

Brunswick Senior Resources, Inc. Provides Nutritionally Balanced Meals for Seniors
FEBRUARY 2025 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 Chicken Cordon Bleu Rice Pilaf Mixed Vegetables Tropical Fruit Salad Soft Roll w/ Margarine 2% Milk	5 Pork Cutlet w/ Gravy Great Northern Beans Mashed Potatoes Applesauce Soft Roll w/ Margarine 2% Milk	6 Baked Ziti Italian Green Beans Pineapple Coconut Cobbler Breadstick 2% Milk	7 Chicken Salad on Wheat Potato Salad Cucumber Salad Chilled Peaches 2% Milk
10 Sloppy Joe on Bun Baked Beans Roasted Potato Chunks Fresh Orange 2% Milk	11 Roasted Chicken Breast Mushroom Gravy Mashed Potatoes Broccoli and Cheese Chilled Pears Soft Roll w/Margarine 2% Milk	12 Kielbasa Sausage Steamed Cabbage White Rice Mandrain Oranges Soft Roll w/ Margarine 2% Milk Mustard	13 Lasagna Tossed Salad w/ Dressing Fruit Salad Breadstick 2% Milk	14 Chicken Tenders Macaroni and Cheese Baby Carrots Pineapple Tidbits Roll w/ Margarine 2% Milk
17 Meatloaf w/ Gravy Mashed Potatoes Buttered Corn Diced Peachs Soft Roll w/ Margarine 2% Milk	18 Chili Dog on Bun Baked Beans Coleslaw Fresh Apple Slices Chocolate pudding Cup 2% Milk	19 Baked Chicken Scalloped Potatoes California Blend Vegetable Fruit Cup Soft Roll w/ Margarine 2% Milk	20 Salisbury Steak w/ Gravy Rice Glazed Carrots Fruit Cobbler Soft Roll w/ Margarine 2% Milk	21 Chicken Teriyaki Brown Rice Asian Vegetables Mandrain Oranges Vegetable Egg Roll 2% Milk
24 Chef Salad w/ Diced Turkey Ham, Cheese, Veggies Potato Salad Crackers Fresh Banana 2% Milk	25 Chicken Fajitas w/ Peppers, Onions Spanish Rice Black Bean Corn Blend Soft Taco Shells Fresh Orange 2% Milk Sour Cream, Cheese, Salso	26 Cheeseburger Lettuce, Tomato Pasta Salad Chilled Fruit Cocktail 2% Milk Mayo, Mustard, Ketchup	27 Pork BBQ Coleslaw Baked Beans Roasted Potatoes Cornbread Tropical Fruit 2% Milk	28 Italian Breaded Chicken Pasta w/ Sauce Tuscan Blend Vegetables Strawberry Applesauce Garlic Cheddar Biscuit 2% Milk 

WHAT'S FOR Lunch



Join us Monday-Friday for lunch!
 No cost for participants 60+.
 \$5 guest lunches available
 for our visitors under 60.

Monetary contributions are always appreciated if you are able to give!

Must register with our Nutrition Coordinator prior to first meal.
 See reception desk for more information.