


**Brunswick Senior Resources, Inc. Provides Nutritionally Balanced Meals for Seniors**

**SEPTEMBER 2024 MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">2</p> <p><b>CLOSED FOR LABOR DAY</b></p> 	<p align="center">3</p> <p>Baked Pork Chop Potatoes Au Gratin Broccoli Applesauce Wheat Roll 2% Milk Margarine</p>	<p align="center">4</p> <p>Chicken Salad Pasta Salad Cucumber salad Mandarin Oranges Wheat Bread Cookie 2% Milk</p>	<p align="center">5</p> <p>Fish Sandwich Coleslaw Husppies Oven Roasted Potatoes Chilled Peaches Bun Tarter Sauce 2% Milk</p>	<p align="center">6</p> <p>Italian Meatballs Marinara Sauce Penne Pasta Salad w/ Veggies Fruit of Choice Dressing Bread Stick 2% Milk</p>
<p align="center">9</p> <p>Sliced Ham Green beans Sweet Potatoes Applesauce Soft Roll w/ Margarine  2% Milk</p>	<p align="center">10</p> <p>BBQ Chicken Collard Greens Mac and Cheese Orange Soft Roll w/Margarine  2% Milk</p>	<p align="center">11</p> <p>Turkey and Cheese Sandwich Lettuce Tomato Potato Salad Mayo/Mustard Chilled Pears 2% Milk</p>	<p align="center">12</p> <p>Kielbash Sausage w/ Peppers and Onions Rice Steamed Cabbage Bun Fresh Banana 2% Milk</p>	<p align="center">13</p> <p>Baked Fish California Blend Veggies Rice Fruit of Choice Wheat Roll 2% Milk</p>
<p align="center">16</p> <p>Lasagna Salad w/ Veggies.Dressing Pineapple Tidbits Chocolate Pudding Breadstick  2% Milk</p>	<p align="center">17</p> <p>Hotdog w/Chili Baked Beans Coleslaw Jello w/Fruit Bun 2% Milk Mustard, Ketchup</p>	<p align="center">18</p> <p>Chicken Fajitas w/Peppers, and Onions Spanish Rice Black bean corn blend Soft Taco Shells Mandarin Oranges 2% Milk</p>	<p align="center">19</p> <p>Pork Cutlet w/ Gravy Great Norhern Beans Mashed Potaoes Baked Apples Wheat Roll w/ Margarine 2% Milk</p>	<p>20</p> <p>CLOSED</p>
<p align="center">23</p> <p>Chicken Teriyaki Brown Rice Asian Veggies Frish Orange Veg Spring Roll  2% Milk</p>	<p align="center">24</p> <p>Pork BBQ Coleslaw Baked Beans Roasted Potatoes Tropical Fruit Bun 2% Milk</p>	<p align="center">25</p> <p>Spaghetti w/Meat Sauce Salad w/ Veggies, Dressing Peach Cobbler Breadstick 2% Milk</p>	<p align="center">26</p> <p>Green Pepper Casserole Rice Baby Carrots Roll w/ Margarine Diced Pears 2% Milk</p>	<p align="center">27</p> <p>Baked Chicken Mushroom Gravy Green Beans Mashed Potatoes Fruit of Choice Roll w/ Margarine 2% Milk</p>
<p align="center">30</p> <p>Chef Salad w/ Diced Turkey Ham, Cheese, Veggies Dressing Pasta Salad Crackers Fresh Apple Slices 2% Milk</p>			<p>Meat - at least 3 oz Casserole - 6 oz Veg/Fruit - 1/2 c Juice - 6 oz Bread/Roll - 1 each</p>	<p>Reviewed by:</p>