

# *JANUARY 2025*

**January 7 - No Hand Drumming/Tongue Drumming**

**January 9 Healthy Eating for the New Year w/ NC Brunswick County Extension - 10:00**

**January 13 Card Making - 1:00**

**January 13 Introduction to Tai Chi for Arthritis & Fall Prevention - 12:30**

**January 13 BSRI, Supply Garden Planning w/ NC Extension Office - 12:30**

**January 14 Model Railroad Open House - 10:00-2:00**

**January 15 - Iris Paper Folding Restarts (\$2.00) - 10:00**

**January 15 Cognition Presentation w/ Brunswick Cove Living Care - 10:30**

**January 17 Feast Down East Mobile Farmers Market - 9:30-11:30**

**January 20 Martin Luther King Day -CENTER CLOSED**

**January 21 Genealogy-12:30**

**January 22 "Scam Alert" Presentation by SECU - 10:30**

**January 22 The Gathering (Meeting People w/ Similar Interests) 3:00**

**January 23 Winter Blues/Mental Health w/ Veronica Lett-McGee - 10:00**

**January 23 What's for Dinner? w/ John LaTour - 12:30**

**January 27 Intuitive/Mixed Medium Painting (\$) - 10:00**

**January 27 Tai Chi for Arthritis & Fall Prevention 8 week series begins -12:30**

**January 30 C-Breeze Band/Birthday Celebration - 10:30**

**January 30 Ins & Outs Of Wills; Do I need a Will - 12:15**