



## About BSRI Counseling

At Brunswick Senior Resources, we're dedicated to enhancing the well-being of our beloved senior community and their caregivers. Our specialized mental health services are designed to offer support, understanding, and healing to older adults facing mental health and substance abuse needs. We're committed to conducting thorough assessments, developing tailored treatment plans, and providing individual, group, and family therapy. We're here to help seniors navigate life's challenges with the assistance they deserve. Supported by ARPA funding, these services are exclusively available for individuals aged 60 and above.

## *Connect with our Mental Health Specialist*



**Veronica Lett-McGee**

Mental Health Specialist

[counseling@bsrinc.org](mailto:counseling@bsrinc.org)

(910) 880-4349

[www.bsrinc.org/aging-resources](http://www.bsrinc.org/aging-resources)