



Brunswick Senior Resources, Inc.

Resource Guide

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General Information

For Emergency Hotlines See Crisis & Emergency Section

211 United Way

A link to services in your community. Free and multilingual. Available 24 hours a day.

211 or 888-892-1162

<http://www.unitedwaync.org/nc211>

Brunswick County Dept. of Social Services

We partner with individuals, families, and communities to meet the needs of Brunswick County citizens. We administer various programs, including Medicaid, Food and Nutrition Services (Food Stamps), Work First, Child Support Services, Child Protective Services, Foster Care, Foster Parent Licensing, and Adult Services.
910-253-2077

Brunswick Senior Resources

Information and Assistance line offering information on resources for Brunswick County residents 60+ and residents caring for anyone 60+
910-754-2300

Catholic Charities-Cape Fear Region

Emergency Assistance Hours for Infant Diapers, Adult Incontinence Supplies, Feminine Hygiene Products, Household Cleaning Supplies is Tuesday-Friday: 9:00 a.m.-11:30 a.m.; Client must provide a photo ID. Hours Emergency Food Pantry Tuesday and Friday only 9:00 a.m. – 11:30 a.m.; Emergency Utility Assistance By appointment only, please call the office and dial extension 2702.
910-251-8130

North Carolina Baptist Aging Ministry Call Center

offering info on resources for individuals 65+ and their loved ones who need information on community resources.

Monday-Friday 9 a.m.-5 p.m.

877-506-2226

Adult Day Care Facilities & Programs

(Certified Adult Day Care and Adult Day Health Programs)

Elderhaus at the Lake, Inc.

Adult day care for 18+ who are able to perform activities of daily living

1950 Amphitheater Drive, Wilmington NC

(910) 251-0660

<http://elderhaus.com>

Elderhaus PACE at Canterbury for Northern Brunswick County

Alternative to nursing home care. PACE supports our elderly community so they can remain at home. PACE services are sponsored by Medicare and Medicaid. Cost is based on income and can be FREE or a single monthly payment. Eligibility: age 55 or over, live in a PACE service area, need a nursing home level care.

2222 S. 17th Street, Wilmington NC

(910) 343-8209

<http://elderhaus.com/pace-program/>

Active Day of Grand Strand

3880 Houndsfield Avenue, Myrtle Beach SC

(843) 626-8501

<https://www.activeday.com/locations/states/sc/>

Email: info@activeday.com

Woodard's Adult Day Health Center

*This facility is open.

115 Holden Beach Road ,Shallotte,-

(910) 754-9409

<https://www.woodardsadhc.net>

NC Division of Aging and Adult Services - NCDAAS

Brunswick County Social Services

910-253-2077

<https://www.brunswickcountync.gov/social-services/>

- *Adult Day/Health Care*: Limited funds are available to help with adult day care expenses for qualified individuals. For additional information call 910-253-2197
- *Community Alternatives Program (CAP Program)*: Medicaid program that helps provide home services to adults with disabilities who are facing nursing home placement.

Adult Protective Services/Report Elder Abuse/Ombudsman

Reporting Abuse or Self Neglect

Any individual who suspects that a child or an adult may be abused, neglected, dependent or a victim of exploitation shall make a report to the local department of social services.

Reports can be made 24 hours a day, 7 days a week.

- During Business Hours (M-F 8:30AM-5:00PM): Call 910-253-2077 or 910-253-2415
Reports can be made in person in the Social Service Building B Annex on the Brunswick County Government Complex at 60 Government Center Dr. Building B
- After-hours, weekends, holidays: Call 911. Ask to speak to the after-hours social worker.

Adult Protective Services APS Brunswick County Department of Social Services

60 Government Center Drive

Building B

(910) 253-2077

Open Monday – Friday, 8:30AM – 5:00PM

Email: DSS@Brunswickcountync.gov

Adult Home Monitoring

The Adult Home Specialist (AHS) provides assistance, routine monitoring and complaint investigations in Assisted Living Facilities operating in Brunswick County.

NC Division of Health Services Regulations

1(800) 624-3004 or 910253-2600

Adult Placement Services

Assists aging or disabled adults find substitute placement in residential care facilities when their health, safety, and well-being can no longer be maintained at home.

(910) 253-2212

Guardianship

Brunswick County Social Services provides guardianship services to adults who have been adjudicated incompetent and do not have another person or corporation to serve as guardian.

(910) 253-2462.

The North Carolina Ombudsman Program

Serves long-term care residents in licensed Nursing Homes and Adult Care Homes. The Ombudsman resolves complaints or concerns made by or on behalf of residents in long-term care facilities.

Jeff Brunsink-Brunswick County

(910) 274-0344

jbrunsink@capefearcog.org

Holli Blackwelder-New Hanover

(910) 274-0350

hblackwelder@capefearcog.org

Advance Directives

Living Will, Power of Attorney, Organ Donation, Etc.

Notary Services Available Through Case Management at Your Local BSRI Senior Center

An advance healthcare directive, also known as living will, personal directive, advance directive, medical directive or advance decision, is a legal document in which a person specifies what actions should be taken for their health if they are no longer able to make decisions for themselves because of illness or incapacity. In the U.S.

A living will is one form of advance directive, leaving instructions for treatment. Another form is a specific type of power of attorney or health care proxy, in which the person authorizes someone to make decisions on their behalf when they are incapacitated.

The NC General Assembly authorized the North Carolina Department of the Secretary of State to establish a registry where you may file your advance health care directives. Advance Health Care Directive Registry cards issued by the Secretary of State's Office will allow access to a registrant's document in two ways. First, the document may be accessed by pointing your smart phone camera at the QR code printed on the registration card. OR, you can do it the old way by entering the file number and password online. Anyone with access to the card, including your trusted health care agents/POAs and health officials, can scan the code, too. This will make it much easier to access the document on file with our office when needed. Don't have a QR code but want one? Click here to learn how

https://www.sosnc.gov/frequently_asked_questions/by_title/advance_healthcare_directives.

- **Advance Directive for Natural Death (“Living Will”):**
https://www.sosnc.gov/documents/forms/advance_healthcare_directives/advance_directive_for_a_natural_death.pdf
- **Advance Directive for Mental Health Treatment:**
https://www.sosnc.gov/documents/forms/advance_healthcare_directives/advance_instruction_for_mental_health.pdf
- **Health Care Power of Attorney:**
https://www.sosnc.gov/documents/forms/advance_healthcare_directives/health_care_power_of_attorney.pdf
- **Organ/Tissue Donor Card:**
https://www.sosnc.gov/documents/forms/advance_healthcare_directives/organ_tissue_donor_card.pdf
- **Registration Form:**
https://www.sosnc.gov/documents/forms/advance_healthcare_directives/registration_form.pdf
- **Removal Form:**
https://www.sosnc.gov/documents/forms/advance_healthcare_directives/remove_directive_form.pdf

Attorneys

B. Joseph Causey, Jr.

5039 Main St. Suite 1
Shallotte, NC 28470
www.brunswickwills.com

(910) 212-5896

provides counsel on estate planning including the drafting of wills, trusts, probate causes, guardianship

Bachara & Essey, Attorneys

200 Country Club Drive Suite A
Oak Island, NC 28465

www.bacharaessey.com

(910) 457-4577

estate, real estate, business, criminal, family, probate

Cranfill Sumner, Kara Gansmann

5535 Currituck Dr, Ste 210
Wilmington, NC 28403

<https://www.cshlaw.com>

(910) 777-6055

provides counsel to families on tactics for estate planning, asset-protection, and long-term care planning, drafts wills, trusts, POAs

Helayne Levy Payne, Michael

Becker Elder Law

4436 Main St. Shallotte, NC 28470

www.apracticewithpurpose.com

(910) 755-7526

Toll Free: (844) 754-5433

assets, estate, guardianship, disability and special needs, life care planning, LTC

Jennifer Roden, Lawrence

Craige Craige & Fox

701 Market Street
Wilmington, NC 28401

<https://craigeandfox.com/our-team/jennifer-n-marshall>

(910) 815-0085

business, civil litigation, elder, estate planning, family, juvenile, guardianship, property, municipal

Joan Keston: Keston Law

4320 Southport Supply Rd Ste 300
Southport, NC 28461

& 123 Culbreth Drive,
Wilmington, NC 28405

(910) 509-7121

Salines-Mondello

6781 Parker Farm Drive, Suite 210
Wilmington, NC 28405

www.lisa-law.com

(910) 777-5734

elder law

Trest & Twigg

4631 Main Street
Shallotte, NC 28470

www.trestandtwigg.com

(910) 575-7337

(wrongful death, personal injury, license restoration, wills and estates, traffic offenses, incompetency guardianship)

Watts Law Group

4617 Main Street
Shallotte, NC 28470

www.wattslg.com

(910) 250-9346

estate planning and probate, foreclosures, homeowners association, construction, criminal, business, personal injury and auto, family, insurance, workers comp, consumer advocacy, defending medical providers

Caregiver Resources

Agencies Offering Caregiver Information, Assistance & Support

Area Agency On Aging

Connects families with resources and attempts to meet needs of family caregivers. This includes local support groups, support services, entitlement programs and other community resources. Also offers Project C.A.R.E. (Caregiver Alternatives To Running On Empty), a state-funded, dementia-specific support for caregivers of persons with Alzheimer's disease. The goal of Project C.A.R.E. is to increase quality, access, choice, and the use of respite care for caregivers. Caregivers in crises are provided timely individualized assessment, guidance, counseling and limited respite care.

Contact: Dana Bentley dbentley@capefearcoq.org 910-408-6365

Project C.A.R.E Family Consultant

dbentley@capefearcoq.org

<https://capefearcoq.org/area-agency-on-aging/project-c-r-e/#>

Brunswick Senior Resources, Inc

BSRI's Aging Resources Division is comprised of a team of Aging Resource Specialists who work to connect Brunswick County residents 60 and older and their caregivers to community programs, resources, and support by providing information and referrals, assistance in navigating application processes, and connection to home-delivered meals, home care, caregiver resources, and counseling.

910-754-2300

<https://bsrinc.org/aging-resources/>

Day Programs

Active Day of Grand Strand

Adult Day Center for 18+ who are able to perform activities of daily living

3880 Houndsfield Avenue, Myrtle Beach SC

<https://www.activeday.com/>

Email: info@activeday.com

1950 Amphitheater Drive ,Wilmington NC

Woodard's Adult Day Health Center

Adult Day Center for 18+ who are able to perform activities of daily living

115 Holden Beach Road ,Shallotte,-
(910) 754-9409

<https://www.woodardsadhc.net>

Elderhaus at the Lake Adult Day Center

Adult Day Center for 18+ who are able to perform activities of daily living

Education Opportunities for Caregiver

Caring.com

Caring.com is senior care resource for family caregivers seeking information & support as they care for aging parents, spouses and other loved ones. Offers assistance in understanding options in looking for a senior living community or help with in-home care, with info on financing.

<https://www.caring.com/>

Community Resource Guide for Senior Services

www.capefearcoq.org/resourceguide

National Council on Aging Benefit Guide

Short questionnaires assist in finding government programs that can help you or your loved one

www.benefitscheckup.org

North Carolina Division of Aging and Adults Services Resources for Family

Caregiving

www.ncdhhs.gov/aging/fcresources.htm

The North Carolina Caregiver's Portal

Trualta is a personalized, skills-based training platform for family members caring for aging loved ones living at home.

<https://www.trualta.com/>

Nursing Home Placement Alternatives

CAP Program - North Carolina Dept. of Health and Human Services Community Alternatives Program for Disabled Adults

Home Health Programs for 65+, blind, disabled who require a nursing facility level of care and who are at risk of institutionalization within 30 days. Provides adult day health, personal care aide, home modification, mobility aids, meal preparation.

Contact: Brunswick New Hanover Regional Medical Center
(910) 667-7000

[Community Alternatives Program for Disabled Adults \(CAP/DA\) | NC Medicaid](#)

Elderhaus-PACE Program

Alternative to nursing home care with a home based approach by providing medical support and social services. Must be 55+, meet the nursing home level of care requirement as determined by the NC Dept of Health and Human Services and meet income requirements.

www.elderhaus.com 910-343-8209

Money Follows the Person (MFP)

A state project that helps NC Medicaid-eligible North Carolinians living in inpatient facilities move into their own homes and communities with supports. Must be a facility resident for 60 days, live in qualified facility and have a qualified resident.

To apply call 1-855-761-9030

Applications are online at [MOP](#)

Nutrition Options

Meals On Wheels

Provides nutritious, freshly prepared meals to county residents 60 and up who cannot reasonably prepare meals for themselves. Eligibility is not based on income and is determined by an initial in-home assessment.

Brunswick Senior Resources 910-754-2300

<https://bsrinc.org/aging-resources/>

in the refrigerator. Heat-and-eat-convenience. Just \$7.99 for most meals. *Gluten-free, renal and pureed meals are \$8.99 each*

Phone: 1-877-508-6667

<https://www.momsmeals.com/contact-us/>

Mom's Meals

offer nourishing, home-delivered meals that prioritize your food and your budget. Meals will last 14 days from delivery when stored

St Peter Lutheran Church

Delivers meals the 2nd and 5th Saturday of each month to homebound seniors in need.

4843 Southport-Supply Road, Southport,

Open Mon-Thur 8:30AM-1:00 PM

(910) 457-5604

<https://stpeterlutheran-nc.org/contact-us>

Respite Service Options-Facilities

The Landings Of Oak Island

Whether a caregiver needs to travel, the resident needs to recover from a medical procedure, or you just want to try the facility. Staff assist with daily living activities as needed such as bathing, dressing and medication management. Therapy, pharmacy and provider services onsite. Our community creates a safe and secure home-away-from-home for short-term residents. DAILY RESPITE CARE RATES START AT \$125

2910 Pine Plantation Pkwy, Bolivia, NC 28461

(910) 406-8400

<https://oakislandseniors.com/respitcare/>

Respite Service Options-Programs Offering Assistance

Area Agency On Aging Respite Vouchers

Eligible caregivers can receive vouchers to provide in-home respite care and/or respite in group settings such as Adult Day Care/Health. Funds are limited.

Contact: Dana Bentley dbentley@capefearcog.org 910-408-6365

Project C.A.R.E Family Consultant

dbentley@capefearcog.org

<https://capefearcog.org/area-agency-on-aging/project-c-r-e/#>

Brunswick Senior Resources Respite Program

Provides respite to eligible caregivers on a short term, temporary basis. In-home assessments are conducted in order to determine eligibility and to assess for additional services. Resources, education and care management are also provided. Please contact a case manager at your local BSRI Senior Center.

(910-)754-2300

<https://bsrinc.org/>

Lower Cape Fear Life Care – Memory Partners

Memory Partners Program: offers care and support for patients diagnosed with dementia, and for their caregivers through counseling, support groups, respite care, home care and consistent contact from program staff.

1414 Physicians Drive, Wilmington

1-800-207-6908

<https://lifecare.org/memory-partners/>

North Carolina Lifespan Respite Program

an application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$500 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available. Caregiver must be at least 18 years old and a North Carolina resident.

- *Caregiver must be providing unpaid care for an individual of any age.*
- *Neither caregiver nor care recipient can be receiving ongoing, publicly funded in-home services or other respite care, including adult day care services.*

To Apply call Brunswick Senior Resources at 910-754-2300

Safety and Security Options

Alert Systems, Safety Devices and Phones

See the "Safety Devices" section of this document

Are You Okay?Program

A FREE telephone reassurance service for older adults and adults with disabilities, who live alone or who are at risk of sudden illness, falls, accidents, and/or social isolation.

The Brunswick County Sheriff's Office places a daily computer generated call to each person enrolled at a specified time. If no response is received, a Deputy is dispatched to the residence to ensure the person's safety. If the subscriber is okay, they simply hang up the phone after hearing the pre-recorded message. The computer assumes the subscriber is okay if they answer the telephone.

Brunswick County Sheriff's Office
(910) 253-2749

Project Lifesaver (Free Alert System)-Brunswick County Sheriff's Office

A FREE service for Brunswick County residents who are caring for loved ones with Alzheimer's disease, autism or other conditions that make them likely to wander away, providing bracelets to help rescuers find a loved one who has wandered away.

Contact the I.M.P.A.C.T. Unit 910-253-2749

<https://www.brunswicksheriff.com/community-programs/project-lifesaver>

Support Groups

Brunswick Senior Resources Family Caregiver Support Program-Support Groups

Through Brunswick Senior Resources Family Caregiver Support Program, Caregiver Support Groups are offered monthly at each senior center location. Virtual Support Groups are available as well. See full listings for all groups under "Support Groups" in this guide. See the "Support Group" section of this guide for more information.

Testing

If you've determined that you are seeing signs of dementia a referral from your family doctor may be required for testing centers. You should also know that a diagnosis can take time. To ensure that you have an accurate diagnosis, you may be required to take additional tests, or be referred to a memory clinic or a specialist. You will most likely undergo a number of physical and cognitive exams.

MARS Memory-Health Network

offers screening, detection, diagnosis, and counseling services for individuals 16 and older. We specialize in memory loss and dementia, as well as learning, cognition, attention, and psychological well-being.

4415 Junction Park Drive, Wilmington, NC 28412
(910) 791-6277

Novant Health Neurology

offers screening, detection, diagnosis, and counseling services for individuals 16 and older. We specialize in memory loss and dementia, as well as learning, cognition, attention, and psychological well-being.

1333 S Dickinson Dr Ste 230, Leland, NC 28451
(910) 662-7500

Children's Services

Childcare.gov

A general database for child services by state. Used to help find child care and funds.
1-877-543-0059

Communities in Schools of Brunswick County, Inc.

3148 George II Highway, Unit 2
Boiling Spring Lakes, NC 28461
(910) 351-8007
info@cisbrunswick.org
www.cisbrunswick.org

Action For Success Program

Assigns case managers to students with identified risk factors such as poor grades, low test scores, behavior issues, frequent disciplinary referrals, poor attendance, and retention.

21st Century Community Learning Center Afterschool Program at Supply Elementary

The 21CCLC program is a STEM (science, technology, engineering, math) based program that operates Monday through Friday during after school hours with no cost to participants. Bus transportation and snack is provided. The goal of the 21CCLC program is to increase academic achievement, school attendance, class participation, homework completion, social skills, emotional and physical stability.
Contact Aileen Batton at (910) 946-1146 or mfragale@cisbrunswick.org.

Parenting Education Programs

The parenting program is offered to any Brunswick County parent or guardian of children between the ages of five and twelve. Group leaders work together with parents and children in a supportive and confidential environment to offer practical and effective techniques to build healthy, positive family dynamics. The COP groups currently offered in Brunswick County are Grandparents Raising Grandchildren and Single Parent Support Groups. Each of the parenting education programs are provided free of charge by trained parent educators. Free childcare is provided on site for participants.
Contact the CIS Parent Education Office at (910) 253-5327 ext 1435 or mwells@cisbrunswick.org.

Teen Court

Provides an alternative system of justice for first time juvenile misdemeanor offenders ages 6-17. Primarily serving students at Brunswick County's five high schools, Teen Court allows offenders to accept responsibility for their offense, have their case heard by a jury of their peers and complete a constructive sentence so they can avoid a juvenile court record.
Contact Sam Davis, Teen Court Director at (910) 253-4087 or teen.court@brunswickcountync.gov

Head Start Program- Dept. Of Health and Human Services

In school program for children ages 3 to 4 from families with low income, according to the Poverty Guidelines published by the Federal government, are eligible for Head Start and Early Head Start services. Children in foster care, homeless children, and children from families receiving public assistance.

71 N Piney Grove Rd NE

Bolivia, NC - 28422

(910) 253-8155

<http://scfsnc.org/head-start-program/longwood-center/>

HelpGuide.org

A nonprofit site aimed at helping grandparents find resources to help raise grandchildren.

Providence Home (Emergency Teen Shelter)

For Brunswick County Youth with no emergency residential shelter.

5310 Doshier Cutoff SE, Southport, NC 28461

(910) 457-0440

info@providencehomenc.com

http://www.providencehomenc.com

Counseling on Insurance

Affordable Care Act/Marketplace

Sign up for affordable, quality health coverage, 24hours/7days a week.

1-800-318-2596

healthcare.gov

Medicaid

health insurance program for low-income individuals and families who cannot afford health care costs.

60 Government Center Drive, Building B

910-253-2077

dss@brunswickcounty.gov

Medicare

1 (800) 633-4227

www.medicare.gov

North Carolina Department of Health Insurance-SHIIP PROGRAM (SENIOR HEALTH INSURANCE INFORMATION PROGRAM)

<https://www.ncdoi.gov>

Smart NC-can review your adverse benefit determination notice with you, discuss your rights under North Carolina law and assist you with the appeal process.

SHIIP-Free, unbiased counseling about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D, and long-term care insurance.

The North Carolina Senior Medicare Patrol - SMP

Assists seniors in reporting and combating Medicare fraud and abuse.

SHIIP Counseling Available at

The Brunswick Center at Calabash

10050 Beach Dr., Calabash, NC 28467

910-754-6226

The Brunswick Center at Leland

121 Town Hall Dr., Leland, NC 28451

910-754-3658

The Brunswick Center at Shallotte

3620 Express Dr., Shallotte, NC 28470

910-754-4468

The Brunswick Center at Southport

1513 N. Howe St. Ste. 1, Southport, NC

28461

910-754-4106

The Brunswick Center at Supply

101 Stone Chimney Rd., Supply, NC

28462

910-754-845

Local Agencies Assisting with Affordable Care Act Enrollment

CommWell Health

1-877- 935-5255

www.commwelhealth.org

Little River Medical Center

843-663-8000

4303 Live Oak Drive

Little River, SC 29566

www.lrmcenter.com

COVID-19 Resources

Test Sites Listed Online

<https://covid19.ncdhhs.gov/about-covid-19/testing/find-my-testing-place>

Test Site Locations

Brunswick County VA Clinic

910-754-6141

8a-4:30p

FastMed Urgent Care (Leland)

910-782-3600

8a-8p

CommWell Health of Bolivia

910-567-7114

7:30a-6p

Goshen Medical Center (Southport)

910-457-0070

7a-6p

Dosher Urgent Care

910-454-4732

8a-4:30p

Med First Southport

910-269-2053

8a-8p

Novant Health

Oceanside

Convenient Care

877-966-8268

8a-8p

Resources - Fighting Covid 19

Brunswick County Public Health

COVID Line

910-253-2339 (9a-5p)

NC Public Health Call Line

1-866-462-3821 (24/7)

Corona Community Hotline

800-451-1954, (24/7)

NCDHHS YouTube Videos - COVID

<https://www.youtube.com/watch?v=Z53PoYKX2Do&list=PLUadR7S9ykdnCrnT-x-2vnc0qZU7JsGit>

Consumer Education Services Inc

Financial Counseling Line

888-419-2374 (9a-9p)

Red Cross

COVID specific help

833-492-0094 (24/7)

Disaster Distress hotline

Immediate crisis counseling

1-800-985-5990 (24/7)

Text Alerts from NC Public Health

Text COVIDNC to 898211

Crisis/Emergency Resources

Emergency Hotlines

Brunswick Family Assistance BFA

Leland Office
324-I Village Rd
Leland, NC 28451
901-408-1700

Brunswick Senior Resources

910-754-2300

Catholic Charities

Harrelson Center
20 N 4th St #300
Wilmington, NC 28405
(910) 251-8130

Coastal Horizons Center

24 HOUR HOTLINE

Emergency Youth Shelter
615 Shipyard Boulevard
Wilmington, NC 28412
(800) 672-2903 OR 910-392-7408

Hope Harbor Home

(Domestic/Sexual Violence) Hotline

24 HOUR HOTLINE

910) 754-5856 = crisis line
910-754-5726 = 24hr staff line

Crisis Centers

American Red Cross Cape Fear

1102 South 16th Street
Wilmington, NC 28401
(910) 762-2683

Coastal Horizons Center, Inc.

24 HOUR HOTLINE

Emergency Youth Shelter
615 Shipyard Boulevard Office Park
Wilmington, NC 28412
(800) 672-2903 or 910-392-7408

Harrelson Center

*19 nonprofits and 22 associate partners
that provide humanitarian services.*
910.343.8212

National Suicide Hotline

24 HOUR HOTLINE

Now updated- Dial 988 for assistance

NCCare360

24 HOUR HOTLINE

888-892-1162

The Anchor Initiative Hotline- Brunswick County Sheriff's Office

*Individuals with addictions can contact
the Sheriff's Office through referral or
officer interaction requesting assistance
with addiction. Individuals will be put in
immediate contact with a coordinator
who will coordinate medical treatment,
transport to the local ER to be checked
out and explore treatment options while
keeping the cost low.*

(910) 363-7880

United Way

24 HOUR HOTLINE

Dial 211
(910) 458-2777

info@harrelsoncenter.org

20 North 4th Street, Ste 214, Wilmington
Mon-Thurs 8:30am - 5pm; Fri 8:30am -
2pm

Help Hub-910.769.5357

Tuesday - Thursday 9 am - 12:00 pm

Help Center of Federal Point

7 N. 3rd Street.
Carolina Beach, NC 28428

Hope Harbor Home – Brunswick Co.

24 HOUR HOTLINE (Domestic &
Sexual Violence)

Bolivia, NC 28422
(910) 754-5856

Rape Crisis Center – Brunswick County
Coastal Horizons Center Building

120 Coastal Horizons Drive
Shallotte, NC 28470
Admin Line: (910) 754-7949

Brunswick County Natural Disaster Resources

Access & Functional Needs Registry

A computerized registry of people w/ special medical needs who may require special assistance in the event of a disaster.

910-253-2850

[Access & Functional Needs Registration Form](#)

Brunswick Co Animal Protective Services

Animal Sheltering
429 Green Swamp Rd.
Supply, NC 28462
910-754-8204

www.aps.brunswicksheriff.com

Brunswick Co Emergency Services

3225 Old Ocean Hwy, Bolivia, NC
28422
910-253-5383

Brunswick Co Environmental Health *sewer, well water*

(910) 253-2150
Hours: 8:30a-5p;

Brunswick Co Health Department

(910) 253-2250
Hours: 8:30a-5p
1(888) 519-5362
Hours: M-F = 9a-5p, Sat = 9a-12p

Brunswick Co Sheriff's Office

(910) 253-2777
Hours: 8:30a-5p

Brunswick Co StreetReach for Youth

hot shower/food
(910) 842-2711

Brunswick Co Public Housing Agency

910-253-2222
Hours: 8:30a-5p

Brunswick Family Assistance

Food Assistance & Monetary Assistance
4600 Main St, Shallotte, NC 28470
(910)754-4766|
<http://brunswickfamily.org>

Brunswick Transit System

(910) 253-7800

National Agencies Offering Natural Disaster Assistance

American Red Cross

Shelters, meals, health/mental health services, spiritual care, help to reconnect with loved ones, access to case workers, childcare, laundry, etc.
1(800) 733-2767

www.safeandwell.org

Catholic Charities

<https://www.catholiccharitiesusa.org/>

Endeavors - VA

Disaster Relief and Housing Services
Fayetteville (910) 672-6166
Jacksonville (910) 379-4913
dcmcnc@endeavors.org

FEMA

Monetary assistance with home repairs, business repairs, medical, dental, child care, funeral & burial, household items, moving & storage, vehicle repair, etc
<https://www.fema.gov>

<https://www.disasterassistance.gov/>
1-800-621-3362 or Text SHELTER &
your zip code (ex. SHELTER 01234) to
43362

Housing Crisis Hotline
Call 211 or 888-892-1162

ReBuild NC
long-term disaster recovery program,

offer rebuilding assistance.
833-ASK-RBNC

**Voluntary Organizations Active in
Disaster (VOAD)**

*Assisting with food, diapers, bill asst.,
clean-up, tarps, etc.*

[https://www.brunswickcountync.gov/em
ergen cy/voad/](https://www.brunswickcountync.gov/emergen cy/voad/)

Dental Care

Cape Fear Comm. College Dental Clinic

The CFCC dental clinic is part of a teaching institution for the dental hygiene and dental assisting students.

Health Sciences Building (L)

415 N. Second Street

Wilmington, NC 28401

910-362-7341

<https://cfcc.edu/about/community-services/dental-clinic/>

East Carolina University School of Dental Medicine

Dental school offering comprehensive general dental services for adults, children and special needs patients.

Community Service Learning Center

100 Brunswick Medical Center Parkway NE Bolivia, NC, 28422

Phone 910-253-9000

<https://dental.ecu.edu/brunswick-county/>

Med North Health Center

Dental services offered on a sliding scale based on income.

925 North Fourth Street, Wilmington NC 28401

Ph: 910-343-0270

<https://www.mednorth.org/>

Disability Resources

Agencies Offering Disability Assistance

Disability Resource Center

empower persons with disabilities to maintain independence in their communities by offering info & assistance, teaching independent living skills, transition services & housing advocacy

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

Mon - Thu 9 AM - 4:30 PM

Phone: (910) 815-6618

The Healthy Opportunities Pilot Program (HOP)

a state and federally funded program to help improve the overall health of qualifying Medicaid members offering assistance with housing navigation, household supplies, assistance with past due bills up to \$500, utility assistance up to \$500, home modifications & repairs, rental deposits, transportation, and food & nutrition assistance
1-800-953-0203

NC DHHS-Independent Living Program

Assists w/home & car modifications, durable medical equipment, personal assistance up to 40 hours a week. Must meet income qualifications. Household of 1 \$1,342 a month or less

Phone: (910) 746-6835 ; Simone Thompson

<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities> BROCHURE: <https://www.ncdhhs.gov/media/14030/open>

NC DHHS-Regional Center for the Deaf and Hard of Hearing

3240 Burnt Mill Drive, Suite 5

Wilmington, NC 28403

910-251-5702 TTY 910-251-5767

Offers free hearing screenings and assistance for those who qualify.

North Carolina Division of Services for The Blind

provides services to people who are blind or visually impaired to help them reach their goals of independence. Referrals are made from Vocational Rehabilitation Counselors, Independent Living Rehabilitation Counselors or Social Workers for the Blind and then to one of our Deaf-Blind Specialists. (See Below)

309 Ashe Ave, Raleigh, NC 27699

(919) 527-6700

Brunswick & New Hanover Social Worker for the Blind

910-253-2127

219 60 Government Center

Bolivia, NC 28422

North Carolina Library for the Blind and Physically Handicapped

1841 Capital Blvd
Raleigh, NC 27635
(919) 733-4376

<https://statelibrary.ncdcr.gov/lbph>

Prevent Blindness North Carolina

4011 WestChase Blvd. Suite 225
Raleigh, NC 27607
(919) 755 5044

<https://nc.preventblindness.org>

Disaster Assistance

Local Natural Disaster Resources

Baptist On Mission Disaster Relief

<https://baptistsonmission.org>

919-459-5605

provides hot meals, debris removal, child care and family assistance.

Brunswick County Access & Functional Needs Registry

Contact: [Kelley Currie](#) 910-253-2850

<http://forms.brunswickcountync.gov/forms/accessneeds>

Brunswick County Emergency Services

<https://www.brunswickcountync.gov/emergency>

910-253-2589

assistance provided to citizens to connect with non-profits that may be able to aid in their need

Brunswick County Environmental Health

sewer, well water

(910) 253-2150

Hours: 8:30a-5p

Brunswick County Habitat for Humanity

<https://brunswickcountyhabitat.org>

910-454-0007

The local affiliate of HFH International. Affordable housing offered with partner family mortgage repayments to finance construction.

Brunswick County Health Department

(910) 253-2250

A registry of people w/ special medical needs who may require special assistance in the event of a disaster.

Brunswick County Animal Protective Services

429 Green Swamp Rd.

Supply, NC 28462

910-754-8204

www.aps.brunswicksheriff.com

Hours: 8:30a-5p

1(888) 519-5362

Hours: M-F = 9a-5p, Sat = 9a-12p

Brunswick County Sheriff's Office

(910) 253-2777

Hours: 8:30a-5p

Brunswick County StreetReach

hot shower/food

(910) 842-2711

Brunswick Family Assistance

Food Assistance & Monetary Assistance

4600 Main St, Shallotte, NC 28470

(910)754-4766|

<http://brunswickfamily.org>

Coastal Horizons

<https://coastalhorizons.org>

910-619-7117

provides a range of effective, evidence-based substance use, mental health, crisis intervention, justice, and wellness services. Services include mental health and substance use assessments, outpatient therapy, medication management, and peer support.

Salvation Army of Cape Fear
<https://southernusa.salvationarmy.org/cape-fear/home>
910-762-2070

emergency communications, spiritual care, food service and recovery, shelter, clothing, furniture vouchers, rent & utilities emergency assistance, food

pantry and soup kitchen.

Wilmington Area Rebuilding Ministry (WARM)

<http://www.warmnc.org>

910-399-7563

providing home rebuilds for low-income homeowners

National & State Agencies Offering Natural Disaster Assistance

American Red Cross

Shelters, meals, health/mental health services, spiritual care, help to reconnect with loved ones, access to case workers, childcare, laundry, etc.
1(800) 733-2767

www.safeandwell.org

moving & storage, vehicle repair, etc

<https://www.fema.gov>

<https://www.disasterassistance.gov/>

1-800-621-3362 or Text SHELTER & your zip code (ex. SHELTER 01234) to 43362

Catholic Charities

<https://www.catholiccharitiesusa.org/>

Lutheran Services Carolina

<https://lscarolinas.net>

252-481-8007

partnering with non-profit and government agencies prodding disaster services, disaster case management and donation management.

Federal Emergency Management FEMA

www.fema.gov

1-800-621-3362

Monetary assistance with home repairs, business repairs, medical, dental, child care, funeral & burial, household items, an information and referral service provided by the United way of NC providing free and confidential information on health and human services and resources

NC 2-1-1 Helpline

Call 211 or 888-892-1162

NC Conference United Methodist Church

<http://www.nccumc.org>

888-440-9167

offers tarps for roofs, debris removal, clean outs and tree removal

NC Office of Recovery and Resiliency (NCORR)

<https://www.rebuild.nc.gov>

manages federal long-term disaster recovery funding that is not made available to the state. Programs include Homeowner Recovery Program, strategic Buyout Program, Community Development, and local and tribal government grants and loans.

Disposable Undergarments/Diapers

Brunswick Baptist Association

Assists parents, older adults and caregivers with incontinence supplies, diapers and hygiene products. Prefer referrals from doctors' offices or other local agencies. Must meet income requirements.

Resource Center
1041 Old Ocean Highway // Bolivia, NC
910.754.7979

Brunswick Senior Resources

When available through grant funding or donations, BSRI provides incontinence supplies for Meals on Wheels Program recipients upon request. Contact a BSRI Case Managers for details.

(910) 754-2300

Camp United Methodist Church

Saturday 10am-12pm noon
4807 Main St.
Shallotte, NC 28470
(910) 754-4840

Diaper Bank of NC

Provides incontinence supplies, diapers, and hygiene products for infants, seniors and caregivers who are enrolled in specific agency programs like food pantry programs, Brunswick County Smart Start, Brunswick County Senior Resource Centers and more. For a complete list visit the website at

<https://ncdiaperbank.org/lower-cape-fear>

(910) 777-3243

Email: lowercapefear@ncdiaperbank.org

Durable Medical Equipment/Medical Devices Medical Supplies

Agencies Assisting With Durable Medical

Disability Resource Center

5041 New Centre Drive, Suite 210
Wilmington, NC 28403
Phone: (910) 746-6800
<http://www.drc-cil.org/>

NC DHHS-Independent Living Program

*vehicle & home modification, lift chairs,
other dme for those who qualify*
Phone: (910) 746-6835; Simone
<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

Neighbor to Neighbor Loaner Program

St. James the Fisherman Episcopal
Church
*Durable medical equipment lending
closet*
4941 Main St. Shallotte, NC 28470
(910) 754-9313

Self-Help Credit Union

*A nonprofit community development
lender offering Assistive Technology
Loans for the purchase of devices or
equipment.*
800-966-7353
Tamara Pereboom, (704) 566-2899
<https://www.self-help.org/personal/loans/other-loans/assistive-technology-loans>

Devices for Deaf and Hard of Hearing

ADCO Hearing Products

1-800-726-0851
www.adcohearing.com

Diglo

1-800-825-6758 V
800-825-9187 TTY
952-388-2152 VP
www.diglo.com

Hear-More Products

1-800-881-4327 V
1-800-281-3555 TTY
631-752-0689
www.hearmore.com

Hitec Group

800-965-9043 V
888-814-5359 TTY
www.hitec.com

WCI

(800) 233-9130 V/TTY
www.weitbrecht.com

Silent Call Communications

1-800-572-5227 V/TTY
www.silentcall.com

Devices for Visually Impaired

Brunswick & New Hanover Social Worker for the Blind

910-253-2127 (Tues & Thurs - BC)
910-251-5743 (M, W, F - NH)
krista.kelly@dhhs.nc.gov
219 60 Government Center
Bolivia, NC 28422

Disability Resource Center

910-815-6618
5041 New Centre Drive, Suite 210
Wilmington, NC 28403
<http://www.drc-cil.org/>

Lions Club International

Camp Dogwood for the Blind
Summer Camp for the Visually Impaired
tammy@nclionsinc.org 828-478-2135
7062 Camp Dogwood Drive
Sherrills Ford, NC 28673

Lions Clubs-Brunswick County

Eyeglasses recycling, assistance programs, vision screenings
910-232-9925

North Carolina Division of Services for The Blind

Provides resources and referrals, in-home instruction in daily living techniques, guidance and counseling, assistive technology, adjustment to vision loss
309 Ashe Ave
Raleigh, NC 27699
(919) 527-6700

NCDHHS Medical Eye Care Program

The Division of Services for the Blind
3240 Burnt Mill Drive, Suite 7
Wilmington, NC 28403
<https://www.ncdhhs.gov/assistance/vision-loss/medical-eye-care-program>
1-866-222-1546
Spanish: 1-800-662-7030

North Carolina Library for the Blind and Physically Handicapped

841 Capital Blvd
Raleigh, NC 27635
(919) 733-4376
<https://statelibrary.ncdcr.gov/lbph>

Prevent Blindness North Carolina

4011 WestChase Blvd. Suite 225
Raleigh, NC 27607
(919) 755 5044
<https://nc.preventblindness.org>

DME Stores Accepting Medicare/Medicaid

Advanced Home Care

1620 Wright St.
Wilmington, NC 28401
800-868-8822
www.advhomecare.org

Carolina HealthCare Products, Inc.

1635 N. Howe St. Ste. H
Southport, NC 28461
(910) 454-4545

Coastal Drug Store

(Mintz Coastal Drug Store Inc.)
4924 Main Street Unit12
Shallotte, NC
(910) 754-6563

CVS Pharmacy LLC

All Locations
Shallotte, NC 28470
(910) 754-9351

DLS Home Services

609A Piner Rd., PMB
135 Wilmington, NC 28405
(910) 620-3734
www.dlshomservice.com

Family Medical Supply Inc.

4600-12 Main Street
Shallotte, NC 28470
(910) 755-7066
www.familymedsupply.com

Home Medical Systems

1347 S. Madison St.
Whiteville, NC 28472
(910) 642-5798

Thomas Drugs Inc.

4750 Main Street
Shallotte, NC 28470
(910) 754-4720

Walgreens Co

All locations

Walmart

All Locations

Oxygen Supplies**Apria Healthcare**

501 Covil Ave., Ste. 400
Wilmington, NC 28403
(910) 343-8930
www.apria.com

Coastal Carolina Respicare

2527 Delaney Ave, Unit A
Wilmington, NC 28403
Office:(910) 362-1414
800-821-4897

Family Medical Supply

1620 Wright St.
Wilmington, NC 28401
(910) 762-7007
www.familymedsupply.com

Liberty Medical Specialties

1120 Ocean Highway West
Supply, NC
(910) 755-0023

Lincare

1011 Zion Hill Rd SE
Bolivia, NC 28422
(910) 755-7277

Education

Brunswick Community College

50 College Rd.
Bolivia NC 28422
(910) 755-7300

www.brunswickcc.edu

A public, two-year educational institution provides accessible and affordable programs and services that meet the educational and cultural needs of the community and to provide opportunities for individuals to be successful.

Brunswick County Literacy Council

282 Ocean Highway
Supply NC 28462
(910) 754-7323

www.bcliteracy.org

The Literacy Council offers tutoring, training, typing and has a literacy teacher, ESL (English as a Second Language) tutoring, in addition to basic literacy tutoring.

Brunswick Senior Resources Senior Centers

Offers once a month technology instruction.

Calabash Senior Center

10050 Beach Dr.
Calabash, NC 28467
910-754-6226

Leland Senior Center

121 Town Hall Dr.
Leland, NC 28451
910-754-3658

Shalotte Senior Center

3620 Express Dr.
Shalotte, NC 28470
910-754-4468

Southport Senior Center

1513 N. Howe St. Ste. 1
Southport, NC 28461
910-754-4106

Supply Senior Center

101 Stone Chimney Rd.
Supply, NC 28462
910-754-845

Energy/Utility Assistance

Brunswick County DSS Programs

60 Government Center Drive, Building B

(910) 253-2077

DSS@Brunswickcountync.gov

Crisis Intervention Program

Federal program that assists those who have no heating or cooling source or has a disconnect notice and the well-being of a household member would be in danger if the heating or cooling crisis was not alleviated.

Low Income Energy Assistance

Check eligibility & Apply Online: <https://epass.nc.gov/>

Assistance with heating bills. Apply Dec. 1st through Jan 31st.

Brunswick Baptist Association

1041 Old Ocean Highway

Bolivia, NC

(910) 754-7979

www.brunsbaptist.org

Brunswick County Water & Sewer Utility Assistance

County Public Utilities residential water and/or sewer customers whose gross annual income is equal to or less than 130% of the federal poverty level for the household size, with assets less than \$110,000, and the household's total available on-hand cash resources must be less than \$2,200.

The County establishes the monthly credit amount for water and/or sewer service during the annual budget process. The available credit in Fiscal Year 2023 is \$11 per month for county residential water customers, \$15 per month for residential sewer customers, and \$26 per month for residential customers who have both water and sewer service.

Check eligibility & apply online at: <https://epass.nc.gov/> OR print application at:

<https://www.brunswickcountync.gov/utilities/utility-billing/>

<https://www.brunswickcounty.nc.gov/social-services/utilityassistance/>

Brunswick Baptist Association

1041 Old Ocean Highway

Bolivia, NC

(910) 754-7979

www.brunsbaptist.org

Brunswick Family Assistance

4600 Main St. Shallotte, NC 28470

(910) 754-4766

www.brunswickfamily.org

Brunswick Homeless Coalition

Ocean Isle Beach, NC 28469

1-888-519-5362

www.brunswickhomeless.com

Brunswick Senior Resources

Heater and Fan Program

(910) 754-2300 -or-

contact a case manager listed page 2.

Generations Church

4019 Executive Park Blvd. SE

Southport, NC 28461

(910) 454-9302

www.generationschurch.com

St. Brendan's Catholic Church

5101 Ocean Hwy W

Shallotte, NC 28470

(910) 754-8544

www.stbrendan-shallotte.org/#/

Utility Companies

AmeriGas

3245-A Hwy. 421 N.
Wilmington, NC 28401
(910) 251-5302
91 Southport-Supply Rd. Hwy. 211
Supply, NC 28462
(910) 755-5597

AT&T Telephone

Toll Free: 1 800-288-2020

Brunswick Electric Membership Corporation BEMC

BEMC Headquarters
795 Ocean Hwy W (Hwy 17)
Supply, NC 28462
(910) 754-4391

BEMC Southport/OKI

4335 Southport-Supply Rd. (Hwy 211)
Southport, NC 28461
(910) 457-9808

BEMC Whiteville

2228 New Britton Hwy E (Hwy 130)
Whiteville, NC 28472
Customer Service:
(800) 842-5871
Report an outage:
(800) 682-5309

Brunswick County Water & Sewer Utility Assistance

<https://www.brunswickcountync.gov/social-services/utilityassistance/>
Application period is June 22-July 17

Cape Fear Public Utility Authority, LLC

253 Government Center Dr. Wilmington, NC 28403
(910) 332-6550

Country L.P. Gas

1767 Fletcher Rd. NE
Leland, NC 28451
(910) 805-6418

Diversified Energy

6 Red Bug Rd SW
Shallotte, NC 28470
(910) 754-8131
(855) 639-7878 (toll free)

Fairways Utilities Services Inc.

7500 Carolina Beach Rd. Wilmington,
(910) 395-6684 -or
304 Passage Gate Way Wilmington, NC
(910) 395-6701

Gas Tech

1611 Canaday Rd.
Wilmington, NC 28411
(910) 686-3502

Hendrix Barnhill Co Inc.

100 Eastwood Rd.
Wilmington, NC 28403
(910) 392-2941

Long Bay Utilities Co Inc.

Southport, NC 28461
(910) 457-5148
(910) 278-5011

Progress Energy

800-452-2777
7am-7pm
www.duke-energy.com

Spectrum Cable

Phone (855) 243-8892

Estate Liquidation/Moving Service

Auction Orange

Assistance with clear outs, estate auctions, consignments, etc.

1930D Castle Hayne Road

Wilmington, NC

(910) 352-0411

Confederate Rose, Inc.

Estate Liquidation and Auction Services

4606 Main St.

Shallotte, NC 28470

(910) 471-8833

Seamless Organizing Solutions

Offering residential and home office decluttering, downsizing and organizing in a compassionate, non-judgmental manner. Coordinates with clients to develop an individualized action plan, and create efficient, functional spaces and systems.

Contact: Kelly Lehman

910-795-9204 or kelly@seamlessorganizingsolutions.com

www.seamlessorganizingsolutions.com

The Fancy Flea Antique Mall

Fancy Flea will consign your high quality, gently loved items. Performs "living" estate sales to clean out entire homes.

2773 US-17

Shallotte, NC 28470

(910) 755-6665

Financial Assistance

Agencies Providing Financial Assistance

Brunswick County Dept. of Social Services

60 Government Center Drive
Building B
910-253-2077

The State/County Special Assistance In-Home Program for Adults (SA/IH)

provides monthly help with living expenses such as food, shelter and clothing to low-income older adults or adults with disabilities who are at risk of entering a residential facility. Must be Medicaid eligible.

Brunswick Family Assistance

4600-8 Main Street
Shallotte, NC 28470 (910) 754-4766
Satellite Location: 2030 Holden Beach Rd
Supply, NC 28462
Open the 2nd Thursday of the month
<http://www.brunswickfamily.org/>

Catholic Charities

20 N 4th St UNIT 300
Wilmington, NC 28405
Phone: (910) 251-8130
<https://www.catholiccharitiesraleigh.org/>

Southeastern Community and Family Services

910-277-3535
915 S Main St, Unit 1
Laurinburg, NC 28352
<https://www.nccaa.net/our-agencies>
<http://scfsnc.org>

Southport/Oak Island Interchurch

<https://soiicf.org/>
Provides monetary assistance to families in crisis. A referral is required. Please call the Aging Resource Specialist at the Brunswick Center at Southport for information. 910-754-4106.

Fitness and Health Promotion

Brunswick Senior Resources Senior Centers

Exercise Equipment, Exercise Classes and Wellness Programs offered at Senior Centers. Free for 60+ and \$99 annual for individuals 50-59.

Call Senior Centers for Information

The Brunswick Center at Calabash

10050 Beach Dr.
Calabash, NC 28467
910-754-7427

The Brunswick Center at Leland

121 Town Hall Dr.
Leland, NC 28451
910-754-7701

The Brunswick Center at Shallotte

3620 Express Dr.
Shallotte, NC 28470
910-754-2300

The Brunswick Center at Southport

1513 N. Howe St. Ste. 1
Southport, NC 28461
910-754-7109

The Brunswick Center at Supply

101 Stone Chimney Rd.
Supply, NC 28462
910-754-7604

Parks and Recreation Programs

<https://bcparks.recdesk.com>

(910) 253-2670

****See Senior Games**

Food Banks & Nutrition Services/ Food Delivery & Pickup Services

Food and Nutrition Programs

Brunswick County Department of Social Services

Food and Nutrition Service (Food Stamps)

60 Government Center Drive

Building B

Bolivia, NC

910-253-2077

You must apply in person or online

<https://epass.nc.gov/CitizenPortal/application.do>

Brunswick Senior Resources - Congregate Meals/Home Delivered Meals

The Brunswick Center at Calabash

10050 Beach Dr.

Calabash, NC 28467

910-754-6226

The Brunswick Center at Leland

121 Town Hall Dr.

Leland, NC 28451

910-754-3658

The Brunswick Center at Shallotte

3620 Express Dr.

Shallotte, NC 28470

910-754-4468

The Brunswick Center at Southport

1513 N. Howe St. Ste. 1

Southport, NC 28461

910-754-4106

The Brunswick Center at Supply

101 Stone Chimney Rd.

Supply, NC 28462

910-754-8450

Congregate Meal Program

All BSRI Senior Centers and Senior Nutrition Sites offer weekday congregate meals during lunch time for those 60+ at no cost. (Donations Appreciated)

Meals On Wheels

Weekday hot meals delivered to homebound seniors

Food Banks

Income for households should be at or below 130% of the federal poverty guidelines.

County Food Bank

Food Bank of Eastern and Central North Carolina

Bolivia Food Banks

Love of Christ Ministries

4308 Bus. 17 NE, Bolivia, NC 28422

(910) 253-4893

2nd and 4th Thursday

5-7pm

Leland Food Banks

Closer Walk

117-C Village Rd., Leland, NC 28541

(910) 399-4383

4th Saturday, except 3rd Saturday in
Nov. & Dec.

9am-11am

First Baptist Church

571 Village Rd, Leland, NC 28451

(910) 371-2233

1st & 3rd Saturday

10am-noon

Drive-thru (Covid)

Inspirational House of Praise

1005 Village Rd, Leland, NC 28451

(910) 371-6052

Wednesdays

8:30-9:30am

Salvation and Deliverance

4402 Northwest Rd., Leland, NC 28451

(910) 655-9600

3rd Thursday and 2nd/4th Saturday

8am-10am

Town Creek Vision

215 Sunnybrook Way, Leland, NC
28451

(910) 477-4840

Thursdays

8am-11am

Navassa Food Bank

Countywide CDC

1183 Old Mill Rd., Navassa, NC 28451

(910) 383-1787

Every other Wednesday

10am-12pm

Shallotte Food Banks

Brunswick Family Assistance

4600 Main St.
Shallotte, NC 28470
(910) 754-4766
Office:
Mon/Tues/Thursday Wednesday
Friday
M,T, Th = 9a-4:30p W = 1p-4:30p
F = 9a-3p

Camp United Methodist

4807 Main St.
Shallotte, NC 28470
(910) 754-4840
Saturday
10am-Noon

St. Brendan Catholic

5101 Ocean Hwy. W. Shallotte, NC
(910) 754-8544
Wednesdays
10am-Noon

South Brunswick Interchurch

4807 Main St.
Shallotte, NC 28470
(910) 579-4684
Saturdays
10am-Noon

Wings Ministry

4519-1 Main St.
Shallotte, NC 28470
(910) 512-7643

Southport/Oak Island/Boiling Springs Food Banks

Shoreline Baptist

4198 Vanessa Dr.
Southport, NC 28461
(910) 457-1909
Mondays
3pm-5:00pm

Sonrise Independent Baptist

8375 River Rd.
Southport, NC 28461
(910) 477-6161
2nd & 4th Monday
2pm-4pm

Southport/Oak Island Interchurch

249 W. Boiling Spring Rd.
Boiling Spring Lakes, NC 28461
(910) 845-2320
<https://soiicf.org/>
Tues. & Sat. 9-11:15am
Thurs. 5-7pm

Sunset Beach Food Bank

Seaside United Methodist Church

1300 Seaside Rd.
SE Sunset Beach, NC 28468
(910) 579-5753
Tuesdays 9:30am-11:30am

Supply Food Banks

Brunswick Islands Baptist

1672 Mt. Pisgah Rd.
Supply, NC 28462
(910) 842-8969
1st & 3rd Tuesdays
8am-10:30am

Victory Independent

516 Varnamtown Rd.
Supply, NC 28461
(910) 842-7322
Tuesday
12pm-1pm

Winnabow Food Bank

St. Mary's Missionary Church Gospel

6401 Ocean Highway E
Winnabow, NC 28479
(910) 253-7622
1st and 3rd Saturday
11am-1pm

Food Delivery & Pickup Options

Gourmet to Go

Home cooked meals for elderly parents, an ill neighbor or for weekly family meals. Meals for special dietary needs available, such as KETO, paleo, dairy free, low sodium, nut allergy, healthy heart or gluten-free. Family meals serve 6-8. Single meals are \$7.95 or 6 meals for \$39.95. Meals are made fresh to order and can be frozen or refrigerated for up to four (4) days. All meals are prepared to be frozen and reheated while maintaining quality and freshness. Delivery is available to Oak Island, Southport, St. James, BSL, and surrounding communities. Deliveries between 4:30pm and 6:30pm. Orders must be placed and paid for online by 2:00 p.m daily. \$5.00 delivery fee.

105 West St. George Street, Southport, NC 910-505-9336 or 910-477-1082

<https://gourmettogosouthport.com/>

Instacart

Instacart is a home delivery and pick up service that partners with the most popular national and regional retailers such as Albertsons, Costco, CVS, Food Lion, Kroger, Lowes, Publix and more. Delivery fees average about \$5 per order, plus tip.

<https://www.instacart.com/store> **Are you a Senior? Call 1.844.981.3433**

Mom's Meals

Refrigerated, home-delivered meals that are ready to heat and eat. Many Medicare Advantage plans offer meals as part of their post-discharge. To see if yours does, consult your plan materials or call the phone number on the back of your insurance card. Or self-pay offers meals at \$7.99/meal plus shipping.

<https://www.momsmeals.com/our-food/how-it-works/>

Fraud

BRUNSWICK COUNTY PROGRAM INTEGRITY/ FRAUD UNIT

Brunswick County's Program Integrity, or Fraud Unit investigates referrals and reports from various sources to determine whether over-payments have occurred in any of the program areas administered by Brunswick County Social Services.

To report suspected fraud or speak to someone regarding a concern, email dss@brunswickcountync.gov or call 910-253-2077 and ask for a fraud investigator.

The United States Attorney's Office

Medicaid Investigations Division-Medicare or Medicaid Fraud

The prosecution and prevention of health care fraud is an important priority, focusing upon fraud matters involving false billings, violations of the Anti-Kickback Statute and other schemes that victimize patients, health care providers, private insurers and government insurers, such as Medicare and Medicaid. This district investigates fraud by both corporate and individual defendants, including hospitals, nursing home chains, pharmaceutical manufacturers, durable medical equipment suppliers, individual physicians, therapists and other health care providers. report it by phone at 1-800-447- 8477 (1-800-HHS-TIPS), E-Mail at HHSTips@oig.hhs.gov. To report Medicaid fraud in North Carolina, call the North Carolina Medicaid Investigations Division at 919-881-2320.

The United States Immigration & Customs Enforcement

To Report Counterfeit Goods

1-866-DHS-2-ICE or <https://www.ice.gov/webform/ice-tip-form>

To sign up for information & scam alerts: ncdoj.gov/alertsignup

To file a consumer complaint: ncdoj.gov/complaint

To call the Consumer Protection Division: **1-877-5-NO-SCAM**

To add your phone number to The National Do Not Call Registry: **1-888-382-1222** or [Donotcall.gov](https://www.donotcall.gov)

Health Care Programs/Health Screenings

Clinics Offering Services Free or On a Sliding Scale

New Hope Clinic

201 W Boiling Spring Rd, Southport, NC
28461

(910) 845-5333

www.newhopeclinicfree.org

Provides basic medical and dental care, diagnostic services and prescription drugs to low income, uninsured residents of Brunswick County.

Ocean Isle Office

1525 Ocean Isle Beach Rd. Suite
2,

Ocean Isle Beach, NC 28469

Bolivia Office

4311 Old Ocean Highway

Bolivia, NC 2842

CommWell Health

1 (877) 935-5255

aca@commwellhealth.org

www.commwellhealth.org

Shalotte Office

341 Whiteville Rd.

Shalotte, NC 28470

Cape Fear Health Net-Medical Care

Brunswick & New Hanover ONLY

1601 Doctors Cir, Wilmington, NC
28401

(910) 399-2751

www.capefearhealthnet.org

Assists low-income, uninsured who do not qualify for other resources with access to primary care.

Health Programs

Healthy Opportunities Program

Provides assistance with food, housing, and transportation for Medicaid recipients with chronic health issues like diabetes and high blood pressure.

Call a Health Navigator at 910-208-2024

Health Screenings

Medicare Preventive Benefits

- One-time Welcome to Medicare Preventive Visit and Yearly Wellness Visit Colorectal Cancer Screenings
- Breast Cancer Screening (Mammogram)
- Cervical and Vaginal Cancer Screening
- Prostate Cancer Screening
- Cardiovascular Screening
- Diabetes Screening, Supplies and Self-Management Training
- Shots (Flu, Pneumococcal, Hepatitis B)
- Glaucoma Screening
- HIV (Human Immunodeficiency Virus) Screening
- Bone Mass Measurements

Medicare Part B (Medical Insurance) covers:

- Abdominal aortic aneurysm screening
- Alcohol misuse screenings & counseling
- Bone mass measurements (bone density)
- Cardiovascular disease screenings
- Cervical & vaginal cancer screening
- Colorectal cancer screenings
 - Multi-target stool DNA tests
 - Screening barium enemas
 - Screening colonoscopies
 - Screening fecal occult blood tests
 - Screening flexible sigmoidoscopies
- Depression screenings
- Diabetes screenings
- Diabetes self-management training
- Glaucoma tests
- Hepatitis B Virus (HBV) infection screening
- Hepatitis C screening test
- HIV screening
- Lung cancer screening
- Mammograms (screening)
- Nutrition therapy services
- Obesity screenings & counseling
- Prostate cancer screenings
- Sexually transmitted infections screening & counseling
- Shots:
 - Flu shots
 - Hepatitis B shots
 - Pneumococcal shots
- Tobacco use cessation counseling
- Yearly "Wellness" visit

www.medicare.gov/coverage/preventive-screening-services

General Medical Care

General Medical Brunswick County

Brunswick Novant Medical Hospital

240 Hospital Dr. NE

Bolivia, NC (Located on Hwy 17 in Supply, NC)

(910) 721-1000

<https://www.novanthealth.org/brunswick-medical-center.aspx>

An acute care hospital offering a full range of healthcare services.

Dosher Memorial Hospital

924 N Howe St., Southport NC 28461

(910) 457-3800

www.dosher.org

A Critical Access community hospital.

Brunswick County Health Department

25 Court House Dr. NE, Bolivia NC 28422

(910) 253-2250

www.brunswickcountync.gov/health/

Baby Love, Child Service Coordination Program, Community Alternative Program (CAP), Environmental Health, Family Planning, General Clinic, Health Check Program, Health Education, Healthy Family Program, HIV Clinic, Immunizations, Laboratory Services, Maternal Outreach, Maternity Care Coordination Program, Maternity Clinic, Pediatric Clinic, Pediatric Primary Care Clinic, Personal Care Services

General Medical Surrounding Area

New Hanover Regional Medical Center

2131 S. 17th Street, Wilmington, NC 28401

(910) 667-7000

<https://www.nhrmc.org>

Bariatric surgery, behavioral health, cancer treatment, children's health, emergency, heart, home care, imaging & diagnostics, neuroscience, orthopedics, rehabilitation, spine, stroke, trauma, urgent care, and women's health.

Grand Strand Medical Center

809 82nd Parkway. Myrtle Beach, SC 29572

(843) 692-1000

www.mygrandstrandhealth.com

Inpatient behavioral and mental health treatment, breast care, cancer care, pediatric ER and care, emergency care, health screenings and fairs, heart care, maternity care, orthopedic surgery, neuro and spine care, rehabilitation services, stroke care, surgical services, advanced wound care, and level I trauma care.

Home Health Programs & Providers

Medicaid: Those who qualify for Medicaid may qualify for personal care services (PCS), but only as prescribed by your doctor. To qualify for personal care services, you must show that you need assistance with your activities of daily living such as bathing, dressing, eating and mobility. Your doctor may need to complete a DMA-3051 FORM to facilitate eligibility. For more information visit [North Carolina Medicaid Personal Care Services Program: Benefits & Eligibility](#) or contact a case manager at your local BSRI Senior Center.

North Carolina Dept. of Health and Human Services- CAP Program

Home Health Programs for 65+, blind, disabled who **require a nursing facility level of care** and who are at risk of institutionalization within 30 days.

Contact: Brunswick New Hanover Regional Medical Center (910) 667-7000
[Community Alternatives Program for Disabled Adults \(CAP/DA\) | NC Medicaid](#)

Community Alternatives Program for Disabled Adults (CAP/DA)

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation.

Community Alternatives Program/Choice (CAP/Choice).

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation. An agency arrange

PACE Program-Program of All-inclusive Care for the Elderly

State/Federal program that provides comprehensive health care and services that allow individuals 55+ who **qualify for nursing level of care** to remain with their family and as opposed to a nursing home or other care facility.

Eligibility: There are only four criteria to be eligible for PACE: age 55 or older, reside in an area served by PACE, **be certified as eligible for nursing home level care** in NC and be able to live safely in a community setting at the time of enrollment. THIS IS AN ENTITLEMENT PROGRAM and is therefore based on income requirements.

Contact: Elderhaus 910-343-8209 [PACE Program - ElderhausElderhaus](#)

Home Health Agencies - Medical

Advanced Home Health

800-643-6656 (24/7 phone)

<https://advhomehealth.com/locations/>

All Care Home Care Agency

1213 Culbreth Dr.

Wilmington, NC 28405

(910) 350-8811

Accepts all payments

<https://www.allcarehc.com>

Allied Home Health Care Inc.

143 Holden Beach Rd SW. #1B

Shallotte, NC 28459

(910) 755-2020

Accepts Medicaid, VA, private insurance
private pay.

Assisted Care at Home

1003 Olde Waterford Way Suite 1B

Leland, NC 28451

(910) 332-3333

<https://assistedcare.net>

Accepts all payments

Bayada*

3205 Randall Parkway Suite 207

Wilmington, NC 28403

(910) 397-7767

www.bayada.com

Brightstar of Brunswick/New Hanover

2709 Market St. Suite 201

Wilmington, NC 28403

(910) 599-9555

www.brightstarcare.com

Accepts VA, private pay, LTC insurance

Cape Fear Home Care

3807 Wrightsville Ave, Ste. 24

Wilmington, NC 28403

(910) 794-7300

www.capefearhomecare.com

Accepts Medicaid, private pay, private
insurance.

Care Providers of Wilmington, Inc.

2547 S. 17th Street Suite B

Wilmington, NC 28401

(910) 792-6296

Toll Free: (877) 791-6255

www.cpwilmington.com

Accepts all payments.

Centerwell Home Health

27385 Andrew Jackson Hwy

Delco, NC 28436

910-655-4946

www.centerwellhomehealth.com

Accepts all payments

Community Home Care & Hospice

497 Olde Waterford Way Ste 208

Belville, NC 28451

(910) 371-6427

Tollfree: 866 400 6685

www.communityhch.com

Accepts all payments.

Care Alternatives

100 Old Eastwood Rd. #33

Wilmington, NC 28403

(910) 395-5440

Eldercare At Home

3408 Wilshire Blvd. STE 100-B

Wilmington, NC 28403

(910) 395-5003

www.eldercarenc.net

Accepts private pay, private insurance,
CAP and Veterans

Elderhaus PACE

PACE Program
1380 N College Rd
Wilmington, NC 28405
(910) 343-8209
TTY: (1-800) 735-2962
www.elderhaus.com

Griswold Home Care

4016 Shipyard Blvd Suite A
Wilmington, NC 28401
(910) 363-2866
www.griswoldhomecare.com

Interim Health Care

592 Ocean Hwy W.
Supply, NC 28462
(910) 755-8044
www.interimhealthcare.com
Accepts all payments.

Liberty Home Care & Hospice

420 Eastwood Road Suite 101
Wilmington NC 28403
910-251-8111
Toll free: 1-800-999-9883

Accepts all payments.

1120 Ocean Highway West Supply, NC
28462 800-800-0618
www.libertyhomecare.com

Maxim HealthCare Services

2106 South 17th Street
Wilmington, NC 28401
(910) 251 8990
www.maximhomecare.com/WilmingtonHomecare_223.aspx

Accepts Medicaid, private insurance and private pay.

NHRMC Home Care

7864 US Highway 17 South
Rocky Point, NC 28457
(910) 259-1224
www.nhrmc.org/services/home-care

Accepts all payments.

Veterans Care Coordination

1 (855) 380-4400
www.vcchc.com

VA

No Cost
Numerous locations
(910) 343-5300

Home Health Companion Agencies - Non Medical

Non-medical home care providers generally can include assistance with bathing, personal care, companionship, meal preparation, light housekeeping, medication reminders and respite.

Always Good Company Home Care

P.O. Box 10167
Wilmington, NC 28404
(910) 538-5207
www.alwaysgoodcompanyhomecare.com
Accepts Long-Term Care Insurance.

Bayada*

3205 Randall Parkway Suite 207
Wilmington, NC 28403
(910) 397-7767
www.bayada.com

BrightStar Care of Wilmington and Brunswick County

2709 Market St, Ste 201
Wilmington, NC 28403
Phone 910-599-9555
www.brightstarcare.com/wilmington-brunswick-county

Coastal Companion Care

5101 Southport Rd. SE Suite 4
Southport, NC 28461
(910) 457-5300
www.coastalcompanioncare.com

Comfort Keepers

112 Pine St #5
Shallotte, NC 28470
(910) 208-6019
www.comfortkeepers.com

Community Innovations

80 Alliance Drive
Whiteville, NC 28472
(910) 642-5697
www.communityinnovations.com

Kennedy Companion Care

100 Old Eastwood Rd., Bld A, Ste 108
Wilmington, NC
(910)769-1455

Home Instead

25 Union School Rd. NW
Shallotte, NC 28469
(910) 790-0002
www.homeinstead.com

No Place Like Home

2592 St. James Drive
Southport, NC
(910) 269-5567
garyp@noplacelikehomecaregivers.com

Right At Home

2202 Wrightsville Ave
Suite 112
Wilmington, NC 28403
(910) 765-0755
www.rightathome.net/wilmington

Senior Helpers

2311 South 17th Street
Wilmington, NC 28401
(910) 250-9280
www.seniorhelpers.com/wilmington
Accepts all payments.

We Help At Home

3972 Bus US 17 Suite J Bolivia, NC
910.253.1111
<https://www.wehelpathome.com/>

Home Care- Personal Care Services

Carolina Foot and Nail Care

Foot health, nail trimming and corn and callus removal in your home provided by Jack Strobel, RN, BS, MS, trained in critical care, foot and nail care, wound care, diabetic wound care and ostomy care.

910-209-4628

www.carolinafootandnailcare.com

Housekeeping Private Companies

Beach Maids

2531 Kirby Rd. SW

Supply, NC 28462

Phone number:

(843) 421-9036

Clean To The Cross

Residential cleaning, Move-in/Move-out cleaning, Specialty Cleaning

910-553-0469

Coastal Maid Cleaning Services

Located in Sunset Beach Area

Phone number:

910-505-9101

Cell phone:

(910) 448-2661

<http://coastalmaidcleaning.com>

Complete Cleaning Services

3345 Stone Chimney Rd. SW

Supply, NC 28462

(910) 842-4528

www.cleaningbrunswick.com

Glory Girls Cleaning Service

Shalotte Area

(843) 246-4812

Merry Maids

1302 S 39th St.

Wilmington, NC 28403

(910) 317 0365

www.merrymaids.com/wilmington/

Molly Maid of Wilmington

4302 Holly Tree Rd.

Wilmington, NC 28412

(910) 338-4661

www.mollymaid.com/wilmington/

The Maids of Wilmington

108 N Kerr Ave Suite K1B

Wilmington, NC 28405

(910) 859-8449

www.maids.com

Yes! Maids

Located in Ash

(970) 387-8287

Home Repairs/Modifications Programs & Providers

101 Mobility

Providing accessibility solutions for older adults. Stairlifts, wheelchair lifts, metal ramps, home elevators, etc. Offers free consultation, buy back options & rentals.
5221 Oleander Dr, Wilmington, NC
(910) 469-4815
<https://101mobility.com/wilmington/products/ramps-handrails/>

ACE Handyman Services

Multi-Skilled Craftsman offering home repair, modification and maintenance.
4924 Main St., Shallotte, NC
910-636-6080
acehandymanservices.com

Brunswick Baptist Association

Assists with ramp construction for those who qualify. Eligibility is based on age, income and physical limitations.
1041 Old Ocean Highway, Bolivia, NC
(910) 754-7979
www.brunsbaptist.org

Catholic Charities

Storm damage repair, etc. Income requirements must be met for this program.
Harrelson Center
20 N. 4th Street Ste 300, Wilmington, NC
(910) 251-8130
www.catholiccharitiesraleigh.org/wilmington

Christian Recovery Centers, Inc

Pressure washing & lawn maintenance to seniors meeting income requirements
1994 Ash Little River Rd NW, Ash, NC
910-287-4357

Lifepoint Church

1725 Reed Rd NE
Leland, NC 28451
(910) 794-3100
www.lifepointnow.com/benevolence

NC DHHS-Independent Living Program

Bathroom modifications, ramps, auto lifts, walk-in showers, etc. Eligibility requirements must be met.
(910) 746-6800
<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

Weatherization Assistance Program

The U.S. Department of Energy Weatherization Assistance Program reduces energy costs for low-income households by increasing the energy efficiency of their home. Families with incomes below 200 percent of the federal poverty guidelines or those receiving cash assistance payments under Work First or Supplemental Security Income are eligible for weatherization services.

<https://actionpathways.ngo/our-programs/weatherization/>

Apply online at this link: [WAP Application](#)

Wilmington Area Rebuilding Ministry-W.A.R.M.

non-profit organization that makes urgent, safety-related home repairs for low-income homeowners.
909 Market St, Wilmington NC
(910) 399-7563
www.warmnc.org

Homeless Resources

Resources

Brunswick Homeless Coalition

BCHC PO Box 7411
Ocean Isle Beach, NC 28469
1 (888)-519 5362
www.brunswickhomeless.com

Brunswick County StreetReach, Inc

Streetreach 24 hr. message center
(910) 842-2711
www.bcstreetreach.org

Brunswick Partnership for Housing
a transitional housing agency providing eligible families with a safe in which to live for 9-18 months.

910-946-1501
4891 Long Beach Rd. SE
Suite 3 #311
Southport, NC 28461
<https://www.brunswickpartnership.org>

Homeless Crisis Line

not on weekends
(910) 444-4998 (9am-3pm)

Emergency Warming Shelter

Christian Recovery Center Inc.-Warming Shelter

520 Mulberry St., Shallotte, NC
910-287-4357

The shelter is open when the temp. drops below 30 degrees for two consecutive nights. The shelter opens at 5pm. Local transportation provided. No guns, tobacco, illicit substances & must be independently mobile.

The Warming Shelter

1403 Market Street at Trinity United Methodist
(Enter on 14th Street side)

The shelter is open when the temp. drops below 30 degrees for two consecutive nights. The shelter opens at 6pm. Dinner is served at 6:30pm. Breakfast is served at 7am.

Day Shelter

First Fruit Ministries

Social Service Organization
2750 Vance St, Wilmington, NC
(910) 794 9656 x110

open twice a week w/ free showers, laundromat, barber, primary medical care, meals, clothing, supplies & full housing navigation services for those who are homeless or victims of trafficking. Through a partnership with MedNorth, provides wound care, diabetic testing and services, prescription medication assistance, HIV/Hepatitis C testing, hypertension monitoring, and other primary care services to patients who are itinerant and incredibly vulnerable.

<https://firstfruitministries.org>

The Good Shepherd

811 Martin St. Wilmington, NC
(910) 763 4424 x100

<http://www.goodshepherdwilmington.org>

The Day Shelter is open Monday – Friday 8 AM – 4 PM to homeless neighbors interested in any or all of these services: TV Room, Showers and toiletries, Clothing closet, Help getting a new I.D, Computer and internet access, Resource referral, Laundry service, Lunch 11 AM – Noon, Medical clinic (prescriptions, first aid), Mailing address and phone messages, Cell phone charging station, Help transitioning back to housing.

Shelters

Cape Fear Rescue Mission (for men)

A recovery work program providing food and shelter for unhoused men

502 Castle Street Wilmington, NC
(910) 343-0366

www.rescuemissioncapefear.org

Good Shepherd Homeless

Shelter(individuals & families)

118 bed shelter 30 Days are Free – \$3 per night thereafter Registration: Monday – Friday (Not on a holiday) between 8am - 3:30pm

811 Martin St. Wilmington, NC
(910) 763 4424 x100

<http://www.goodshepherdwilmington.org>

New Directions for

Families/ Myrtle Beach StreetReach

Work recovery program providing shelter and case management services for men, women and families.

(843) 945-4902

<https://www.helpnewdirections.org>

North Strand Housing

Shelter (Longs, SC)

(843) 756-9488

20 beds/Co-Ed

<http://www.northstrandhousingshelter.org>

Open House Emergency Youth Shelter

(910) 392-7408 or 800-672-2903

https://www.coastalhorizons.org/services/crisis_intervention/

Salvation Army of Cape Fear

Currently closed for relocation

820 N. 2nd Street.

Wilmington, NC 28401

(910) 762-7354

52 beds

<https://www.salvationarmycarolinas.org/capefear/>

Recovery Housing For Men

Beach House Recovery

(910) 712-2241

<https://beachhourecovery.net/>

Brunswick Christian Recovery Center

1994 Ash Little River Rd NW

Ash, NC 28420

(910) 287-4357

<https://bcrcrecovery.org/>

Cape Fear Rescue Mission (for men)

A recovery work program providing food and shelter for unhoused men

502 Castle Street Wilmington, NC

(910) 343-0366

www.rescuemissioncapefear.org

Hope House

Office: 10 Henry St.

Wilmington, NC 28405

(910) 264-1212

www.hopehousewilmington.com

Launch Pad

5001 Wrightsville Ave. Wilmington, NC
28403

910-632-2344

www.newlifelaunchpad.com

Oxford House Brentonshire

105 Brentonshire Rd

Wilmington, NC 28405

Contact: Clint (910) 782-7223

Oxford House Cape Fear

602 Everbreeze Lane

Wilmington, NC 28411

(331) 725-1709

www.oxfordhousenc.org

Oxford House Covil House

355 Lullwater Drive

Wilmington, NC 28403

(910) 370-6757

Oxford House Greenwich

226 Greenwich Lane

Wilmington, NC 28409

(704) 315-4150

Oxford House Oleander Drive

5802 Verbenia Drive

Wilmington, NC 28409

(910) 528-5830

Oxford House Smith Creek

1131 N. Kerr Avenue

Wilmington, NC 28405

(252) 231-6261

Oxford House Woodduck

5584 Woodduck Circle

Wilmington, NC 28409

(803) 682-7236

Stepping Stone Manor

416 Walnut Street

Wilmington, NC 28401

(910) 762-1743

www.porthhealth.org

Brunswick County Anchor Initiative

Provides low cost care, recovery, and treatment for any addict that seeks help from any member of the Brunswick County Sheriff's Office.

910-363-7880

<http://www.sheriffscharity.com/anchor/>

Recovery Housing For Women

Hope House

Office: 10 Henry St.
Wilmington, NC 28405
(910) 264-1212
www.hopehousewilmington.com

Kelly House

*for pregnant women in recovery or infants
up to 6 mos. old*
2206A Wrightsville Ave.
Wilmington, NC 28403
(910) 763-6499

Launch Pad

5001 Wrightsville Ave.
Wilmington, NC 28403
910-632-2344
www.newhopelaunchpad.org

Oxford House College Road

110 Lansdowne Rd
Wilmington, NC 28409
(864) 417-9137

Oxford House Dotson

1205 Dotson Court
Wilmington, NC 28409
(910) 459-8457
www.oxfordhousesenc.org

Oxford House Hunting Ridge

618 Hunting Ridge Rd.
Wilmington, NC 28412
(910) 530-0035

Peachtree Recovery Home

4403 Peachtree Ave.
Wilmington, NC 28403
(910) 228-7150

The Rose House

(910) 287-4357
<https://bcrcrecovery.org/>

**Brunswick County

Anchor Initiative**

910-363-7880
<https://www.brunswicksheriff.com/community-programs/anchor-initiative>

Domestic Violence Housing

Domestic Violence Shelter and Services, Inc.

2901 Market St. Wilmington, NC 28401
(910) 343-0703
www.domesticviolence-wilm.org

Good Shepherd Center

*Shelter, Soup Kitchen (open to the public), 30 Days are Free – \$3 per night thereafter
Registration: Monday – Friday (Not on a holiday) between 8am - 3:30pm,
Male, Female, Families*
811 Martin Street, Wilmington
910-763-4424 x100
www.goodshepherdwilmington.org

Hope Harbor Home Crisis Line

PO Box 230, Supply, NC 28462
(910) 754-5856
www.hopeharborhome.org

Salvation Army

Shelter, Soup Kitchen (for guests of shelter), 2 weeks are free – approx. \$55 per week thereafter. Please call the Salvation Army to inquire about their registration process. Male, Female, and Families

820 N. Second Street, Wilmington

(910) 762-2070

www.salvationarmycarolinas.org/capefear/home/

Wilmington Interfaith Hospitality Network/ Family Promise of Lower Cape Fear

Providing temporary housing for families and victims of domestic violence.

The Harrelson Center at 20 N. 4th Street, Suite 440, Wilmington

(910) 769-4730

www.familypromiselcf.org

Shelter Services/Soup Kitchens

Brunswick County Streetreach

(910) 842-2711

<http://www.bcstreetreach.org/>

Partnerships with community churches offering food, shelter, supplies, resources, etc.

Dignity Ministry- Little River UMC

1629 Highway 17 N., Little River, SC 29566

(843) 249-2329

www.lrumc.net

Offers showers, hot lunch, and a bag lunch to go.

Prison Ministry/Homeless Outreach Building Hope Ministries

1009 Hewett Rd SW , Supply, NC 28462

(910) 842-2711

(in-prison team, street team, Angel Tree kids program, newly released, human trafficking task force)

Shepherd's Table free dinner – Little River UMC

1629 Highway 17 N., Little River, SC 29566

Every Friday 5-7pm in the Fellowship Hall (843) 249-2329

www.lrumc.net

Soup Kitchen Camp UMC

4807 Main St., Shallotte, NC 28470

910-754-4840

4:30p-6:30p

St. Philips Episcopal Church

205 E. Moore St., Southport, NC 28461

910-457-5643

www.stphilipchurch.org/staff

Free lunch every Monday from 11:30 to 1:00pm. All are welcome. Singles, seniors, homeless, parents who just need a break.

The Good Shepherd Soup Kitchen and Grocery Giveaway

811 Martin Street, Wilmington, NC

910-763-4424 ext 100

Breakfast 7-8 AM; Lunch 11 AM-Noon; Open to the public Monday – Friday

To-go plates available. Masks required.

Food Box Distributions Noon-1 PM (Wednesdays only)

Hospice

Hospice offers both Palliative Care and Hospice Care. **Palliative Care**, also known as palliative medicine, is specialized medical care focused on the symptoms and stress of a serious illness. Staff assist in navigating complex healthcare situations, coordinating with your doctors to support your current treatment plan, and helping you manage pain and symptoms to improve quality of life for you and your loved ones. Patients can receive palliative care in their homes, assisted living facilities, hospitals, and skilled nursing facilities. Palliative care nurse practitioners visit patients as needed to assess care needs and provide pain and symptom management. **Hospice Care** begins when the current prognosis indicates a life expectancy of six months or less, or treatment is no longer available or desired.

HOSPICE AGENCIES

Amedisys Hospice Care

1729 Southport Supply Road Unit A
Bolivia, NC 28422
(855) 809-0997
www.amedisys.com

Community Home Care & Hospice

Brunswick County
497 Olde Waterford Way Suite 208
Belville, NC 28451
(910) 371-6427

Columbia County
333 Jefferson St.
Whiteville, NC 28472
(910) 642-5009

Liberty Home Care & Hospice

Brunswick County
1120 Ocean Hwy W
Supply, NC 28462
(910) 754-8134

New Hanover County
420 Eastwood Rd, Suite 101
Wilmington, NC 28403
(910) 251-8111

Lower Cape Fear LifeCare

TO MAKE A REFERRAL CALL: [800.207.6908](tel:800.207.6908).

New Hanover County
1406 Physicians Drive
Wilmington, NC 28401
(910) 796-7900

OFFERS: Palliative Care, Hospice Care, Respite Care, Memory Partners and 3 Hospice Care Centers.

Memory Partners Program: offers care and support for patients diagnosed with dementia, and for their caregivers through counseling, support groups, respite care, home care and consistent contact from program staff.

Housing Assistance/Affordable Housing/Housing Resources

Affordable Housing Options

Affordable Housing refers to rental properties in which rent is based on income. Such properties receive funding through the Low Income Housing Tax Credit (LIHTC) and therefore must offer a certain number of units for lower income households. Households must earn either less than 50% or 60% of the area median income to qualify for these units. Rents in these units are capped at a maximum of 30% of the set-aside area median income.

Affordable Housing for 55 Plus

Calabash Meadows

60 unit senior housing complex
due for completion in 2023 in Calabash
Call Brunswick Senior Resources to
inquire 910-754-2300

Shalotte Villas

Accepts Section-8.
4580 White St., Shallotte, NC
910-754-6437

Sunset Creek Commons Senior Apts

1401 Sunset Creek Way SW, Ocean
Isle, NC
910-579-6555

Westgate Apartments

9200 Ocean Gate Plaza, Leland, NC
910-782-1124

Affordable Housing Community for 62 Plus

Brunswick Village

249 E. 11th Street
Southport, NC 28461
(910) 457-449

Windtree Apartments

1229 N. Caswell Ave. #201
Southport, NC 28461
(910) 457-6051

[Norcomanagement](#)

Affordable Housing Family & Individual

Abbington Oaks

4744 Abbington Oaks Way,
Southport, NC 28461
(910) 477-6305

[Abbington Oaks of Southport](#)

Cardinal Pointe at the Highlands

37 Paisley Dr. SW,
Shallotte, NC 27470
(910) 294-5702

www.cardinalpointeapartments.com

Egret Pointe

1005 Egret Nest Circle
Winnabow, NC 28479
(910) 501-2743;(910) 371-9400

www.egretpointapts.com

Fiddlers Creek 1 Apartments

1211 N Caswell Ave,
Southport, NC 28461
(910) 457-4575

[Norcomanagement](#)

Park View Apartments

80 Parkview PI NW
Shallotte, NC 28470
(910) 477-4649

River Pointe

4620 White Street,
Shallotte, NC 28470
910-754-5549

Shallotte Manor Apartments

408 Whiteville Road NW
Shallotte, NC 28470
(910) 754-9202

Southport Green Apartments

8000 Pickerrell Drive,
Southport, NC 28451
(910) 457-5200

Other Housing Options

Holiday Motel

2119 James B White Hwy N, Whiteville, NC
(910) 642-5162

\$705 plus tax (monthly rate) for 1 person

2 bedroom \$850 plus tax (monthly rate)

2 bedroom & stove \$1150 plus tax (monthly rate)

Yattie's Place

Independent Living Homes. Full meal served daily. All utilities included. WIFI. Transp. provided for Doctor appts & shopping. Housekeeping service. On 800 acres of land.

\$600/month for shared rooms.

7932 Peacock Rd, Chadburn, NC

910-654-6637

VIVO Living Apartments

Studio apartments within walking distance of shopping and dining. \$750 - \$775 monthly.

4903 Market St, Wilmington, NC 28405

910-782-4850

<https://www.vivolvingwilmington.com/floor-plans>

Housing Resources

Brunswick County Public Housing Agency

60 Government Center Drive NE,
Building B, Bolivia NC 28422
(910) 253-2222

<http://www.brunswickcountync.gov/public-housing/>

Administers Section 8 Housing Choice Voucher (HCV) to offer low-income families housing units. The family must meet HUD requirements.

Brunswick County Tax Department

Property Tax Relief Information (65+ may receive a property tax discount)

<http://www.brunswickcountync.gov/tax-office/elderly-exclusion/>

Brunswick Housing Opportunities

3470 Old Ocean Hwy, Bolivia, NC
(910) 253-0699

Brunswick Partnership for Housing

Providing transitional housing for Brunswick county families in need.

<https://www.brunswickpartnership.org/>

Brunswick Housing Opportunities

3470 Old Ocean Hwy, Bolivia, NC
(910) 253-0699

Countywide CDC

404 Old Mill Rd NE, Navassa
910-383-1787
Homebuyer education

Endeavors

269 Westlake Rd.
Fayetteville, NC 28314
910-672-6166
Assists veterans with rapid rehousing.

Habitat for Humanity

1323 Stone Chimney Rd.
Supply, NC 28462
(910) 454-0007
Builds & rehabilitates homes for those who qualify.

ReBuild NC - NCORR

833-275-7262
<https://www.rebuild.nc.gov>
Offers rent and utility assistance for those impacted by Covid through the Hope Program.

H.U.D. U.S. Department of Housing and Urban Development

800-569-4287
<https://www.hud.gov>

Reverse Mortgages

Action Pathways, Inc

(910) 485-6131

www.actionpathways.ngo

Consumer Education Services, Inc.

(866) 484-5373

<https://www.cesisolutions.org>

Foothills Credit Counseling, Inc.

(828) 286-7062

http://www.cccsofcof.org/services_counseling.html

Johnston-Lee Harnett Community Action, Inc.

(919) 934-2145



<https://www.jlhcommunityaction.org>

Navicore Solutions – Raleigh
(800) 992-4557
www.navicoresolutions.org

Resources for Seniors
(919) 872-7933
www.resourcesforseniors.org

**Sandhills Community Action
Program, Inc.**

(910) 947-5675
<https://www.sandhillscap.org>

Telamon Corp.
(919) 851-7611
www.telamon.org

**H.U.D. U.S. Department of Housing
and Urban Development**
800-569-4287
https://www.hud.gov/i_want_to/talk_to_a_housing_counselor
Counseling on reverse mortgages.

In-Home Aide & Home Health Services

In-Home Assistance Programs

Brunswick Senior Resources- In-Home Aide Program

In-Home Aide services help individuals who have functional, physical or mental impairments accomplish their daily activities such as bathing, dressing, toileting, cooking, cleaning, laundry.

Contact a case manager at your local BSRI Senior Center

Medicaid: Those who qualify for Medicaid may qualify for personal care services PCS, but only as prescribed by your doctor. To qualify for personal care services, you must show that you need assistance with your activities of daily living such as bathing, dressing, eating and mobility. Your doctor may need to complete a DMA-3051 FORM to facilitate eligibility. For more information visit [North Carolina Medicaid Personal Care Services Program: Benefits & Eligibility](#) or contact a case manager at your local BSRI Senior Center.

North Carolina Dept. of Health and Human Services- CAP Program

Home Health Programs for 65+, blind, disabled who **require a nursing facility level of care** and who are at risk of institutionalization within 30 days.

Contact: Brunswick New Hanover Regional Medical Center (910) 667-7000
[Community Alternatives Program for Disabled Adults \(CAP/DA\) | NC Medicaid](#)

Community Alternatives Program for Disabled Adults (CAP/DA)

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation.

Community Alternatives Program/Choice (CAP/Choice).

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation. An agency arrange

PACE Program-Program of All-inclusive Care for the Elderly

State/Federal program that provides comprehensive health care and services that allow individuals 55+ who **qualify for nursing level of care** to remain with their family and as opposed to a nursing home or other care facility.

Eligibility: There are only four criteria to be eligible for PACE: age 55 or older, reside in an area served by PACE, **be certified as eligible for nursing home level care** in NC and be able to live safely in a community setting at the time of enrollment. THIS IS AN ENTITLEMENT PROGRAM and is therefore based on income requirements.

Contact: Elderhaus 910-343-8209 [PACE Program - ElderhausElderhaus](#)

Job Training/Job Placement

EDSI (Educational Data Systems, Inc.) Workforce Services

5300-7 Main Street, Shallotte, NC 28470

(910) 754-6120

<http://www.edsisolutions.com>

Administers the WIOA Adult and Dislocated Workers program in Brunswick County under Contract with the Cape Fear Council of Governments. Employment and Training Opportunities.

NC Department of Commerce, Division of Employment Security

PO Box 25903, Raleigh, NC 27611

888-737-0259

www.des.nc.gov

File an unemployment claim, inquiry into the status of the claim, resolve Issues associated with a filed claim.

NC Department of Commerce, Division of Workforce Solutions/ NCWorks Brunswick County Career Center

5300-7 Main Street, Shallotte NC 28470

(910) 754-6120

Marcell Hatten- NCWorks One-Stop Manager Brunswick County

www.ncworks.gov

Provides employment assistance, labor market information, TAA.

NC DHHS-Independent Living Program

Phone: (910) 746-6800

<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

Provides Counseling, training, education, transportation, job placement, assistive technology and other support services. These services are provided to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.

United Way Senior AIDES Program

5919 Oleander Drive, Suite 115 Wilmington, NC 28403

(910) 798-3900

Offers job counseling and training for qualified people age 55+. Applicants must meet certain income-level requirements.

Legal Services

Consultation and Legal Assistance for Seniors

LawHelpNC.org

www.lawhelpnc.org

Legal Aid of NC

272 N. Front Street, #220

PO Box 814

Wilmington, NC 28402-0184

(910) 763-6207

<https://www.legalaidnc.org>

Legal aid offers telephone assistance, project screening, assistance, and referral for major areas of help including benefits, housing, civil rights, and domestic violence.

North Carolina Advocates for Justice

701 Corporate Center Dr, Suite 450

Raleigh, NC 27607

919-832-1413

<https://www.ncaj.com/>

The organization offers an online database that matches the user with a local attorney who will provide a free consultation.

North Carolina Elder Law Legal Aid & Pro Bono Services

<https://www.justia.com/lawyers/elder-law/north-carolina/legal-aid-and-pro-bono-services?locale=state>

North Carolina's Statewide Senior Legal Hotline

1 (877) 579-7562 (60+)

www.legalaidnc.org

Housing law, consumer law, employment law, public benefits, civil law

apply online at same link

Find additional resources and events through our local Area Agency on Aging.

<https://capefearcog.org/area-agency-on-aging/>

Long Term Care/Nursing Facilities

*Questions about how to pay for Long Term Care? Call Brunswick Senior Resources at 910-754-2300

For a complete list of Long Term Care Facilities in North Carolina visit the North Carolina Dept of Health and Human Services website at this link [Long Term Care](#).

LIVING FACILITIES DEFINED

Assisted Living Facilities ALFs and **Skilled Nursing Facilities SNFs** are two different facilities with different rules and different programs. If you suspect that a long-term care facility is needed for your loved one, the first step is to have a conversation with the individual's primary care physician. The physician will recommend whether or not your loved one needs a Nursing Home or an Adult Care Home (a.k.a. Assisted Living). Once the determination of level of care is made, the physician will complete a document called an FL2. This is a one-page medical form that lists the physician's recommended level of care as well as medical diagnoses, care needs, and medications.

Assisted Living Facilities ALFs: A facility for frail individuals who need assistance with a number of what we call activities of daily living (ADLs). Think assistance with bathing and toileting, mobility, personal hygiene, feeding. Not all ALFs offer "Memory Care Units" for those with forms of dementia. Monthly costs average \$4,000 for standard care and \$6,000 for memory care.

Skilled Nursing Facility SNFs: (What some call a "nursing home") is a place for folks who are (usually) nonambulatory and with some chronic medical condition that requires skilled care on a daily basis. Think of it as a "step down" from a hospital meant for longer term stays. Monthly costs average \$10,000.

HOW TO PAY FOR IT

Medicare, Medicaid and Special Assistance

1. Medicare: health insurance for 65+. **TO APPLY:** Contact a SHIP counselor at your local BSRI Senior Center or the Social Security Administration at 800-772-1213

SNFs:

Medicare Part A (Hospital Insurance) covers skilled nursing care in certain conditions for a limited time (on a short-term basis) if these conditions are met:

1. You have Part A and have days left in your benefit period to use.
2. Your doctor has decided that you need daily skilled care. It must be given by, or under the supervision of, skilled nursing or therapy staff.
3. You get these skilled services in a SNF that's certified by Medicare.
4. You need these skilled services for a medical condition that's either a hospital-related medical condition treated during your qualifying 3-day inpatient hospital stay, even if it wasn't the reason you were admitted to the hospital or a condition that started while you were getting care in the SNF for a hospital-related medical condition.

You pay:

Days 1–20: \$0 for each benefit period .

Days 21–100: \$185.50 coinsurance per day of each benefit period.

Days 101 and beyond: All costs.

Medicare (cont'd):

ALFs:

Medicare typically only covers a short-term stay in a skilled nursing or rehabilitation community while an older adult is recovering from an illness or injury. It can also cover in-home rehab care performed by a home health nurse or therapist.

It does not cover non-medical care services such as:

- Assisted living
- Long-term care in a nursing care community
- Residential care homes
- Non-medical home care
- Generally speaking, Medicaid does not cover room and board fees in assisted living facilities. However, if you have little income and few assets, you may qualify for a program that helps pay for assisted living facilities.

2. Medicaid: Health coverage for people with low income and few assets besides their home. Medicaid is funded partly by the government and partly by the states. That's why qualifications for an individual to receive this type of coverage varies. **Medicaid does not generally cover the cost of ALFs.**

SNFs: Medicaid generally covers the cost of SNFs.

ALFs: Medicaid programs will cover some costs of services received by residents in an assisted living facility.

Medicaid does pay for these assisted living services:

- Nursing care
- Case management
- Medication management
- Assessments
- Medical exams

3. Special Assistance: Individuals with low income are potentially eligible if they are age 65 or older, or if they are disabled according to Social Security disability standards. Your monthly income must be lower than about \$1,300 a month. That's GROSS income. Count Social Security BEFORE deductions for Medicare or other insurance. Count all other income from any source except VA benefits. For memory related disability income cap is around \$1,600 a month. To Apply: call Brunswick County Department of Social Services 910-253-2077.

Assisted Living/Skilled Nursing Facilities-Brunswick County

Arbor Landing at Ocean Isle

Private pay, Medicaid not accepted
5490 Arbor Branch Drive, Shallotte, NC
28470
(910) 754-8080

[Welcome to Arbor Landing at Ocean Isle](#)

Assisted Living, Independent Living, Memory Care, Rehabilitation, Respite

Autumn Care Of Shallotte

237 Mulberry Street, Shallotte, NC
28459
910-754-8858

[Saber Healthcare Group: Long Term Senior Care & Nursing Home](#)

Assisted Living, Rehabilitation, Skilled Nursing

Brunswick Cove Living Center

Medicaid accepted
1478 River Rd SE, Winnabow, NC
28478
910-371-9894

[Brunswick Cove: Nursing Home, Assisted Living & Rehabilitation Center](#)

Assisted Living, Rehabilitation, Skilled Nursing

Brunswick Health and Rehab Center

9600 No. 5 School Road, Ash, NC
28420
Tel 910-287-6007

[Saber Healthcare Group: Long Term Senior Care & Nursing Home](#)

Rehabilitation, Skilled Nursing

Coastal Pointe

5220 Ocean Hwy W, Shallotte, NC
28470
910-713-1717

[Now Open! Coastal Pointe | 5-Star Assisted Living in North Carolina](#)

Assisted Living, Memory Care

Terra Bella

Private Pay, Medicaid not accepted
1125 E Leonard St., Southport, NC
28461
(910) 777-7981

[Assisted Living & Memory Care in Southport NC | Elmcroft](#)

Assisted Living, Independent Living, Memory Care, Respite, Skilled Nursing

Leland House

1935 Lincoln Rd. NE, Leland NC 28451
(910) 383-6235
<https://lelandseniors.com/>
Assisted Living, Memory Care

Southport Healthcare & Rehabilitation Center

630 N. Fodale Avenue, Southport, NC
28461
910-457-9581

<https://libertyhealthcareandrehab.com/>
Rehabilitation, Skilled Nursing

Universal Healthcare

Medicaid accepted
1070 Old Ocean Highway, Bolivia, NC
28422
910-755-5955
Rehabilitation, Skilled Nursing

The Landings Of Oak Island

2910 Pine Plantation Pkwy, Bolivia, NC
910-406-8400

<https://oakislandseniors.com>

Assisted Living, Respite, Memory Care

Assisted Living Facilities-Neighboring Counties

Bradley Creek Health Center

740 Diamond Shoals Rd.
Wilmington, NC 28403
(910) 769-7550

Champions Assisted Living

1007 Porters Neck Rd.
Wilmington NC 28411
(910) 686-7195

Brightmore of Wilmington

2320 41st Street
Wilmington, NC 28403
(910) 350-1980

Coastal Cove of Wilmington

1120 Beasley Road
Wilmington, NC 28409
(910) 660-0944

Brookdale Wilmington

3501 Converse Dr
Wilmington NC 28403
(910) 208-6194

Morningside of Wilmington

S. 17th Street
Wilmington, NC 28403
(910) 452-1114

Cedar Cove Assisted Living

4200 Jasmine Cove Way
Wilmington NC 28412
(910) 397-7812

Spring Arbor

809 John D. Barry Drive
Wilmington, NC 28412
(910) 799-4999

Skilled Nursing Facilities-Surrounding Counties

Accordius Health of Wilmington

820 Wellington Ave,
Wilmington NC 28401
(910) 343-0425

Azalea Health and Rehab

3800 Independence
Boulevard
Wilmington NC 28412
(910) 392-3110
<https://www.saberhealth.com>

Brian Center Health and Rehab

647 SE. Railroad Street
Wallace NC 28466
(910) 285-9700
<https://www.savaseniorcare.com>

Bradley Creek Health Center

740 Diamond Shoals Rd.,
Wilmington, NC 28403
(910) 769-7550
<https://www.carolinabayatautumnhall.com>

Liberty Commons

1402 Pickney Street,
Whiteville NC 28472
(910) 642-7139
AND
121 Racine Drive,
Wilmington, NC 28403
(910) 452-4070
<https://libertyhealthcareandrehab.com>

Northchase Nursing and Rehab

3015 Enterprise Drive,
Wilmington, NC 28401
(910) 791-3451
www.northchasecare.com

Peak Resources

2305 Silver Stream Lane
Wilmington NC 28401
(910) 362-3621
www.peakresourcesinc.com

Pender Memorial

507 Fremont Street
Burgaw, NC 28425
(910) 300-4000
<https://www.nhrmc.org>

The Davis Community at Cambridge Village

83 Cavalier Drive
Wilmington, NC 28405
(910) 686-7195
2nd location
1011 Porters Neck Rd
Wilmington NC 28411
<https://www.thedaviscommunity.org>

The Laurels of Pender

311 S. Campbell Street,
Burgaw, NC 28425
(910) 259-6007
www.laurelsofpender.com

Trinity Grove

(910) 442-3000
631 Junction Creek Drive,
Wilmington, NC 28412
<http://trinitygrove.net>

Medicare/Medicaid

Medicare: www.medicare.gov

Medicaid: <https://www.brunswickcountync.gov/>

To Apply For Medicaid

Contact:

Brunswick County Dept of Social Services OR Apply online: <https://epass.nc.gov/>

60 Government Center Drive

Building B, Bolivia, NC

Phone: 910-253-2077

Who is eligible for the North Carolina Medicaid Program? You can check your eligibility at ePass.gov. Click on the following link <https://epass.nc.gov/>

Be a resident of the state of North Carolina, a U.S. national, citizen, permanent resident, or legal alien, in need of health care/insurance assistance, whose financial situation would be characterized as low income or very low income. You must also be one of the following:

- Pregnant, or
- Be responsible for a child 18 years of age or younger, or
- Blind, or have a disability or a family member in your household with a disability, or
- Be 65 years of age or older.

To be eligible, you must have an annual household income (before taxes) that is below the following amounts:

Household Size*	Maximum Income Level (Per Year) for 2024
1	\$20,120
2	\$27,214
3	\$34,307
4	\$41,400
5	\$43,493
6	\$55,586

To Get Assistance in Choosing a Medicare Plan or Apply for Medicaid Medicare Saving Program

Contact:

Seniors Health Insurance Information Program (SHIIP)

1 855-408-1212

1 919-807-6900

<https://www.ncdoi.gov/>

or **Contact your local BSRI Senior Center**

Medication Assistance Program/Medication Packaging Services

Medication Access Program

Brunswick Senior Resources, Inc.

Contact: Marilou Smith-Medication Access Specialist 910-754-6559

Extra Help

The Medicare Part D Low Income Subsidy, sometimes referred to as LIS or Extra Help, assists people with limited incomes in paying for prescriptions. Extra Help pays for a Medicare beneficiary's plan premium (up to a certain benchmark, amount) and at the pharmacy, people pay no more than \$10 for their medications. There are two levels of Extra Help: Full and Partial. (Partial Extra Help will end in 2024, and all persons eligible for that level will receive the full subsidy.) Income eligibility is the same throughout the country, with slightly higher levels for Alaska and Hawaii. People who receive Medicaid, a Medicare Savings Program, or Supplemental Security Income (SSI) will be automatically enrolled into Extra Help.

2024 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA

Persons in family/household	Poverty guideline	
1	\$14,580 year	\$1,215 month
2	\$19,720	\$1,643
3	\$24,860	\$2,072
4	\$30,000	\$2,500
5	\$35,140	\$2,928
6	\$40,280	\$3,357
7	\$45,420	\$3,785
8	\$50,560	\$4,213

For families/households with more than 8 persons, add \$5,140 for each additional person.

MedAssist

provides free prescription medications to North Carolina residents who are uninsured and fall at or below 300% of the Federal Poverty Level. This statewide program is the answer for those who do not have the means to obtain life-saving medications to treat chronic diseases such as, heart disease, diabetes, and asthma. Applicants must live in North Carolina, be uninsured with no access to Medicaid, Medicare, VA insurance or private insurance.-Income at or below 300% of the Federal Poverty Level.call us at 866-331-1348 to request an application.

Pill Packaging Services- See following page

Medication Packaging-Pill Packs

If you have been prescribed a number of medications that you need to take at different times of the day, it can be difficult to keep track of what medication you need to take and when. Multi-dose packaging bundles your medications together by date and time. Medications to be taken in the morning will be packaged together in one pack, evening medications will be packaged separately and time stamped to take in the evening.

AccuPac

Offers prepackaged medication system. Transfers your prescriptions and call your doctor for any refills you need. Ships free to your home monthly. Only pay your copays.

Amazon-PillPack

Free service, you only pay your copays. Coordinates with your doctor and insurance to gather your prescriptions, schedules your first shipment and orders your refills, packages your medication by time of day and sends them to you. Automatic refills, free delivery, pharmacy support day or night. Accepts most insurance plans.

855-745-5725

<https://www.pillpack.com/>

Galloway Sands

1513 N Howe St #8

Southport, NC 28461

Meds sorted for you by dose and time. Pick up in-store or delivery is available. Works with your doctors to automatically manage your refills.

910-454-9090

Tabor City Medicine Mart

Allows you and your family to securely communicate with your local pharmacy. Refill your prescriptions with one click, get refill reminders, get discounts at your local pharmacy

Mental Health & Addiction /Programs/Services

Mental Health & Addiction - Important Phone Lines

Brunswick County Anchor Initiative Addiction Hotline 910-363-7880

Disaster Distress Helpline 800-985-5990

Mobile Crisis Hotline 844-709-4097

National Hopeline Network, Suicide & Crisis Hotline 1-800-442-HOPE(4673)

National Institute of Mental Health Information Resource Center 1-866-615-6464

National Suicide Hotline – DIAL 988

Mental Health Important Websites

Crisis Solutions North Carolina: www.crisissolutionsnc.org

Eastpointe Behavioral Health Care: www.eastpointe.net

Substance Abuse & Mental Health Administration: <https://www.samhsa.gov>

Suicide Prevention Resource Center: www.sprc.org

Mental Health America: www.mentalhealthamerica.net/preventing-suicide-older-adults

Mental Health First Aid Training (*COVID edition*):
www.redcross.org

Red Cross COVID help:
www.redcross.org

Counseling

Brunswick Senior Resources Counseling

Specialized mental health services designed to offer support, understanding, and healing to older adults facing mental health and substance abuse needs. Supported by ARPA funding, these services are exclusively available for individuals aged 60 and above.

910-754-2300

Susan Warren, MSW, LCSW

Offering client-centered therapy

117 Holden Beach Rd Suite 103B

910-233-6257

<https://susan-warren.clientsecure.me>

Mental Health Organizations



Carolina Dunes Behavioral Health

2050 Mercantile Dr., Leland, NC 28451
(888) 652-3122
Free Confidential Assessment
www.carolinadunesbh.com

Coastal Horizons Center

Brunswick Office Outpatient:
Highway 17 South (Behind Jones Ford)
120 Coastal Horizons Drive, Shallotte, NC 28470
(910) 754-4515 Rape Crisis: (910) 754-7949
Outpatient Services: therapy, medication management

Coastal Southeastern United Care Brunswick County

3640 Express Drive, Shallotte, NC
28459
(910) 755-5222

10 Referendum Dr. Suite F-115
Bolivia, NC 28422
910-253-5801

1201 S 16th St Suite B
Wilmington, NC 28201
910-769-4971
<https://cseuc.org/>

Lindley Habilitation

Persons with intellectual/developmental
disabilities; Medicaid in home, day
program, AFL, & private pay
1513 N. Howe St. Suite 12, 14
Southport, NC 28461
www.lindleyhabilitation.com

5040 New Centre Dr. Suite F.
Wilmington, NC 28403
(910) 793-3828

Oceanside Family Counseling & Resource Center, PLLC

790-3 Sunset Blvd N
Sunset Beach, NC 28468
(910) 575-4200

Trillium Access Point Screening Program

Provides 24/7 anonymous, online, evidence-based, self-administered behavioral health
self-screenings, educational resources, and referral info in English and Spanish.
(866) 998-2597.
<https://trilliumncaccesspoint.org/>

Trillium Health Resources

Wilmington: (910) 550-2556 Crisis: 877- 685-2415 (24/7)
<http://www.trilliumhealthresources.org/>



Provides intervention and treatment to those with mental illness, developmental disabilities and substance abuse problems.

Wilmington Behavioral Health

Mobile crisis team dispatched to your location to conduct an in-person crisis assessment and provide support and resources for mental health, substance abuse & developmental disability issues. No payment or insurance is required. No out of pocket cost.

(844) 709-4097

Open 24/7/365

Addiction Assistance and Recovery Programs

The Brunswick County Sheriff's Office Anchor Initiative Program

Individuals with addictions can contact the Sheriff's Office through referral or officer interaction requesting assistance with addiction. Individuals will be put in immediate contact with a coordinator who will coordinate medical treatment, transport to the local ER to be checked out and explore treatment options while keeping the cost low.

(910) 363-7880

Christian Recovery Center

Located in Brunswick County the Center provides the spiritual and educational tools necessary for a long-term recovery from the illness of addiction and the beginning of a successful life including training, development opportunities, and continuing education programs. Offers a program for men, known as Brunswick Christian Recovery Center (BCRC), and the Women's Program known as Rose House, both incorporate a long term recovery process that incorporates a faith based recovery theory incorporating the 12-step process.

(910) 287-4357

<https://bcrcrecovery.org/>

Nutrition Services/Meals

Food and Nutrition Programs

Brunswick County Department of Social Services Food and Nutrition Service (Food Stamps)

60 Government Center Drive

Building B

Bolivia, NC

910-253-2077

You must apply in person or online

<https://epass.nc.gov/CitizenPortal/application.do>

Brunswick Senior Resources

Congregate Meal Program

All BSRI Senior Centers and Senior Nutrition Sites offer weekday congregate meals during lunch time for those 60+ at no cost. (Donations Appreciated). Call 910-754-2300 for more information.

Meals On Wheels

Weekday hot meals delivered to homebound seniors 60+ who are homebound, unable to shop and prepare meals. An in-home assessment is required to establish eligibility and reassessments are conducted regularly. Eligibility is not based on income. Call 910-754-2300 to schedule an assessment.

St Peter Lutheran Church

Delivers meals the 2nd and 5th Saturday of each month to homebound seniors in need.

4843 Southport-Supply Road, Southport,

Open Mon-Thur 8:30AM-1:00 PM

(910) 457-5604

<https://stpeterlutheran-nc.org/contact-us>

Food Delivery Options

Mom's Meals

offer nourishing, home-delivered meals that prioritize your food and your budget. Meals will last 14 days from delivery when stored in the refrigerator. Heat-and-eat-convenience. Just \$7.99 for most meals. *Gluten-free, renal and pureed meals are \$8.99 each*

Phone: 1-877-508-6667

<https://www.momsmeals.com/contact-us/>

Gourmet to Go - Homestyle Meals to Go, Catered Affairs

Meals made to go and made FRESH TO ORDER. Available for pickup in Southport. The menu changes routinely and solves many meal planning challenges.

(910) 477-1082

<https://gourmettogosouthport.com>

Pest Control

Allied Pest Control

6584 Beach Dr.
Ocean Isle Beach, NC 28469
(910) 579-9655
www.alliedpestcontrol.org

Brunswick Pest Control Inc

265 W Boiling Spring Rd Southport, NC,
28461
(910) 457-4444
www.brunswickpestcontrol.com

Bug-N-A-Rug Exterminators

670 Wellington Ave
Wilmington NC 28401
(910) 254-9443
www.bugnarug.com
parts of BC & NH

Bugno Pest Control*

7325 Haven Way
Wilmington, NC 28411
www.bugnopestcontrol.com
(910) 367-2501

Bugs Etc.*

5751 Oleander Dr # 3,
Wilmington, NC 28403
(910) 799-0746
www.fleamaxx.com

Bug Out

6752 Gordon Rd.
Wilmington, NC 28411
877-284-6881
www.bugoutservice.com

Canady Pest Control

7290 Beach Dr SW, Suite 13 Ocean Isle
Beach, NC 28469 (910) 393-0297
www.canadypestcontrolservice.com

Cape Fear Termite & Pest Control*

116 Lea Drive
Hampstead, NC 28443
(910) 270-0808
www.capefearpestcontrol.com
*Only services Leland, Oak Island, and
Southport in Brunswick County.

Clegg's Pest Control

4075 Old Bridge Rd. SE Southport, NC
28461
(910) 457-1171
www.cleggs.com/location/southport/
also in Wilm

Coastal Exterminating

3224 N. College Rd.
#225 Wilmington, NC 28405
(910) 392-4909
<http://www.coastalexterminatinginc.com/>

Economy Exterminators

3135 Kitty Hawk Rd
Wilmington, NC 28405
(910) 790-2000
www.economyexterminators.com

Healthy Home Pest Control*

6400 Carolina Beach Rd
Wilmington NC 28412
(910) 540-1030
<https://hhpestcontrol.com/>

Home and Garden Pest Solutions

654 Cypress Circle
Shallotte NC 28470
(910) 620-1539
<https://www.homeandgardensolutions.com/>

Home Paramount Pest Control



3015 Market St.
Wilmington NC 28403
(910) 599-9846
<https://www.homeparamount.com/wilmington-pest-control/>

Home Run Exterminating

Myrtle Beach, SC
(910) 712-2475
<https://homerunexterminating.com/>

Home Spectors Pest Control

www.wilmingtonpestcontrol.com
(910) 815-6664

Kirby's Pest Control

1467 Stanbury Rd SW
Supply, NC 28462
(910) 842-6900

Manning's Pest Control

4205 Long Beach Rd SE
Southport NC 28461
(910) 457-5289
www.manningspestcontrol.com

Pestco Exterminating

Company
P.O. Box 309
Castle Hayne, NC 28429
(910) 791-5432
www.pestcoexterminating.com

Port City Pest

8209 Market St. Suite A Wilmington, NC
28411
(910) 789-1212
www.portcitypestnc.com

Strand Pest Control

599 Seaside Rd SW
Ocean Isle Beach, NC 28469
(910) 579-9707
www.strandpest.com

Tri-County Pest Control

15200 US HWY 17 N. Suite A
Hampstead, NC 28443
(910) 270-1190
www.tri-countypestcontrol.net

Pet Health

Brunswick Senior Resources, Inc. Pet Food Pantry

Donated animal food available to assist Home Delivered Meal (Meals on Wheels) participants in providing food for their pets . Contact an Aging Resources Specialist at your area senior center.

Jenny's Pet Services, LLC

910-520-0844

vtechathrt@gmail.com

Animal care: pet sitting, walk/play, vet transport, basic grooming, nail trims, anal gland expression, sanitary clips, mat removal, more.

Pet Sheltering - Brunswick County Sheriff's Office Animal Protective Services

(910) 754-8204

429 Green Swamp Rd.

Supply, NC 28462

(910) 754-8204

<https://aps.brunswicksheriff.com>

The Sergei Foundation

P.O. Box 15

Oak Island, NC 28465

www.sergeifoundation.org

Email: info@sergeifoundation.org

The Sergei Foundation helps pay for one-time emergency medical care for a pet. The pet must have been owned for at least 6 months and already be spayed/neutered. See their website for more information on eligibility and to fill out an application. Their website has a list of other sick and injured pet resources. Please do not email for assistance, it is faster to complete the application online.

Physical Therapy

Emergo Ortho

<https://emergeortho.com/wilmington-region/locations/>

Novant Health Locator

<https://novanthealthfindadoctor.com>

Carolina Rehabilitation (Brunswick Physical Therapy Associates)

4501 N. Main Street, Suite 5
Shallotte, NC 28470
(910) 755-5863

690 Sunset Boulevard North, Suite 108
Sunset Beach, NC 28468
(910) 575-2775

4330 Southport Supply Rd. Suite 201
Southport, NC 28461
(910) 457-0113

1722 N. Kerr Ave.
Wilmington, NC 28405
(910) 796-1991

20 Medical Campus Drive, Suite 204
Supply, NC 28462
(910) 755-5861

159 Crossover Rd.
Beulaville, NC 28518
(910) 298-6455

For information on Medicare Part A coverage for nursing home care see:
<https://www.medicare.gov/what-medicare-covers/what-part-a-covers/medicare-part-a-coverage-nursing-home-care>

Placement Services

A Place for Mom

(800) 769-0509

www.aplaceformom.com

All About Seniors

A senior advocacy company assisting with choosing senior living and in-home care options for your loved-ones.

919-830-6478

<https://allaboutsensorsnc.com/>

Caring.com

Caring.com is senior care resource for family caregivers seeking information & support as they care for aging parents, spouses and other loved ones. Offers assistance in understanding options in looking for a senior living community or help with in-home care, with info on financing.

<https://www.caring.com/>

Choice Connections - Placement Services

A Certified Senior Advisor® (CSA) offering local expert knowledge to help you negotiate the many options and questions you may have on senior living, in-home care and local community resources.

PO Box 967

Wilmington, NC 28402

(910) 338-3003

www.ChoiceConnectionsCF.com

Mannix & Associates – Long Term Care Management Consultancy

(919) 443-5997

Along with VA medical center consulting, they help disabled veteran seniors who need to enter long term care.

Veteran Services

910-253-2233

Speak with Tracy Walts to schedule appt

www.brunswickcountync.gov/veterans

Respite Services

Brunswick Senior Resources Respite Program

Provides respite to eligible caregivers on a short term, temporary basis. In-home assessments are conducted in order to determine eligibility and to assess for additional services. Resources, education and care management are also provided.

Contact: A case manager at your local BSRI Senior Center.

Area Agency On Aging

Project C.A.R.E. (Caregiver Alternatives To Running On Empty)

State-funded, dementia-specific support for caregivers of persons with Alzheimer's disease. The goal of Project C.A.R.E. is to increase quality, access, choice, and the use of respite care for caregivers. Caregivers in crises are provided timely individualized assessment, guidance, counseling and limited respite care.

Contact: Dana Bentley

Project C.A.R.E Family Consultant

(910) 408-6365

dbentley@capefearcog.org

<https://capefearcog.org/area-agency-on-aging/project-c-r-e/#>

Respite Vouchers

Eligible caregivers can receive vouchers to provide in-home respite care and/or respite in group settings such as Adult Day Care/Health. Funds are limited.

North Carolina Lifespan Respite Project

an application based program that reimburses eligible family caregivers caring for individuals of any age for up to \$500 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available. Applicants must be referred to the program by a local professional organization. Contact your senior center for more information.

<https://www.highcountryaging.org/node/83>

Safety Devices & Safety Programs

Medical Alerts

Alert1

1-888-799-5074
*National coverage
www.alert-1.com

American Senior Safety Agency

Medical Alert System
1-888-473-2800
www.seniorsafety.com

Bay Medical Alert

2600 Stanwell Dr. # 103 Concord, CA
94520
1-877-522-9633
www.bayalarmmedical.com

ConnectAmerica

3 Bala Plaza West, Ste. 200
Bala Cynwyd, PA 19004 1-800-815-
5809
healthcare.connectamerica.com

Guardian Alert 911

EmoryDay, LLC
PO Box 176
Glenelg, MD 21737
www.guardianalert-911.com
800) 953-5211 ext. 2
*No monthly fee

Hasten

1-800-582-3073 (toll free)
<https://www.hastensystem.com>

Life Alarm Services, Inc.

4210 Columbia Rd. Ste. 14B
Augusta, GA 30907
1-800-780-5433
*no monthly fee

Life Station

888-670-2459
www.lifestation.com

Philips Lifeline Medical Alert Service

1000 Commerce Park Drive, Suite 300
Williamsport, PA 17701 1-855-681-5351
www.lifeline.philips.com

Medical Alert Systems w/out Service Fees

Google & Apple Smart Speakers

These smart speakers can make hands free voice calls. It's a lot simpler, in fact, than some smartphone touchscreens. Devices with a smart display with a camera (the Nest Hub doesn't have one), like the Nest Hub Max or Lenovo Smart Display means you can enjoy video calls with long-distance relatives. While the Home cannot call 911 during an emergency, an individual that has fallen can call out to have the speaker call other phone numbers programmed into the phone. In the event you need help but cannot get to the phone, this can be a lifesaver.

[Apple HomePod Mini](http://Apple.com) cost start around \$100

[Google Nest Mini](http://Google.com) cost start around \$42

Knox Box Emergency Key Box for First Responders

The Knox Rapid Access System removes barriers to entry when first responders respond to an emergency call. Responders can gain rapid access into secure residential and commercial properties. Brunswick County First Responders have a universal key that is specific to each community that will open the box to give them access to a house key. Prices start at \$211

<https://www.knoxbox.com/> 800.552.5669

LogicMark Guardian Alert 911-requires a landline

Pushing the blue button connects you directly with 911. LogicMark promises no service charges or contracts with this device. The system and its battery can be tested periodically to ensure that it'll work when needed. The pendant is water-resistant and provides two-way communication. Cost is about \$299. [LogicMark](#)

Wyze Cam Smart Home Camera-requires smartphone and wifi

See inside your home using your mobile phone. Pan, tilt, and zoom: Control remotely, or monitor a room automatically by setting 4 predefined waypoints. Panning has a 360° left/right rotation range and tilting has a 93° vertical up/down range. Now with Color Night Vision. Two-way audio: Speak with anyone you care about through the Wyze app. Cost is about \$40. [Wyzecamv3](#)

Safety Programs

The Brunswick County Sheriff's Office's "Are You Okay?" Program

The "Are You Ok?" system makes daily computer generated calls to subscribers at their pre-determined time each day, seven days a week, 365 days a year. If the subscriber is okay, they simply hang up the phone after hearing the pre-recorded message. The computer assumes the subscriber is okay if they answer the telephone. If the subscriber does not answer the phone, it will alert the Sheriff's Office and someone will try to make contact with that person or key holder to check on the subscriber. If they cannot make contact, a law enforcement officer will be dispatched to their residence.

Contact: the Brunswick County Sheriff's Office I.M.P.A.C.T. Unit at (910) 253-2749.

Project Lifesaver (Free Alert System)-Brunswick County Sheriff's Office

A FREE service for Brunswick County residents who are caring for loved ones with Alzheimer's disease or other conditions that make them likely to wander away or who have difficulties communicating with rescuers. Project Lifesaver bracelets can help rescuers find a loved one who has wandered away.

Contact the I.M.P.A.C.T. Unit 910-253-2749

<https://www.brunswicksheriff.com/community-programs/project-lifesaver>

"We Care" Calling Program of Southport

a free telephone reassurance service offered by the Southport Police Department. The Southport Police Department places a daily call to each person enrolled at a specified time. If no response is received, an Officer is dispatched to the residence to ensure the person's safety. for info call 910-457-7911

Phones

Raz Phone

The one-touch dial picture phone is relentless in its focus on simplicity. It consists of one primary screen, and one screen only. The screen includes 3 elements: photos and names of up to six contacts, a dedicated button to contact 911 and the time, day, month, date, remaining battery power, and signal strength. Caregivers have the option of monitoring all outgoing calls to prevent risks associated with fraud.

www.razmobility.com

Senior Games & 50+ Programs

Brunswick County Gator Senior Games, SilverArts, & Classes/Fitness

<https://bcparks.recdesk.com/Community/Page>

50+ Softball (League Play)

50+ Basketball (3-on-3 Play)

50+ Co-ed Volleyball (Open Play)

Gator and Gatoettes Cheerleading Team

Brunswick County Parks and Recreation

Khrystye Haselden

910-253-2677

Calendar of events

<https://bcparks.recdesk.com/Community/Calendar>

YMCA-Senior Games by the Sea

<https://www.ymcasenc.org/programs/senior-games-and-silverarts/>

North Carolina Senior Games

www.ncseniorgames.org

Social Security

(Contact your local Brunswick Senior Resources Senior Center for assistance through SHIP Counseling see pg. 2)

A personal “My Social Security” account gives you access to....

1. a copy of your Social Security statement. Your statement shows your estimated future benefits, which is a great way to plan for your future..
2. a copy of your SSA-1099 tax form
3. an official Benefit Verification Letter to show proof you do or do not receive benefits
4. access to change your address and phone number if you are receiving Social Security and are enrolled in Medicare.
5. access to set up or change your direct deposit if you already receive Social Sec. benefits
6. ability to instantly check the status of your application for social Sec benefits
7. request a replacement social security card
8. report your wages if you work and receive Disability Insurance and/or SSI.
9. submit your advance designation of representative payee request.

Signing up is free, easy and secure! go to www.ssa.gov

How Early Can I Apply for Social Security?

You must be at least age **62** for the entire month to be eligible to receive benefits. If you were born on the first or second day of the month, you meet this requirement in the month of your 62nd birthday. If you were born on any other day of the month, you do not meet this requirement until the following month.

You can apply up to four months before you want your retirement benefits to start. For example, if you turn 62 on December 2, you can start your benefits as early as December. If you want your benefits to start in December, you can apply in August. If you turn 62 any day after December 2, you are not age 62 for the entire month of December. You can start your benefits as early as January when you are 62 for the entire month. If you want your benefits to start in January, you can apply in September.

Social Security benefits are paid in the month following the month they are due. If you are due benefits for the month of December, you will receive your first check in January for December.

Estimate Your Benefits

Knowing what you will get every month in retirement benefits will help you plan for your retirement. If you have a “My Social Security” account, you can get an estimate of your personalized retirement benefits and see the effects of different retirement age scenarios. If you don’t have a personal “My Social Security” account, create one at www.ssa.gov/myaccount or you can use an online Retirement Estimator at www.ssa.gov/benefits/retirement/estimator.

Apply For Social Security Retirement Benefits

Wilmington Social Security Office
1528 S 16th St, Wilmington, NC
1-866-964-6227

Apply By Phone 1-800-772-1213 (TTY 1-800-325-0778)

Apply Online <https://secure.ssa.gov/iClaim/rib>

Social Security Enrolls You in Original Medicare (Part A and Part B).

(If you need help or have questions about Medicare call your Brunswick Senior Resources Senior Center for free counseling through the SHIP PROGRAM.)

Medicare Part A (hospital insurance) helps pay for inpatient care in a hospital or limited time at a skilled nursing facility (following a hospital stay). Part A also pays for some home health care and hospice care.

Medicare Part B (medical insurance) helps pay for services from doctors and other health care providers, outpatient care, home health care, durable medical equipment, and some preventive services.

Other parts of Medicare are run by private insurance companies that follow rules set by Medicare.

- **Supplemental (Medigap) policies help pay Medicare out-of-pocket copayments, coinsurance, and deductible expenses.**
- **Medicare Advantage Plan (previously known as Part C) includes all benefits and services covered under Part A and Part B — prescription drugs and additional benefits such as vision, hearing, and dental — bundled together in one plan.**
- **Medicare Part D (Medicare prescription drug coverage) helps cover the cost of prescription drugs.**

Most people age 65 or older are eligible for free Medical hospital insurance (Part A) if they have worked and paid Medicare taxes long enough. You can enroll in Medicare medical insurance (Part B) by paying a monthly premium. Some beneficiaries with higher incomes will pay a higher monthly Part B premium.

Social Security Disability Insurance

The Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) programs provide assistance to people with disabilities.

To apply for Social Security: 1-800-772-1213 (TTY 1-800-325-0778)

To apply Online: <https://secure.ssa.gov/iClaim/dib>

Social Security - Fraud and Security

- Get a free credit report at annualcreditreport.com or 1-877-322-8228
- For prevention tips and free resources visit FTC.gov/idtheft
- To report tax issues and identity theft visit irs.gov/identity-theft-central or call 1-800-908-440

Support Groups

In Person Support Groups

Alzheimer's & Related Dementia

Alzheimer's Support Group & Memory Cafe for Partners at St. Peter Lutheran Church

4843 Southport-Supply Rd SE
Southport, NC 28461
(910) 454-4001

3rd Wednesday 1-3 Group

1st Wednesday 1-3 Cafe

Facilitator: Vicki Carlson:
bfairy65@gmail.com

Facilitator: Barbara Grever:

begrever@gmail.com

<https://stpeterlutheran-nc.org/>

Dementia Support Group at Seaside United Methodist Church

1300 Seaside Road SW
Sunset Beach NC 28468
910-579-5753

2nd Tuesday 1p-2:30p

Facilitator: Judy Rocklage,
jarocklage@gmail.com

General- All Caregivers Welcome

Arbor Landing at Ocean Isle

5490 Arbor Branch Dr
Shallotte, NC 28470

2nd Thursday 6:00PM

Peggy Haughey, (910) 754-8080

<https://www.ridgecare.com/oceanisle>

Sandy Porcaro 910-754-3658 or

sporcaro@bsrinc.org

Brunswick Forest

Hammock Lake Community Room
2162 Shelmore Way, Leland, NC
1st & 3rd Tuesdays 10-11:30a.m.

Eileen Scanlon

eileenscanlon@gmail.com

The Brunswick Center of Shallotte

3620 Express Dr., Shallotte, NC 28470

2nd Tuesday 10:00AM-11:30AM

Laura Collins 910-754-4468 or

lcollins@bsrinc.org

The Brunswick Center at Calabash

10050 Beach Drive, Calabash, NC
28467

2nd Wednesday 2:00PM - 3:00PM

Mary Beth Ribar

marybeth.ribar@gmail.com

The Brunswick Center at Southport

1513 N. Howe St., Suite 1, Southport,
NC 28461

4th Wednesday 10:00AM -11:30AM &

VIRTUAL GROUP 4th Thursday 10-
11:30AM.

Casey Freed 910-754-4106 or

cfreed@bsrinc.org

The Brunswick Center at Leland

121 Town Hall Drive, Leland, NC 28451

2nd & 4th Thursday 10:00AM-11:30AM

The Brunswick Center at Supply

101 Stone Chimney Road

Supply, NC 28462

2nd Thursday 2nd 10:00AM-11:30AM

Tikila Mrogan (910) 754-8450 or

tmorgan@bsrinc.org

Grief

Camp United Methodist Church

4807 Main St.

Shallotte, NC 28470

Holds a program in spring and fall.

Call 910-754-4840 for more info.



**Lower Cape Fear Lifecare
Grief Groups and Workshops**
910-796-7937
<https://www.lcfh.org/grief-groups-workshops/>

GriefShare
www.griefshare.org

A 13-week program - Non-church members may attend.
Oak Island First Baptist Church
GriefShare
4608 E Oak Island Dr. ,Oak Island, NC 28465
910-278-9511
<https://www.fbcoi.org/grief-share>

Parkinson's & Lewy Body Dementia

North Brunswick Parkinson's Support Group at Compass Pointe

8178 Compass Pointe East Wynd NE
Leland, NC 28451
2nd Monday 1PM
John Ferry, 908-406-1410;john.ferry17@gmail.com

Recovery

Celebrate Recovery

For all hurts, habits, and hangups
20 Bliss Rd NW
Ocean Isle Beach, NC 28469
Monday nights, 7PM group meeting
910-579-9701
www.celebraterecovery.com

Alcoholics Anonymous

www.AA.org

Narcotics Anonymous

www.NA.org

Stroke Support

The Brunswick Center at Southport Stroke Support Group
3rd Monday 1:00PM-2:30PM
Group Facilitator: Carolyn Pryor
Center: (910) 754-7109
Email: prioritysailing@gmail.com

Virtual Support Groups

Lifecare Memory Partners/Alzheimer's Assoc

Male caregiver groups are a safe place to share and learn helpful tips and meet other men coping with caring for a loved one living with Alzheimer's or dementia. If you are attending for the first time, you're encouraged to connect with the support group facilitator prior to joining. here for registration information.

First Friday of the month; 10:00 am - 11:30 am
919.803.8285

Telephone Reassurance

Are You Okay?Program

Brunswick County Sheriff's Office
70 Stamp Act Drive
Bolivia, NC 28422
(910) 253-2749
Telephone Wellcheck Program

Neighbor 2 Neighbor Connect

Neighbor to Neighbor of South Carolina, Inc.
921 N. Kings Hwy, Myrtle Beach, SC 29577
Monday – Friday, 9AM – 4PM
(843) 839-0702

When you live alone, sometimes you can go days without speaking to another person. Our Connect volunteers have conversations with a neighbor needing a friendly voice and occasional check-in. The Connect calls are a proven way to fight social isolation.

North Carolina Baptist Aging Ministry Hope Line

If you are 65+ and experiencing loneliness or isolation, please call us. Trained staff and volunteers are ready to encourage you with a friendly voice and a compassionate ear, to pray with you and to remind you that God sees and loves you. To request a call for yourself or you family call or complete an online request form.

Monday-Friday 9am - 9pm
866-578-4673 <https://onehopencbam.org/call/>

Transportation

There are two categories of transportation services: general and medical.
An agency may provide general or medical or both.

1. **General Transportation:** destinations may include, but are not limited to, nutrition sites, senior centers, shopping centers, pharmacies and recreational facilities.
2. **Medical Transportation:** destinations may include, but are not limited to, doctor's offices, hospitals, and health clinics.

If you are **Medicaid**-eligible then Medicaid will support your ride to Medicaid covered services. Contact your social worker or call your **local Department of Social Services** for assistance. 910-253-2077

General Transportation

Brunswick Transit System

5040 Main St., Shallotte, NC 28470
(910) 253-7800

www.brunswicktransit.org

Trips to New Hanover County- Tues & Thursdays between 9:30am & 12:30pm. Reservation of 2 days notice required. Drivers cannot assist riders. Cost is \$5 one way / \$10 round trip into Wilmington

Coastal Companion Care

Providing transportation to medical appointments, outpatient therapy, dental procedures. Employee screening includes background checks, DMV driving records, insurance/registration Southport 910-457-5300/Wilmington 910-444-0650

Go Go Grandparents

Order rides, grocery delivery, pharmacy delivery and more for a small monthly fee. 855-464-6872

Neighbor 2 Neighbor

Free transportation for 60+ for shopping, dr. appt. Must schedule two separate stops for long appointments. Drivers cannot wait during appointments. Free transportation for disabled 18+

48 hours notice needed prior to transport. Two weeks for initial sign up. Cannot accommodate wheelchairs. (843) 839-0702

Right At Home

Will stay with a person during medical procedures. \$25 an hour w/ a 3hr minimum 2210 Wrightsville Ave Wilmington, NC 910-765-0755

Road To Recovery

Volunteer drivers help patients who need to get to their cancer-related treatments. 800.227.2345

Wave Transit-Ride MICRO

1-844-764-1223

[How to Ride Microtransit](#)

Passengers can book an on-demand ride from a virtual stop and be connected to Wave Transit's fixed-route service or brought to their destination. M-F 6AM-9AM; 4:30PM-7:30PM. \$2 one way. RESERVE 1HR IN ADVANCE.

Wilson's Transportation Service, Inc.

9231 Ocean Hwy W
Calabash, NC 28467
(910) 616-8077

Medical Transportation

Ivory Accessible Transport Services, Inc.

Provides medical transport for those who cannot leave home without assistance.

(910) 264-9329

(910) 262-3670

MedTrans of NC, LLC.

Provides medical transportation for those who cannot leave home without assistance.

Contact: Eddie Smith

(910) 431-2996

Veterans Services/Information

Brunswick County Services for Veterans

10 Referendum Drive (Building F)

Open 8:30 a.m. to 5 p.m., Monday – Friday.

910-253-2233

<http://www.brunswickcountync.gov/veterans-services/>

Anita Hartsell, Senior Veterans Service Officer,

Email: anita.hartsell@brunswickcountync.gov

Tracy Walts, Veterans Services Technician,

Email: tracy.walts@brunswickcountync.gov

Brunswick County Veterans Clinic

Address: 18 Doctors Circle Suite 2, Supply NC 28462

Phone: (910) 754-6141

Hours: Monday-Friday 8:00am-4:30pm

Care is provided using VA's team-based Patient Aligned Care Teams (PACT) model. A PACT consists of a health care provider (doctor, physician assistant or nurse practitioner), registered nurse, licensed practical nurse and a medical support assistant (MSA) who work together to provide the best possible health care for Veterans..

Veterans who need specialized health care can get a consult at the Brunswick CBOC and after the consult is completed, be referred to VA's Wilmington Health Care Center to receive the specialized services they need such as Mental Health, Urology, Women's Health, Orthopedics and more.

For information on Health Benefits eligibility, call the hotline at 877-222-8387 or visit the <https://www.vets.gov/healthcare/> web site.

North Carolina Department of Veterans Affairs (DVA)

4001 Mail Service Center

Raleigh, NC 27699

844-624-8387

www.milvets.nc.gov/

Suicide Prevention for Veterans

The Veterans Crisis Line

Offers free, confidential support, 24 hours a day, 7 days a week, 365 days a year.

Call 1-800-273-8255 and Press 1

Chat online: <https://www.veteranscrisisline.net/get-help/chat>

Text 838255

How to apply for VA Medical Benefits

1. Apply by phone

Call 1- 877-222-8387, Monday through Friday, 8:00 a.m. to 8:00 p.m.

2. Apply by mail

Fill out an Application for Health Benefits (VA Form 10-10EZ).

[Download VA Form 10-10EZ \(PDF\)](#)

Mail to:

Health Eligibility Center
2957 Clairmont Rd., Suite 200
Atlanta, GA 30329

3. Apply in person

Fill out an Application for Health Benefits (VA Form 10-10EZ).

[Download VA Form 10-10EZ \(PDF\)](#)

Go to your nearest VA medical center or clinic.

For Brunswick County:

Brunswick County Veterans Clinic

Address: 18 Doctors Circle Suite 2, Supply NC 28462

Phone: (910) 754-6141

Hours: Monday-Friday 8:00am-4:30pm

Presumptive Conditions Information

Gulf War

<http://www.brunswickcountync.gov/veterans-services/gulf-war-to-include-oefoifond-presumptive-conditions/>

Camp Lejeune

[http://www.brunswickcountync.gov/veterans-services/camp-lejeune-presumptives/ Agent Orange](http://www.brunswickcountync.gov/veterans-services/camp-lejeune-presumptives/Agent%20Orange)

<http://www.brunswickcountync.gov/veterans-services/agent-orange-presumptive-conditions/>

Request Your Military Service Records (including DD214)

1. **Online Request:** <https://milconnect.dmdc.osd.mil/milconnect/>
2. **Mail or fax request pertaining to Military Records Using Standard Form 180**

[Download Form SF 180 \(PDF\)](#)

Send it to:

National Personnel Records Center
1 Archives Drive
St. Louis, Missouri 63138

3. **Contact your state or county Veterans agency:**

Brunswick County Government Complex
10 Referendum Dr NE # F, Bolivia, NC 28422
Phone: (910) 253-2233

EMERGENCY Requests

If your request is truly urgent (for example, upcoming surgery, a funeral, etc.) tell us the nature of the emergency and your deadline in the "Comments" section of eVetRecs or in the "Purpose" section of the Standard Form (SF) 180.

Fax your request to: 314-801-0764.

Call our customer service staff: 314-801-0800

Veteran Compensation Information

NOTICE TO VETERAN/SERVICE MEMBER OF EVIDENCE NECESSARY TO SUBSTANTIATE A CLAIM FOR VETERANS DISABILITY COMPENSATION AND RELATED COMPENSATION BENEFITS

21-526EZ - STANDARD CLAIMS PROCESS

<https://www.vba.va.gov/pubs/forms/VBA-21-526EZ-ARE.pdf>

VA FORM 10-10 EZ – ENROLL FOR V.A. HEALTH BENEFITS

<https://www.va.gov/vaforms/medical/pdf/10-10EZ-fillable.pdf>

SSVF – Supportive Services for Veterans and Families:

<https://www.va.gov/homeless/nchav/models/ssvf.asp>

American Legion Posts

American Legion Post 68

Blossoms Restaurant
Magnolia Greens Golf Course
1800 Tommy Jacobs Drive
Leland, NC 28451
3rd Thursday at 6:00pm
<http://www.ncpost68.org>

American Legion Post 213

530 W. 9th Street
Southport, NC 28461
3rd Saturday at 5:00 p.m.

American Legion Post

550 Sunnyside Community Hall
221 Village Road
Shallotte, NC 28470
3rd Tuesday at 7:00pm

American Legion Nocha White Post 503

10277 Beach Drive SW
Calabash, NC 28467
Phone: 910-575-5037
3rd Wednesday at 7:00 pm

American Legion, Richard H. Stuart Jr. Post 543

St. James Community Center
4136 Southport Supply Road SE
Southport, NC 28461
4th Wednesday at 7:00pm
<https://www.ncpost543.org/>

American Veterans Post 906

Boiling Spring Fire and Rescue Building
3039 George II Hwy, Hwy 87
BSL Southport
1st Monday at 7:00pm
Ladies Auxiliary-1st Mon. 6:00pm

Disabled American Veterans DAV Post, Chapter 71

600 Ocean Isle Beach Rd.,
Ocean Isle Beach, NC 28469
P.O. Box 526, Shallotte, NC 28459
2nd Thursday at 6:30 pm

Marine Corps League Assoc.

Marine Corps League
Association, Detachment 1005
Shallotte Town Hall
110 Cheers Street, Shallotte, NC 28470
vamudder@gmail.com
Phone: 910-547-2767
2nd Thursday at 7:00pm

Oak Island American

Legion Post 454
103 SE 50th Street
Oak Island, NC 28465
4th Tuesday at 7:00pm

Sea Bee Volunteers of America X5 Cape Fear Island of Brunswick County

3rd Saturday of each month
except in July, August, & December
VFW Hall # 9408
1211 Village Road, Leland
Dennis Ruocco:
Gulfport67AA@gmail.com

Veterans of Foreign Wars (VFW)

Find a post

<https://www.vfw.org/find-a-post>

VFW Post # 7288

900 Carter Drive
Calabash, NC 28467
910-579-3577
1st Tuesday at 10:00 am

VFW Post # 8866

573 Sabbath Home Road SW
Supply, NC 28462
910-842-5535
Meetings: 1st Tuesday at 7:00 p.m.
Ladies Auxiliary Meetings: 2nd Tuesday
at noon.

VFW Post # 10226

103 SE 50th Street
Oak Island, NC 28465
910-278-5300
Meetings: 1st Tuesday at 7:00 pm
Ladies Auxiliary Meetings: 1st Tuesday
at 6:00 pm

VFW Post # 10400

3161 George II Hwy SE
Boiling Spring Lakes, NC 28461
910-845-2226
2nd Tuesday at 7 pm

Housing Assistance for Veterans

Endeavors

www.endeavors.org

2125 Valleygate Dr Suite 101

Fayetteville, NC 28301

910-672-6166

A non-profit that helps VA's with rapid rehousing to prevent homelessness.

Assists with housing services and disaster relief.

The Veteran Services program offers Homelessness Prevention & Stabilization Services to Veterans and their families in Texas, Florida, Puerto Rico, and North Carolina. These supportive services include outreach, case management, help in obtaining VA benefits, emergency financial assistance for rent & utilities and assistance in obtaining and coordinating public benefits.

Job Search Resources for Veterans

Marcell Hatten

Veterans Representative

Department of Commerce, Division of Employment Security

5300-7 Main Street ,Shallotte , NC 28470

(910) 754-5627

Vision/Hearing Resources

Resources for the Visually Impaired

Brunswick & New Hanover Social Worker for the Blind

Krista Kelly

Phone: 910-253-2127 (Tues & Thurs - BC)

Phone: 910-251-5743 (M, W, F - NH) krista.kelly@dhhs.nc.gov

PO Box 219 60 Government Center, Bolivia, NC 28422

Services to individuals who meet financial and visual eligibility requirements. Services include payment of eye exams, prescription glasses, and eye-related surgery costs, and equipment for the visually-impaired including talking books and audio cassette players.

Disability Resource Center

Open Mon - Thu 9 AM - 4:30 PM

910-815-6618

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

<http://www.drc-cil.org/>

Lions Club International

Eyeglasses recycling services, individual assistance programs, and mobile vision screenings.

Shallotte (910) 232-9925

Wilmington (910) 791-3015

Vision Assistance Form

<https://southportlions.org/individual-vision-assistance-program/>

Lions Club Directory

<https://directory.lionsclubs.org/>

Lions Club International

Camp Dogwood for the Blind (Summer Camp for the Visually Impaired)

Email: tammy@nclionsinc.org

Phone: 828-478-2135

Near Lake Norman and offers recreational activities such as boating, fishing, swimming, tubing, art, crafts, mini golf, and off campus trips to shopping, seminars, bowling, the art museum and zoo to those with visual impairments. Ages 18yo to 100yo.

North Carolina Division of Services for The Blind

Address: 309 Ashe Ave, Raleigh, NC 27699

Phone: (919) 527-6700

NCDHHS Medical Eye Care Program

The Division of Services for the Blind

Aims to help people with visual impairments achieve independence and employment.

3240 Burnt Mill Drive, Suite 7

Wilmington, NC 28403

<https://www.ncdhhs.gov/assistance/vision-loss/medical-eye-care-program>

Phone: 1-866-222-1546

Spanish: 1-800-662-7030

North Carolina Library for the Blind and Physically Handicapped

841 Capital Blvd

Raleigh, NC 27635

(919) 733-4376

<https://statelibrary.ncdcr.gov/lbph>

Prevent Blindness North Carolina

4011 WestChase Blvd. Suite 225 Raleigh, NC 27607

Phone: (919) 755 5044

<https://nc.preventblindness.org>

Resources for the Hearing Impaired

Disability Resource Center

Open Mon - Thu 9 AM - 4:30 PM

910-815-6618

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

<http://www.drc-cil.org/>

Online Deaf Web Directory for NC

Ongoing and updated list of Deaf Clubs, Associations, and helpful links to Deaf related websites that are mostly based in North Carolina.

<http://www.deafnc.info/>

Wilmington Regional Resource Center

3240 Burnt Mill Drive Suite 5 Wilmington, NC 28403

Phone: Voice (910) 251-5702 Toll Free Voice 800-205-9915

Video Phone (910) 777-5770

<https://www.ncdhhs.gov/assistance>