



## Brunswick Senior Resources, Inc.

# Resource Guide

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## General Information

*For Emergency Hotlines See Crisis & Emergency Section*

### **211 United Way**

*A link to services in your community. Free and multilingual. Available 24 hours a day.*

211 or 888-892-1162

<http://www.unitedwaync.org/nc211>

### **Brunswick County Dept. of Social Services**

*We partner with individuals, families, and communities to meet the needs of Brunswick County citizens. We administer various programs, including Medicaid, Food and Nutrition Services (Food Stamps), Work First, Child Support Services, Child Protective Services, Foster Care, Foster Parent Licensing, and Adult Services.*  
910-253-2077

### **Brunswick Senior Resources**

*Information and Assistance line offering information on resources for Brunswick County residents 60+ and residents caring for anyone 60+*  
910-754-2300

### **Catholic Charities-Cape Fear Region**

*Emergency Assistance Hours for Infant Diapers, Adult Incontinence Supplies, Feminine Hygiene Products, Household Cleaning Supplies is Tuesday-Friday: 9:00 a.m.-11:30 a.m.; Client must provide a photo ID. Hours Emergency Food Pantry Tuesday and Friday only 9:00 a.m. – 11:30 a.m.; Emergency Utility Assistance By appointment only, please call the office and dial extension 2702.*  
910-251-8130

### **North Carolina Baptist Aging Ministry Call Center**

*offering info on resources for individuals 65+ and their loved ones who need information on community resources.*

Monday-Friday 9 a.m.-5 p.m.

877-506-2226

# Adult Day Care Facilities & Programs

(Certified Adult Day Care and Adult Day Health Programs)

## Elderhaus at the Lake, Inc.

Adult Day Center

1950 Amphitheater Drive, Wilmington NC

(910) 251-0660

<http://elderhaus.com>

Adult day care for 18+ who are able to perform activities of daily living

## Elderhaus PACE at Canterbury for Northern Brunswick County

Alternative to nursing home care. PACE supports our elderly community so they can remain at home. PACE services are sponsored by Medicare and Medicaid. Cost is based on income and can be FREE or a single monthly payment. Eligibility: age 55 or over, live in a PACE service area, need a nursing home level care.

2222 S. 17<sup>th</sup> Street, Wilmington NC

(910) 343-8209

<http://elderhaus.com/pace-program/>

## Active Day of Grand Strand

3880 Houndsfield Avenue, Myrtle Beach SC

(843) 626-8501

<https://www.activeday.com/locations/states/sc/>

Email: [info@activeday.com](mailto:info@activeday.com)

## Woodard's Adult Day Health Center

\*This facility is open.

115 Holden Beach Road, Shallotte,-

(910) 754-9409

<https://www.woodardsadhc.net>

## NC Division of Aging and Adult Services - NCDAAS Brunswick County Social Services

910-253-2077

<https://www.brunswickcountync.gov/social-services/>

- Adult Day/Health Care: Limited funds are available to help with adult day care expenses for qualified individuals. For additional information call 910-253-2197
- Community Alternatives Program (CAP Program): Medicaid program that helps provide home services to adults with disabilities who are facing nursing home placement.

# Adult Protective Services/Report Elder Abuse/Ombudsman

## Reporting Abuse or Self Neglect

Any individual who suspects that a child or an adult may be abused, neglected, dependent or a victim of exploitation shall make a report to the local department of social services.

Reports can be made 24 hours a day, 7 days a week.

- During Business Hours (M-F 8:30AM-5:00PM): Call 910-253-2077 or 910-253-2415  
Reports can be made in person in the Social Service Building B Annex on the Brunswick County Government Complex at 60 Government Center Dr. Building B
- After-hours, weekends, holidays: Call 911. Ask to speak to the after-hours social worker.

## Adult Protective Services APS Brunswick County Department of Social Services

60 Government Center Drive

Building B

(910) 253-2077

Open Monday – Friday, 8:30AM – 5:00PM

Email: [DSS@Brunswickcountync.gov](mailto:DSS@Brunswickcountync.gov)

### Adult Home Monitoring

*The Adult Home Specialist (AHS) provides assistance, routine monitoring and complaint investigations in Assisted Living Facilities operating in Brunswick County.*

NC Division of Health Services Regulations

1(800) 624-3004 or 910253-2600

### Adult Placement Services

*Assists aging or disabled adults find substitute placement in residential care facilities when their health, safety, and well-being can no longer be maintained at home.*

(910) 253-2212

### Guardianship

*Brunswick County Social Services provides guardianship services to adults who have been adjudicated incompetent and do not have another person or corporation to serve as guardian.*

(910) 253-2462.

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## The North Carolina Ombudsman Program

*Serves long-term care residents in licensed Nursing Homes and Adult Care Homes. The Ombudsman resolves complaints or concerns made by or on behalf of residents in long-term care facilities.*

### Jeff Brunsink-Brunswick County

(910) 274-0344

[jbrunsink@capefearcog.org](mailto:jbrunsink@capefearcog.org)

### Holli Blackwelder-New Hanover

(910) 274-0350

[hblackwelder@capefearcog.org](mailto:hblackwelder@capefearcog.org)

# Advance Directives

Living Will, Power of Attorney, Organ Donation, Etc.

## Notary Services Available Through Case Management at Your Local BSRI Senior Center

An advance healthcare directive, also known as living will, personal directive, advance directive, medical directive or advance decision, is a legal document in which a person specifies what actions should be taken for their health if they are no longer able to make decisions for themselves because of illness or incapacity. In the U.S.

A living will is one form of advance directive, leaving instructions for treatment. Another form is a specific type of power of attorney or health care proxy, in which the person authorizes someone to make decisions on their behalf when they are incapacitated.

The NC General Assembly authorized the North Carolina Department of the Secretary of State to establish a registry where you may file your advance health care directives. Advance Health Care Directive Registry cards issued by the Secretary of State's Office will allow access to a registrant's document in two ways. First, the document may be accessed by pointing your smart phone camera at the QR code printed on the registration card. OR, you can do it the old way by entering the file number and password online. Anyone with access to the card, including your trusted health care agents/POAs and health officials, can scan the code, too. This will make it much easier to access the document on file with our office when needed. Don't have a QR code but want one? Click here to learn how

[https://www.sosnc.gov/frequently\\_asked\\_questions/by\\_title/advance\\_healthcare\\_directives](https://www.sosnc.gov/frequently_asked_questions/by_title/advance_healthcare_directives).

- **Advance Directive for Natural Death (“Living Will”):**  
[https://www.sosnc.gov/documents/forms/advance\\_healthcare\\_directives/advance\\_directive\\_for\\_a\\_natural\\_death.pdf](https://www.sosnc.gov/documents/forms/advance_healthcare_directives/advance_directive_for_a_natural_death.pdf)
- **Advance Directive for Mental Health Treatment:**  
[https://www.sosnc.gov/documents/forms/advance\\_healthcare\\_directives/advance\\_instruction\\_for\\_mental\\_health.pdf](https://www.sosnc.gov/documents/forms/advance_healthcare_directives/advance_instruction_for_mental_health.pdf)
- **Health Care Power of Attorney:**  
[https://www.sosnc.gov/documents/forms/advance\\_healthcare\\_directives/health\\_care\\_power\\_of\\_attorney.pdf](https://www.sosnc.gov/documents/forms/advance_healthcare_directives/health_care_power_of_attorney.pdf)
- **Organ/Tissue Donor Card:**  
[https://www.sosnc.gov/documents/forms/advance\\_healthcare\\_directives/organ\\_tissue\\_donor\\_card.pdf](https://www.sosnc.gov/documents/forms/advance_healthcare_directives/organ_tissue_donor_card.pdf)
- **Registration Form:**  
[https://www.sosnc.gov/documents/forms/advance\\_healthcare\\_directives/registration\\_form.pdf](https://www.sosnc.gov/documents/forms/advance_healthcare_directives/registration_form.pdf)
- **Removal Form:**  
[https://www.sosnc.gov/documents/forms/advance\\_healthcare\\_directives/remove\\_directive\\_form.pdf](https://www.sosnc.gov/documents/forms/advance_healthcare_directives/remove_directive_form.pdf)

## Attorneys

### **B. Joseph Causey, Jr.**

5039 Main St. Suite 1  
Shalotte, NC 28470  
[www.brunswickwills.com](http://www.brunswickwills.com)

(910) 212-5896

provides counsel on estate planning including the drafting of wills, trusts, probate causes, guardianship

### **Bachara & Essey, Attorneys**

200 Country Club Drive Suite A  
Oak Island, NC 28465

[www.bacharaessey.com](http://www.bacharaessey.com)

(910) 457-4577

estate, real estate, business, criminal, family, probate

### **Cranfill Sumner, Kara Gansmann**

5535 Currituck Dr, Ste 210  
Wilmington, NC 28403

<https://www.cshlaw.com>

(910) 777-6055

provides counsel to families on tactics for estate planning, asset-protection, and long-term care planning, drafts wills, trusts, POAs

### **Helayne Levy Payne, Michael**

#### **Becker Elder Law**

4436 Main St. Shalotte, NC 28470

[www.apracticewithpurpose.com](http://www.apracticewithpurpose.com)

(910) 755-7526

Toll Free: (844) 754-5433

assets, estate, guardianship, disability and special needs, life care planning, LTC

### **Jennifer Roden, Lawrence**

#### **Craige Craige & Fox**

701 Market Street  
Wilmington, NC 28401

<https://craigeandfox.com/our-team/jennifer-n-marshall>

(910) 815-0085

business, civil litigation, elder, estate planning, family, juvenile, guardianship, property, municipal

### **Joan Keston: Keston Law**

4320 Southport Supply Rd Ste 300  
Southport, NC 28461

& 123 Culbreth Drive,  
Wilmington, NC 28405

(910) 509-7121

### **Salines-Mondello**

6781 Parker Farm Drive, Suite 210  
Wilmington, NC 28405

[www.lisa-law.com](http://www.lisa-law.com)

(910) 777-5734

elder law

### **Trest & Twigg**

4631 Main Street  
Shalotte, NC 28470

[www.trestandtwigg.com](http://www.trestandtwigg.com)

(910) 575-7337

(wrongful death, personal injury, license restoration, wills and estates, traffic offenses, incompetency guardianship)

### **Watts Law Group**

4617 Main Street  
Shalotte, NC 28470

[www.wattslg.com](http://www.wattslg.com)

(910) 250-9346

estate planning and probate, foreclosures, homeowners association, construction, criminal, business, personal injury and auto, family, insurance, workers comp, consumer advocacy, defending medical providers

# Caregiver Resources

## Agencies Offering Caregiver Information, Assistance & Support

### Area Agency On Aging

*Connects families with resources and attempts to meet needs of family caregivers. This includes local support groups, support services, entitlement programs and other community resources. Also offers Project C.A.R.E. (Caregiver Alternatives To Running On Empty), a state-funded, dementia-specific support for caregivers of persons with Alzheimer's disease. The goal of Project C.A.R.E. is to increase quality, access, choice, and the use of respite care for caregivers. Caregivers in crises are provided timely individualized assessment, guidance, counseling and limited respite care.*

Contact: Dana Bentley [dbentley@capefearcog.org](mailto:dbentley@capefearcog.org) 910-408-6365

Project C.A.R.E Family Consultant

[dbentley@capefearcog.org](mailto:dbentley@capefearcog.org)

<https://capefearcog.org/area-agency-on-aging/project-c-r-e/#>

### Brunswick Senior Resources, Inc

*BSRI's Aging Resources Division is comprised of a team of Aging Resource Specialists who work to connect Brunswick County residents 60 and older and their caregivers to community programs, resources, and support by providing information and referrals, assistance in navigating application processes, and connection to home-delivered meals, home care, caregiver resources, and counseling.*

910-754-2300

<https://bsrinc.org/aging-resources/>

## Day Programs

### Active Day of Grand Strand

*Adult Day Center for 18+ who are able to perform activities of daily living*

3880 Houndsfield Avenue, Myrtle Beach SC

<https://www.activeday.com/>

Email: [info@activeday.com](mailto:info@activeday.com)

1950 Amphitheater Drive, Wilmington NC

### Woodard's Adult Day Health Center

*Adult Day Center for 18+ who are able to perform activities of daily living*

115 Holden Beach Road, Shallotte,-

(910) 754-9409

<https://www.woodardsadhc.net>

### Elderhaus at the Lake Adult Day Center

*Adult Day Center for 18+ who are able to perform activities of daily living*

## Education Opportunities for Caregiver

### **Caring.com**

*Caring.com is senior care resource for family caregivers seeking information & support as they care for aging parents, spouses and other loved ones. Offers assistance in understanding options in looking for a senior living community or help with in-home care, with info on financing.*

<https://www.caring.com/>

### **Community Resource Guide for Senior Services**

[www.capefearcoq.org/resourceguide](http://www.capefearcoq.org/resourceguide)

### **National Council on Aging Benefit Guide**

*Short questionnaires assist in finding government programs that can help you or your loved one*

[www.benefitscheckup.org](http://www.benefitscheckup.org)

### **North Carolina Division of Aging and Adults Services Resources for Family Caregiving**

[www.ncdhhs.gov/aging/fcresources.htm](http://www.ncdhhs.gov/aging/fcresources.htm)

### **The North Carolina Caregiver's Portal**

*Trualta is a personalized, skills-based training platform for family members caring for aging loved ones living at home.*

<https://www.trualta.com/>

## Nursing Home Placement Alternatives

### **CAP Program - North Carolina Dept. of Health and Human Services Community Alternatives Program for Disabled Adults**

*Home Health Programs for 65+, blind, disabled who require a nursing facility level of care and who are at risk of institutionalization within 30 days. Provides adult day health, personal care aide, home modification, mobility aids, meal preparation.*

Contact: Brunswick New Hanover Regional Medical Center  
(910) 667-7000

[Community Alternatives Program for Disabled Adults \(CAP/DA\) | NC Medicaid](#)

### **Elderhaus-PACE Program**

*Alternative to nursing home care with a home based approach by providing medical support and social services. Must be 55+, meet the nursing home level of care requirement as determined by the NC Dept of Health and Human Services and meet income requirements.*

[www.elderhaus.com](http://www.elderhaus.com) 910-343-8209

### **Money Follows the Person (MFP)**

*A state project that helps NC Medicaid-eligible North Carolinians living in inpatient facilities move into their own homes and communities with supports. Must be a facility resident for 60 days, live in qualified facility and have a qualified resident.*

To apply call 1-855-761-9030

Applications are online at [MOP](#)

## Nutrition Options

### Meals On Wheels

*Provides nutritious, freshly prepared meals to county residents 60 and up who cannot reasonably prepare meals for themselves. Eligibility is not based on income and is determined by an initial in-home assessment.*

Brunswick Senior Resources 910-754-2300  
<https://bsrinc.org/aging-resources/>

### Mom's Meals

*offer nourishing, home-delivered meals that prioritize your food and your budget. Meals will last 14 days from delivery when stored in the refrigerator. Heat-and-eat-*

*convenience. Just \$7.99 for most meals\*.  
\*Gluten-free, renal and pureed meals are \$8.99 each*

Phone: 1-877-508-6667

<https://www.momsmeals.com/contact-us/>

### St Peter Lutheran Church

*Delivers meals the 2nd and 5th Saturday of each month to homebound seniors in need.*

4843 Southport-Supply Road, Southport,

Open Mon-Thur 8:30AM-1:00 PM

(910) 457-5604

<https://stpeterlutheran-nc.org/contact-us>

## Respite Service Options-Facilities

### The Landings Of Oak Island

*Whether a caregiver needs to travel, the resident needs to recover from a medical procedure, or you just want to try the facility. Staff assist with daily living activities as needed such as bathing, dressing and medication management. Therapy, pharmacy and provider services onsite. Our community creates a safe and secure home-away-from-home for short-term residents. DAILY RESPITE CARE RATES START AT \$125*

2910 Pine Plantation Pkwy, Bolivia, NC 28461

(910) 406-8400

<https://oakislandseniors.com/respitcare/>

## Respite Service Options-Programs Offering Assistance

### Area Agency On Aging Respite Vouchers

*Eligible caregivers can receive vouchers to provide in-home respite care and/or respite in group settings such as Adult Day Care/Health. Funds are limited.*

Contact: Dana Bentley [dbentley@capefearcog.org](mailto:dbentley@capefearcog.org) 910-408-6365

Project C.A.R.E Family Consultant

[dbentley@capefearcog.org](mailto:dbentley@capefearcog.org)

<https://capefearcog.org/area-agency-on-aging/project-c-r-e/#>

### Brunswick Senior Resources Respite Program

*Provides respite to eligible caregivers on a short term, temporary basis. In-home assessments are conducted in order to determine eligibility and to assess for additional services. Resources, education and care management are also provided. Please contact a case manager at your local BSRI Senior Center.*

(910-)754-2300

<https://bsrinc.org/>

## **Lower Cape Fear Life Care – Memory Partners**

*Memory Partners Program: offers care and support for patients diagnosed with dementia, and for their caregivers through counseling, support groups, respite care, home care and consistent contact from program staff.*

1414 Physicians Drive, Wilmington  
1-800-207-6908

<https://lifecare.org/memory-partners/>

## **North Carolina Lifespan Respite Program**

*an application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$500 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available. Caregiver must be at least 18 years old and a North Carolina resident.*

- *Caregiver must be providing unpaid care for an individual of any age.*
- *Neither caregiver nor care recipient can be receiving ongoing, publicly funded in-home services or other respite care, including adult day care services.*

To Apply call Brunswick Senior Resources at 910-754-2300

## **Safety and Security Options**

### **Alert Systems, Safety Devices and Phones**

*See the “Safety Devices” section of this document*

### **Are You Okay?Program**

*A FREE telephone reassurance service for older adults and adults with disabilities, who live alone or who are at risk of sudden illness, falls, accidents, and/or social isolation.*

*The Brunswick County Sheriff’s Office places a daily computer generated call to each person enrolled at a specified time. If no response is received, a Deputy is dispatched to the residence to ensure the person’s safety. If the subscriber is okay, they simply hang up the phone after hearing the pre-recorded message. The computer assumes the subscriber is okay if they answer the telephone.*

Brunswick County Sheriff’s Office  
(910) 253-2749

### **Project Lifesaver (Free Alert System)-Brunswick County Sheriff's Office**

*A FREE service for Brunswick County residents who are caring for loved ones with Alzheimer’s disease, autism or other conditions that make them likely to wander away, providing bracelets to help rescuers find a loved one who has wandered away.*

Contact the I.M.P.A.C.T. Unit 910-253-2749

<https://www.brunswicksheriff.com/community-programs/project-lifesaver>

## **Support Groups**

### **Brunswick Senior Resources Family Caregiver Support Program-Support Groups**

*Through Brunswick Senior Resources Family Caregiver Support Program, Caregiver Support Groups are offered monthly at each senior center location. Virtual Support Groups are available as well. See full listings for all groups under “Support Groups” in this guide. See the “Support Group” section of this guide for more information.*

## Testing

If you've determined that you are seeing signs of dementia a referral from your family doctor may be required for testing centers. You should also know that a diagnosis can take time. To ensure that you have an accurate diagnosis, you may be required to take additional tests, or be referred to a memory clinic or a specialist. You will most likely undergo a number of physical and cognitive exams.

### **MARS Memory-Health Network**

*offers screening, detection, diagnosis, and counseling services for individuals 16 and older. We specialize in memory loss and dementia, as well as learning, cognition, attention, and psychological well-being.*

4415 Junction Park Drive, Wilmington, NC 28412  
(910) 791-6277

### **Novant Health Neurology**

offers screening, detection, diagnosis, and counseling services for individuals 16 and older. We specialize in memory loss and dementia, as well as learning, cognition, attention, and psychological well-being.

1333 S Dickinson Dr Ste 230, Leland, NC 28451  
(910) 662-7500

## Children's Services

### **Childcare.gov**

*A general database for child services by state. Used to help find child care and funds.*  
1-877-543-0059

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### **Communities in Schools of Brunswick County, Inc.**

3148 George II Highway, Unit 2  
Boiling Spring Lakes, NC 28461  
(910) 351-8007  
info@cisbrunswick.org  
www.cisbrunswick.org

#### **Action For Success Program**

*Assigns case managers to students with identified risk factors such as poor grades, low test scores, behavior issues, frequent disciplinary referrals, poor attendance, and retention.*

#### **21st Century Community Learning Center Afterschool Program at Supply Elementary**

*The 21CCLC program is a STEM (science, technology, engineering, math) based program that operates Monday through Friday during after school hours with no cost to participants. Bus transportation and snack is provided. The goal of the 21CCLC program is to increase academic achievement, school attendance, class participation, homework completion, social skills, emotional and physical stability.*

Contact Aileen Batton at (910) 946-1146 or [mfragale@cisbrunswick.org](mailto:mfragale@cisbrunswick.org).

#### **Parenting Education Programs**

*The parenting program is offered to any Brunswick County parent or guardian of children between the ages of five and twelve. Group leaders work together with parents and children in a supportive and confidential environment to offer practical and effective techniques to build healthy, positive family dynamics. The COP groups currently offered in Brunswick County are Grandparents Raising Grandchildren and Single Parent Support Groups. Each of the parenting education programs are provided free of charge by trained parent educators. Free childcare is provided on site for participants.*

Contact the CIS Parent Education Office at (910) 253-5327 ext 1435 or [mwells@cisbrunswick.org](mailto:mwells@cisbrunswick.org).

### **Teen Court**

*Provides an alternative system of justice for first time juvenile misdemeanor offenders ages 6-17. Primarily serving students at Brunswick County's five high schools, Teen Court allows offenders to accept responsibility for their offense, have their case heard by a jury of their peers and complete a constructive sentence so they can avoid a juvenile court record.*

Contact Sam Davis, Teen Court Director at (910) 253-4087 or [teen.court@brunswickcountync.gov](mailto:teen.court@brunswickcountync.gov)

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### **Head Start Program- Dept. Of Health and Human Services**

*In school program for children ages 3 to 4 from families with low income, according to the Poverty Guidelines published by the Federal government, are eligible for Head Start and Early Head Start services. Children in foster care, homeless children, and children from families receiving public assistance.*

71 N Piney Grove Rd NE

Bolivia, NC - 28422

(910) 253-8155

<http://scfsnc.org/head-start-program/longwood-center/>

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### **HelpGuide.org**

*A nonprofit site aimed at helping grandparents find resources to help raise grandchildren.*

### **Providence Home (Emergency Teen Shelter)**

*For Brunswick County Youth with no emergency residential shelter.*

5310 Doshier Cutoff SE, Southport, NC 28461

(910) 457-0440

[info@providencehomenc.com](mailto:info@providencehomenc.com)

<http://www.providencehomenc.com>

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## Counseling on Insurance

When approaching 65 it is important for individuals to consider Medicare options related to new enrollment into Medicare. Seniors are advised to get free, unbiased insurance counseling through the state of North Carolina by meeting with a local Senior Health Insurance Information Program (SHIIP) counselor at a local Senior Center. Although individuals can compare insurance plans on Medicare.gov but SHIIP counselors can compare plans side by side in order to counsel on choosing the plan that works best for you. You can receive basic information on Medicare by calling your local Brunswick Senior Resources Aging Resource specialist at 910-754-2300.

### **Affordable Care Act/Marketplace**

*Sign up for affordable, quality health coverage, 24hours/7days a week.*

1-800-318-2596

[healthcare.gov](http://healthcare.gov)

*health care costs.*

60 Government Center Drive, Building B  
910-253-2077

[dss@brunswickcounty.gov](mailto:dss@brunswickcounty.gov)

### **Medicaid**

*health insurance program for low-income individuals and families who cannot afford*

### **Medicare**

1 (800) 633-4227

[www.medicare.gov](http://www.medicare.gov)

### **North Carolina Department of Health Insurance-SHIIP PROGRAM (SENIOR HEALTH INSURANCE INFORMATION PROGRAM)**

<https://www.ncdoi.gov>

*Smart NC-can review your adverse benefit determination notice with you, discuss your rights under North Carolina law and assist you with the appeal process.*

*SHIIP-Free, unbiased counseling about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D, and long-term care insurance.*

### **The North Carolina Senior Medicare Patrol - SMP**

*Assists seniors in reporting and combating Medicare fraud and abuse.*

## **Local Agencies Assisting with Affordable Care Act Enrollment**

### **CommWell Health**

1-877- 935-5255

[www.commwelhealth.org](http://www.commwelhealth.org)

### **Little River Medical Center**

843-663-8000

4303 Live Oak Drive

Little River, SC 29566

[www.lrmcenter.com](http://www.lrmcenter.com)

# COVID-19 Resources

## Test Sites Listed Online

<https://covid19.ncdhhs.gov/about-covid-19/testing/find-my-testing-place>

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### Test Site Locations

#### **Brunswick County VA Clinic**

910-754-6141

8a-4:30p

#### **FastMed Urgent Care (Leland)**

910-782-3600

8a-8p

#### **CommWell Health of Bolivia**

910-567-7114

7:30a-6p

#### **Goshen Medical Center (Southport)**

910-457-0070

7a-6p

#### **Dosher Urgent Care**

910-454-4732

8a-4:30p

#### **Med First Southport**

910-269-2053

8a-8p

#### **Novant Health**

##### **Oceanside**

##### **Convenient Care**

877-966-8268

8a-8p

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### Resources - Fighting Covid 19

#### **Brunswick County Public Health**

COVID Line

910-253-2339 (9a-5p)

#### **NC Public Health Call Line**

1-866-462-3821 (24/7)

#### **Corona Community Hotline**

800-451-1954, (24/7)

#### **NCDHHS YouTube Videos - COVID**

<https://www.youtube.com/watch?v=Z53PoYKX2Do&list=PLUadR7S9ykdnCrnT-x-2vnc0qZU7JsGit>

#### **Consumer Education Services Inc**

Financial Counseling Line

888-419-2374 (9a-9p)

#### **Red Cross**

COVID specific help

833-492-0094 (24/7)

#### **Disaster Distress hotline**

Immediate crisis counseling

1-800-985-5990 (24/7)

#### **Text Alerts from NC Public Health**

Text COVIDNC to 898211

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# Crisis/Emergency Resources

## Emergency Hotlines

### Brunswick Family Assistance BFA

Leland Office  
324-I Village Rd  
Leland, NC 28451  
901-408-1700

### Brunswick Senior Resources

910-754-2300

### Catholic Charities

Harrelson Center  
20 N 4th St #300  
Wilmington, NC 28405  
(910) 251-8130

### Coastal Horizons Center

**24 HOUR HOTLINE**

Emergency Youth Shelter  
615 Shipyard Boulevard  
Wilmington, NC 28412  
(800) 672-2903 OR 910-392-7408

### Hope Harbor Home

#### (Domestic/Sexual Violence) Hotline

**24 HOUR HOTLINE**

910) 754-5856 = crisis line  
910-754-5726 = 24hr staff line

## Crisis Centers

### American Red Cross Cape Fear

1102 South 16<sup>th</sup> Street  
Wilmington, NC 28401  
(910) 762-2683

### Coastal Horizons Center, Inc.

**24 HOUR HOTLINE**

Emergency Youth Shelter  
615 Shipyard Boulevard Office Park  
Wilmington, NC 28412  
(800) 672-2903 or 910-392-7408

### Harrelson Center

*19 nonprofits and 22 associate partners  
that provide humanitarian services.*  
910.343.8212

### National Suicide Hotline

**24 HOUR HOTLINE**

Now updated- Dial 988 for assistance

### NCCare360

**24 HOUR HOTLINE**

888-892-1162

### The Anchor Initiative Hotline-

#### Brunswick County Sheriff's Office

*Individuals with addictions can contact the Sheriff's Office through referral or officer interaction requesting assistance with addiction. Individuals will be put in immediate contact with a coordinator who will coordinate medical treatment, transport to the local ER to be checked out and explore treatment options while keeping the cost low.*

(910) 363-7880

### United Way

**24 HOUR HOTLINE**

Dial 211  
(910) 458-2777

info@harrelsoncenter.org

20 North 4th Street, Ste 214, Wilmington  
Mon-Thurs 8:30am - 5pm; Fri 8:30am -  
2pm

Help Hub-910.769.5357

Tuesday - Thursday 9 am - 12:00 pm

### Help Center of Federal Point

7 N. 3<sup>rd</sup> Street.

Carolina Beach, NC 28428

### Hope Harbor Home – Brunswick Co.

**24 HOUR HOTLINE** (Domestic &  
Sexual Violence)

Bolivia, NC 28422

(910) 754-5856

**Rape Crisis Center – Brunswick County**  
Coastal Horizons Center Building

120 Coastal Horizons Drive  
Shallotte, NC 28470  
Admin Line: (910) 754-7949

## **Brunswick County Natural Disaster Resources**

### **Access & Functional Needs Registry**

*A computerized registry of people w/ special medical needs who may require special assistance in the event of a disaster.*

910-253-2850

[Access & Functional Needs Registration Form](#)

### **Brunswick Co Animal Protective Services**

Animal Sheltering  
429 Green Swamp Rd.  
Supply, NC 28462  
910-754-8204

[www.aps.brunswicksheriff.com](http://www.aps.brunswicksheriff.com)

### **Brunswick Co Emergency Services**

3225 Old Ocean Hwy, Bolivia, NC  
28422  
910-253-5383

### **Brunswick Co Environmental Health** *sewer, well water*

(910) 253-2150  
Hours: 8:30a-5p;

### **Brunswick Co Health Department**

(910) 253-2250  
Hours: 8:30a-5p  
1(888) 519-5362  
Hours: M-F = 9a-5p, Sat = 9a-12p

### **Brunswick Co Sheriff's Office**

(910) 253-2777  
Hours: 8:30a-5p

### **Brunswick Co StreetReach for Youth**

hot shower/food  
(910) 842-2711

### **Brunswick Co Public Housing Agency**

910-253-2222  
Hours: 8:30a-5p

### **Brunswick Family Assistance**

*Food Assistance & Monetary Assistance*  
4600 Main St, Shallotte, NC 28470  
(910)754-4766|  
<http://brunswickfamily.org>

### **Brunswick Transit System**

(910) 253-7800

## **National Agencies Offering Natural Disaster Assistance**

### **American Red Cross**

*Shelters, meals, health/mental health services, spiritual care, help to reconnect with loved ones, access to case workers, childcare, laundry, etc.*  
1(800) 733-2767

[www.safeandwell.org](http://www.safeandwell.org)

### **Catholic Charities**

<https://www.catholiccharitiesusa.org/>

### **Endeavors - VA**

*Disaster Relief and Housing Services*  
Fayetteville (910) 672-6166  
Jacksonville (910) 379-4913  
[dcmcnc@endeavors.org](mailto:dcmcnc@endeavors.org)

### **FEMA**

*Monetary assistance with home repairs, business repairs, medical, dental, child care, funeral & burial, household items, moving & storage, vehicle repair, etc*  
<https://www.fema.gov>

<https://www.disasterassistance.gov/>  
1-800-621-3362 or Text SHELTER &  
your zip code (ex. SHELTER 01234) to  
43362

**Housing Crisis Hotline**  
Call 211 or 888-892-1162

**ReBuild NC**  
*long-term disaster recovery program,*

*offer rebuilding assistance.*  
833-ASK-RBNC

**Voluntary Organizations Active in  
Disaster (VOAD)**

*Assisting with food, diapers, bill asst.,  
clean-up, tarps, etc.*

[https://www.brunswickcountync.gov/em  
ergen cy/voad/](https://www.brunswickcountync.gov/emergen cy/voad/)

## Dental Care

### **Cape Fear Comm. College Dental Clinic**

*The CFCC dental clinic is part of a teaching institution for the dental hygiene and dental assisting students.*

Health Sciences Building (L)

415 N. Second Street

Wilmington, NC 28401

910-362-7341

<https://cfcc.edu/about/community-services/dental-clinic/>

### **East Carolina University School of Dental Medicine**

*Dental school offering comprehensive general dental services for adults, children and special needs patients.*

Community Service Learning Center

100 Brunswick Medical Center Parkway NE Bolivia, NC, 28422

Phone 910-253-9000

<https://dental.ecu.edu/brunswick-county/>

### **Med North Health Center**

*Dental services offered on a sliding scale based on income.*

925 North Fourth Street, Wilmington NC 28401

Ph: 910-343-0270

<https://www.mednorth.org/>

# Disability Resources

## Agencies Offering Disability Assistance

### Disability Resource Center

*empower persons with disabilities to maintain independence in their communities by offering info & assistance, teaching independent living skills, transition services & housing advocacy*

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

Mon - Thu 9 AM - 4:30 PM

Phone: (910) 815-6618

### The Healthy Opportunities Pilot Program (HOP)

*a state and federally funded program to help improve the overall health of qualifying Medicaid members offering assistance with housing navigation, household supplies, assistance with past due bills up to \$500, utility assistance up to \$500, home modifications & repairs, rental deposits, transportation, and food & nutrition assistance*  
1-800-953-0203

### NC DHHS-Independent Living Program

*Assists w/home & car modifications, durable medical equipment, personal assistance up to 40 hours a week. Must meet income qualifications. Household of 1 \$1,342 a month or less*

Phone: (910) 746-6835 ; Simone Thompson

<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities> BROCHURE: <https://www.ncdhhs.gov/media/14030/open>

### NC DHHS-Regional Center for the Deaf and Hard of Hearing

3240 Burnt Mill Drive, Suite 5

Wilmington, NC 28403

910-251-5702 TTY 910-251-5767

Offers free hearing screenings and assistance for those who qualify.

### North Carolina Division of Services for The Blind

*provides services to people who are blind or visually impaired to help them reach their goals of independence. Referrals are made from Vocational Rehabilitation Counselors, Independent Living Rehabilitation Counselors or Social Workers for the Blind and then to one of our Deaf-Blind Specialists. (See Below)*

309 Ashe Ave, Raleigh, NC 27699

(919) 527-6700

### Brunswick & New Hanover Social Worker for the Blind

910-253-2127

219 60 Government Center

Bolivia, NC 28422

**North Carolina Library for the Blind and Physically Handicapped**

1841 Capital Blvd  
Raleigh, NC 27635  
(919) 733-4376

<https://statelibrary.ncdcr.gov/lbph>

**Prevent Blindness North Carolina**

4011 WestChase Blvd. Suite 225  
Raleigh, NC 27607  
(919) 755 5044

<https://nc.preventblindness.org>

# Disaster Assistance

## Local Natural Disaster Resources

### **Baptist On Mission Disaster Relief**

<https://baptistsonmission.org>

919-459-5605

*provides hot meals, debris removal, child care and family assistance.*

### **Brunswick County Access & Functional Needs Registry**

Contact: [Kelley Currie](#) 910-253-2850

<http://forms.brunswickcountync.gov/forms/accessneeds>

### **Brunswick County Emergency Services**

<https://www.brunswickcountync.gov/emergency>

910-253-2589

*assistance provided to citizens to connect with non-profits that may be able to aid in their need*

### **Brunswick County Environmental Health**

*sewer, well water*

(910) 253-2150

Hours: 8:30a-5p

### **Brunswick County Habitat for Humanity**

<https://brunswickcountyhabitat.org>

910-454-0007

*The local affiliate of HFH International. Affordable housing offered with partner family mortgage repayments to finance construction.*

### **Brunswick County Health Department**

(910) 253-2250

*A registry of people w/ special medical needs who may require special assistance in the event of a disaster.*

### **Brunswick County Animal Protective Services**

429 Green Swamp Rd.

Supply, NC 28462

910-754-8204

[www.aps.brunswicksheriff.com](http://www.aps.brunswicksheriff.com)

Hours: 8:30a-5p

1(888) 519-5362

Hours: M-F = 9a-5p, Sat = 9a-12p

### **Brunswick County Sheriff's Office**

(910) 253-2777

Hours: 8:30a-5p

### **Brunswick County StreetReach**

hot shower/food

(910) 842-2711

### **Brunswick Family Assistance**

*Food Assistance & Monetary Assistance*

4600 Main St, Shallotte, NC 28470

(910)754-4766|

<http://brunswickfamily.org>

### **Coastal Horizons**

<https://coastalhorizons.org>

910-619-7117

*provides a range of effective, evidence-based substance use, mental health, crisis intervention, justice, and wellness services. Services include mental health and substance use assessments, outpatient therapy, medication management, and peer support.*

**Salvation Army of Cape Fear**  
<https://southernusa.salvationarmy.org/cape-fear/home>  
910-762-2070

*emergency communications, spiritual care, food service and recovery, shelter, clothing, furniture vouchers, rent & utilities emergency assistance, food*

*pantry and soup kitchen.*

**Wilmington Area Rebuilding Ministry (WARM)**

<http://www.warmnc.org>

910-399-7563

*providing home rebuilds for low-income homeowners*

## **National & State Agencies Offering Natural Disaster Assistance**

### **American Red Cross**

*Shelters, meals, health/mental health services, spiritual care, help to reconnect with loved ones, access to case workers, childcare, laundry, etc.*  
1(800) 733-2767

[www.safeandwell.org](http://www.safeandwell.org)

*moving & storage, vehicle repair, etc*

<https://www.fema.gov>

<https://www.disasterassistance.gov/>

1-800-621-3362 or Text SHELTER & your zip code (ex. SHELTER 01234) to 43362

### **Catholic Charities**

<https://www.catholiccharitiesusa.org/>

### **Lutheran Services Carolina**

<https://lscarolinas.net>

252-481-8007

*partnering with non-profit and government agencies prodding disaster services, disaster case management and donation management.*

### **Federal Emergency Management FEMA**

[www.fema.gov](http://www.fema.gov)

1-800-621-3362

*Monetary assistance with home repairs, business repairs, medical, dental, child care, funeral & burial, household items, an information and referral service provided by the United way of NC providing free and confidential information on health and human services and resources*

### **NC 2-1-1 Helpline**

Call 211 or 888-892-1162

### **NC Conference United Methodist Church**

<http://www.nccumc.org>

888-440-9167

*offers tarps for roofs, debris removal, clean outs and tree removal*

### **NC Office of Recovery and Resiliency (NCORR)**

<https://www.rebuild.nc.gov>

*manages federal long-term disaster recovery funding that is not made available to the state. Programs include Homeowner Recovery Program, strategic Buyout Program, Community Development, and local and tribal government grants and loans.*

## Disposable Undergarments/Diapers

### **Brunswick Baptist Association**

*Assists parents, older adults and caregivers with incontinence supplies, diapers and hygiene products. Prefer referrals from doctors' offices or other local agencies. Must meet income requirements.*

Resource Center  
1041 Old Ocean Highway // Bolivia, NC  
910.754.7979

### **Brunswick Senior Resources**

*When available through grant funding or donations, BSRI provides incontinence supplies for Meals on Wheels Program recipients upon request. Contact a BSRI Case Managers for details.*

(910) 754-2300

### **Camp United Methodist Church**

Saturday 10am-12pm noon  
4807 Main St.  
Shallotte, NC 28470  
(910) 754-4840

### **Diaper Bank of NC**

*Provides incontinence supplies, diapers, and hygiene products for infants, seniors and caregivers who are enrolled in specific agency programs like food pantry programs, Brunswick County Smart Start, Brunswick County Senior Resource Centers and more. For a complete list visit the website at*

*<https://ncdiaperbank.org/lower-cape-fear>*

(910) 777-3243

Email: [lowercapefear@ncdiaperbank.org](mailto:lowercapefear@ncdiaperbank.org)

# Durable Medical Equipment/Medical Devices Medical Supplies

## Agencies Assisting With Durable Medical

### Disability Resource Center

5041 New Centre Drive, Suite 210  
Wilmington, NC 28403  
Phone: (910) 746-6800  
<http://www.drc-cil.org/>

### NC DHHS-Independent Living Program

*vehicle & home modification, lift chairs,  
other dme for those who qualify*  
Phone: (910) 746-6835; Simone  
<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

### Neighbor to Neighbor Loaner Program

St. James the Fisherman Episcopal  
Church  
*Durable medical equipment lending  
closet*  
4941 Main St. Shallotte, NC 28470  
(910) 754-9313

### Self-Help Credit Union

*A nonprofit community development  
lender offering Assistive Technology  
Loans for the purchase of devices or  
equipment.*  
800-966-7353  
Tamara Pereboom, (704) 566-2899  
<https://www.self-help.org/personal/loans/other-loans/assistive-technology-loans>

## Devices for Deaf and Hard of Hearing

### ADCO Hearing Products

1-800-726-0851  
[www.adcohearing.com](http://www.adcohearing.com)

### Diglo

1-800-825-6758 V  
800-825-9187 TTY  
952-388-2152 VP  
[www.diglo.com](http://www.diglo.com)

### Hear-More Products

1-800-881-4327 V  
1-800-281-3555 TTY  
631-752-0689  
[www.hearmore.com](http://www.hearmore.com)

### Hitec Group

800-965-9043 V  
888-814-5359 TTY  
[www.hitec.com](http://www.hitec.com)

### WCI

(800) 233-9130 V/TTY  
[www.weitbrecht.com](http://www.weitbrecht.com)

### Silent Call Communications

1-800-572-5227 V/TTY  
[www.silentcall.com](http://www.silentcall.com)

## Devices for Visually Impaired

### **Brunswick & New Hanover Social Worker for the Blind**

910-253-2127 (Tues & Thurs - BC)  
910-251-5743 (M, W, F - NH)  
krista.kelly@dhhs.nc.gov  
219 60 Government Center  
Bolivia, NC 28422

### **Disability Resource Center**

910-815-6618  
5041 New Centre Drive, Suite 210  
Wilmington, NC 28403  
<http://www.drc-cil.org/>

### **Lions Club International**

Camp Dogwood for the Blind  
*Summer Camp for the Visually Impaired*  
tammy@nclionsinc.org 828-478-2135  
7062 Camp Dogwood Drive  
Sherrills Ford, NC 28673

### **Lions Clubs-Brunswick County**

*Eyeglasses recycling, assistance programs, vision screenings*  
910-232-9925

### **North Carolina Division of Services for The Blind**

*Provides resources and referrals, in-home instruction in daily living techniques, guidance and counseling, assistive technology, adjustment to vision loss*  
309 Ashe Ave  
Raleigh, NC 27699  
(919) 527-6700

### **NCDHHS Medical Eye Care Program**

The Division of Services for the Blind  
3240 Burnt Mill Drive, Suite 7  
Wilmington, NC 28403  
<https://www.ncdhhs.gov/assistance/vision-loss/medical-eye-care-program>  
1-866-222-1546  
Spanish: 1-800-662-7030

### **North Carolina Library for the Blind and Physically Handicapped**

841 Capital Blvd  
Raleigh, NC 27635  
(919) 733-4376  
<https://statelibrary.ncdcr.gov/lbph>

### **Prevent Blindness North Carolina**

4011 WestChase Blvd. Suite 225  
Raleigh, NC 27607  
(919) 755 5044  
<https://nc.preventblindness.org>

## DME Stores Accepting Medicare/Medicaid

### **Advanced Home Care**

1620 Wright St.  
Wilmington, NC 28401  
800-868-8822  
[www.advhomecare.org](http://www.advhomecare.org)

### **Carolina HealthCare Products, Inc.**

1635 N. Howe St. Ste. H  
Southport, NC 28461  
(910) 454-4545

### **Coastal Drug Store**

**(Mintz Coastal Drug Store Inc.)**  
4924 Main Street Unit12  
Shallotte, NC  
(910) 754-6563

### **CVS Pharmacy LLC**

All Locations  
Shallotte, NC 28470  
(910) 754-9351

**DLS Home Services**

609A Piner Rd., PMB  
135 Wilmington, NC 28405  
(910) 620-3734  
[www.dlshomservice.com](http://www.dlshomservice.com)

**Family Medical Supply Inc.**

4600-12 Main Street  
Shallotte, NC 28470  
(910) 755-7066  
[www.familymedsupply.com](http://www.familymedsupply.com)

**Home Medical Systems**

1347 S. Madison St.  
Whiteville, NC 28472  
(910) 642-5798

**Thomas Drugs Inc.**

4750 Main Street  
Shallotte, NC 28470  
(910) 754-4720

**Walgreens Co**

All locations

**Walmart**

All Locations

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**Oxygen Supplies****Apria Healthcare**

501 Covil Ave., Ste. 400  
Wilmington, NC 28403  
(910) 343-8930  
[www.apria.com](http://www.apria.com)

**Coastal Carolina Respicare**

2527 Delaney Ave, Unit A  
Wilmington, NC 28403  
Office:(910) 362-1414  
800-821-4897

**Family Medical Supply**

1620 Wright St.  
Wilmington, NC 28401  
(910) 762-7007  
[www.familymedsupply.com](http://www.familymedsupply.com)

**Liberty Medical Specialties**

1120 Ocean Highway West  
Supply, NC  
(910) 755-0023

**Lincare**

1011 Zion Hill Rd SE  
Bolivia, NC 28422  
(910) 755-7277

## Education

### **Brunswick Community College**

50 College Rd.  
Bolivia NC 28422  
(910) 755-7300

[www.brunswickcc.edu](http://www.brunswickcc.edu)

*A public, two-year educational institution provides accessible and affordable programs and services that meet the educational and cultural needs of the community and to provide opportunities for individuals to be successful.*

### **Brunswick County Literacy Council**

282 Ocean Highway  
Supply NC 28462  
(910) 754-7323

[www.bcliteracy.org](http://www.bcliteracy.org)

*The Literacy Council offers tutoring, training, typing and has a literacy teacher, ESL (English as a Second Language) tutoring, in addition to basic literacy tutoring.*

### **Brunswick Senior Resources Senior Centers**

*Offers once a month technology instruction.*

#### **Calabash Senior Center**

10050 Beach Dr.  
Calabash, NC 28467  
910-754-6226

#### **Leland Senior Center**

121 Town Hall Dr.  
Leland, NC 28451  
910-754-3658

#### **Shalotte Senior Center**

3620 Express Dr.  
Shalotte, NC 28470  
910-754-4468

#### **Southport Senior Center**

1513 N. Howe St. Ste. 1  
Southport, NC 28461  
910-754-4106

#### **Supply Senior Center**

101 Stone Chimney Rd.  
Supply, NC 28462  
910-754-845

# Energy/Utility Assistance

## Brunswick County DSS Programs

60 Government Center Drive, Building B

(910) 253-2077

[DSS@Brunswickcountync.gov](mailto:DSS@Brunswickcountync.gov)

### Crisis Intervention Program

*Federal program that assists those who have no heating or cooling source or has a disconnect notice and the well-being of a household member would be in danger if the heating or cooling crisis was not alleviated.*

### Low Income Energy Assistance

Check eligibility & Apply Online: <https://epass.nc.gov/>

*Assistance with heating bills. Apply Dec. 1st through Jan 31st.*

## Brunswick Baptist Association

1041 Old Ocean Highway

Bolivia, NC

(910) 754-7979

[www.brunsbaptist.org](http://www.brunsbaptist.org)

## Brunswick County Water & Sewer Utility Assistance

*County Public Utilities residential water and/or sewer customers whose gross annual income is equal to or less than 130% of the federal poverty level for the household size, with assets less than \$110,000, and the household's total available on-hand cash resources must be less than \$2,200.*

*The County establishes the monthly credit amount for water and/or sewer service during the annual budget process. The available credit in Fiscal Year 2023 is \$11 per month for county residential water customers, \$15 per month for residential sewer customers, and \$26 per month for residential customers who have both water and sewer service.*

Check eligibility & apply online at: <https://epass.nc.gov/> OR print application at:

<https://www.brunswickcountync.gov/utilities/utility-billing/>

<https://www.brunswickcounty.nc.gov/social-services/utilityassistance/>

## Brunswick Baptist Association

1041 Old Ocean Highway

Bolivia, NC

(910) 754-7979

[www.brunsbaptist.org](http://www.brunsbaptist.org)

## Brunswick Family Assistance

4600 Main St. Shallotte, NC 28470

(910) 754-4766

[www.brunswickfamily.org](http://www.brunswickfamily.org)

## Brunswick Homeless Coalition

Ocean Isle Beach, NC 28469

1-888-519-5362

[www.brunswickhomeless.com](http://www.brunswickhomeless.com)

## Brunswick Senior Resources

Heater and Fan Program

(910) 754-2300 -or-

contact a case manager listed page 2.

## Generations Church

4019 Executive Park Blvd. SE

Southport, NC 28461

(910) 454-9302

[www.generationschurch.com](http://www.generationschurch.com)

## St. Brendan's Catholic Church

5101 Ocean Hwy W

Shallotte, NC 28470

(910) 754-8544

[www.stbrendan-shallotte.org/#!/](http://www.stbrendan-shallotte.org/#!/)

## Utility Companies

### **AmeriGas**

3245-A Hwy. 421 N.  
Wilmington, NC 28401  
(910) 251-5302  
91 Southport-Supply Rd. Hwy. 211  
Supply, NC 28462  
(910) 755-5597

### **AT&T Telephone**

Toll Free: 1 800-288-2020

### **Brunswick Electric Membership Corporation BEMC**

BEMC Headquarters  
795 Ocean Hwy W (Hwy 17)  
Supply, NC 28462  
(910) 754-4391

### **BEMC Southport/OKI**

4335 Southport-Supply Rd. (Hwy 211)  
Southport, NC 28461  
(910) 457-9808

### **BEMC Whiteville**

2228 New Britton Hwy E (Hwy 130)  
Whiteville, NC 28472  
Customer Service:  
(800) 842-5871  
Report an outage:  
(800) 682-5309

### **Brunswick County Water & Sewer Utility Assistance**

<https://www.brunswickcounty.nc.gov/social-services/utilityassistance/>  
Application period is June 22-July 17

### **Cape Fear Public Utility Authority, LLC**

253 Government Center Dr. Wilmington, NC 28403

(910) 332-6550

### **Country L.P. Gas**

1767 Fletcher Rd. NE  
Leland, NC 28451  
(910) 805-6418

### **Diversified Energy**

6 Red Bug Rd SW  
Shallotte, NC 28470  
(910) 754-8131  
(855) 639-7878 (toll free)

### **Fairways Utilities Services Inc.**

7500 Carolina Beach Rd. Wilmington,  
(910) 395-6684 -or  
304 Passage Gate Way Wilmington, NC  
(910) 395-6701

### **Gas Tech**

1611 Canaday Rd.  
Wilmington, NC 28411  
(910) 686-3502

### **Hendrix Barnhill Co Inc.**

100 Eastwood Rd.  
Wilmington, NC 28403  
(910) 392-2941

### **Long Bay Utilities Co Inc.**

Southport, NC 28461  
(910) 457-5148  
(910) 278-5011

### **Progress Energy**

800-452-2777  
7am-7pm  
[www.duke-energy.com](http://www.duke-energy.com)

### **Spectrum Cable**

Phone (855) 243-8892

## Estate Liquidation/Moving Service

### **Auction Orange**

*Assistance with clear outs, estate auctions, consignments, etc.*

1930D Castle Hayne Road

Wilmington, NC

(910) 352-0411

### **Confederate Rose, Inc.**

*Estate Liquidation and Auction Services*

4606 Main St.

Shallotte, NC 28470

(910) 471-8833

### **Seamless Organizing Solutions**

*Offering residential and home office decluttering, downsizing and organizing in a compassionate, non-judgmental manner. Coordinates with clients to develop an individualized action plan, and create efficient, functional spaces and systems.*

Contact: Kelly Lehman

910-795-9204 or [kelly@seamlessorganizingsolutions.com](mailto:kelly@seamlessorganizingsolutions.com)

[www.seamlessorganizingsolutions.com](http://www.seamlessorganizingsolutions.com)

### **The Fancy Flea Antique Mall**

*Fancy Flea will consign your high quality, gently loved items. Performs "living" estate sales to clean out entire homes.*

2773 US-17

Shallotte, NC 28470

(910) 755-6665

## Financial Assistance

### Agencies Providing Financial Assistance

#### **Brunswick County Dept. of Social Services**

60 Government Center Drive  
Building B  
910-253-2077

#### **The State/County Special Assistance In-Home Program for Adults (SA/IH)**

provides monthly help with living expenses such as food, shelter and clothing to low-income older adults or adults with disabilities who are at risk of entering a residential facility. Must be Medicaid eligible.

#### **Brunswick Family Assistance**

4600-8 Main Street  
Shallotte, NC 28470 (910) 754-4766  
Satellite Location: 2030 Holden Beach Rd  
Supply, NC 28462  
Open the 2<sup>nd</sup> Thursday of the month  
<http://www.brunswickfamily.org/>

#### **Catholic Charities**

20 N 4th St UNIT 300  
Wilmington, NC 28405  
Phone: (910) 251-8130  
<https://www.catholiccharitiesraleigh.org/>

#### **Southeastern Community and Family Services**

910-277-3535  
915 S Main St, Unit 1  
Laurinburg, NC 28352  
<https://www.nccaa.net/our-agencies>  
<http://scfsnc.org>

#### **Southport/Oak Island Interchurch**

<https://soiicf.org/>  
Provides monetary assistance to families in crisis. A referral is required. Please call the Aging Resource Specialist at the Brunswick Center at Southport for information. 910-754-4106.

## Fitness and Health Promotion

### **Brunswick Senior Resources Senior Centers**

*Exercise Equipment, Exercise Classes and Wellness Programs offered at Senior Centers. Free for 60+ and \$99 annual for individuals 50-59.*

*Call Senior Centers for Information*

#### **The Brunswick Center at Calabash**

10050 Beach Dr.  
Calabash, NC 28467  
910-754-7427

#### **The Brunswick Center at Leland**

121 Town Hall Dr.  
Leland, NC 28451  
910-754-7701

#### **The Brunswick Center at Shallotte**

3620 Express Dr.  
Shallotte, NC 28470  
910-754-2300

#### **The Brunswick Center at Southport**

1513 N. Howe St. Ste. 1  
Southport, NC 28461  
910-754-7109

#### **The Brunswick Center at Supply**

101 Stone Chimney Rd.  
Supply, NC 28462  
910-754-7604

### **Parks and Recreation Programs**

<https://bcparks.recdesk.com>

(910) 253-2670

**\*\*See Senior Games**

# Food Banks & Nutrition Services/ Food Delivery & Pickup Services

## Food and Nutrition Programs

### Brunswick County Department of Social Services

#### Food and Nutrition Service (Food Stamps)

60 Government Center Drive

Building B

Bolivia, NC

910-253-2077

You must apply in person or online

<https://epass.nc.gov/CitizenPortal/application.do>

## Brunswick Senior Resources - Congregate Meals/Home Delivered Meals

### The Brunswick Center at Calabash

10050 Beach Dr.

Calabash, NC 28467

910-754-6226

### The Brunswick Center at Leland

121 Town Hall Dr.

Leland, NC 28451

910-754-3658

### The Brunswick Center at Shallotte

3620 Express Dr.

Shallotte, NC 28470

910-754-4468

### The Brunswick Center at Southport

1513 N. Howe St. Ste. 1

Southport, NC 28461

910-754-4106

### The Brunswick Center at Supply

101 Stone Chimney Rd.

Supply, NC 28462

910-754-8450

## Congregate Meal Program

*All BSRI Senior Centers and Senior Nutrition Sites offer weekday congregate meals during lunch time for those 60+ at no cost. (Donations Appreciated)*

## Meals On Wheels

*Weekday hot meals delivered to homebound seniors*

## **Food Banks**

*Income for households should be at or below 130% of the federal poverty guidelines.*

### **County Food Bank**

#### **Food Bank of Eastern and Central North Carolina**

### ***Bolivia Food Banks***

#### **Love of Christ Ministries**

4308 Bus. 17 NE, Bolivia, NC 28422

(910) 253-4893

2nd and 4th Thursday

5-7pm

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### ***Leland Food Banks***

#### **Closer Walk**

117-C Village Rd., Leland, NC 28541

(910) 399-4383

4th Saturday, except 3rd Saturday in  
Nov. & Dec.

9am-11am

#### **First Baptist Church**

571 Village Rd, Leland, NC 28451

(910) 371-2233

1st & 3rd Saturday

10am-noon

Drive-thru (Covid)

#### **Inspirational House of Praise**

1005 Village Rd, Leland, NC 28451

(910) 371-6052

Wednesdays

8:30-9:30am

#### **Salvation and Deliverance**

4402 Northwest Rd., Leland, NC 28451

(910) 655-9600

3rd Thursday and 2nd/4th Saturday

8am-10am

#### **Town Creek Vision**

215 Sunnybrook Way, Leland, NC  
28451

(910) 477-4840

Thursdays

8am-11am

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### ***Navassa Food Bank***

#### **Countywide CDC**

1183 Old Mill Rd., Navassa, NC 28451

(910) 383-1787

Every other Wednesday

10am-12pm

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## ***Shallotte Food Banks***

### **Brunswick Family Assistance**

4600 Main St.  
Shallotte, NC 28470  
(910) 754-4766  
Office:  
Mon/Tues/Thursday Wednesday  
Friday  
M,T, Th = 9a-4:30p W = 1p-4:30p  
F = 9a-3p

### **Camp United Methodist**

4807 Main St.  
Shallotte, NC 28470  
(910) 754-4840  
Saturday  
10am-Noon

### **St. Brendan Catholic**

5101 Ocean Hwy. W. Shallotte, NC  
(910) 754-8544  
Wednesdays  
10am-Noon

### **South Brunswick Interchurch**

4807 Main St.  
Shallotte, NC 28470  
(910) 579-4684  
Saturdays  
10am-Noon

### **Wings Ministry**

4519-1 Main St.  
Shallotte, NC 28470  
(910) 512-7643

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## ***Southport/Oak Island/Boiling Springs Food Banks***

### **Shoreline Baptist**

4198 Vanessa Dr.  
Southport, NC 28461  
(910) 457-1909  
Mondays  
3pm-5:00pm

### **Sonrise Independent Baptist**

8375 River Rd.  
Southport, NC 28461  
(910) 477-6161  
2nd & 4th Monday  
2pm-4pm

### **Southport/Oak Island Interchurch**

249 W. Boiling Spring Rd.  
Boiling Spring Lakes, NC 28461  
(910) 845-2320  
<https://soiicf.org/>  
Tues. & Sat. 9-11:15am  
Thurs. 5-7pm

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## ***Sunset Beach Food Bank***

### **Seaside United Methodist Church**

1300 Seaside Rd.  
SE Sunset Beach, NC 28468  
(910) 579-5753  
Tuesdays 9:30am-11:30am

## **Supply Food Banks**

### **Brunswick Islands Baptist**

1672 Mt. Pisgah Rd.  
Supply, NC 28462  
(910) 842-8969  
1st & 3rd Tuesdays  
8am-10:30am

### **Victory Independent**

516 Varnamtown Rd.  
Supply, NC 28461  
(910) 842-7322  
Tuesday  
12pm-1pm

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## **Winnabow Food Bank**

### **St. Mary's Missionary Church Gospel**

6401 Ocean Highway E  
Winnabow, NC 28479  
(910) 253-7622  
1st and 3rd Saturday  
11am-1pm

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## **Food Delivery & Pickup Options**

### **Gourmet to Go**

Home cooked meals for elderly parents, an ill neighbor or for weekly family meals. Meals for special dietary needs available, such as KETO, paleo, dairy free, low sodium, nut allergy, healthy heart or gluten-free. Family meals serve 6-8. Single meals are \$7.95 or 6 meals for \$39.95. Meals are made fresh to order and can be frozen or refrigerated for up to four (4) days. All meals are prepared to be frozen and reheated while maintaining quality and freshness. Delivery is available to Oak Island, Southport, St. James, BSL, and surrounding communities. Deliveries between 4:30pm and 6:30pm. Orders must be placed and paid for online by 2:00 p.m daily. \$5.00 delivery fee.

105 West St. George Street, Southport, NC 910-505-9336 or 910-477-1082

<https://gourmettogosouthport.com/>

### **Instacart**

Instacart is a home delivery and pick up service that partners with the most popular national and regional retailers such as Albertsons, Costco, CVS, Food Lion, Kroger, Lowes, Publix and more. Delivery fees average about \$5 per order, plus tip.

<https://www.instacart.com/store> **Are you a Senior? Call 1.844.981.3433**

### **Mom's Meals**

Refrigerated, home-delivered meals that are ready to heat and eat. Many Medicare Advantage plans offer meals as part of their post-discharge. To see if yours does, consult your plan materials or call the phone number on the back of your insurance card. Or self-pay offers meals at \$7.99/meal plus shipping.

<https://www.momsmeals.com/our-food/how-it-works/>

# Fraud

## **BRUNSWICK COUNTY PROGRAM INTEGRITY/ FRAUD UNIT**

*Brunswick County's Program Integrity, or Fraud Unit investigates referrals and reports from various sources to determine whether over-payments have occurred in any of the program areas administered by Brunswick County Social Services.*

To report suspected fraud or speak to someone regarding a concern, email [dss@brunswickcountync.gov](mailto:dss@brunswickcountync.gov) or call 910-253-2077 and ask for a fraud investigator.

## **The United States Attorney's Office**

### **Medicaid Investigations Division-Medicare or Medicaid Fraud**

*The prosecution and prevention of health care fraud is an important priority, focusing upon fraud matters involving false billings, violations of the Anti-Kickback Statute and other schemes that victimize patients, health care providers, private insurers and government insurers, such as Medicare and Medicaid. This district investigates fraud by both corporate and individual defendants, including hospitals, nursing home chains, pharmaceutical manufacturers, durable medical equipment suppliers, individual physicians, therapists and other health care providers. report it by phone at 1-800-447- 8477 (1-800-HHS-TIPS), E-Mail at [HHSTips@oig.hhs.gov](mailto:HHSTips@oig.hhs.gov). To report Medicaid fraud in North Carolina, call the North Carolina Medicaid Investigations Division at 919-881-2320.*

## **The United States Immigration & Customs Enforcement**

*To Report Counterfeit Goods*

1-866-DHS-2-ICE or <https://www.ice.gov/webform/ice-tip-form>

To sign up for information & scam alerts: [ncdoj.gov/alertsignup](https://ncdoj.gov/alertsignup)

To file a consumer complaint: [ncdoj.gov/complaint](https://ncdoj.gov/complaint)

To call the Consumer Protection Division: **1-877-5-NO-SCAM**

To add your phone number to The National Do Not Call Registry: **1-888-382-1222** or [Donotcall.gov](https://Donotcall.gov)

## Health Care Programs/Health Screenings

### Clinics Offering Services Free or On a Sliding Scale

#### New Hope Clinic

201 W Boiling Spring Rd, Southport, NC  
28461

(910) 845-5333

[www.newhopeclinicfree.org](http://www.newhopeclinicfree.org)

*Provides basic medical and dental care, diagnostic services and prescription drugs to low income, uninsured residents of Brunswick County.*

Ocean Isle Office

1525 Ocean Isle Beach Rd. Suite  
2,

Ocean Isle Beach, NC 28469

Bolivia Office

4311 Old Ocean Highway

Bolivia, NC 2842

#### CommWell Health

1 (877) 935-5255

[aca@commwellhealth.org](mailto:aca@commwellhealth.org)

[www.commwelhealth.org](http://www.commwelhealth.org)

Shalotte Office

341 Whiteville Rd.

Shalotte, NC 28470

#### Cape Fear Health Net-Medical Care

Brunswick & New Hanover ONLY

1601 Doctors Cir, Wilmington, NC  
28401

(910) 399-2751

[www.capefearhealthnet.org](http://www.capefearhealthnet.org)

*Assists low-income, uninsured who do not qualify for other resources with access to primary care.*

### Health Programs

#### Healthy Opportunities Program

*Provides assistance with food, housing, and transportation for Medicaid recipients with chronic health issues like diabetes and high blood pressure.*

Call a Health Navigator at 910-208-2024

## Health Screenings

### Medicare Preventive Benefits

- One-time Welcome to Medicare Preventive Visit and Yearly Wellness Visit Colorectal Cancer Screenings
- Breast Cancer Screening (Mammogram)
- Cervical and Vaginal Cancer Screening
- Prostate Cancer Screening
- Cardiovascular Screening
- Diabetes Screening, Supplies and Self-Management Training
- Shots (Flu, Pneumococcal, Hepatitis B)
- Glaucoma Screening
- HIV (Human Immunodeficiency Virus) Screening
- Bone Mass Measurements

### Medicare Part B (Medical Insurance) covers:

- Abdominal aortic aneurysm screening
- Alcohol misuse screenings & counseling
- Bone mass measurements (bone density)
- Cardiovascular disease screenings
- Cervical & vaginal cancer screening
- Colorectal cancer screenings
  - Multi-target stool DNA tests
  - Screening barium enemas
  - Screening colonoscopies
  - Screening fecal occult blood tests
  - Screening flexible sigmoidoscopies
- Depression screenings
- Diabetes screenings
- Diabetes self-management training
- Glaucoma tests
- Hepatitis B Virus (HBV) infection screening
- Hepatitis C screening test
- HIV screening
- Lung cancer screening
- Mammograms (screening)
- Nutrition therapy services
- Obesity screenings & counseling
- Prostate cancer screenings
- Sexually transmitted infections screening & counseling
- Shots:
  - Flu shots
  - Hepatitis B shots
  - Pneumococcal shots
- Tobacco use cessation counseling
- Yearly "Wellness" visit

[www.medicare.gov/coverage/preventive-screening-services](http://www.medicare.gov/coverage/preventive-screening-services)

## General Medical Care

### General Medical Brunswick County

#### Brunswick Novant Medical Hospital

240 Hospital Dr. NE

Bolivia, NC (Located on Hwy 17 in Supply, NC)

(910) 721-1000

<https://www.novanthealth.org/brunswick-medical-center.aspx>

*An acute care hospital offering a full range of healthcare services.*

#### Dosher Memorial Hospital

924 N Howe St., Southport NC 28461

(910) 457-3800

[www.dosher.org](http://www.dosher.org)

*A Critical Access community hospital.*

#### Brunswick County Health Department

25 Court House Dr. NE, Bolivia NC 28422

(910) 253-2250

[www.brunswickcountync.gov/health/](http://www.brunswickcountync.gov/health/)

*Baby Love, Child Service Coordination Program, Community Alternative Program (CAP), Environmental Health, Family Planning, General Clinic, Health Check Program, Health Education, Healthy Family Program, HIV Clinic, Immunizations, Laboratory Services, Maternal Outreach, Maternity Care Coordination Program, Maternity Clinic, Pediatric Clinic, Pediatric Primary Care Clinic, Personal Care Services*

### General Medical Surrounding Area

#### New Hanover Regional Medical Center

2131 S. 17th Street, Wilmington, NC 28401

(910) 667-7000

<https://www.nhrmc.org>

*Bariatric surgery, behavioral health, cancer treatment, children's health, emergency, heart, home care, imaging & diagnostics, neuroscience, orthopedics, rehabilitation, spine, stroke, trauma, urgent care, and women's health.*

#### Grand Strand Medical Center

809 82nd Parkway. Myrtle Beach, SC 29572

(843) 692-1000

[www.mygrandstrandhealth.com](http://www.mygrandstrandhealth.com)

*Inpatient behavioral and mental health treatment, breast care, cancer care, pediatric ER and care, emergency care, health screenings and fairs, heart care, maternity care, orthopedic surgery, neuro and spine care, rehabilitation services, stroke care, surgical services, advanced wound care, and level I trauma care.*

## Home Health Programs & Providers

**Medicaid:** Those who qualify for Medicaid may qualify for personal care services (PCS), but only as prescribed by your doctor. To qualify for personal care services, you must show that you need assistance with your activities of daily living such as bathing, dressing, eating and mobility. Your doctor may need to complete a DMA-3051 FORM to facilitate eligibility. For more information visit [North Carolina Medicaid Personal Care Services Program: Benefits & Eligibility](#) or contact a case manager at your local BSRI Senior Center.

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### North Carolina Dept. of Health and Human Services- CAP Program

Home Health Programs for 65+, blind, disabled who **require a nursing facility level of care** and who are at risk of institutionalization within 30 days.

**Contact: Brunswick New Hanover Regional Medical Center (910) 667-7000**  
[Community Alternatives Program for Disabled Adults \(CAP/DA\) | NC Medicaid](#)

#### **Community Alternatives Program for Disabled Adults (CAP/DA)**

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation.

#### **Community Alternatives Program/Choice (CAP/Choice).**

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation. An agency arrange

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### PACE Program-Program of All-inclusive Care for the Elderly

State/Federal program that provides comprehensive health care and services that allow individuals 55+ who qualify for nursing level of care to remain with their family and as opposed to a nursing home or other care facility.

**Eligibility:** There are only four criteria to be eligible for PACE: age 55 or older, reside in an area served by PACE, be certified as eligible for nursing home level care in NC and be able to live safely in a community setting at the time of enrollment. THIS IS AN ENTITLEMENT PROGRAM and is therefore based on income requirements.

**Contact:** Elderhaus 910-343-8209 [PACE Program - ElderhausElderhaus](#)

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### Care YaYa

a health technology & homecare company that connects pre-health university students with families for care at \$15/hour. Their mission is to offer affordable in-home care to elderly loved ones and children with disabilities. CareYaya is a unique opportunity for pre-health college students to gain clinical hour experience, curate their own flexible work schedule, and receive compensation. With the growing elder care crisis, matching college caregivers with local community elders in need is an affordable option for many families that are priced out of traditional care agency options.

<https://www.careyaya.org/>

## Home Health Agencies - Medical

### Advanced Home Health

800-643-6656 (24/7 phone)

<https://advhomehealth.com/locations/>

### All Care Home Care Agency

1213 Culbreth Dr.

Wilmington, NC 28405

(910) 350-8811

Accepts all payments

<https://www.allcarehc.com>

### Allied Home Health Care Inc.

143 Holden Beach Rd SW. #1B

Shallotte, NC 28459

(910) 755-2020

Accepts Medicaid, VA, private insurance  
private pay.

### Assisted Care at Home

1003 Olde Waterford Way Suite 1B

Leland, NC 28451

(910) 332-3333

<https://assistedcare.net>

Accepts all payments

### Bayada\*

3205 Randall Parkway Suite 207

Wilmington, NC 28403

(910) 397-7767

[www.bayada.com](http://www.bayada.com)

### Brightstar of Brunswick/New Hanover

2709 Market St. Suite 201

Wilmington, NC 28403

(910) 599-9555

[www.brightstarcare.com](http://www.brightstarcare.com)

Accepts VA, private pay, LTC insurance

### Cape Fear Home Care

3807 Wrightsville Ave, Ste. 24

Wilmington, NC 28403

(910) 794-7300

[www.capefearhomecare.com](http://www.capefearhomecare.com)

Accepts Medicaid, private pay, private  
insurance.

### Care Providers of Wilmington, Inc.

2547 S. 17<sup>th</sup> Street Suite B

Wilmington, NC 28401

(910) 792-6296

Toll Free: (877) 791-6255

[www.cpwilmington.com](http://www.cpwilmington.com)

Accepts all payments.

### Centerwell Home Health

27385 Andrew Jackson Hwy

Delco, NC 28436

910-655-4946

[www.centerwellhomehealth.com](http://www.centerwellhomehealth.com)

Accepts all payments

### Community Home Care & Hospice

497 Olde Waterford Way Ste 208

Belville, NC 28451

(910) 371-6427

Tollfree: 866 400 6685

[www.communityhch.com](http://www.communityhch.com)

Accepts all payments.

### Care Alternatives

100 Old Eastwood Rd. #33

Wilmington, NC 28403

(910) 395-5440

### Eldercare At Home

3408 Wilshire Blvd. STE 100-B

Wilmington, NC 28403

(910) 395-5003

[www.eldercarenc.net](http://www.eldercarenc.net)

Accepts private pay, private insurance,  
CAP and Veterans

**Elderhaus PACE**

PACE Program  
1380 N College Rd  
Wilmington, NC 28405  
(910) 343-8209  
TTY: (1-800) 735-2962  
[www.elderhaus.com](http://www.elderhaus.com)

**Griswold Home Care**

4016 Shipyard Blvd Suite A  
Wilmington, NC 28401  
(910) 363-2866  
[www.griswoldhomecare.com](http://www.griswoldhomecare.com)

**Interim Health Care**

592 Ocean Hwy W.  
Supply, NC 28462  
(910) 755-8044  
[www.interimhealthcare.com](http://www.interimhealthcare.com)  
Accepts all payments.

**Liberty Home Care & Hospice**

420 Eastwood Road Suite 101  
Wilmington NC 28403  
910-251-8111  
Toll free: 1-800-999-9883

Accepts all payments.

1120 Ocean Highway West Supply, NC  
28462 800-800-0618  
[www.libertyhomecare.com](http://www.libertyhomecare.com)

**Maxim HealthCare Services**

2106 South 17th Street  
Wilmington, NC 28401  
(910) 251 8990  
[www.maximhomecare.com/WilmingtonHomecare\\_223.aspx](http://www.maximhomecare.com/WilmingtonHomecare_223.aspx)

Accepts Medicaid, private insurance and private pay.

**NHRMC Home Care**

7864 US Highway 17 South  
Rocky Point, NC 28457  
(910) 259-1224  
[www.nhrmc.org/services/home-care](http://www.nhrmc.org/services/home-care)

Accepts all payments.

**Veterans Care Coordination**

1 (855) 380-4400  
[www.vcchc.com](http://www.vcchc.com)

**VA**

No Cost  
Numerous locations  
(910) 343-5300

## Home Health Companion Agencies - Non Medical

*Non-medical home care providers generally can include assistance with bathing, personal care, companionship, meal preparation, light housekeeping, medication reminders and respite.*

### **Always Good Company Home Care**

P.O. Box 10167  
Wilmington, NC 28404  
(910) 538-5207  
www.alwaysgoodcompanyhomecare.com  
Accepts Long-Term Care Insurance.

### **Bayada\***

3205 Randall Parkway Suite 207  
Wilmington, NC 28403  
(910) 397-7767  
www.bayada.com

### **BrightStar Care of Wilmington and Brunswick County**

2709 Market St, Ste 201  
Wilmington, NC 28403  
Phone 910-599-9555  
[www.brightstarcare.com/wilmington-brunswick-county](http://www.brightstarcare.com/wilmington-brunswick-county)

### **Coastal Companion Care**

5101 Southport Rd. SE Suite 4  
Southport, NC 28461  
(910) 457-5300  
[www.coastalcompanioncare.com](http://www.coastalcompanioncare.com)

### **Comfort Keepers**

112 Pine St #5  
Shallotte, NC 28470  
(910) 208-6019  
[www.comfortkeepers.com](http://www.comfortkeepers.com)

### **Community Innovations**

80 Alliance Drive  
Whiteville, NC 28472  
(910) 642-5697  
www.communityinnovations.com

### **Kennedy Companion Care**

100 Old Eastwood Rd., Bld A, Ste 108  
Wilmington, NC  
(910)769-1455

### **Home Instead**

25 Union School Rd. NW  
Shallotte, NC 28469  
(910) 790-0002  
[www.homeinstead.com](http://www.homeinstead.com)

### **No Place Like Home**

2592 St. James Drive  
Southport, NC  
(910) 269-5567  
garyp@noplacelikehomecaregivers.com

### **Right At Home**

2202 Wrightsville Ave  
Suite 112  
Wilmington, NC 28403  
(910) 765-0755  
[www.rightathome.net/wilmington](http://www.rightathome.net/wilmington)

### **Senior Helpers**

2311 South 17<sup>th</sup> Street  
Wilmington, NC 28401  
(910) 250-9280  
[www.seniorhelpers.com/wilmington](http://www.seniorhelpers.com/wilmington)  
Accepts all payments.

### **We Help At Home**

3972 Bus US 17 Suite J Bolivia, NC  
910.253.1111  
<https://www.wehelpathome.com/>

## Home Care- Personal Care Services

### Carolina Foot and Nail Care

*Foot health, nail trimming and corn and callus removal in your home provided by Jack Strobel, RN, BS, MS, trained in critical care, foot and nail care, wound care, diabetic wound care and ostomy care.*

910-209-4628

[www.carolinafootandnailcare.com](http://www.carolinafootandnailcare.com)

## Housekeeping Private Companies

### Beach Maids

2531 Kirby Rd. SW

Supply, NC 28462

Phone number:

(843) 421-9036

### Clean To The Cross

Residential cleaning, Move-in/Move-out cleaning, Specialty Cleaning

910-553-0469

### Coastal Maid Cleaning Services

Located in Sunset Beach Area

Phone number:

910-505-9101

Cell phone:

(910) 448-2661

<http://coastalmaidcleaning.com>

### Complete Cleaning Services

3345 Stone Chimney Rd. SW

Supply, NC 28462

(910) 842-4528

[www.cleaningbrunswick.com](http://www.cleaningbrunswick.com)

### Glory Girls Cleaning Service

Shalotte Area

(843) 246-4812

### Merry Maids

1302 S 39th St.

Wilmington, NC 28403

(910) 317 0365

[www.merrymaids.com/wilmington/](http://www.merrymaids.com/wilmington/)

### Molly Maid of Wilmington

4302 Holly Tree Rd.

Wilmington, NC 28412

(910) 338-4661

[www.mollymaid.com/wilmington/](http://www.mollymaid.com/wilmington/)

### The Maids of Wilmington

108 N Kerr Ave Suite K1B

Wilmington, NC 28405

(910) 859-8449

[www.maids.com](http://www.maids.com)

### Yes! Maids

Located in Ash

(970) 387-8287

## Home Repairs/Modifications Programs & Providers

### 101 Mobility

*Providing accessibility solutions for older adults. Stairlifts, wheelchair lifts, metal ramps, home elevators, etc. Offers free consultation, buy back options & rentals.*  
5221 Oleander Dr, Wilmington, NC  
(910) 469-4815  
<https://101mobility.com/wilmington/products/ramps-handrails/>

### ACE Handyman Services

*Multi-Skilled Craftsman offering home repair, modification and maintenance.*  
4924 Main St., Shallotte, NC  
910-636-6080  
[acehandymanservices.com](http://acehandymanservices.com)

### Brunswick Baptist Association

*Assists with ramp construction for those who qualify. Eligibility is based on age, income and physical limitations.*  
1041 Old Ocean Highway, Bolivia, NC  
(910) 754-7979  
[www.brunsbaptist.org](http://www.brunsbaptist.org)

### Catholic Charities

*Storm damage repair, etc. Income requirements must be met for this program.*  
Harrelson Center  
20 N. 4th Street Ste 300, Wilmington, NC  
(910) 251-8130  
[www.catholiccharitiesraleigh.org/wilmington](http://www.catholiccharitiesraleigh.org/wilmington)

### Christian Recovery Centers, Inc

*Pressure washing & lawn maintenance to seniors meeting income requirements*  
1994 Ash Little River Rd NW, Ash, NC  
910-287-4357

### Lifepoint Church

1725 Reed Rd NE  
Leland, NC 28451  
(910) 794-3100  
[www.lifepointnow.com/benevolence](http://www.lifepointnow.com/benevolence)

### NC DHHS-Independent Living Program

*Bathroom modifications, ramps, auto lifts, walk-in showers, etc. Eligibility requirements must be met.*  
(910) 746-6800  
<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

### Weatherization Assistance Program

*The U.S. Department of Energy Weatherization Assistance Program reduces energy costs for low-income households by increasing the energy efficiency of their home. Families with incomes below 200 percent of the federal poverty guidelines or those receiving cash assistance payments under Work First or Supplemental Security Income are eligible for weatherization services.*

<https://actionpathways.ngo/our-programs/weatherization/>

Apply online at this link: [WAP Application](#)

### Wilmington Area Rebuilding Ministry-W.A.R.M.

*non-profit organization that makes urgent, safety-related home repairs for low-income homeowners.*  
909 Market St, Wilmington NC  
(910) 399-7563  
[www.warmnc.org](http://www.warmnc.org)

## Homeless Resources

### Resources

#### **Brunswick Homeless Coalition**

BCHC PO Box 7411  
Ocean Isle Beach, NC 28469  
1 (888)-519 5362  
[www.brunswickhomeless.com](http://www.brunswickhomeless.com)

#### **Brunswick County StreetReach, Inc**

Streetreach 24 hr. message center  
(910) 842-2711  
[www.bcstreetreach.org](http://www.bcstreetreach.org)

**Brunswick Partnership for Housing**  
*a transitional housing agency providing eligible families with a safe in which to live for 9-18 months.*

910-946-1501  
4891 Long Beach Rd. SE  
Suite 3 #311  
Southport, NC 28461  
<https://www.brunswickpartnership.org>

#### **Homeless Crisis Line**

not on weekends  
(910) 444-4998 (9am-3pm)

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### Emergency Warming Shelter

#### **Christian Recovery Center Inc.-Warming Shelter**

520 Mulberry St., Shallotte, NC  
910-287-4357

The shelter is open when the temp. drops below 30 degrees for two consecutive nights. The shelter opens at 5pm. Local transportation provided. No guns, tobacco, illicit substances & must be independently mobile.

#### **The Warming Shelter**

1403 Market Street at Trinity United Methodist  
(Enter on 14<sup>th</sup> Street side)

The shelter is open when the temp. drops below 30 degrees for two consecutive nights. The shelter opens at 6pm. Dinner is served at 6:30pm. Breakfast is served at 7am.

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### Day Shelter

#### **First Fruit Ministries**

Social Service Organization  
2750 Vance St, Wilmington, NC  
(910) 794 9656 x110

*open twice a week w/ free showers, laundromat, barber, primary medical care, meals, clothing, supplies & full housing navigation services for those who are homeless or victims of trafficking. Through a partnership with MedNorth, provides wound care, diabetic testing and services, prescription medication assistance, HIV/Hepatitis C testing, hypertension monitoring, and other primary care services to patients who are itinerant and incredibly vulnerable.*

<https://firstfruitministries.org>

## The Good Shepherd

811 Martin St. Wilmington, NC  
(910) 763 4424 x100

<http://www.goodshepherdwilmington.org>

*The Day Shelter is open Monday – Friday 8 AM – 4 PM to homeless neighbors interested in any or all of these services: TV Room, Showers and toiletries, Clothing closet, Help getting a new I.D, Computer and internet access, Resource referral, Laundry service, Lunch 11 AM – Noon, Medical clinic (prescriptions, first aid), Mailing address and phone messages, Cell phone charging station, Help transitioning back to housing.*

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## Shelters

### Cape Fear Rescue Mission (for men)

*A recovery work program providing food and shelter for unhoused men*

502 Castle Street Wilmington, NC  
(910) 343-0366

[www.rescuemissioncapefear.org](http://www.rescuemissioncapefear.org)

### Good Shepherd Homeless

#### Shelter(individuals & families)

*118 bed shelter 30 Days are Free – \$3 per night thereafter Registration: Monday – Friday (Not on a holiday) between 8am - 3:30pm*

811 Martin St. Wilmington, NC  
(910) 763 4424 x100

<http://www.goodshepherdwilmington.org>

### New Directions for

#### Families/ Myrtle Beach StreetReach

*Work recovery program providing shelter and case management services for men, women and families.*

(843) 945-4902

<https://www.helpnewdirections.org>

### North Strand Housing

Shelter (Longs, SC)

(843) 756-9488

20 beds/Co-Ed

<http://www.northstrandhousingshelter.org>

### Open House Emergency Youth Shelter

(910) 392-7408 or 800-672-2903

[https://www.coastalhorizons.org/services/crisis\\_intervention/](https://www.coastalhorizons.org/services/crisis_intervention/)

### Salvation Army of Cape Fear

**Currently closed for relocation**

820 N. 2nd Street.

Wilmington, NC 28401

(910) 762-7354

52 beds

<https://www.salvationarmycarolinas.org/capefear/>

## **Recovery Housing For Men**

### **Beach House Recovery**

(910) 712-2241

<https://beachhourecovery.net/>

### **Brunswick Christian Recovery Center**

1994 Ash Little River Rd NW

Ash, NC 28420

(910) 287-4357

<https://bcrcrecovery.org/>

### **Cape Fear Rescue Mission (for men)**

*A recovery work program providing food and shelter for unhoused men*

502 Castle Street Wilmington, NC

(910) 343-0366

[www.rescuemissioncapefear.org](http://www.rescuemissioncapefear.org)

### **Hope House**

Office: 10 Henry St.

Wilmington, NC 28405

(910) 264-1212

[www.hopehousewilmington.com](http://www.hopehousewilmington.com)

### **Launch Pad**

5001 Wrightsville Ave. Wilmington, NC  
28403

910-632-2344

[www.newlifelaunchpad.com](http://www.newlifelaunchpad.com)

### **Oxford House Brentonshire**

105 Brentonshire Rd

Wilmington, NC 28405

Contact: Clint (910) 782-7223

### **Oxford House Cape Fear**

602 Everbreeze Lane

Wilmington, NC 28411

(331) 725-1709

[www.oxfordhousenc.org](http://www.oxfordhousenc.org)

### **Oxford House Covil House**

355 Lullwater Drive

Wilmington, NC 28403

(910) 370-6757

### **Oxford House Greenwich**

226 Greenwich Lane

Wilmington, NC 28409

(704) 315-4150

### **Oxford House Oleander Drive**

5802 Verbenia Drive

Wilmington, NC 28409

(910) 528-5830

### **Oxford House Smith Creek**

1131 N. Kerr Avenue

Wilmington, NC 28405

(252) 231-6261

### **Oxford House Woodduck**

5584 Woodduck Circle

Wilmington, NC 28409

(803) 682-7236

### **Stepping Stone Manor**

416 Walnut Street

Wilmington, NC 28401

(910) 762-1743

[www.porthhealth.org](http://www.porthhealth.org)

### **Brunswick County Anchor Initiative**

*Provides low cost care, recovery, and treatment for any addict that seeks help from any member of the Brunswick County Sheriff's Office.*

910-363-7880

<http://www.sheriffscharity.com/anchor/>

## Recovery Housing For Women

### Hope House

Office: 10 Henry St.  
Wilmington, NC 28405  
(910) 264-1212  
[www.hopehousewilmington.com](http://www.hopehousewilmington.com)

### Kelly House

*for pregnant women in recovery or  
infants up to 6 mos. old*  
2206A Wrightsville Ave.  
Wilmington, NC 28403  
(910) 763-6499

### Launch Pad

5001 Wrightsville Ave.  
Wilmington, NC 28403  
910-632-2344  
[www.newhopelaunchpad.org](http://www.newhopelaunchpad.org)

### Oxford House College Road

110 Lansdowne Rd  
Wilmington, NC 28409  
(864) 417-9137

### Oxford House Dotson

1205 Dotson Court  
Wilmington, NC 28409  
(910) 459-8457  
[www.oxfordhouseenc.org](http://www.oxfordhouseenc.org)

### Oxford House Hunting Ridge

618 Hunting Ridge Rd.  
Wilmington, NC 28412  
(910) 530-0035

### Peachtree Recovery Home

4403 Peachtree Ave.  
Wilmington, NC 28403  
(910) 228-7150

### The Rose House

(910) 287-4357  
<https://bcrcrecovery.org/>

### \*\*Brunswick County

**Anchor Initiative\*\***  
910-363-7880  
<https://www.brunswicksheriff.com/community-programs/anchor-initiative>

## Domestic Violence Housing

### Domestic Violence Shelter and Services, Inc.

2901 Market St. Wilmington, NC 28401  
(910) 343-0703  
[www.domesticviolence-wilm.org](http://www.domesticviolence-wilm.org)

### Good Shepherd Center

811 Martin Street  
Wilmington, NC 28401  
910-763-4424 x100  
[www.goodshepherdwilmington.org](http://www.goodshepherdwilmington.org)

Shelter, Soup Kitchen (open to the public), 30 Days are Free – \$3 per night thereafter  
Registration: Monday – Friday (Not on a holiday) between 8am - 3:30pm,  
Male, Female, Families

### Hope Harbor Home Crisis Line



PO Box 230, Supply, NC 28462

(910) 754-5856

[www.hopeharborhome.org](http://www.hopeharborhome.org)

**Salvation Army**

820 N. Second Street

Wilmington, NC

(910) 762-2070

[www.salvationarmycarolinas.org/capefear/home/](http://www.salvationarmycarolinas.org/capefear/home/)

Shelter, Soup Kitchen (for guests of shelter), 2 weeks are free – approx. \$55 per week thereafter. Please call the Salvation Army to inquire about their registration process.  
Male, Female, and Families

**Wilmington Interfaith Hospitality Network/ Family Promise of Lower Cape Fear**

The Harrelson Center at 20 N. 4th Street, Suite 440

Wilmington, NC 28401

(910) 769-4730

[www.familypromiselcf.org](http://www.familypromiselcf.org)

Families only (victims of domestic violence)

## **Shelter Services/Soup Kitchens**

### **Brunswick County Streetreach**

(910) 842-2711

<http://www.bcstreetreach.org/>

*Partnerships with community churches offering food, shelter, supplies, resources, etc.*

### **Dignity Ministry- Little River UMC**

1629 Highway 17 N., Little River, SC 29566

(843) 249-2329

[www.lrumc.net](http://www.lrumc.net)

*Offers showers, hot lunch, and a bag lunch to go.*

### **Prison Ministry/Homeless Outreach Building Hope Ministries**

1009 Hewett Rd SW, Supply, NC 28462

(910) 842-2711

*(in-prison team, street team, Angel Tree kids program, newly released, human trafficking task force)*

### **Shepherd's Table free dinner – Little River UMC**

1629 Highway 17 N., Little River, SC 29566

Every Friday 5-7pm in the Fellowship Hall (843) 249-2329

[www.lrumc.net](http://www.lrumc.net)

### **Soup Kitchen Camp UMC**

4807 Main St., Shallotte, NC 28470

910-754-4840

4:30p-6:30p

*(Call ahead to confirm it's operating.)*

### **St. Philips Episcopal Church**

205 E. Moore St., Southport, NC 28461

910-457-5643

[www.stphilipchurch.org/staff](http://www.stphilipchurch.org/staff)

*Free lunch every Monday from 11:30 to 1:00pm. All are welcome. Singles, seniors, homeless, parents who just need a break.*

### **The Good Shepherd Soup Kitchen and Grocery Giveaway**

811 Martin Street, Wilmington, NC

910-763-4424 ext 100

*Breakfast 7-8 AM; Lunch 11 AM-Noon; Open to the public Monday – Friday*

*To-go plates available. Masks required.*

*Food Box Distributions Noon-1 PM (Wednesdays only)*

## Hospice

Hospice offers both Palliative Care and Hospice Care. **Palliative Care**, also known as palliative medicine, is specialized medical care focused on the symptoms and stress of a serious illness. Staff assist in navigating complex healthcare situations, coordinating with your doctors to support your current treatment plan, and helping you manage pain and symptoms to improve quality of life for you and your loved ones. Patients can receive palliative care in their homes, assisted living facilities, hospitals, and skilled nursing facilities. Palliative care nurse practitioners visit patients as needed to assess care needs and provide pain and symptom management. **Hospice Care** begins when the current prognosis indicates a life expectancy of six months or less, or treatment is no longer available or desired.

### **HOSPICE AGENCIES**

#### **Amedisys Hospice Care**

1729 Southport Supply Road Unit A  
Bolivia, NC 28422  
(855) 809-0997  
www.amedisys.com

#### **Community Home Care & Hospice**

Brunswick County  
497 Olde Waterford Way Suite 208  
Belville, NC 28451  
(910) 371-6427

Columbia County  
333 Jefferson St.  
Whiteville, NC 28472  
(910) 642-5009

#### **Liberty Home Care & Hospice**

Brunswick County  
1120 Ocean Hwy W  
Supply, NC 28462  
(910) 754-8134

New Hanover County  
420 Eastwood Rd, Suite 101  
Wilmington, NC 28403  
(910) 251-8111

#### **Lower Cape Fear LifeCare**

TO MAKE A REFERRAL CALL: [800.207.6908](tel:800.207.6908).

New Hanover County  
1406 Physicians Drive  
Wilmington, NC 28401  
(910) 796-7900

OFFERS: Palliative Care, Hospice Care, Respite Care, Memory Partners and 3 Hospice Care Centers.

**Memory Partners Program:** offers care and support for patients diagnosed with dementia, and for their caregivers through counseling, support groups, respite care, home care and consistent contact from program staff.

# Housing Assistance/Affordable Housing/Housing Resources

## Affordable Housing Options

Affordable Housing refers to rental properties in which rent is based on income. Such properties receive funding through the Low Income Housing Tax Credit (LIHTC) and therefore must offer a certain number of units for lower income households. Households must earn either less than 50% or 60% of the area median income to qualify for these units. Rents in these units are capped at a maximum of 30% of the set-aside area median income.

### Affordable Housing for 55 Plus

#### Calabash Meadows

60 unit senior housing complex  
due for completion in 2023 in Calabash  
Call Brunswick Senior Resources to  
inquire 910-754-2300

#### Shalotte Villas

*Accepts Section-8.*  
4580 White St., Shallotte, NC  
910-754-6437

#### Sunset Creek Commons Senior Apts

1401 Sunset Creek Way SW, Ocean  
Isle, NC  
910-579-6555

#### Westgate Apartments

9200 Ocean Gate Plaza, Leland, NC  
910-782-1124

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### Affordable Housing Community for 62 Plus

#### Brunswick Village

249 E. 11th Street  
Southport, NC 28461  
(910) 457-449

#### Windtree Apartments

1229 N. Caswell Ave. #201  
Southport, NC 28461  
(910) 457-6051

[Norcomanagement](#)

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## Affordable Housing Family & Individual

### Abbington Oaks

4744 Abbington Oaks Way,  
Southport, NC 28461  
(910) 477-6305

[Abbington Oaks of Southport](#)

### Cardinal Pointe at the Highlands

37 Paisley Dr. SW,  
Shallotte, NC 27470  
(910) 294-5702

[www.cardinalpointeapartments.com](http://www.cardinalpointeapartments.com)

### Egret Pointe

1005 Egret Nest Circle  
Winnabow, NC 28479  
(910) 501-2743; (910) 371-9400

[www.egretpointapts.com](http://www.egretpointapts.com)

### Fiddlers Creek 1 Apartments

1211 N Caswell Ave,  
Southport, NC 28461  
(910) 457-4575

[Norcomanagement](#)

### Park View Apartments

80 Parkview PI NW  
Shallotte, NC 28470  
(910) 477-4649

### River Pointe

4620 White Street,  
Shallotte, NC 28470  
910-754-5549

### Shallotte Manor Apartments

408 Whiteville Road NW  
Shallotte, NC 28470  
(910) 754-9202

### Southport Green Apartments

8000 Pickerrell Drive,  
Southport, NC 28451  
(910) 457-5200

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## Other Housing Options

### Holiday Motel

2119 James B White Hwy N, Whiteville, NC  
(910) 642-5162

\$705 plus tax (monthly rate) for 1 person

2 bedroom \$850 plus tax (monthly rate)

2 bedroom & stove \$1150 plus tax (monthly rate)

### Yattie's Place

*Independent Living Homes. Full meal served daily. All utilities included. WIFI. Transp. provided for Doctor appts & shopping. Housekeeping service. On 800 acres of land.*

\$600/month for shared rooms.

7932 Peacock Rd, Chadburn, NC

910-654-6637

### VIVO Living Apartments

*Studio apartments within walking distance of shopping and dining. \$750 - \$775 monthly.*

4903 Market St, Wilmington, NC 28405

910-782-4850

<https://www.vivolvingwilmington.com/floor-plans>

## Housing Resources

### **Brunswick County Public Housing Agency**

60 Government Center Drive NE,  
Building B, Bolivia NC 28422  
(910) 253-2222

<http://www.brunswickcountync.gov/public-housing/>

Administers Section 8 Housing Choice Voucher (HCV) to offer low-income families housing units. The family must meet HUD requirements.

### **Brunswick County Tax Department**

Property Tax Relief Information  
(65+ may receive a property tax discount)

<http://www.brunswickcountync.gov/tax-office/elderly-exclusion/>

### **Brunswick Housing Opportunities**

3470 Old Ocean Hwy, Bolivia, NC  
(910) 253-0699

### **Brunswick Partnership for Housing**

Providing transitional housing for Brunswick county families in need.

<https://www.brunswickpartnership.org/>

### **Brunswick Housing Opportunities**

3470 Old Ocean Hwy, Bolivia, NC  
(910) 253-0699

### **Countywide CDC**

404 Old Mill Rd NE, Navassa  
910-383-1787  
Homebuyer education

### **Endeavors**

269 Westlake Rd.  
Fayetteville, NC 28314  
910-672-6166  
Assists veterans with rapid rehousing.

### **Habitat for Humanity**

1323 Stone Chimney Rd.  
Supply, NC 28462  
(910) 454-0007  
Builds & rehabilitates homes for those who qualify.

### **ReBuild NC - NCORR**

833-275-7262  
<https://www.rebuild.nc.gov>  
Offers rent and utility assistance for those impacted by Covid through the Hope Program.

### **H.U.D. U.S. Department of Housing and Urban Development**

800-569-4287  
<https://www.hud.gov>

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## Reverse Mortgages

### **Action Pathways, Inc**

(910) 485-6131

[www.actionpathways.ngo](http://www.actionpathways.ngo)

### **Consumer Education Services, Inc.**

(866) 484-5373

<https://www.cesisolutions.org>

### **Foothills Credit Counseling, Inc.**

(828) 286-7062

[http://www.cccsofcf.org/services\\_counseling.html](http://www.cccsofcf.org/services_counseling.html)

### **Johnston-Lee Harnett Community Action, Inc.**

(919) 934-2145



<https://www.jlhcommunityaction.org>

**Navicore Solutions – Raleigh**

(800) 992-4557

[www.navicoresolutions.org](http://www.navicoresolutions.org)

**Resources for Seniors**

(919) 872-7933

[www.resourcesforseniors.org](http://www.resourcesforseniors.org)

**Sandhills Community Action  
Program, Inc.**

(910) 947-5675

<https://www.sandhillscap.org>

**Telamon Corp.**

(919) 851-7611

[www.telamon.org](http://www.telamon.org)

**H.U.D. U.S. Department of Housing  
and Urban Development**

800-569-4287

[https://www.hud.gov/i\\_want\\_to/talk\\_to\\_a\\_housing\\_counselor](https://www.hud.gov/i_want_to/talk_to_a_housing_counselor)

Counseling on reverse mortgages.

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# In-Home Aide & Home Health Services

## In-Home Assistance Programs

### **Brunswick Senior Resources- In-Home Aide Program**

In-Home Aide services help individuals who have functional, physical or mental impairments accomplish their daily activities such as bathing, dressing, toileting, cooking, cleaning, laundry.

**Contact a case manager at your local BSRI Senior Center**

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**Medicaid:** Those who qualify for Medicaid may qualify for personal care services PCS, but only as prescribed by your doctor. To qualify for personal care services, you must show that you need assistance with your activities of daily living such as bathing, dressing, eating and mobility. Your doctor may need to complete a DMA-3051 FORM to facilitate eligibility. For more information visit [North Carolina Medicaid Personal Care Services Program: Benefits & Eligibility](#) or contact a case manager at your local BSRI Senior Center.

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### **North Carolina Dept. of Health and Human Services- CAP Program**

Home Health Programs for 65+, blind, disabled who **require a nursing facility level of care** and who are at risk of institutionalization within 30 days.

**Contact: Brunswick New Hanover Regional Medical Center (910) 667-7000**  
**[Community Alternatives Program for Disabled Adults \(CAP/DA\) | NC Medicaid](#)**

#### **Community Alternatives Program for Disabled Adults (CAP/DA)**

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation.

#### **Community Alternatives Program/Choice (CAP/Choice).**

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation. An agency arrange

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### **PACE Program-Program of All-inclusive Care for the Elderly**

State/Federal program that provides comprehensive health care and services that allow individuals 55+ who **qualify for nursing level of care** to remain with their family and as opposed to a nursing home or other care facility.

**Eligibility:** There are only four criteria to be eligible for PACE: age 55 or older, reside in an area served by PACE, **be certified as eligible for nursing home level care** in NC and be able to live safely in a community setting at the time of enrollment. THIS IS AN ENTITLEMENT PROGRAM and is therefore based on income requirements.

**Contact:** Elderhaus 910-343-8209 [PACE Program - ElderhausElderhaus](#)

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## Job Training/Job Placement

### **EDSI (Educational Data Systems, Inc.) Workforce Services**

5300-7 Main Street, Shallotte, NC 28470

(910) 754-6120

<http://www.edsisolutions.com>

*Administers the WIOA Adult and Dislocated Workers program in Brunswick County under Contract with the Cape Fear Council of Governments. Employment and Training Opportunities.*

### **NC Department of Commerce, Division of Employment Security**

PO Box 25903, Raleigh, NC 27611

888-737-0259

[www.des.nc.gov](http://www.des.nc.gov)

*File an unemployment claim, inquiry into the status of the claim, resolve Issues associated with a filed claim.*

### **NC Department of Commerce, Division of Workforce Solutions/ NCWorks Brunswick County Career Center**

5300-7 Main Street, Shallotte NC 28470

(910) 754-6120

Marcell Hatten- NCWorks One-Stop Manager Brunswick County

[www.ncworks.gov](http://www.ncworks.gov)

*Provides employment assistance, labor market information, TAA.*

### **NC DHHS-Independent Living Program**

Phone: (910) 746-6800

<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

*Provides Counseling, training, education, transportation, job placement, assistive technology and other support services. These services are provided to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.*

### **United Way Senior AIDES Program**

5919 Oleander Drive, Suite 115 Wilmington, NC 28403

(910) 798-3900

*Offers job counseling and training for qualified people age 55+. Applicants must meet certain income-level requirements.*

# Legal Services

## Consultation and Legal Assistance for Seniors

### LawHelpNC.org

[www.lawhelpnc.org](http://www.lawhelpnc.org)

### Legal Aid of NC

272 N. Front Street, #220

PO Box 814

Wilmington, NC 28402-0184

(910) 763-6207

<https://www.legalaidnc.org>

Legal aid offers telephone assistance, project screening, assistance, and referral for major areas of help including benefits, housing, civil rights, and domestic violence.

### North Carolina Advocates for Justice

701 Corporate Center Dr, Suite 450

Raleigh, NC 27607

919-832-1413

<https://www.ncaj.com/>

*The organization offers an online database that matches the user with a local attorney who will provide a free consultation.*

### North Carolina Elder Law Legal Aid & Pro Bono Services

<https://www.justia.com/lawyers/elder-law/north-carolina/legal-aid-and-pro-bono-services?locale=state>

### North Carolina's Statewide Senior Legal Hotline

1 (877) 579-7562 (60+)

[www.legalaidnc.org](http://www.legalaidnc.org)

*Housing law, consumer law, employment law, public benefits, civil law*

*\*apply online at same link\**

Find additional resources and events through our local Area Agency on Aging.

<https://capefearcog.org/area-agency-on-aging/>

## Long Term Care/Nursing Facilities

\*Questions about how to pay for Long Term Care? Call Brunswick Senior Resources at 910-754-2300

For a complete list of Long Term Care Facilities in North Carolina visit the North Carolina Dept of Health and Human Services website at this link [Long Term Care](#).

### LIVING FACILITIES DEFINED

**Assisted Living Facilities ALFs** and **Skilled Nursing Facilities SNFs** are two different facilities with different rules and different programs. If you suspect that a long-term care facility is needed for your loved one, the first step is to have a conversation with the individual's primary care physician. The physician will recommend whether or not your loved one needs a Nursing Home or an Adult Care Home (a.k.a. Assisted Living). Once the determination of level of care is made, the physician will complete a document called an FL2. This is a one-page medical form that lists the physician's recommended level of care as well as medical diagnoses, care needs, and medications.

**Assisted Living Facilities ALFs:** A facility for frail individuals who need assistance with a number of what we call activities of daily living (ADLs). Think assistance with bathing and toileting, mobility, personal hygiene, feeding. Not all ALFs offer "Memory Care Units" for those with forms of dementia. Monthly costs average \$4,000 for standard care and \$6,000 for memory care.

**Skilled Nursing Facility SNFs:** (What some call a "nursing home") is a place for folks who are (usually) nonambulatory and with some chronic medical condition that requires skilled care on a daily basis. Think of it as a "step down" from a hospital meant for longer term stays. Monthly costs average \$10,000.

### HOW TO PAY FOR IT

#### Medicare, Medicaid and Special Assistance

**1. Medicare:** health insurance for 65+. **TO APPLY:** Contact a SHIP counselor at your local BSRI Senior Center or the Social Security Administration at 800-772-1213

#### SNFs:

Medicare Part A (Hospital Insurance) covers skilled nursing care in certain conditions for a limited time (on a short-term basis) if these conditions are met:

1. You have Part A and have days left in your benefit period to use.
2. Your doctor has decided that you need daily skilled care. It must be given by, or under the supervision of, skilled nursing or therapy staff.
3. You get these skilled services in a SNF that's certified by Medicare.
4. You need these skilled services for a medical condition that's either a hospital-related medical condition treated during your qualifying 3-day inpatient hospital stay, even if it wasn't the reason you were admitted to the hospital or a condition that started while you were getting care in the SNF for a hospital-related medical condition.

You pay:

Days 1–20: \$0 for each benefit period .

Days 21–100: \$185.50 coinsurance per day of each benefit period.

Days 101 and beyond: All costs.

### **Medicare (cont'd):**

#### **ALFs:**

Medicare typically only covers a short-term stay in a skilled nursing or rehabilitation community while an older adult is recovering from an illness or injury. It can also cover in-home rehab care performed by a home health nurse or therapist.

It does not cover non-medical care services such as:

- Assisted living
- Long-term care in a nursing care community
- Residential care homes
- Non-medical home care
- Generally speaking, Medicaid does not cover room and board fees in assisted living facilities. However, if you have little income and few assets, you may qualify for a program that helps pay for assisted living facilities.

**2. Medicaid:** Health coverage for people with low income and few assets besides their home. Medicaid is funded partly by the government and partly by the states. That's why qualifications for an individual to receive this type of coverage varies. **Medicaid does not generally cover the cost of ALFs.**

**SNFs:** Medicaid generally covers the cost of SNFs.

**ALFs:** Medicaid programs will cover some costs of services received by residents in an assisted living facility.

Medicaid does pay for these assisted living services:

- Nursing care
- Case management
- Medication management
- Assessments
- Medical exams

**3. Special Assistance:** Individuals with low income are potentially eligible if they are age 65 or older, or if they are disabled according to Social Security disability standards. Your monthly income must be lower than about \$1,300 a month. That's GROSS income. Count Social Security BEFORE deductions for Medicare or other insurance. Count all other income from any source except VA benefits. For memory related disability income cap is around \$1,600 a month. To Apply: call Brunswick County Department of Social Services 910-253-2077.

## Assisted Living/Skilled Nursing Facilities-Brunswick County

### Arbor Landing at Ocean Isle

Private pay, Medicaid not accepted  
5490 Arbor Branch Drive, Shallotte, NC  
28470  
(910) 754-8080

[Welcome to Arbor Landing at Ocean Isle](#)

Assisted Living, Independent Living, Memory Care, Rehabilitation, Respite

### Autumn Care Of Shallotte

237 Mulberry Street, Shallotte, NC  
28459  
910-754-8858

[Saber Healthcare Group: Long Term Senior Care & Nursing Home](#)

Assisted Living, Rehabilitation, Skilled Nursing

### Brunswick Cove Living Center

Medicaid accepted  
1478 River Rd SE, Winnabow, NC  
28478  
910-371-9894

[Brunswick Cove: Nursing Home, Assisted Living & Rehabilitation Center](#)

Assisted Living, Rehabilitation, Skilled Nursing

### Brunswick Health and Rehab Center

9600 No. 5 School Road, Ash, NC  
28420  
Tel 910-287-6007

[Saber Healthcare Group: Long Term Senior Care & Nursing Home](#)

Rehabilitation, Skilled Nursing

### Coastal Pointe

5220 Ocean Hwy W, Shallotte, NC  
28470  
910-713-1717

[Now Open! Coastal Pointe | 5-Star Assisted Living in North Carolina](#)

Assisted Living, Memory Care

### Terra Bella

Private Pay, Medicaid not accepted  
1125 E Leonard St., Southport, NC  
28461  
(910) 777-7981

[Assisted Living & Memory Care in Southport NC | Elmcroft](#)

Assisted Living, Independent Living, Memory Care, Respite, Skilled Nursing

### Leland House

1935 Lincoln Rd. NE, Leland NC 28451  
(910) 383-6235

<https://lelandseniors.com/>

Assisted Living, Memory Care

### Southport Healthcare & Rehabilitation Center

630 N. Fodale Avenue, Southport, NC  
28461

910-457-9581

<https://libertyhealthcareandrehab.com/>

Rehabilitation, Skilled Nursing

### Universal Healthcare

Medicaid accepted  
1070 Old Ocean Highway, Bolivia, NC  
28422  
910-755-5955

Rehabilitation, Skilled Nursing

### The Landings Of Oak Island

2910 Pine Plantation Pkwy, Bolivia, NC  
910-406-8400

<https://oakislandseniors.com>

Assisted Living, Respite, Memory Care

## **Assisted Living Facilities-Neighboring Counties**

### **Bradley Creek Health Center**

740 Diamond Shoals Rd.  
Wilmington, NC 28403  
(910) 769-7550

### **Champions Assisted Living**

1007 Porters Neck Rd.  
Wilmington NC 28411  
(910) 686-7195

### **Brightmore of Wilmington**

2320 41st Street  
Wilmington, NC 28403  
(910) 350-1980

### **Coastal Cove of Wilmington**

1120 Beasley Road  
Wilmington, NC 28409  
(910) 660-0944

### **Brookdale Wilmington**

3501 Converse Dr  
Wilmington NC 28403  
(910) 208-6194

### **Morningside of Wilmington**

S. 17th Street  
Wilmington, NC 28403  
(910) 452-1114

### **Cedar Cove Assisted Living**

4200 Jasmine Cove Way  
Wilmington NC 28412  
(910) 397-7812

### **Spring Arbor**

809 John D. Barry Drive  
Wilmington, NC 28412  
(910) 799-4999

## Skilled Nursing Facilities-Surrounding Counties

### Accordius Health of Wilmington

820 Wellington Ave,  
Wilmington NC 28401  
(910) 343-0425

### Azalea Health and Rehab

3800 Independence  
Boulevard  
Wilmington NC 28412  
(910) 392-3110  
<https://www.saberhealth.com>

### Brian Center Health and Rehab

647 SE. Railroad Street  
Wallace NC 28466  
(910) 285-9700  
<https://www.savaseniorcare.com>

### Bradley Creek Health Center

740 Diamond Shoals Rd.,  
Wilmington, NC 28403  
(910) 769-7550  
<https://www.carolinabayatautumnhall.com>

### Liberty Commons

1402 Pickney Street,  
Whiteville NC 28472  
(910) 642-7139  
AND  
121 Racine Drive,  
Wilmington, NC 28403  
(910) 452-4070  
<https://libertyhealthcareandrehab.com>

### Northchase Nursing and Rehab

3015 Enterprise Drive,  
Wilmington, NC 28401  
(910) 791-3451  
[www.northchasecare.com](http://www.northchasecare.com)

### Peak Resources

2305 Silver Stream Lane  
Wilmington NC 28401  
(910) 362-3621  
[www.peakresourcesinc.com](http://www.peakresourcesinc.com)

### Pender Memorial

507 Fremont Street  
Burgaw, NC 28425  
(910) 300-4000  
<https://www.nhrmc.org>

### The Davis Community at Cambridge Village

83 Cavalier Drive  
Wilmington, NC 28405  
(910) 686-7195  
2nd location  
1011 Porters Neck Rd  
Wilmington NC 28411  
<https://www.thedaviscommunity.org>

### The Laurels of Pender

311 S. Campbell Street,  
Burgaw, NC 28425  
(910) 259-6007  
[www.laurelsofpender.com](http://www.laurelsofpender.com)

### Trinity Grove

(910) 442-3000  
631 Junction Creek Drive,  
Wilmington, NC 28412  
<http://trinitygrove.net>

# Medicare/Medicaid

**Medicare:** [www.medicare.gov](http://www.medicare.gov)

**Medicaid:** <https://www.brunswickcountync.gov/>

## To Apply For Medicaid

Contact:

**Brunswick County Dept of Social Services OR Apply online:** <https://epass.nc.gov/>

60 Government Center Drive

Building B, Bolivia, NC

Phone: 910-253-2077

Who is eligible for the North Carolina Medicaid Program? You can check your eligibility at ePass.gov. Click on the following link <https://epass.nc.gov/>

Be a resident of the state of North Carolina, a U.S. national, citizen, permanent resident, or legal alien, in need of health care/insurance assistance, whose financial situation would be characterized as low income or very low income. You must also be one of the following:

- Pregnant, or
- Be responsible for a child 18 years of age or younger, or
- Blind, or have a disability or a family member in your household with a disability, or
- Be 65 years of age or older.

To be eligible, you must have an annual household income (before taxes) that is below the following amounts:

Household Size*	Maximum Income Level (Per Year) for 2024
1	\$20,120
2	\$27,214
3	\$34,307
4	\$41,400
5	\$43,493
6	\$55,586

## To Get Assistance in Choosing a Medicare Plan or Apply for Medicaid Medicare Saving Program

Contact:

### Seniors Health Insurance Information Program (SHIIP)

1 855-408-1212

1 919-807-6900

<https://www.ncdoi.gov/>

or **Contact your local BSRI Senior Center**

# Medication Assistance Program/Medication Packaging Services

## Medication Access Program

Brunswick Senior Resources, Inc.

Contact: Marilou Smith-Medication Access Specialist 910-754-6559

### Extra Help

The Medicare Part D Low Income Subsidy, sometimes referred to as LIS or Extra Help, assists people with limited incomes in paying for prescriptions. Extra Help pays for a Medicare beneficiary's plan premium (up to a certain benchmark, amount) and at the pharmacy, people pay no more than \$10 for their medications. There are two levels of Extra Help: Full and Partial. (Partial Extra Help will end in 2024, and all persons eligible for that level will receive the full subsidy.) Income eligibility is the same throughout the country, with slightly higher levels for Alaska and Hawaii. People who receive Medicaid, a Medicare Savings Program, or Supplemental Security Income (SSI) will be automatically enrolled into Extra Help.

## 2024 POVERTY GUIDELINES FOR THE 48 CONTIGUOUS STATES AND THE DISTRICT OF COLUMBIA

Persons in family/household	Poverty guideline	
1	\$14,580 year	\$1,215 month
2	\$19,720	\$1,643
3	\$24,860	\$2,072
4	\$30,000	\$2,500
5	\$35,140	\$2,928
6	\$40,280	\$3,357
7	\$45,420	\$3,785
8	\$50,560	\$4,213

For families/households with more than 8 persons, add \$5,140 for each additional person.

### MedAssist

provides free prescription medications to North Carolina residents who are uninsured and fall at or below 300% of the Federal Poverty Level. This statewide program is the answer for those who do not have the means to obtain life-saving medications to treat chronic diseases such as, heart disease, diabetes, and asthma. Applicants must live in North Carolina, be uninsured with no access to Medicaid, Medicare, VA insurance or private insurance.-Income at or below 300% of the Federal Poverty Level.call us at 866-331-1348 to request an application.

***Pill Packaging Services- See following page***

## **Medication Packaging-Pill Packs**

If you have been prescribed a number of medications that you need to take at different times of the day, it can be difficult to keep track of what medication you need to take and when. Multi-dose packaging bundles your medications together by date and time. Medications to be taken in the morning will be packaged together in one pack, evening medications will be packaged separately and time stamped to take in the evening.

## **AccuPac**

Offers prepackaged medication system. Transfers your prescriptions and call your doctor for any refills you need. Ships free to your home monthly. Only pay your copays.

## **Amazon-PillPack**

Free service, you only pay your copays. Coordinates with your doctor and insurance to gather your prescriptions, schedules your first shipment and orders your refills, packages your medication by time of day and sends them to you. Automatic refills, free delivery, pharmacy support day or night. Accepts most insurance plans.

855-745-5725

<https://www.pillpack.com/>

## **Galloway Sands**

1513 N Howe St #8

Southport, NC 28461

Meds sorted for you by dose and time. Pick up in-store or delivery is available. Works with your doctors to automatically manage your refills.

910-454-9090

## **Tabor City Medicine Mart**

Allows you and your family to securely communicate with your local pharmacy. Refill your prescriptions with one click, get refill reminders, get discounts at your local pharmacy

# Mental Health & Addiction /Programs/Services

## Mental Health & Addiction - Important Phone Lines

**Brunswick County Anchor Initiative Addiction Hotline 910-363-7880**

**Disaster Distress Helpline 800-985-5990**

**Mobile Crisis Hotline 844-709-4097**

**National Hopeline Network, Suicide & Crisis Hotline 1-800-442-HOPE(4673)**

**National Institute of Mental Health Information Resource Center 1-866-615-6464**

**National Suicide Hotline – DIAL 988**

## Mental Health Important Websites

**Crisis Solutions North Carolina:** [www.crisissolutionsnc.org](http://www.crisissolutionsnc.org)

**Eastpointe Behavioral Health Care:** [www.eastpointe.net](http://www.eastpointe.net)

**Substance Abuse & Mental Health Administration:** <https://www.samhsa.gov>

**Suicide Prevention Resource Center:** [www.sprc.org](http://www.sprc.org)

**Mental Health America:** [www.mentalhealthamerica.net/preventing-suicide-older-adults](http://www.mentalhealthamerica.net/preventing-suicide-older-adults)

**Mental Health First Aid Training (\*COVID edition\*):**

[www.redcross.org](http://www.redcross.org)

**Red Cross COVID help:**

[www.redcross.org](http://www.redcross.org)

## Counseling

### **Brunswick Senior Resources Counseling**

*Specialized mental health services designed to offer support, understanding, and healing to older adults facing mental health and substance abuse needs. Supported by ARPA funding, these services are exclusively available for individuals aged 60 and above.*

910-754-2300

### **Susan Warren, MSW, LCSW**

*Offering client-centered therapy*

117 Holden Beach Rd Suite 103B

910-233-6257

<https://susan-warren.clientsecure.me>

## Mental Health Organizations



**Carolina Dunes Behavioral Health**

2050 Mercantile Dr., Leland, NC 28451

(888) 652-3122

Free Confidential Assessment

[www.carolinadunesbh.com](http://www.carolinadunesbh.com)

**Coastal Horizons Center**

Brunswick Office Outpatient:

Highway 17 South (Behind Jones Ford)

120 Coastal Horizons Drive, Shallotte, NC 28470

(910) 754-4515 Rape Crisis: (910) 754-7949

Outpatient Services: therapy, medication management

**Coastal Southeastern United Care Brunswick County**

3640 Express Drive, Shallotte, NC

28459

(910) 755-5222

10 Referendum Dr. Suite F-115

Bolivia, NC 28422

910-253-5801

1201 S 16th St Suite B

Wilmington, NC 28201

910-769-4971

<https://cseuc.org/>

**Lindley Habilitation**

Persons with intellectual/developmental disabilities; Medicaid in home, day

program, AFL, & private pay

1513 N. Howe St. Suite 12, 14

Southport, NC 28461

[www.lindleyhabilitation.com](http://www.lindleyhabilitation.com)

5040 New Centre Dr. Suite F.

Wilmington, NC 28403

(910) 793-3828

**Oceanside Family Counseling & Resource Center, PLLC**

790-3 Sunset Blvd N

Sunset Beach, NC 28468

(910) 575-4200

**Trillium Access Point Screening Program**

Provides 24/7 anonymous, online, evidence-based, self-administered behavioral health self-screenings, educational resources, and referral info in English and Spanish.

(866) 998-2597.

<https://trilliumncaccesspoint.org/>

**Trillium Health Resources**

Wilmington: (910) 550-2556 Crisis: 877- 685-2415 (24/7)

<http://www.trilliumhealthresources.org/>



Provides intervention and treatment to those with mental illness, developmental disabilities and substance abuse problems.

### **Wilmington Behavioral Health**

Mobile crisis team dispatched to your location to conduct an in-person crisis assessment and provide support and resources for mental health, substance abuse & developmental disability issues. No payment or insurance is required. No out of pocket cost.

(844) 709-4097

Open 24/7/365

## **Addiction Assistance and Recovery Programs**

### **The Brunswick County Sheriff's Office Anchor Initiative Program**

*Individuals with addictions can contact the Sheriff's Office through referral or officer interaction requesting assistance with addiction. Individuals will be put in immediate contact with a coordinator who will coordinate medical treatment, transport to the local ER to be checked out and explore treatment options while keeping the cost low.*

(910) 363-7880

### **Christian Recovery Center**

Located in Brunswick County the Center provides the spiritual and educational tools necessary for a long-term recovery from the illness of addiction and the beginning of a successful life including training, development opportunities, and continuing education programs. Offers a program for men, known as Brunswick Christian Recovery Center (BCRC), and the Women's Program known as Rose House, both incorporate a long term recovery process that incorporates a faith based recovery theory incorporating the 12-step process.

(910) 287-4357

<https://bcrcrecovery.org/>

## Nutrition Services/Meals

### Food and Nutrition Programs

#### Brunswick County Department of Social Services Food and Nutrition Service (Food Stamps)

60 Government Center Drive

Building B

Bolivia, NC

910-253-2077

You must apply in person or online

<https://epass.nc.gov/CitizenPortal/application.do>

### Brunswick Senior Resources

#### Congregate Meal Program

*All BSRI Senior Centers and Senior Nutrition Sites offer weekday congregate meals during lunch time for those 60+ at no cost. (Donations Appreciated). Call 910-754-2300 for more information.*

#### Meals On Wheels

*Weekday hot meals delivered to homebound seniors 60+ who are homebound, unable to shop and prepare meals. An in-home assessment is required to establish eligibility and reassessments are conducted regularly. Eligibility is not based on income. Call 910-754-2300 to schedule an assessment.*

#### St Peter Lutheran Church

Delivers meals the 2nd and 5th Saturday of each month to homebound seniors in need.

4843 Southport-Supply Road, Southport,

Open Mon-Thur 8:30AM-1:00 PM

(910) 457-5604

<https://stpeterlutheran-nc.org/contact-us>

### Food Delivery Options

#### Mom's Meals

*offer nourishing, home-delivered meals that prioritize your food and your budget. Meals will last 14 days from delivery when stored in the refrigerator. Heat-and-eat-convenience. Just \$7.99 for most meals\*. \*Gluten-free, renal and pureed meals are \$8.99 each*

Phone: 1-877-508-6667

<https://www.momsmeals.com/contact-us/>

#### Gourmet to Go - Homestyle Meals to Go, Catered Affairs

*Meals made to go and made FRESH TO ORDER. Available for pickup in Southport. The menu changes routinely and solves many meal planning challenges.*

(910) 477-1082

<https://gourmettogosouthport.com>

## Pest Control

### Allied Pest Control

6584 Beach Dr.  
Ocean Isle Beach, NC 28469  
(910) 579-9655  
[www.alliedpestcontrol.org](http://www.alliedpestcontrol.org)

### Brunswick Pest Control Inc

265 W Boiling Spring Rd Southport, NC,  
28461  
(910) 457-4444  
[www.brunswickpestcontrol.com](http://www.brunswickpestcontrol.com)

### Bug-N-A-Rug Exterminators

670 Wellington Ave  
Wilmington NC 28401  
(910) 254-9443  
[www.bugnarug.com](http://www.bugnarug.com)  
\*parts of BC & NH\*

### Bugno Pest Control\*

7325 Haven Way  
Wilmington, NC 28411  
[www.bugnopestcontrol.com](http://www.bugnopestcontrol.com)  
(910) 367-2501

### Bugs Etc.\*

5751 Oleander Dr # 3,  
Wilmington, NC 28403  
(910) 799-0746  
[www.fleamaxx.com](http://www.fleamaxx.com)

### Bug Out

6752 Gordon Rd.  
Wilmington, NC 28411  
877-284-6881  
[www.bugoutservice.com](http://www.bugoutservice.com)

### Canady Pest Control

7290 Beach Dr SW, Suite 13 Ocean Isle  
Beach, NC 28469 (910) 393-0297  
[www.canadypestcontrolservice.com](http://www.canadypestcontrolservice.com)

### Cape Fear Termite & Pest Control\*

116 Lea Drive  
Hampstead, NC 28443  
(910) 270-0808  
[www.capefearpestcontrol.com](http://www.capefearpestcontrol.com)  
\*Only services Leland, Oak Island, and  
Southport in Brunswick County.

### Clegg's Pest Control

4075 Old Bridge Rd. SE Southport, NC  
28461  
(910) 457-1171  
[www.cleggs.com/location/southport/](http://www.cleggs.com/location/southport/)  
\*also in Wilm\*

### Coastal Exterminating

3224 N. College Rd.  
#225 Wilmington, NC 28405  
(910) 392-4909  
<http://www.coastalexterminatinginc.com/>

### Economy Exterminators

3135 Kitty Hawk Rd  
Wilmington, NC 28405  
(910) 790-2000  
[www.economyexterminators.com](http://www.economyexterminators.com)

### Healthy Home Pest Control\*

6400 Carolina Beach Rd  
Wilmington NC 28412  
(910) 540-1030  
<https://hhpestcontrol.com/>

### Home and Garden Pest Solutions

654 Cypress Circle  
Shallotte NC 28470  
(910) 620-1539  
<https://www.homeandgardensolutions.com/>

### Home Paramount Pest Control



3015 Market St.  
Wilmington NC 28403  
(910) 599-9846  
<https://www.homeparamount.com/wilmington-pest-control/>

**Home Run Exterminating**

Myrtle Beach, SC  
(910) 712-2475  
<https://homerunexterminating.com/>

**Home Spectors Pest Control**

[www.wilmingtonpestcontrol.com](http://www.wilmingtonpestcontrol.com)  
(910) 815-6664

**Kirby's Pest Control**

1467 Stanbury Rd SW  
Supply, NC 28462  
(910) 842-6900

**Manning's Pest Control**

4205 Long Beach Rd SE  
Southport NC 28461  
(910) 457-5289  
[www.manningspestcontrol.com](http://www.manningspestcontrol.com)

**Pestco Exterminating**

Company  
P.O. Box 309  
Castle Hayne, NC 28429  
(910) 791-5432  
[www.pestcoexterminating.com](http://www.pestcoexterminating.com)

**Port City Pest**

8209 Market St. Suite A Wilmington, NC  
28411  
(910) 789-1212  
[www.portcitypestnc.com](http://www.portcitypestnc.com)

**Strand Pest Control**

599 Seaside Rd SW  
Ocean Isle Beach, NC 28469  
(910) 579-9707  
[www.strandpest.com](http://www.strandpest.com)

**Tri-County Pest Control**

15200 US HWY 17 N. Suite A  
Hampstead, NC 28443  
(910) 270-1190  
[www.tri-countypestcontrol.net](http://www.tri-countypestcontrol.net)

## Pet Health

### **Brunswick Senior Resources, Inc. Pet Food Pantry**

Donated animal food available to assist Home Delivered Meal (Meals on Wheels) participants in providing food for their pets . Contact an Aging Resources Specialist at your area senior center.

### **Jenny's Pet Services, LLC**

910-520-0844

vtechathrt@gmail.com

*Animal care: pet sitting, walk/play, vet transport, basic grooming, nail trims, anal gland expression, sanitary clips, mat removal, more.*

### **Pet Sheltering - Brunswick County Sheriff's Office Animal Protective Services**

(910) 754-8204

429 Green Swamp Rd.

Supply, NC 28462

(910) 754-8204

<https://aps.brunswicksheriff.com>

### **The Sergei Foundation**

P.O. Box 15

Oak Island, NC 28465

[www.sergeifoundation.org](http://www.sergeifoundation.org)

Email: [info@sergeifoundation.org](mailto:info@sergeifoundation.org)

*The Sergei Foundation helps pay for one-time emergency medical care for a pet. The pet must have been owned for at least 6 months and already be spayed/neutered. See their website for more information on eligibility and to fill out an application. Their website has a list of other sick and injured pet resources. Please do not email for assistance, it is faster to complete the application online.*

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# Physical Therapy

## Emergo Ortho

<https://emergeortho.com/wilmington-region/locations/>

## Novant Health Locator

<https://novanthealthfindadoctor.com>

### **Carolina Rehabilitation** (Brunswick Physical Therapy Associates)

4501 N. Main Street, Suite 5  
Shallotte, NC 28470  
(910) 755-5863

690 Sunset Boulevard North, Suite 108  
Sunset Beach, NC 28468  
(910) 575-2775

4330 Southport Supply Rd. Suite 201  
Southport, NC 28461  
(910) 457-0113

1722 N. Kerr Ave.  
Wilmington, NC 28405  
(910) 796-1991

20 Medical Campus Drive, Suite 204  
Supply, NC 28462  
(910) 755-5861

159 Crossover Rd.  
Beulaville, NC 28518  
(910) 298-6455

For information on Medicare Part A coverage for nursing home care see:  
<https://www.medicare.gov/what-medicare-covers/what-part-a-covers/medicare-part-a-coverage-nursing-home-care>

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## Placement Services

### **A Place for Mom**

(800) 769-0509

[www.aplaceformom.com](http://www.aplaceformom.com)

### **All About Seniors**

A senior advocacy company assisting with choosing senior living and in-home care options for your loved-ones.

919-830-6478

<https://allaboutsensorsnc.com/>

### **Caring.com**

*Caring.com is senior care resource for family caregivers seeking information & support as they care for aging parents, spouses and other loved ones. Offers assistance in understanding options in looking for a senior living community or help with in-home care, with info on financing.*

<https://www.caring.com/>

### **Choice Connections - Placement Services**

A Certified Senior Advisor® (CSA) offering local expert knowledge to help you negotiate the many options and questions you may have on senior living, in-home care and local community resources.

PO Box 967

Wilmington, NC 28402

(910) 338-3003

[www.ChoiceConnectionsCF.com](http://www.ChoiceConnectionsCF.com)

### **Mannix & Associates – Long Term Care Management Consultancy**

(919) 443-5997

Along with VA medical center consulting, they help disabled veteran seniors who need to enter long term care.

### **Veteran Services**

910-253-2233

Speak with Tracy Walts to schedule appt

[www.brunswickcountync.gov/veterans](http://www.brunswickcountync.gov/veterans)

## Respite Services

### **Brunswick Senior Resources Respite Program**

Provides respite to eligible caregivers on a short term, temporary basis. In-home assessments are conducted in order to determine eligibility and to assess for additional services. Resources, education and care management are also provided.

**Contact:** A case manager at your local BSRI Senior Center.

### **Area Agency On Aging**

#### **Project C.A.R.E. (Caregiver Alternatives To Running On Empty)**

State-funded, dementia-specific support for caregivers of persons with Alzheimer's disease. The goal of Project C.A.R.E. is to increase quality, access, choice, and the use of respite care for caregivers. Caregivers in crises are provided timely individualized assessment, guidance, counseling and limited respite care.

Contact: Dana Bentley

Project C.A.R.E Family Consultant

(910) 408-6365

dbentley@capefearcog.org

<https://capefearcog.org/area-agency-on-aging/project-c-r-e/#>

### **Respite Vouchers**

Eligible caregivers can receive vouchers to provide in-home respite care and/or respite in group settings such as Adult Day Care/Health. Funds are limited.

### **North Carolina Lifespan Respite Project**

an application based program that reimburses eligible family caregivers caring for individuals of any age for up to \$500 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available. Applicants must be referred to the program by a local professional organization. Contact your senior center for more information.

<https://www.highcountryaging.org/node/83>

## Safety Devices & Safety Programs

### Medical Alerts

#### Alert1

1-888-799-5074  
\*National coverage  
[www.alert-1.com](http://www.alert-1.com)

#### American Senior Safety Agency

Medical Alert System  
1-888-473-2800  
[www.seniorsafety.com](http://www.seniorsafety.com)

#### Bay Medical Alert

2600 Stanwell Dr. # 103 Concord, CA  
94520  
1-877-522-9633  
[www.bayalarmmedical.com](http://www.bayalarmmedical.com)

#### ConnectAmerica

3 Bala Plaza West, Ste. 200  
Bala Cynwyd, PA 19004 1-800-815-  
5809  
[healthcare.connectamerica.com](http://healthcare.connectamerica.com)

#### Guardian Alert 911

EmoryDay, LLC  
PO Box 176  
Glenelg, MD 21737  
[www.guardianalert-911.com](http://www.guardianalert-911.com)  
800) 953-5211 ext. 2  
\*No monthly fee

#### Hasten

1-800-582-3073 (toll free)  
<https://www.hastensystem.com>

#### Life Alarm Services, Inc.

4210 Columbia Rd. Ste. 14B  
Augusta, GA 30907  
1-800-780-5433  
\*no monthly fee

#### Life Station

888-670-2459  
[www.lifestation.com](http://www.lifestation.com)

#### Philips Lifeline Medical Alert Service

1000 Commerce Park Drive, Suite 300  
Williamsport, PA 17701 1-855-681-5351  
[www.lifeline.philips.com](http://www.lifeline.philips.com)

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### Medical Alert Systems w/out Service Fees

#### Google & Apple Smart Speakers

*These smart speakers can make hands free voice calls. It's a lot simpler, in fact, than some smartphone touchscreens. Devices with a smart display with a camera (the Nest Hub doesn't have one), like the Nest Hub Max or Lenovo Smart Display means you can enjoy video calls with long-distance relatives. While the Home cannot call 911 during an emergency, an individual that has fallen can call out to have the speaker call other phone numbers programmed into the phone. In the event you need help but cannot get to the phone, this can be a lifesaver.*

[Apple HomePod Mini](http://Apple.com) cost start around \$100

[Google Nest Mini](http://Google.com) cost start around \$42

#### Knox Box Emergency Key Box for First Responders

*The Knox Rapid Access System removes barriers to entry when first responders respond to an emergency call. Responders can gain rapid access into secure residential and commercial properties. Brunswick County First Responders have a universal key that is specific to each community that will open the box to give them access to a house key. Prices start at \$211*

<https://www.knoxbox.com/> 800.552.5669

### **LogicMark Guardian Alert 911**-requires a landline

*Pushing the blue button connects you directly with 911. LogicMark promises no service charges or contracts with this device. The system and its battery can be tested periodically to ensure that it'll work when needed. The pendant is water-resistant and provides two-way communication.*  
Cost is about \$299. [LogicMark](#)

### **Wyze Cam Smart Home Camera**-requires smartphone and wifi

*See inside your home using your mobile phone. Pan, tilt, and zoom: Control remotely, or monitor a room automatically by setting 4 predefined waypoints. Panning has a 360° left/right rotation range and tilting has a 93° vertical up/down range. Now with Color Night Vision. Two-way audio: Speak with anyone you care about through the Wyze app.*  
Cost is about \$40. [Wyzecamv3](#)

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## **Safety Programs**

### **The Brunswick County Sheriff's Office's "Are You Okay?" Program**

*The "Are You Ok?" system makes daily computer generated calls to subscribers at their pre-determined time each day, seven days a week, 365 days a year. If the subscriber is okay, they simply hang up the phone after hearing the pre-recorded message. The computer assumes the subscriber is okay if they answer the telephone. If the subscriber does not answer the phone, it will alert the Sheriff's Office and someone will try to make contact with that person or key holder to check on the subscriber. If they cannot make contact, a law enforcement officer will be dispatched to their residence.*

**Contact:** the Brunswick County Sheriff's Office I.M.P.A.C.T. Unit at (910) 253-2749.

### **Project Lifesaver (Free Alert System)-Brunswick County Sheriff's Office**

*A FREE service for Brunswick County residents who are caring for loved ones with Alzheimer's disease or other conditions that make them likely to wander away or who have difficulties communicating with rescuers. Project Lifesaver bracelets can help rescuers find a loved one who has wandered away.*

Contact the I.M.P.A.C.T. Unit 910-253-2749

<https://www.brunswicksheriff.com/community-programs/project-lifesaver>

### **"We Care" Calling Program of Southport**

*a free telephone reassurance service offered by the Southport Police Department. The Southport Police Department places a daily call to each person enrolled at a specified time. If no response is received, an Officer is dispatched to the residence to ensure the person's safety.*  
for info call 910-457-7911

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## **Phones**

### **Raz Phone**

*The one-touch dial picture phone is relentless in its focus on simplicity. It consists of one primary screen, and one screen only. The screen includes 3 elements: photos and names of up to six contacts, a dedicated button to contact 911 and the time, day, month, date, remaining battery power, and signal strength. Caregivers have the option of monitoring all outgoing calls to prevent risks associated with fraud.*

[www.razmobility.com](http://www.razmobility.com)

## Senior Games & 50+ Programs

### **Brunswick County Gator Senior Games, SilverArts, & Classes/Fitness**

<https://bcparks.recdesk.com/Community/Page>

50+ Softball (League Play)

50+ Basketball (3-on-3 Play)

50+ Co-ed Volleyball (Open Play)

Gator and Gatoettes Cheerleading Team

### **Brunswick County Parks and Recreation**

Khrystye Haselden

910-253-2677

Calendar of events

<https://bcparks.recdesk.com/Community/Calendar>

### **YMCA-Senior Games by the Sea**

<https://www.ymcasenc.org/programs/senior-games-and-silverarts/>

### **North Carolina Senior Games**

[www.ncseniorgames.org](http://www.ncseniorgames.org)

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# Social Security

**(Contact your local Brunswick Senior Resources Senior Center for assistance through SHIP Counseling see pg. 2)**

## **A personal “My Social Security” account gives you access to....**

1. a copy of your Social Security statement. Your statement shows your estimated future benefits, which is a great way to plan for your future..
2. a copy of your SSA-1099 tax form
3. an official Benefit Verification Letter to show proof you do or do not receive benefits
4. access to change your address and phone number if you are receiving Social Security and are enrolled in Medicare.
5. access to set up or change your direct deposit if you already receive Social Sec. benefits
6. ability to instantly check the status of your application for social Sec benefits
7. request a replacement social security card
8. report your wages if you work and receive Disability Insurance and/or SSI.
9. submit your advance designation of representative payee request.

Signing up is free, easy and secure! go to [www.ssa.gov](http://www.ssa.gov)

## **How Early Can I Apply for Social Security?**

You must be at least age **62** for the entire month to be eligible to receive benefits. If you were born on the first or second day of the month, you meet this requirement in the month of your 62nd birthday. If you were born on any other day of the month, you do not meet this requirement until the following month.

You can apply up to four months before you want your retirement benefits to start. For example, if you turn 62 on December 2, you can start your benefits as early as December. If you want your benefits to start in December, you can apply in August. If you turn 62 any day after December 2, you are not age 62 for the entire month of December. You can start your benefits as early as January when you are 62 for the entire month. If you want your benefits to start in January, you can apply in September.

Social Security benefits are paid in the month following the month they are due. If you are due benefits for the month of December, you will receive your first check in January for December.

## **Estimate Your Benefits**

Knowing what you will get every month in retirement benefits will help you plan for your retirement. If you have a “My Social Security” account, you can get an estimate of your personalized retirement benefits and see the effects of different retirement age scenarios. If you don’t have a personal “My Social Security” account, create one at [www.ssa.gov/myaccount](http://www.ssa.gov/myaccount) or you can use an online Retirement Estimator at [www.ssa.gov/benefits/retirement/estimator](http://www.ssa.gov/benefits/retirement/estimator).

## Apply For Social Security Retirement Benefits

Wilmington Social Security Office  
1528 S 16th St, Wilmington, NC  
1-866-964-6227

Apply By Phone 1-800-772-1213 (TTY 1-800-325-0778)

Apply Online <https://secure.ssa.gov/iClaim/rib>

## Social Security Enrolls You in Original Medicare (Part A and Part B).

**(If you need help or have questions about Medicare call your Brunswick Senior Resources Senior Center for free counseling through the SHIP PROGRAM.)**

**Medicare Part A** (hospital insurance) helps pay for inpatient care in a hospital or limited time at a skilled nursing facility (following a hospital stay). Part A also pays for some home health care and hospice care.

**Medicare Part B** (medical insurance) helps pay for services from doctors and other health care providers, outpatient care, home health care, durable medical equipment, and some preventive services.

Other parts of Medicare are run by private insurance companies that follow rules set by Medicare.

- Supplemental (Medigap) policies help pay Medicare out-of-pocket copayments, coinsurance, and deductible expenses.
- Medicare Advantage Plan (previously known as Part C) includes all benefits and services covered under Part A and Part B — prescription drugs and additional benefits such as vision, hearing, and dental — bundled together in one plan.
- Medicare Part D (Medicare prescription drug coverage) helps cover the cost of prescription drugs.

Most people age 65 or older are eligible for free Medical hospital insurance (Part A) if they have worked and paid Medicare taxes long enough. You can enroll in Medicare medical insurance (Part B) by paying a monthly premium. Some beneficiaries with higher incomes will pay a higher monthly Part B premium.

## Social Security Disability Insurance

The Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) programs provide assistance to people with disabilities.

To apply for Social Security: 1-800-772-1213 (TTY 1-800-325-0778)

To apply Online: <https://secure.ssa.gov/iClaim/dib>

## Social Security - Fraud and Security

- Get a free credit report at [annualcreditreport.com](https://annualcreditreport.com) or 1-877-322-8228
- For prevention tips and free resources visit [FTC.gov/idtheft](https://FTC.gov/idtheft)
- To report tax issues and identity theft visit [irs.gov/identity-theft-central](https://irs.gov/identity-theft-central) or call 1-800-908-440

## Support Groups

### In Person Support Groups

#### **Alzheimer's & Related Dementia**

##### **Alzheimer's Support Group & Memory Cafe for Partners at St. Peter Lutheran Church**

4843 Southport-Supply Rd SE  
Southport, NC 28461  
(910) 454-4001

3rd Wednesday 1-3 Group

1st Wednesday 1-3 Cafe

Facilitator: Vicki Carlson:  
bfairy65@gmail.com

Facilitator: Barbara Grever:

begrever@gmail.com

<https://stpeterlutheran-nc.org/>

##### **Dementia Support Group at Seaside United Methodist Church**

1300 Seaside Road SW  
Sunset Beach NC 28468  
910-579-5753

2nd Tuesday 1p-2:30p

Facilitator: Judy Rocklage,  
jarocklage@gmail.com

#### **General- All Caregivers Welcome**

##### **Arbor Landing at Ocean Isle**

5490 Arbor Branch Dr  
Shallotte, NC 28470

2nd Thursday 6:00PM

Peggy Haughey, (910) 754-8080

<https://www.ridgecare.com/oceanisle>

Sandy Porcaro 910-754-3658 or

[sporcaro@bsrinc.org](mailto:sporcaro@bsrinc.org)

##### **Brunswick Forest**

Hammock Lake Community Room  
2162 Shelmore Way, Leland, NC

1st & 3rd Tuesdays 10-11:30a.m.

Eileen Scanlon

[eileenscanlon@gmail.com](mailto:eileenscanlon@gmail.com)

##### **The Brunswick Center of Shallotte**

3620 Express Dr., Shallotte, NC 28470

2nd Tuesday 10:00AM-11:30AM

Laura Collins 910-754-4468 or

[lcollins@bsrinc.org](mailto:lcollins@bsrinc.org)

##### **The Brunswick Center at Calabash**

10050 Beach Drive, Calabash, NC  
28467

2nd Wednesday 2:00PM - 3:00PM

Mary Beth Ribar

[marybeth.ribar@gmail.com](mailto:marybeth.ribar@gmail.com)

##### **The Brunswick Center at Southport**

1513 N. Howe St., Suite 1, Southport,  
NC 28461

4th Wednesday 10:00AM -11:30AM &

**VIRTUAL GROUP** 4th Thursday 10-  
11:30AM.

Casey Freed 910-754-4106 or

[cfreed@bsrinc.org](mailto:cfreed@bsrinc.org)

##### **The Brunswick Center at Leland**

121 Town Hall Drive, Leland, NC 28451

2nd & 4th Thursday 10:00AM-11:30AM

##### **The Brunswick Center at Supply**

101 Stone Chimney Road

Supply, NC 28462

2nd Thursday 2nd 10:00AM-11:30AM

Tikila Mrogan (910) 754-8450 or

[tmorgan@bsrinc.org](mailto:tmorgan@bsrinc.org)

#### **Grief**

##### **Camp United Methodist Church**

4807 Main St.

Shallotte, NC 28470

Holds a program in spring and fall.

Call 910-754-4840 for more info.



**Lower Cape Fear Lifecare  
Grief Groups and Workshops**  
910-796-7937  
<https://www.lcfh.org/grief-groups-workshops/>

**GriefShare**  
www.griefshare.org

A 13-week program - Non-church members may attend.  
Oak Island First Baptist Church  
GriefShare  
4608 E Oak Island Dr. ,Oak Island, NC 28465  
910-278-9511  
<https://www.fbcoi.org/grief-share>

## **Parkinson's & Lewy Body Dementia**

### **North Brunswick Parkinson's Support Group at Compass Pointe**

8178 Compass Pointe East Wynd NE  
Leland, NC 28451  
2nd Monday 1PM  
John Ferry, 908-406-1410;john.ferry17@gmail.com

## **Recovery**

### **Celebrate Recovery**

For all hurts, habits, and hangups  
20 Bliss Rd NW  
Ocean Isle Beach, NC 28469  
Monday nights, 7PM group meeting  
910-579-9701  
www.celebraterecovery.com

### **Alcoholics Anonymous**

[www.AA.org](http://www.AA.org)

### **Narcotics Anonymous**

[www.NA.org](http://www.NA.org)

## **Stroke Support**

The Brunswick Center at Southport Stroke Support Group  
3rd Monday 1:00PM-2:30PM  
Group Facilitator: Carolyn Pryor  
Center: (910) 754-7109  
Email: prioritysailing@gmail.com

## **Virtual Support Groups**

### **Lifecare Memory Partners/Alzheimer's Assoc**

*Male caregiver groups are a safe place to share and learn helpful tips and meet other men coping with caring for a loved one living with Alzheimer's or dementia. If you are attending for the first time, you're encouraged to connect with the support group facilitator prior to joining. here for registration information.*

First Friday of the month; 10:00 am - 11:30 am  
919.803.8285

## Telephone Reassurance

### **Are You Okay?Program**

Brunswick County Sheriff's Office  
70 Stamp Act Drive  
Bolivia, NC 28422  
(910) 253-2749  
Telephone Wellcheck Program

### **Neighbor 2 Neighbor Connect**

Neighbor to Neighbor of South Carolina, Inc.  
921 N. Kings Hwy, Myrtle Beach, SC 29577  
Monday – Friday, 9AM – 4PM  
(843) 839-0702

*When you live alone, sometimes you can go days without speaking to another person. Our Connect volunteers have conversations with a neighbor needing a friendly voice and occasional check-in. The Connect calls are a proven way to fight social isolation.*

### **North Carolina Baptist Aging Ministry Hope Line**

*If you are 65+ and experiencing loneliness or isolation, please call us. Trained staff and volunteers are ready to encourage you with a friendly voice and a compassionate ear, to pray with you and to remind you that God sees and loves you. To request a call for yourself or you family call or complete an online request form.*

*Monday-Friday 9am - 9pm*  
866-578-4673 <https://onehopencbam.org/call/>

## Transportation

There are two categories of transportation services: general and medical.  
An agency may provide general or medical or both.

1. **General Transportation:** destinations may include, but are not limited to, nutrition sites, senior centers, shopping centers, pharmacies and recreational facilities.
2. **Medical Transportation:** destinations may include, but are not limited to, doctor's offices, hospitals, and health clinics.

If you are **Medicaid**-eligible then Medicaid will support your ride to Medicaid covered services. Contact your social worker or call your **local Department of Social Services** for assistance. 910-253-2077

### General Transportation

#### **Brunswick Transit System**

5040 Main St., Shallotte, NC 28470  
(910) 253-7800

[www.brunswicktransit.org](http://www.brunswicktransit.org)

*Trips to New Hanover County- Tues & Thursdays between 9:30am & 12:30pm. Reservation of 2 days notice required. Drivers cannot assist riders. Cost is \$5 one way / \$10 round trip into Wilmington*

#### **Coastal Companion Care**

*Providing transportation to medical appointments, outpatient therapy, dental procedures. Employee screening includes background checks, DMV driving records, insurance/registration Southport 910-457-5300/Wilmington 910-444-0650*

#### **Go Go Grandparents**

*Order rides, grocery delivery, pharmacy delivery and more for a small monthly fee. 855-464-6872*

#### **Neighbor 2 Neighbor**

*Free transportation for 60+ for shopping, dr. appt. Must schedule two separate stops for long appointments. Drivers cannot wait during appointments. Free transportation for disabled 18+*

*48 hours notice needed prior to transport. Two weeks for initial sign up. Cannot accommodate wheelchairs. (843) 839-0702*

#### **Right At Home**

*Will stay with a person during medical procedures. \$25 an hour w/ a 3hr minimum 2210 Wrightsville Ave Wilmington, NC 910-765-0755*

#### **Road To Recovery**

*Volunteer drivers help patients who need to get to their cancer-related treatments. 800.227.2345*

#### **Wave Transit-Ride MICRO**

1-844-764-1223

[How to Ride Microtransit](#)

*Passengers can book an on-demand ride from a virtual stop and be connected to Wave Transit's fixed-route service or brought to their destination. M-F 6AM-9AM; 4:30PM-7:30PM. \$2 one way. RESERVE 1HR IN*

#### **ADVANCE. Wilson's Transportation Service, Inc.**

9231 Ocean Hwy W  
Calabash, NC 28467  
(910) 616-8077

## **Medical Transportation**

### **Ivory Accessible Transport Services, Inc.**

*Provides medical transport for those who cannot leave home without assistance.*

(910) 264-9329

(910) 262-3670

### **MedTrans of NC, LLC.**

*Provides medical transportation for those who cannot leave home without assistance.*

Contact: Eddie Smith

(910) 431-2996

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## Veterans Services/Information

### **Brunswick County Services for Veterans**

10 Referendum Drive (Building F)  
Open 8:30 a.m. to 5 p.m., Monday – Friday.  
910-253-2233

<http://www.brunswickcountync.gov/veterans-services/>

Anita Hartsell, Senior Veterans Service Officer,  
Email: [anita.hartsell@brunswickcountync.gov](mailto:anita.hartsell@brunswickcountync.gov)

Tracy Walts, Veterans Services Technician,  
Email: [tracy.walts@brunswickcountync.gov](mailto:tracy.walts@brunswickcountync.gov)

### **Brunswick County Veterans Clinic**

Address: 18 Doctors Circle Suite 2, Supply NC 28462

Phone: (910) 754-6141

Hours: Monday-Friday 8:00am-4:30pm

*Care is provided using VA's team-based Patient Aligned Care Teams (PACT) model. A PACT consists of a health care provider (doctor, physician assistant or nurse practitioner), registered nurse, licensed practical nurse and a medical support assistant (MSA) who work together to provide the best possible health care for Veterans..*

*Veterans who need specialized health care can get a consult at the Brunswick CBOC and after the consult is completed, be referred to VA's Wilmington Health Care Center to receive the specialized services they need such as Mental Health, Urology, Women's Health, Orthopedics and more.*

**For information on Health Benefits eligibility**, call the hotline at 877-222-8387 or visit the <https://www.vets.gov/healthcare/> web site.

### **North Carolina Department of Veterans Affairs (DVA)**

4001 Mail Service Center  
Raleigh, NC 27699  
844-624-8387  
[www.milvets.nc.gov/](http://www.milvets.nc.gov/)

### **Suicide Prevention for Veterans**

#### **The Veterans Crisis Line**

Offers free, confidential support, 24 hours a day, 7 days a week, 365 days a year.

Call 1-800-273-8255 and Press 1

Chat online: <https://www.veteranscrisisline.net/get-help/chat>

Text 838255

## How to apply for VA Medical Benefits

### 1. Apply by phone

Call 1- 877-222-8387, Monday through Friday, 8:00 a.m. to 8:00 p.m.

### 2. Apply by mail

Fill out an Application for Health Benefits (VA Form 10-10EZ).

[Download VA Form 10-10EZ \(PDF\)](#)

#### Mail to:

Health Eligibility Center  
2957 Clairmont Rd., Suite 200  
Atlanta, GA 30329

### 3. Apply in person

Fill out an Application for Health Benefits (VA Form 10-10EZ).

[Download VA Form 10-10EZ \(PDF\)](#)

### Go to your nearest VA medical center or clinic.

#### For Brunswick County:

##### **Brunswick County Veterans Clinic**

Address: 18 Doctors Circle Suite 2, Supply NC 28462

Phone: (910) 754-6141

Hours: Monday-Friday 8:00am-4:30pm

## Presumptive Conditions Information

### Gulf War

<http://www.brunswickcountync.gov/veterans-services/gulf-war-to-include-oefoifond-presumptive-conditions/>

### Camp Lejeune

<http://www.brunswickcountync.gov/veterans-services/camp-lejeune-presumptives/Agent-Orange>

<http://www.brunswickcountync.gov/veterans-services/agent-orange-presumptive-conditions/>

## Request Your Military Service Records (including DD214)

1. **Online Request:** <https://milconnect.dmdc.osd.mil/milconnect/>
2. **Mail or fax request pertaining to Military Records Using Standard Form 180**

### [Download Form SF 180 \(PDF\)](#)

#### **Send it to:**

National Personnel Records Center  
1 Archives Drive  
St. Louis, Missouri 63138

3. **Contact your state or county Veterans agency:**

Brunswick County Government Complex  
10 Referendum Dr NE # F, Bolivia, NC 28422  
Phone: (910) 253-2233

## **EMERGENCY Requests**

If your request is truly urgent (for example, upcoming surgery, a funeral, etc.) tell us the nature of the emergency and your deadline in the "Comments" section of eVetRecs or in the "Purpose" section of the Standard Form (SF) 180.

**Fax your request to: 314-801-0764.**

**Call our customer service staff: 314-801-0800**

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## **Veteran Compensation Information**

NOTICE TO VETERAN/SERVICE MEMBER OF EVIDENCE NECESSARY TO SUBSTANTIATE A CLAIM FOR VETERANS DISABILITY COMPENSATION AND RELATED COMPENSATION BENEFITS

### **21-526EZ - STANDARD CLAIMS PROCESS**

<https://www.vba.va.gov/pubs/forms/VBA-21-526EZ-ARE.pdf>

### **VA FORM 10-10 EZ – ENROLL FOR V.A. HEALTH BENEFITS**

<https://www.va.gov/vaforms/medical/pdf/10-10EZ-fillable.pdf>

### **SSVF – Supportive Services for Veterans and Families:**

<https://www.va.gov/homeless/nchav/models/ssvf.asp>

## American Legion Posts

### American Legion Post 68

Blossoms Restaurant  
Magnolia Greens Golf Course  
1800 Tommy Jacobs Drive  
Leland, NC 28451  
3rd Thursday at 6:00pm  
<http://www.ncpost68.org>

### American Legion Post 213

530 W. 9th Street  
Southport, NC 28461  
3rd Saturday at 5:00 p.m.

### American Legion Post

550 Sunnyside Community Hall  
221 Village Road  
Shallotte, NC 28470  
3rd Tuesday at 7:00pm

### American Legion Nocha White Post 503

10277 Beach Drive SW  
Calabash, NC 28467  
Phone: 910-575-5037  
3rd Wednesday at 7:00 pm

### American Legion, Richard H. Stuart Jr. Post 543

St. James Community Center  
4136 Southport Supply Road SE  
Southport, NC 28461  
4th Wednesday at 7:00pm  
<https://www.ncpost543.org/>

### American Veterans Post 906

Boiling Spring Fire and Rescue Building  
3039 George II Hwy, Hwy 87  
BSL Southport  
1st Monday at 7:00pm  
Ladies Auxiliary-1st Mon. 6:00pm

### Disabled American Veterans

#### DAV Post, Chapter 71

600 Ocean Isle Beach Rd.,  
Ocean Isle Beach, NC 28469  
P.O. Box 526, Shallotte, NC 28459  
2nd Thursday at 6:30 pm

### Marine Corps League Assoc.

Marine Corps League  
Association, Detachment 1005  
Shallotte Town Hall  
110 Cheers Street, Shallotte, NC 28470  
[vamudder@gmail.com](mailto:vamudder@gmail.com)  
Phone: 910-547-2767  
2nd Thursday at 7:00pm

### Oak Island American

Legion Post 454  
103 SE 50th Street  
Oak Island, NC 28465  
4th Tuesday at 7:00pm

### Sea Bee Volunteers of America X5 Cape Fear Island of Brunswick County

3rd Saturday of each month  
except in July, August, & December  
VFW Hall # 9408  
1211 Village Road, Leland  
Dennis Ruocco:  
[Gulfport67AA@gmail.com](mailto:Gulfport67AA@gmail.com)

## Veterans of Foreign Wars (VFW)

### Find a post

<https://www.vfw.org/find-a-post>

#### **VFW Post # 7288**

900 Carter Drive  
Calabash, NC 28467  
910-579-3577  
1st Tuesday at 10:00 am

#### **VFW Post # 8866**

573 Sabbath Home Road SW  
Supply, NC 28462  
910-842-5535  
Meetings: 1st Tuesday at 7:00 p.m.  
Ladies Auxiliary Meetings: 2nd Tuesday  
at noon.

#### **VFW Post # 10226**

103 SE 50th Street  
Oak Island, NC 28465  
910-278-5300  
Meetings: 1st Tuesday at 7:00 pm  
Ladies Auxiliary Meetings: 1st Tuesday  
at 6:00 pm

#### **VFW Post # 10400**

3161 George II Hwy SE  
Boiling Spring Lakes, NC 28461  
910-845-2226  
2nd Tuesday at 7 pm

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## Housing Assistance for Veterans

### Endeavors

[www.endeavors.org](http://www.endeavors.org)

**2125 Valleygate Dr Suite 101**

**Fayetteville, NC 28301**

**910-672-6166**

A non-profit that helps VA's with rapid rehousing to prevent homelessness.

Assists with housing services and disaster relief.

The Veteran Services program offers Homelessness Prevention & Stabilization Services to Veterans and their families in Texas, Florida, Puerto Rico, and North Carolina. These supportive services include outreach, case management, help in obtaining VA benefits, emergency financial assistance for rent & utilities and assistance in obtaining and coordinating public benefits.

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## Job Search Resources for Veterans

### Marcell Hatten

Veterans Representative

Department of Commerce, Division of Employment Security

5300-7 Main Street ,Shallotte , NC 28470

(910) 754-5627

## Vision/Hearing Resources

### Resources for the Visually Impaired

#### **Brunswick & New Hanover Social Worker for the Blind**

Krista Kelly

Phone: 910-253-2127 (Tues & Thurs - BC)

Phone: 910-251-5743 (M, W, F - NH) [krista.kelly@dhhs.nc.gov](mailto:krista.kelly@dhhs.nc.gov)

PO Box 219 60 Government Center, Bolivia, NC 28422

Services to individuals who meet financial and visual eligibility requirements. Services include payment of eye exams, prescription glasses, and eye-related surgery costs, and equipment for the visually-impaired including talking books and audio cassette players.

#### **Disability Resource Center**

Open Mon - Thu 9 AM - 4:30 PM

910-815-6618

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

<http://www.drc-cil.org/>

#### **Lions Club International**

Eyeglasses recycling services, individual assistance programs, and mobile vision screenings.

Shallotte (910) 232-9925

Wilmington (910) 791-3015

#### **Vision Assistance Form**

<https://southportlions.org/individual-vision-assistance-program/>

#### **Lions Club Directory**

<https://directory.lionsclubs.org/>

#### **Lions Club International**

#### **Camp Dogwood for the Blind (Summer Camp for the Visually Impaired)**

Email: [tammy@nclionsinc.org](mailto:tammy@nclionsinc.org)

Phone: 828-478-2135

Near Lake Norman and offers recreational activities such as boating, fishing, swimming, tubing, art, crafts, mini golf, and off campus trips to shopping, seminars, bowling, the art museum and zoo to those with visual impairments. Ages 18yo to 100yo.

## **North Carolina Division of Services for The Blind**

Address: 309 Ashe Ave, Raleigh, NC 27699

Phone: (919) 527-6700

NCDHHS Medical Eye Care Program

## **The Division of Services for the Blind**

Aims to help people with visual impairments achieve independence and employment.

3240 Burnt Mill Drive, Suite 7

Wilmington, NC 28403

<https://www.ncdhhs.gov/assistance/vision-loss/medical-eye-care-program>

Phone: 1-866-222-1546

Spanish: 1-800-662-7030

## **North Carolina Library for the Blind and Physically Handicapped**

841 Capital Blvd

Raleigh, NC 27635

(919) 733-4376

<https://statelibrary.ncdcr.gov/lbph>

## **Prevent Blindness North Carolina**

4011 WestChase Blvd. Suite 225 Raleigh, NC 27607

Phone: (919) 755 5044

<https://nc.preventblindness.org>

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## **Resources for the Hearing Impaired**

### **Disability Resource Center**

Open Mon - Thu 9 AM - 4:30 PM

910-815-6618

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

<http://www.drc-cil.org/>

### **Online Deaf Web Directory for NC**

Ongoing and updated list of Deaf Clubs, Associations, and helpful links to Deaf related websites that are mostly based in North Carolina.

<http://www.deafnc.info/>

### **Wilmington Regional Resource Center**

3240 Burnt Mill Drive Suite 5 Wilmington, NC 28403

Phone: Voice (910) 251-5702 Toll Free Voice 800-205-9915

Video Phone (910) 777-5770

<https://www.ncdhhs.gov/assistance>