

January 2024 Menu

1 CLOSED 	2 CLOSED	3 Chicken Chili Corn Peaches Cornbread/margarine Nutri Grain Bar 2% Milk	4 Stew Beef/LS Gravy Mashed Potatoes Green Beans Fruit Cup WG Roll/Margarine 2% Milk	5 Mango Chicken Rice Pilaf Oriental Blend Veg. Pineapple Tidbits Spring Roll 2% Milk
8 Turkey Noodle Casserole Baby Carrots Mixed Fruit Cookie WG Roll/Margarine 2% Milk	9 Fish Sticks/Tarter Sauce Macaroni & Cheese Red Skin Potato Wedges Mandarin Oranges Hushpuppies/Margarine 2% Milk	10 Tomato Bisque Pimento Cheese Sandwich Baked Apples w/Cinnamon Sun Chips 2% Milk	11 Chicken BBQ Scalloped Potatoes Broccoli Tropical Fruit Biscuit/Margarine 2% Milk	12 Chili Dog on Bun Baked Beans Coleslaw Peaches w/Angel Food Cake 2% Milk
15 CLOSED 	16 Cheese Omelet and Sausage Hash Browns Spinach Fresh Orange Blueberry Muffin/Margarine 2% Milk	17 Chicken Cordon Bleu Rice Pilaf Baby Carrots Fruit Cup WG Roll/Margarine 2% Milk	18 Spaghetti & Meatballs Tossed Salad w/Dressing Strawberry Applesauce Brownie Breadstick 2% milk	19 Loaded Baked Potato Soup Deli Sandwich Pineapple Tidbits Pudding Cup Crackers 2% Milk
22 Chicken Tenders Sweet Potato Tots Green Bean Casserole Fruit of Choice WG Roll/Margarine 2% Milk	23 Lasagna Tossed Salad w/ Dressing Tropical Fruit Cookie Breadstick 2% Milk	24 Baked Pork Chop/Gravy Great Northern Beans Collards Blueberry Cobbler WG Roll/Margarine 2% Milk	25 Baked Turkey w/Gravy Stuffing California Blend Veg Peaches w/ Whipped Cream 2% Milk	26 Oven Baked Fish/Tarter Potato Wedge Steamed Cabbage Fruit of Choice Garlic Cheddar Biscuit 2% Milk
29 Hamburger on Bun Steak Fries Baby Carrots Fruit Cocktail Cookie 2% Milk	30 Chicken Enchilada Casserole Corn and Black Beans Banana Corn Chips 2% Milk	31 Pork BBQ Boiled Potatoes Greens Fruit of Choice WG Roll/Margarine 2% Milk	Meat-at least 3 oz Casserole-6oz Veg/Fruit-1/2 cup Juice 6 oz Dairy 8 oz Condiments as needed	**Due to ongoing food sourcing issues, menu changes may be made as needed

WHAT'S FOR Lunch

Join us Monday-Friday for lunch!
No cost for participants 60+.
\$5 guest lunches available
for our visitors under 60.

Monetary contributions are always appreciated if you are able to give!

Must register with our Nutrition Coordinator prior to first meal. See reception desk for more information.