411
877-284-6881
www.bugoutservice.com

Canady Pest Control

7290 Beach Dr SW, Suite 13 Ocean Isle
Beach, NC 28469 (910) 393-0297
www.canadypestcontrolservice.com

Cape Fear Termite & Pest Control*

116 Lea Drive
Hampstead, NC 28443
(910) 270-0808
www.capefearpestcontrol.com
*Only services Leland, Oak Island, and
Southport in Brunswick County.

Clegg's Pest Control

4075 Old Bridge Rd. SE Southport, NC
28461
(910) 457-1171
www.cleggs.com/location/southport/
also in Wilm

Coastal Exterminating

3224 N. College Rd.
#225 Wilmington, NC 28405
(910) 392-4909
<http://www.coastalexterminatinginc.com/>

Economy Exterminators

3135 Kitty Hawk Rd
Wilmington, NC 28405
(910) 790-2000
www.economyexterminators.com

Healthy Home Pest Control*

6400 Carolina Beach Rd
Wilmington NC 28412
(910) 540-1030
<https://hhpestcontrol.com/>

Home and Garden Pest Solutions

654 Cypress Circle
Shallotte NC 28470
(910) 620-1539
<https://www.homeandgardensolutions.com/>

Home Paramount Pest Control

3015 Market St.
Wilmington NC 28403
(910) 599-9846
<https://www.homeparamount.com/wilmington-pest-control/>

Home Run Exterminating

Myrtle Beach, SC
(910) 712-2475
<https://homerunexterminating.com/>

Home Sectors Pest Control

www.wilmingtonpestcontrol.com
(910) 815-6664

Kirby's Pest Control

1467 Stanbury Rd SW
Supply, NC 28462
(910) 842-6900

Manning's Pest Control

4205 Long Beach Rd SE
Southport NC 28461
(910) 457-5289
www.manningspestcontrol.com

Pestco Exterminating

Company
P.O. Box 309
Castle Hayne, NC 28429
(910) 791-5432
www.pestcoexterminating.com

Port City Pest

8209 Market St. Suite A Wilmington, NC
28411
(910) 789-1212
www.portcitypestnc.com

Strand Pest Control

599 Seaside Rd SW
Ocean Isle Beach, NC 28469
(910) 579-9707
www.strandpest.com

Tri-County Pest Control

15200 US HWY 17 N. Suite A
Hampstead, NC 28443
(910) 270-1190
www.tri-countypestcontrol.net

Pet Health

Brunswick Senior Resources, Inc.

Donated animal food available to Home Delivered Meal (Meals on Wheels) participants. Contact a case manager, details on page 2.

Jenny's Pet Services, LLC

910-520-0844

vtechathrt@gmail.com

Animal care: pet sitting, walk/play, vet transport, basic grooming, nail trims, anal gland expression, sanitary clips, mat removal, more.

Pet Sheltering - Brunswick County Sheriff's Office Animal Protective Services

(910) 754-8204

429 Green Swamp Rd.

Supply, NC 28462

(910) 754-8204

<https://aps.brunswicksheriff.com>

The Sergei Foundation

P.O. Box 15

Oak Island, NC 28465

www.sergeifoundation.org

Email: info@sergeifoundation.org

The Sergei Foundation helps pay for one-time emergency medical care for a pet. The pet must have been owned for at least 6 months and already be spayed/neutered. See their website for more information on eligibility and to fill out an application. Their website has a list of other sick and injured pet resources. Please do not email for assistance, it is faster to complete the application online.

Physical Therapy

Emergo Ortho

<https://emergeortho.com/wilmington-region/locations/>

Novant Health Locator

<https://novanthealthfindadoctor.com>

Carolina Rehabilitation (Brunswick Physical Therapy Associates)

4501 N. Main Street, Suite 5
Shallotte, NC 28470
(910) 755-5863

690 Sunset Boulevard North, Suite 108
Sunset Beach, NC 28468
(910) 575-2775

4330 Southport Supply Rd. Suite 201
Southport, NC 28461
(910) 457-0113

1722 N. Kerr Ave.
Wilmington, NC 28405
(910) 796-1991

20 Medical Campus Drive, Suite 204
Supply, NC 28462
(910) 755-5861

159 Crossover Rd.
Beulaville, NC 28518
(910) 298-6455

For information on Medicare Part A coverage for nursing home care see:
<https://www.medicare.gov/what-medicare-covers/what-part-a-covers/medicare-part-a-coverage-nursing-home-care>

Placement Services

A Place for Mom

(800) 769-0509

www.aplaceformom.com

Choice Connections - Placement Services

PO Box 967

Wilmington, NC 28402

(910) 338-3003

www.ChoiceConnectionsCF.com

Mannix & Associates – Long Term Care Management Consultancy

(919) 443-5997

Along with VA medical center consulting, they help disabled veteran seniors who need to enter long term care.

Veteran Services

910-253-2233

Speak with Tracy Walts to schedule appt

<https://capefearcog.org/resource-category/veteran-services/>

<https://www.brunswickcountync.gov/veterans-services/>

Prescription Assistance Programs

Medication Assistance Program - NC Dept of Health and Human Services

Participating centers provide Medication Assistance Programs (MAP) for low income, uninsured patients who need access to prescription drugs and who cannot afford them.

Medication Access Program

Brunswick Senior Resources, Inc.

3620 Express Drive, Shallotte, NC, 28470.

Contact: Marilou Smith-Medication Access Specialist 910-754-6559

New Hope Clinic

201 W Boiling Spring Rd, Southport, NC, 28461

910-845-5333

MedAssist

The Free Pharmacy Program provides free prescription medications to North Carolina residents who are uninsured and fall at or below 300% of the Federal Poverty Level.

This statewide program is the answer for those who do not have the means to obtain life-saving medications to treat chronic diseases such as, heart disease, diabetes, and asthma.

To qualify, applicants must meet the following requirements:

- Live in North Carolina
- Uninsured with no access to Medicaid, Medicare, VA insurance or private insurance.
- Income at or below 300% of the Federal Poverty Level

2021 Federal Poverty Level		
# in Household	Monthly Income	Annual Income
1	\$3,220	\$38,640
2	\$4,355	\$52,260
3	\$5,490	\$65,880
4	\$6,625	\$79,500
5	\$7,760	\$93,120
6	\$8,895	\$106,740
7	\$10,030	\$120,360
Each additional person add	\$1,135	\$13,620

Respite Services

Brunswick Senior Resources Respite Program

Provides respite to eligible caregivers on a short term, temporary basis. In-home assessments are conducted in order to determine eligibility and to assess for additional services. Resources, education and care management are also provided.

Contact: A case manager at your local BSRI Senior Center. See Pg.3 for listing.

Area Agency On Aging

Project C.A.R.E. (Caregiver Alternatives To Running On Empty)

State-funded, dementia-specific support for caregivers of persons with Alzheimer's disease. The goal of Project C.A.R.E. is to increase quality, access, choice, and the use of respite care for caregivers. Caregivers in crises are provided timely individualized assessment, guidance, counseling and limited respite care.

Contact: Dana Bentley

Project C.A.R.E Family Consultant

(910) 408-6365

dbentley@capefearcog.org

<https://capefearcog.org/area-agency-on-aging/project-c-r-e/#>

Respite Vouchers

Eligible caregivers can receive vouchers to provide in-home respite care and/or respite in group settings such as Adult Day Care/Health. Funds are limited.

North Carolina Lifespan Respite Project

an application based program that reimburses eligible family caregivers caring for individuals of any age for up to \$500 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available. Applicants must be referred to the program by a local professional organization. Contact your senior center for more information.

<https://www.highcountryaging.org/node/83>

Senior Games & 50+ Programs

Brunswick County Gator Senior Games, SilverArts, & Classes/Fitness

<https://bcparks.recdesk.com/Community/Page>

50+ Softball (League Play)

50+ Basketball (3-on-3 Play)

50+ Co-ed Volleyball (Open Play)

Gator and Gatoettes Cheerleading Team

Brunswick County Parks and Recreation

Khrystye Haselden

910-253-2677

Calendar of events

<https://bcparks.recdesk.com/Community/Calendar>

YMCA-Senior Games by the Sea

<https://www.ymcasenc.org/programs/senior-games-and-silverarts/>

North Carolina Senior Games

www.ncseniorgames.org

Senior Living Options

Apartments for 55+, Assisted Living, Section 8, Skilled Nursing

LIVING FACILITIES DEFINED

Assisted Living Facilities ALFs and **Skilled Nursing Facilities SNFs** are two different facilities with different rules and different programs. If you suspect that a long-term care facility is needed for your loved one, the first step is to have a conversation with the individual's primary care physician. The physician will recommend whether or not your loved one needs a Nursing Home or an Adult Care Home (a.k.a. Assisted Living). Once the determination of level of care is made, the physician will complete a document called an FL2. This is a one-page medical form that lists the physician's recommended level of care as well as medical diagnoses, care needs, and medications.

Definitions:

Assisted Living Facilities ALFs: A facility for frail individuals who need assistance with a number of what we call activities of daily living (ADLs). Think assistance with bathing and toileting, mobility, personal hygiene, feeding. Not all ALFs offer "Memory Care Units" for those with forms of dementia. Monthly costs average \$4,000 for standard care and \$6,000 for memory care.

Skilled Nursing Facility SNFs: (What some call a "nursing home") is a place for folks who are (usually) nonambulatory and with some chronic medical condition that requires skilled care on a daily basis. Think of it as a "step down" from a hospital meant for longer term stays. Monthly costs average \$10,000.

HOW TO PAY FOR IT

Medicare, Medicaid and Special Assistance

1. Medicare: health insurance for 65+. **TO APPLY:** Contact a SHIP counselor at your local BSRI Senior Center or the Social Security Administration at 800-772-1213

SNLs:

Medicare Part A (Hospital Insurance) covers skilled nursing care in certain conditions for a limited time (on a short-term basis) if these conditions are met:

1. You have Part A and have days left in your benefit period to use.
2. Your doctor has decided that you need daily skilled care. It must be given by, or under the supervision of, skilled nursing or therapy staff.
3. You get these skilled services in a SNF that's certified by Medicare.
4. You need these skilled services for a medical condition that's either a hospital-related medical condition treated during your qualifying 3-day inpatient hospital stay, even if it wasn't the reason you were admitted to the hospital or a condition that started while you were getting care in the SNF for a hospital-related medical condition.

You pay:

Days 1–20: \$0 for each benefit period .

Days 21–100: \$185.50 coinsurance per day of each benefit period.

Days 101 and beyond: All costs.

Medicare (cont'd):

ALFs:

Medicare typically only covers a short-term stay in a skilled nursing or rehabilitation community while an older adult is recovering from an illness or injury. It can also cover in-home rehab care performed by a home health nurse or therapist.

It does not cover non-medical care services such as:

- Assisted living
- Long-term care in a nursing care community
- Residential care homes
- Non-medical home care
- Generally speaking, Medicaid does not cover room and board fees in assisted living facilities. However, if you have little income and few assets, you may qualify for a program that helps pay for assisted living facilities.

2. Medicaid: Health coverage for people with low income and few assets besides their home. Medicaid is funded partly by the government and partly by the states. That's why qualifications for an individual to receive this type of coverage varies.

SNLs: Medicaid generally covers the cost of SNLs.

AFLs: Medicaid programs will cover some costs of services received by residents in an assisted living facility.

Medicaid does pay for these assisted living services:

- Nursing care
- Case management
- Medication management
- Assessments
- Medical exams

3. Special Assistance: Individuals with low income are potentially eligible if they are age 65 or older, or if they are disabled according to Social Security disability standards. Your monthly income must be lower than about \$1,300 a month. That's GROSS income. Count Social Security BEFORE deductions for Medicare or other insurance. Count all other income from any source except VA benefits. For memory related disability income cap is around \$1,600 a month. To Apply: call Brunswick County Department of Social Services 910-253-2077.

Assisted Living/Skilled Nursing Facilities-Brunswick County

Arbor Landing at Ocean Isle

5490 Arbor Branch Drive, Shallotte, NC
28470
(910) 754-8080

[Welcome to Arbor Landing at Ocean Isle](#)

Assisted Living, Independent Living, Memory Care, Rehabilitation, Respite

Autumn Care Of Shallotte

237 Mulberry Street, Shallotte, NC
28459
910-754-8858

[Saber Healthcare Group: Long Term Senior Care & Nursing Home](#)

Assisted Living, Rehabilitation, Skilled Nursing

Brunswick Cove Living Center

1478 River Rd SE, Winnabow, NC
28478
910-371-9894

[Brunswick Cove: Nursing Home, Assisted Living & Rehabilitation Center](#)

Assisted Living, Rehabilitation, Skilled Nursing

Brunswick Health and Rehab Center

9600 No. 5 School Road, Ash, NC
28420
Tel 910-287-6007

[Saber Healthcare Group: Long Term Senior Care & Nursing Home](#)

Rehabilitation, Skilled Nursing

Coastal Pointe

5220 Ocean Hwy W, Shallotte, NC
28470
910-713-1717

[Now Open! Coastal Pointe | 5-Star Assisted Living in North Carolina](#)

Assisted Living, Memory Care

Elmcroft of Southport

1125 E Leonard St., Southport, NC
28461
(910) 777-7981

[Assisted Living & Memory Care in Southport NC | Elmcroft](#)

Assisted Living, Independent Living, Memory Care, Respite, Skilled Nursing

Leland House

1935 Lincoln Rd. NE, Leland NC 28451
(910) 383-6235
<https://lelandseniors.com/>

Assisted Living, Memory Care

Southport Healthcare & Rehabilitation Center

630 N. Fodale Avenue, Southport, Nc
28461
910-457-9581

<https://libertyhealthcareandrehab.com/>
Rehabilitation, Skilled Nursing

Universal Healthcare

1070 Old Ocean Highway, Bolivia, NC
28422
910-755-5955
Rehabilitation, Skilled Nursing

The Landings Of Oak Island

2910 Pine Plantation Pkwy, Bolivia, NC
910-406-8400
<https://oakislandseniors.com>

Assisted Living, Respite, Memory Care

Assisted Living Facilities-Neighboring Counties

Bradley Creek Health Center

740 Diamond Shoals Rd.
Wilmington, NC 28403
(910) 769-7550

Spring Arbor

809 John D. Barry Drive
Wilmington, NC 28412
(910) 799-4999

Brightmore of Wilmington

2320 41st Street
Wilmington, NC 28403
(910) 350-1980

Brookdale Wilmington

3501 Converse Dr
Wilmington NC 28403
(910) 208-6194

Cedar Cove Assisted Living

4200 Jasmine Cove Way
Wilmington NC 28412
(910) 397-7812

Champions Assisted Living

1007 Porters Neck Rd.
Wilmington NC 28411
(910) 686-7195

Coastal Cove of Wilmington

1120 Beasley Road
Wilmington, NC 28409
(910) 660-0944

Morningside of Wilmington

S. 17th Street
Wilmington, NC 28403
(910) 452-1114

Skilled Nursing Facilities- Surrounding Counties

Accordius Health of Wilmington

820 Wellington Ave,
Wilmington NC 28401
(910) 343-0425

Azalea Health and Rehab

3800 Independence
Boulevard
Wilmington NC 28412
(910) 392-3110
<https://www.saberhealth.com>

Brian Center Health and Rehab

647 SE. Railroad Street
Wallace NC 28466
(910) 285-9700
<https://www.savaseniorcare.com>

Bradley Creek Health Center

740 Diamond Shoals Rd.,
Wilmington, NC 28403
(910) 769-7550
<https://www.carolinabayatautumnhall.com>

Liberty Commons

1402 Pickney Street,
Whiteville NC 28472
(910) 642-7139
AND
121 Racine Drive,
Wilmington, NC 28403
(910) 452-4070
<https://libertyhealthcareandrehab.com>

Northchase Nursing and Rehab

3015 Enterprise Drive,
Wilmington, NC 28401
(910) 791-3451
www.northchasecare.com

Peak Resources

2305 Silver Stream Lane
Wilmington NC 28401
(910) 362-3621
www.peakresourcesinc.com

Pender Memorial

507 Fremont Street
Burgaw, NC 28425
(910) 300-4000
<https://www.nhrmc.org>

The Davis Community at Cambridge Village

83 Cavalier Drive
Wilmington, NC 28405
(910) 686-7195
2nd location
1011 Porters Neck Rd
Wilmington NC 28411
<https://www.thedaviscommunity.org>

The Laurels of Pender

311 S. Campbell Street,
Burgaw, NC 28425
(910) 259-6007
www.laurelsofpender.com

Trinity Grove

(910) 442-3000
631 Junction Creek Drive,
Wilmington, NC 28412
<http://trinitygrove.net>

Senior Living-Affordable Housing Options

Properties receiving funding through the Low Income Housing Tax Credit (LIHTC) program, offer a certain number of units that are set aside for lower income households. Households must earn either less than 50% or 60% of the area median income to qualify for these units. Rents in these units are capped at a maximum of 30% of the set-aside area median income.

Housing Resources and Programs

Brunswick Partnership for Housing

Brunswick Partnership for Housing (BPH) is a local, volunteer, non-profit 503(c)(3) organization. We provide safe transitional housing and a stable living environment for homeless families who seek a permanent place to live, work and raise their families. In addition, we advocate for affordable housing.

4891 Longbeach Road SE
Suite 3, #311
Southport, North Carolina 28461
<https://www.brunswickpartnership.org/>

Affordable Housing Community for 55 Plus

Coastal Villas

5339 Doshier Cutoff Rd, Southport, NC
910-454-9262

Applications available at:

www.excelpropertymanagement.com

Calabash Meadows

60 unit senior housing complex
due for completion in 2023 in Calabash
Call Brunswick Senior Resources to
inquire 910-754-2300

Shallotte Villas

Accepts Section-8.

4580 White St., Shallotte, NC
910-754-6437

Sunset Creek Commons Senior Apts

1401 Sunset Creek Way SW, Ocean
Isle, NC
910-579-6555

Westgate Apartments

9200 Ocean Gate Plaza, Leland, NC
910-782-1124

Affordable Housing Community for 62 Plus

Brunswick Village

249 E. 11th Street
Southport, NC 28461
(910) 457-449

Windtree Apartments

1229 N. Caswell Ave. #201
Southport, NC 28461
(910) 457-6051

[Norcomanagement](#)

Affordable Housing Family/Low Income

Abbington Oaks

4744 Abbington Oaks Way,
Southport, NC 28451
(910) 477-6305

[Abbington Oaks of Southport](#)

Cardinal Pointe at the Highlands

37 Paisley Dr. SW,
Shallotte, NC 27470
(910) 294-5702

www.cardinalpointeapartments.com

Egret Pointe

1005 Egret Nest Circle
Winnabow, NC 28479
(910) 501-2743
(910) 371-9400

www.egretpointapts.com

Fiddlers Creek 1 Apartments

1211 N Caswell Ave,
Southport, NC 28461
(910) 457-4575

[Norcomanagement](#)

Park View Apartments

80 Parkview PI NW
Shallotte, NC 28470
(910) 477-4649

River Pointe

4620 White Street,
Shallotte, NC 28470
910-754-5549

Shallotte Manor Apartments

408 Whiteville Road NW
Shallotte, NC 28470
(910) 754-9202

Southport Green Apartments

8000 Pickerrell Drive,
Southport, NC 28451
(910) 457-5200

Other Housing Options

Holiday Motel

2119 James B White Hwy N, Whiteville, NC 28472
(910) 642-5162

Raj, Owner

\$705 plus tax (monthly rate) for 1 person

2 bedroom \$850 plus tax (monthly rate)

2 bedroom & stove \$1150 plus tax (monthly rate)

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Social Security

(Contact your local Brunswick Senior Resources Senior Center for assistance through SHIP Counseling see pg. 2)

Social Security Retirement Benefits

How Early Can I Apply for Social Security?

You must be at least age 62 for the entire month to be eligible to receive benefits. If you were born on the first or second day of the month, you meet this requirement in the month of your 62nd birthday. If you were born on any other day of the month, you do not meet this requirement until the following month.

You can apply up to four months before you want your retirement benefits to start. For example, if you turn 62 on December 2, you can start your benefits as early as December. If you want your benefits to start in December, you can apply in August. If you turn 62 any day after December 2, you are not age 62 for the entire month of December. You can start your benefits as early as January when you are 62 for the entire month. If you want your benefits to start in January, you can apply in September.

Social Security benefits are paid in the month following the month they are due. If you are due benefits for the month of December, you will receive your first check in January for December.

Estimate Your Benefits

Knowing what you will get every month in retirement benefits will help you plan for your retirement. If you have a “My Social Security” account, you can get an estimate of your personalized retirement benefits and see the effects of different retirement age scenarios. If you don’t have a personal “My Social Security” account, create one at www.ssa.gov/myaccount or you can use an online Retirement Estimator at www.ssa.gov/benefits/retirement/estimator.

Apply For Social Security Retirement Benefits

Wilmington Social Security Office

1528 S 16th St, Wilmington, NC

1-866-964-6227

Apply By Phone

Call 1-800-772-1213 (TTY 1-800-325-0778)

Apply Online

<https://secure.ssa.gov/iClaim/rib>

Social Security Enrolls You in Original Medicare (Part A and Part B).

(If you need help or have questions about Medicare call your Brunswick Senior Resources Senior Center for free counseling through the SHIP PROGRAM.)

Medicare Part A (hospital insurance) helps pay for inpatient care in a hospital or limited time at a skilled nursing facility (following a hospital stay). Part A also pays for some home health care and hospice care.

Medicare Part B (medical insurance) helps pay for services from doctors and other health care providers, outpatient care, home health care, durable medical equipment, and some preventive services.

Other parts of Medicare are run by private insurance companies that follow rules set by Medicare.

- **Supplemental (Medigap) policies help pay Medicare out-of-pocket copayments, coinsurance, and deductible expenses.**
- **Medicare Advantage Plan (previously known as Part C) includes all benefits and services covered under Part A and Part B — prescription drugs and additional benefits such as vision, hearing, and dental — bundled together in one plan.**
- **Medicare Part D (Medicare prescription drug coverage) helps cover the cost of prescription drugs.**

Most people age 65 or older are eligible for free Medical hospital insurance (Part A) if they have worked and paid Medicare taxes long enough. You can enroll in Medicare medical insurance (Part B) by paying a monthly premium. Some beneficiaries with higher incomes will pay a higher monthly Part B premium.

Social Security Disability Insurance

The Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) programs provide assistance to people with disabilities.

To apply for Social Security Disability By Phone

Call: 1-800-772-1213 (TTY 1-800-325-0778)

To apply Online: <https://secure.ssa.gov/iClaim/dib>

Report Fraud or Stolen Social Security Numbers

Office Of the Inspector General

1-800-447-8477

or use online form: <https://secure.ssa.gov/pfrf/home>

Support Groups

Alzheimer's & Related Dementia

Alzheimer's Support Group at St. Peter Lutheran Church

4843 Southport-Supply Rd SE
Southport, NC 28461

(910) 454-4001

3rd Wednesday @ 1p

Facilitator: Vicki Carlson:

bfairy65@gmail.com

Facilitator: Barbara Grever:

begrever@gmail.com

<https://stpeterlutheran-nc.org/>

Dementia Support Group at Seaside United Methodist Church

1300 Seaside Road SW
Sunset Beach NC 28468

910-579-5753

2nd Tuesday 1p-2:30p

Facilitator: Judy Rocklage,

jarocklage@gmail.com

General- All Caregivers Welcome

Arbor Landing at Ocean Isle

5490 Arbor Branch Dr

Shallotte, NC 28470

2nd Thursday 6:00PM

Peggy Haughey, (910) 754-8080 <https://www.ridgecare.com/oceanisle>

The Brunswick Senior Center at Calabash

10050 Beach Drive, Calabash, NC 28467

2nd Wednesday 2:00PM - 3:00PM in person only

Mary Beth Ribar marybeth.ribar@gmail.com

The Brunswick Senior Center at Leland

121 Town Hall Drive, Leland, NC 28451

2nd & 4th Thursday 10:00AM-11:30AM in person only

Sandy Porcaro 910-754-3658 or sporcaro@bsrinc.org

The Brunswick Senior Center of Shallotte

3620 Express Dr., Shallotte, NC 28470

2nd Tuesday 10:00AM-11:30AM **virtual and in person**

Laura Collins 910-754-4468 or lcollins@bsrinc.org

The Brunswick Senior Center at Southport

1513 N. Howe St., Suite 1, Southport, NC 28461

4th Wed 10:00AM -11:30AM in person only & 1st Thurs 10-11:30a.m. **virtual only**

Casey Freed 910-754-4106 or cfreed@bsrinc.org

The Brunswick Senior Center at Supply

101 Stone Chimney Road

Supply, NC 28462

2nd Thursday 2:00PM-3:30PM in person only

Tikila Morgan (910) 754-8450 or tmorgan@bsrinc.org



Grief

Camp United Methodist Church

4807 Main St.
Shallotte, NC 28470
Holds a program in spring and fall.
Call 910-754-4840 for more info.

Lower Cape Fear Lifecare Grief Groups and Workshops

910-796-7937
<https://www.lcfh.org/grief-groups-workshops/>

GriefShare

www.griefshare.org
A 13-week program - Non-church members may attend.
Oak Island First Baptist Church
GriefShare
4608 E Oak Island Dr. ,Oak Island, NC 28465
910-278-9511
<https://www.fbcoi.org/grief-share>

Parkinson's & Lewy Body Dementia

The Brunswick Center at Southport

1513 N. Howe St., Suite 1
Southport, NC 28461
2nd Tuesday 10:15am-11:45am
David Palmer 860-377-9663
ddpalmer1943@gmail.com

North Brunswick Parkinson's Support Group

at Compass Pointe
8178 Compass Pointe East Wynd NE
Leland, NC 28451
2nd Monday 1PM
John Ferry, 908-406-1410
john.ferry17@gmail.com

Recovery

Celebrate Recovery

For all hurts, habits, and hangups
20 Bliss Rd NW
Ocean Isle Beach, NC 28469
Monday nights, 7PM group meeting
910-579-9701
www.celebraterecovery.com

Alcoholics Anonymous

www.AA.org

Narcotics Anonymous

www.NA.org

Stroke Support

The Brunswick Center at Southport Stroke Support Group
3rd Monday 1:00PM-2:30PM
Group Facilitator: Carolyn Pryor
Center: (910) 754-7109
Email: prioritysailing@gmail.com

Telephone Reassurance

Are You Okay?Program

Brunswick County Sheriff's Office

70 Stamp Act Drive

Bolivia, NC 28422

(910) 253-2749

Telephone Wellcheck Program

Transportation

There are two categories of transportation services: general and medical.
An agency may provide general or medical or both.

1. **General Transportation:** destinations may include, but are not limited to, nutrition sites, senior centers, shopping centers, pharmacies and recreational facilities.
2. **Medical Transportation:** destinations may include, but are not limited to, doctor's offices, hospitals, and health clinics.

If you are **Medicaid**-eligible then Medicaid will support your ride to Medicaid covered services. Contact your social worker or call your **local Department of Social Services** for assistance. 910-253-2077

General Transportation

Brunswick Transit System

5040 Main St., Shallotte, NC 28470
(910) 253-7800

www.brunswicktransit.org

Trips to New Hanover County- Tues & Thursdays between 9:30am & 12:30pm. Reservation of 2 days notice required. Drivers cannot assist riders. Cost is \$5 one way / \$10 round trip into Wilmington

Wave Transit-Ride MICRO

1-844-764-1223

[How to Ride Microtransit](#)

Passengers can book an on-demand ride from a virtual stop and be connected to Wave Transit's fixed-route service or brought to their destination. M-F 6AM-9AM; 4:30PM-7:30PM. \$2 one way. RESERVE 1HR IN ADVANCE.

Go Go Grandparents

Order rides, grocery delivery, pharmacy delivery and more for a small monthly fee.
855-464-6872

Neighbor 2 Neighbor

Free transportation for 60+ for shopping, dr. appt. Must schedule two separate stops for long appointments. Drivers cannot wait during appointments. Free transportation for disabled 18+ 48 hours notice needed prior to transport. Two weeks for initial sign up. Cannot accommodate wheelchairs.
(843) 839-0702

Right At Home

Will stay with person during medical procedures.
\$25 an hour w/ a 3hr minimum
2210 Wrightsville Ave
Wilmington, NC
910-765-0755

Road To Recovery

Volunteer drivers help patients who need to get to their cancer-related treatments.
800.227.2345

Wilson's Transportation Service, Inc.

9231 Ocean Hwy W
Calabash, NC 28467
(910) 616-8077

Medical Transportation

Ivory Accessible Transport Services, Inc.

Provides medical transport for those who cannot leave home without assistance.

(910) 264-9329

(910) 262-3670

MedTrans of NC, LLC.

Provides medical transportation for those who cannot leave home without assistance.

Contact: Eddie Smith

(910) 431-2996

Veterans Services/Information

Brunswick County Services for Veterans

10 Referendum Drive (Building F)

Open 8:30 a.m. to 5 p.m., Monday – Friday.

910-253-2233

<http://www.brunswickcountync.gov/veterans-services/>

Anita Hartsell, Senior Veterans Service Officer,

Email: anita.hartsell@brunswickcountync.gov

Tracy Walts, Veterans Services Technician,

Email: tracy.walts@brunswickcountync.gov

Brunswick County Veterans Clinic

Address: 18 Doctors Circle Suite 2, Supply NC 28462

Phone: (910) 754-6141

Hours: Monday-Friday 8:00am-4:30pm

Care is provided using VA's team-based Patient Aligned Care Teams (PACT) model. A PACT consists of a health care provider (doctor, physician assistant or nurse practitioner), registered nurse, licensed practical nurse and a medical support assistant (MSA) who work together to provide the best possible health care for Veterans..

Veterans who need specialized health care can get a consult at the Brunswick CBOC and after the consult is completed, be referred to VA's Wilmington Health Care Center to receive the specialized services they need such as Mental Health, Urology, Women's Health, Orthopedics and more.

For information on Health Benefits eligibility, call the hotline at 877-222-8387 or visit the <https://www.vets.gov/healthcare/> web site.

North Carolina Department of Veterans Affairs (DVA)

4001 Mail Service Center

Raleigh, NC 27699

844-624-8387

www.milvets.nc.gov/

Suicide Prevention for Veterans

The Veterans Crisis Line

Offers free, confidential support, 24 hours a day, 7 days a week, 365 days a year.

Call 1-800-273-8255 and Press 1

Chat online: <https://www.veteranscrisisline.net/get-help/chat>

Text 838255

How to apply for VA Medical Benefits

1. Apply by phone

Call 1- 877-222-8387, Monday through Friday, 8:00 a.m. to 8:00 p.m.

2. Apply by mail

Fill out an Application for Health Benefits (VA Form 10-10EZ).

[Download VA Form 10-10EZ \(PDF\)](#)

Mail to:

Health Eligibility Center
2957 Clairmont Rd., Suite 200
Atlanta, GA 30329

3. Apply in person

Fill out an Application for Health Benefits (VA Form 10-10EZ).

[Download VA Form 10-10EZ \(PDF\)](#)

Go to your nearest VA medical center or clinic.

For Brunswick County:

Brunswick County Veterans Clinic

Address: 18 Doctors Circle Suite 2, Supply NC 28462

Phone: (910) 754-6141

Hours: Monday-Friday 8:00am-4:30pm

Presumptive Conditions Information

Gulf War

<http://www.brunswickcountync.gov/veterans-services/gulf-war-to-include-oefoifond-presumptive-conditions/>

Camp Lejeune

<http://www.brunswickcountync.gov/veterans-services/camp-lejeune-presumptives/ Agent Orange>

<http://www.brunswickcountync.gov/veterans-services/agent-orange-presumptive-conditions/>

Request Your Military Service Records (including DD214)

1. **Online Request:** <https://milconnect.dmdc.osd.mil/milconnect/>
2. **Mail or fax request pertaining to Military Records Using Standard Form 180**

[Download Form SF 180 \(PDF\)](#)

Send it to:

National Personnel Records Center
1 Archives Drive
St. Louis, Missouri 63138

3. **Contact your state or county Veterans agency:**

Brunswick County Government Complex
10 Referendum Dr NE # F, Bolivia, NC 28422
Phone: (910) 253-2233

EMERGENCY Requests

If your request is truly urgent (for example, upcoming surgery, a funeral, etc.) tell us the nature of the emergency and your deadline in the "Comments" section of eVetRecs or in the "Purpose" section of the Standard Form (SF) 180.

Fax your request to: 314-801-0764.

Call our customer service staff: 314-801-0800

Veteran Compensation Information

NOTICE TO VETERAN/SERVICE MEMBER OF EVIDENCE NECESSARY TO SUBSTANTIATE A CLAIM FOR VETERANS DISABILITY COMPENSATION AND RELATED COMPENSATION BENEFITS

21-526EZ - STANDARD CLAIMS PROCESS

<https://www.vba.va.gov/pubs/forms/VBA-21-526EZ-ARE.pdf>

VA FORM 10-10 EZ – ENROLL FOR V.A. HEALTH BENEFITS

<https://www.va.gov/vaforms/medical/pdf/10-10EZ-fillable.pdf>

SSVF – Supportive Services for Veterans and Families:

<https://www.va.gov/homeless/nchav/models/ssvf.asp>

American Legion Posts

American Legion Post 68

Blossoms Restaurant
Magnolia Greens Golf Course
1800 Tommy Jacobs Drive
Leland, NC 28451
3rd Thursday at 6:00pm
<http://www.ncpost68.org>

American Legion Post 213

530 W. 9th Street
Southport, NC 28461
3rd Saturday at 5:00 p.m.

American Legion Post

550 Sunnyside Community Hall
221 Village Road
Shallotte, NC 28470
3rd Tuesday at 7:00pm

American Legion Nocha White Post 503

10277 Beach Drive SW
Calabash, NC 28467
Phone: 910-575-5037
3rd Wednesday at 7:00 pm

American Legion, Richard H. Stuart Jr. Post 543

St. James Community Center
4136 Southport Supply Road SE
Southport, NC 28461
4th Wednesday at 7:00pm
<https://www.ncpost543.org/>

American Veterans Post 906

Boiling Spring Fire and Rescue Building
3039 George II Hwy, Hwy 87
BSL Southport
1st Monday at 7:00pm
Ladies Auxiliary-1st Mon. 6:00pm

Disabled American Veterans

DAV Post, Chapter 71

600 Ocean Isle Beach Rd.,
Ocean Isle Beach, NC 28469
P.O. Box 526, Shallotte, NC 28459
2nd Thursday at 6:30 pm

Marine Corps League Assoc.

Marine Corps League
Association, Detachment 1005
Shallotte Town Hall
110 Cheers Street, Shallotte, NC 28470
vamudder@gmail.com
Phone: 910-547-2767
2nd Thursday at 7:00pm

Oak Island American

Legion Post 454
103 SE 50th Street
Oak Island, NC 28465
4th Tuesday at 7:00pm

Sea Bee Volunteers of America X5 Cape Fear Island of Brunswick County

3rd Saturday of each month
except in July, August, & December
VFW Hall # 9408
1211 Village Road, Leland
Dennis Ruocco:
Gulfport67AA@gmail.com

Veterans of Foreign Wars (VFW)

Find a post

<https://www.vfw.org/find-a-post>

VFW Post # 7288

900 Carter Drive
Calabash, NC 28467
910-579-3577
1st Tuesday at 10:00 am

VFW Post # 8866

573 Sabbath Home Road SW
Supply, NC 28462
910-842-5535
Meetings: 1st Tuesday at 7:00 p.m.
Ladies Auxiliary Meetings: 2nd Tuesday
at noon.

VFW Post # 10226

103 SE 50th Street
Oak Island, NC 28465
910-278-5300
Meetings: 1st Tuesday at 7:00 pm
Ladies Auxiliary Meetings: 1st Tuesday
at 6:00 pm

VFW Post # 10400

3161 George II Hwy SE
Boiling Spring Lakes, NC 28461
910-845-2226
2nd Tuesday at 7 pm

Housing Assistance for Veterans

Endeavors

www.endeavors.org

2125 Valleygate Dr Suite 101

Fayetteville, NC 28301

910-672-6166

A non-profit that helps VA's with rapid rehousing to prevent homelessness.

Assists with housing services and disaster relief.

The Veteran Services program offers Homelessness Prevention & Stabilization Services to Veterans and their families in Texas, Florida, Puerto Rico, and North Carolina. These supportive services include outreach, case management, help in obtaining VA benefits, emergency financial assistance for rent & utilities and assistance in obtaining and coordinating public benefits.

Job Search Resources for Veterans

Marcell Hatten

Veterans Representative

Department of Commerce, Division of Employment Security

5300-7 Main Street ,Shallotte , NC 28470

(910) 754-5627

Vision/Hearing Resources

Resources for the Visually Impaired

Brunswick & New Hanover Social Worker for the Blind

Krista Kelly

Phone: 910-253-2127 (Tues & Thurs - BC)

Phone: 910-251-5743 (M, W, F - NH) krista.kelly@dhhs.nc.gov

PO Box 219 60 Government Center, Bolivia, NC 28422

Services to individuals who meet financial and visual eligibility requirements. Services include payment of eye exams, prescription glasses, and eye-related surgery costs, and equipment for the visually-impaired including talking books and audio cassette players.

Disability Resource Center

Open Mon - Thu 9 AM - 4:30 PM

910-815-6618

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

<http://www.drc-cil.org/>

Lions Club International

Eyeglasses recycling services, individual assistance programs, and mobile vision screenings.

Shallotte (910) 232-9925

Wilmington (910) 791-3015

Vision Assistance Form

<https://southportlions.org/individual-vision-assistance-program/>

Lions Club Directory

<https://directory.lionsclubs.org/>

Lions Club International

Camp Dogwood for the Blind (Summer Camp for the Visually Impaired)

Email: tammy@nclionsinc.org

Phone: 828-478-2135

Near Lake Norman and offers recreational activities such as boating, fishing, swimming, tubing, art, crafts, mini golf, and off campus trips to shopping, seminars, bowling, the art museum and zoo to those with visual impairments. Ages 18yo to 100yo.

North Carolina Division of Services for The Blind

Address: 309 Ashe Ave, Raleigh, NC 27699

Phone: (919) 527-6700

NCDHHS Medical Eye Care Program

The Division of Services for the Blind

Aims to help people with visual impairments achieve independence and employment.

3240 Burnt Mill Drive, Suite 7

Wilmington, NC 28403

<https://www.ncdhhs.gov/assistance/vision-losses/medical-eye-care-program>

Phone: 1-866-222-1546

Spanish: 1-800-662-7030

North Carolina Library for the Blind and Physically Handicapped

841 Capital Blvd

Raleigh, NC 27635

(919) 733-4376

<https://statelibrary.ncdcr.gov/lbph>

Prevent Blindness North Carolina

4011 WestChase Blvd. Suite 225 Raleigh, NC 27607

Phone: (919) 755 5044

<https://nc.preventblindness.org>

Resources for the Hearing Impaired

Disability Resource Center

Open Mon - Thu 9 AM - 4:30 PM

910-815-6618

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

<http://www.drc-cil.org/>

Online Deaf Web Directory for NC

Ongoing and updated list of Deaf Clubs, Associations, and helpful links to Deaf related websites that are mostly based in North Carolina.

<http://www.deafnc.info/>

Wilmington Regional Resource Center

3240 Burnt Mill Drive Suite 5 Wilmington, NC 28403

Phone: Voice (910) 251-5702 Toll Free Voice 800-205-9915

Video Phone (910) 777-5770

<https://www.ncdhhs.gov/assistance>

Important Numbers

211 United Way

211 or 888-892-1162

<http://www.unitedwaync.org/nc211>

24 hours a day, 365 days a year to link to vital services in your community. This service is free and multilingual.

Animal Protective Services

910-754-8204

Brunswick County Health Department

910 253-2250

Brunswick County Homeless Coalition

888-519-5362

Brunswick County Sheriff's Office

910 253-2777

Brunswick County Streetreach

910-842-2711

Brunswick County Dept. of Social Services

910 253-2077

Brunswick Family Assistance

910-754-4766

Brunswick Transit System (BTS)

910- 253-7800

Brunswick Senior Resources, Inc. (BSRI)

910-754-2300

Homeless Crisis Hotline

910-444-4998

Legal Aid Hotline

866-219-5262

National Suicide Hotline

DAIL - 988

Mental Health - 24 hour Crisis Line

Coastal Horizons Center, Inc.

Emergency Youth Shelter

800-672-2903

Poison Control

1-800-222-1222

Salvation Army (Wilm)

910 762-2070