



Brunswick Senior Resources, Inc.

Resource Guide

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Resource Hubs

For Emergency Hotlines See Crisis & Emergency Section

211 United Way

A link to services in your community. Free and multilingual. Available 24 hours a day.

211 or (888)-892-1162

<http://www.unitedwaync.org/nc211>

Brunswick Senior Resources, Inc. (BSRI)

Information and Assistance line offering information on resources for Brunswick County residents 60+ and residents caring for anyone 60+

(910)-754-2300 - Option 1

Brunswick County Jesus 24/7 Global Ministries

A Christ-centered charity organization that links resources that can provide solutions to individuals in need.

24/7 Prayer and Resource Hotline

(844)-493-7729

DisAbility Resource Center

A non-profit organization that provides a variety of services for disabled people such as disability advocacy, peer support, housing assistance, and enhancing independence for disabled people living in Brunswick County.

Monday-Wednesday, 9:00 AM-4:30 PM

(910)-815-6618

Harrelson Center

A non-profit organization that supports and partners with other non-profit organizations in the Wilmington community. The Harrelson Center contains a Help Hub that provides services such as financial assistance, housing navigation, and healthcare assistance.

Monday-Thursday, 8:30 AM.-5:00 PM

Friday, 8:30 AM.-3:00 PM

(910)-343-8212

North Carolina Baptist Aging Ministry Call Center

Offering info on resources for individuals 65+ and their loved ones who need information on community resources.

Monday-Friday, 9 AM-5 PM

(877)-506-2226

North Carolina Housing Search

List and search North Carolina housing to fit your needs and budget to gain accessible housing for seniors, veterans, and more.

(877)-428-8844

<https://nchousingsearch.org/>

Veterans Resource and Support

(800)-698-2411

<https://www.va.gov/resources/>

Adult Day Care Facilities & Programs

(Certified Adult Day Care and Adult Day Health Programs)

Elderhaus at the Lake, Inc.

Adult Day Center

1950 Amphitheater Drive, Wilmington, NC

(910)-251-0660

<http://elderhaus.com>

Adult day care for 18+ who are able to perform activities of daily living

Elderhaus PACE at Canterbury for Northern Brunswick County

Alternative to nursing home care. PACE supports our elderly community so they can remain at home. PACE services are sponsored by Medicare and Medicaid. Cost is based on income and can be FREE or a single monthly payment. Eligibility: age 55 or over, live in a PACE service area, need nursing home level care.

2222 S. 17th Street, Wilmington, NC

(910)-343-8209

<http://elderhaus.com/pace-program/>

Active Day of Grand Strand

3880 Houndsfield Avenue, Myrtle Beach, SC

(843)-626-8501

<https://www.activeday.com/locations/states/sc/>

Email: info@activeday.com

Woodard's Adult Day Health Center

Provides assistance and relief to caregivers and offers socialization, person-centered activities, and transportation to clients ranging from 18 to 120 years of age.

115 Holden Beach Road, Shallotte, NC

(910)-754-9409

<https://www.woodardsadhc.net>

Adult Day Care Financial Assistance Programs

Brunswick Senior Resources, Inc.

910-754-2300 - Option 1

- Adult Day/Health Care: Funding available through the Home and Community Care Block Grant (HCCBG) for eligible Brunswick County residents ages 60+ through Woodard's Adult Day Health Center. Contact Woodard's at (910)-754-9409 for more information.

Hilarity for Charity

HFC Respite Grants: HFC Respite Grants cover the cost of professional, in-home, or Adult Day Center Care to provide relief to caregivers

- Adult Day Center Respite Grant: 24 days of respite care to be used within 3 months of the first date of care.
- In-Home Respite Grant: 100 hours of total respite care to be used within 3 months of being awarded.

<https://www.wearehfc.org>

Email: info@wearehfc.org

NC Division of Aging and Adult Services - NCDAAS

Brunswick County Social Services

910-253-2077

<https://www.brunswickcountync.gov/social-services/>

- Adult Day/Health Care: Limited funds are available to help with adult day care expenses for qualified individuals. For additional information call (910)-253-2197
- Community Alternatives Program (CAP Program): Medicaid program that helps provide home services to adults with disabilities who are facing nursing home placement.

Adult Protective Services/Report Elder Abuse/Ombudsman

Reporting Abuse or Self Neglect

Any individual who suspects that a child or an adult may be abused, neglected, dependent or a victim of exploitation shall make a report to the local department of social services.

Reports can be made 24 hours a day, 7 days a week.

- During business hours (M-F 8:30AM-5:00PM): Call (910)-253-2077 or (910)-253-2415
Reports can be made in person in the Social Service Building B Annex on the Brunswick County Government Complex at 60 Government Center Dr. Building B
- After-hours, weekends, holidays: Call 911. Ask to speak to the after-hours social worker.

Adult Protective Services APS Brunswick County Department of Social Services

60 Government Center Drive

Building B

(910) 253-2077

Open Monday – Friday, 8:30 AM – 5:00 PM

Email: DSS@Brunswickcountync.gov

Adult Home Monitoring

The Adult Home Specialist (AHS) provides assistance, routine monitoring and complaint investigations in Assisted Living Facilities operating in Brunswick County.

NC Division of Health Services Regulations

(800) 624-3004 or (910)-253-2600

Adult Placement Services

Assists aging or disabled adults find substitute placement in residential care facilities when their health, safety, and well-being can no longer be maintained at home.

(910) 253-2415

Guardianship

Brunswick County Social Services provides guardianship services to adults who have been adjudicated incompetent and do not have another person or corporation to serve as guardian.

(910) 253-2415

The North Carolina Ombudsman Program

Serves long-term care residents in licensed Nursing Homes and Adult Care Homes. The Ombudsman resolves complaints or concerns made by or on behalf of residents in long-term care facilities.

Jeff Brunsink-Brunswick County

(910) 274-0344

jbrunsink@capefearcog.org

Holli Blackwelder-New Hanover

(910) 274-0350

hblackwelder@capefearcog.org



Caregiver Resources

Agencies Offering Caregiver Information, Assistance & Support

Area Agency On Aging

Connects families with resources and attempts to meet needs of family caregivers. This includes local support groups, support services, entitlement programs and other community resources. Also offers Project C.A.R.E. (Caregiver Alternatives To Running On Empty), a state-funded, dementia-specific support for caregivers of persons with Alzheimer's disease. The goal of Project C.A.R.E. is to increase quality, access, choice, and the use of respite care for caregivers. Caregivers in crises are provided timely individualized assessment, guidance, counseling and limited respite care.

Contact: Dana Bentley, Project C.A.R.E Family Consultant

dbentley@capefearcog.org

(910)-408-6365

<https://capefearcog.org/area-agency-on-aging/project-c-r-e/#>

Brunswick Senior Resources, Inc

BSRI's Aging Resources Division is composed of a team of Aging Resource Specialists who work to connect Brunswick County residents 60 and older and their caregivers to:

- Caregiver Resource Guide
- Community programs
- Home-delivered Meals (HDM)
- In-home care
- Resources & referrals for social, emotional, physical, and financial support
- Respite care & support services
- Support groups
- Assessment for additional programs and services

(910)-754-2300 - Option 1

<https://bsrinc.org/aging-resources/>

North Carolina Lifespan Respite Program

An application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$750 in respite care services in a calendar year. Funding is limited. Caregiver must be at least 18 years old and a North Carolina resident.

To apply call Brunswick Senior Resources, Inc. at (910)-754-2300 - Option 1

Lower Cape Fear LifeCare Memory Partners

The LifeCare Memory Partners program is designed to provide support to caregivers and their loved ones. Their program provides consultations to assess needs and guide care planning, educational resources, respite care, therapeutic programs, and advanced care support. Their goal is to alleviate caregiver stress and improve the quality of life for loved ones living with dementia.

Monday-Friday, 8:00 AM-5:00 PM

(800)-733-1476

<https://lifecare.org/memory-partners/>

GUIDE Program

GUIDE (Guiding an Improved Dementia Experience) is a new Medicare pilot program that is designed to improve the quality of life for people with dementia and their unpaid caregivers.

GUIDE can provide up to \$2,500 each year for respite benefits which can pay for in-home caregivers, overnight respite care, or adult day care so caregivers can have a break. Caregivers also receive access to a 24 hour phone hotline and families are assigned to a care navigator

who helps them find local services such as access to meals and transportation.

<https://www.cms.gov/priorities/innovation/innovation-models/guide>

Providers of GUIDE Program in Brunswick County:

- **BrightStar Care:** *BrightStar Care is another participant of the GUIDE Program. They offer personalized dementia care, caregiver support, respite care, and care coordination.*
2709 Market St. Suite 201, Wilmington, NC 28401
(910)-218-2252
<https://brightstarcare.com/how-we-help/#GUIDE>
- **Lower Cape Fear LifeCare Memory Partners:** *Within Brunswick County, Lower Cape Fear LifeCare Memory Partners is one of the 20 programs within North and South Carolina that were chosen to participate in the GUIDE Program.*
1414 Physicians Dr, Wilmington, NC 28401
(800)-733-1476
<https://lifecarememorypartners.org/how-we-help/#GUIDE>

Education Opportunities for Caregivers

Caring.com

Caring.com is a senior care resource for family caregivers seeking information & support as they care for aging parents, spouses and other loved ones. Offers assistance in understanding options in looking for a senior living community or help with in-home care, with info on financing.

<https://www.caring.com/>

reduce the stress of caregiving. It will occur from 10/20-12/1 from 2:00-4:00 p.m. and you must RSVP to join.

RSVP here:

[Savvy Caregiver Virtual Event](#)

Community Resource Guide for Senior Services

- Brunswick Senior Resources, Inc. Caregiver Resource Guide
- Cape Fear Council of Governments Area Agency on Aging
www.capefearcog.org/resourceguide

National Council on Aging Benefit Guide

Short questionnaires assist in finding government programs that can help you or your loved one

www.benefitscheckup.org

LifeCare Memory Partners - Savvy Caregiver Virtual Event

Offers a six-week training for caregivers of loved ones with Dementia or Alzheimer's Disease. Learn essential caregiving skills, gain confidence in managing behaviors, and

North Carolina Division of Aging and Adults Services Resources for Family Caregiving

www.ncdhhs.gov/aging/fcresources.htm

Trialta Caregiver's Portal

Trialta is a personalized, skills-based training platform for family members caring for aging loved ones living at home.

<https://www.trialta.com>



Counseling on Insurance

Senior Health Insurance Information Program (SHIIP) & Patient Assistance Programs

SHIIP

A free service for Medicare beneficiaries, families, and caregivers.


SHIIP counselors can help with:

- **Understanding and choosing Medicare plans**
- **Reviewing prescription drug coverage**
- **Applying for financial help** (Extra Help, Medicare Savings Programs)
- **Avoiding Medicare fraud and scams**

BSRI has six SHIIP Counseling Centers ready to assist you.

- The Brunswick Center at Calabash
- The Brunswick Center at Leland
- The Brunswick Center at Shallotte
- The Brunswick Center at Southport
- The Brunswick Center at Supply
- The Brunswick Center at Waccamaw


To schedule a SHIIP appointment, please call:

 **910-754-2300, Option 1**

 infoandassist@bsrinc.org

For additional Medicare support, you can also contact:

North Carolina Department of Insurance (NC DOI)

 **855-401-1212**

Medicare Financial Help Programs

- **Medicare Savings Programs (MSPs)**: Benefits that help pay out-of-pocket Medicare costs for people with limited income and/or assets. There are four types of MSPs that can assist people and you should contact your local Medicaid office to determine eligibility and apply.
- **Extra Help**: A federal assistance program that helps pay Part D premiums and lowers coinsurance charges or copayments for covered medications. You can visit your local Social Security office to determine eligibility and apply.
- **Dual-Eligibility Programs**: If you have both Medicare and Medicaid, you could potentially qualify for Medicare health plans that lower your healthcare costs. You can visit your local Medicaid office to determine your eligibility for these programs and determine which plan would work best for you.

Medicare 101 Classes

Medicare 101 classes are offered through the Brunswick County Library.


 **910-253-BOOK (2665)**

Counseling on Insurance Cont.

Everyone deserves access to affordable, quality health care coverage and services. Find information about health insurance, health services, access to health care (including mental health services), preventive care, and other supportive services.

Health Insurance Marketplace


For affordable, quality health coverage, you can sign up 24/7 through the Health Insurance Marketplace:

 **1-800-318-2596**

 healthcare.gov

Navigators are trained to help consumers understand the details of plans available on the Health Insurance Marketplace, determine which plan will best meet their needs, determine eligibility and apply for financial assistance, and complete the enrollment process.

Commwell Health Locations


 **877-935-5255**

Medicaid

Medicaid provides health insurance for low-income individuals and families.

For help, visit:


 60 Government Center Drive, Building B

 **910-253-2077**

 dss@brunswickcounty.gov

Medicare

For general Medicare assistance, contact:


 **1-800-633-4227**

 www.medicare.gov

Employer Group Health Plan Insurance (EGHP)

For guidance on how your EGHP and Medicare can work together, contact:

North Carolina Department of Insurance (NC DOI)

 **855-401-1212**

North Carolina State Health Plan

For assistance with eligibility and enrollment in the North Carolina State Health Plan, contact:

 **855-859-0966**

 **Monday to Friday, 8:00 AM to 5:00 PM**

Crisis/Emergency Support Service

Emergency Hotlines

911

Anchor Initiative Hotline- Brunswick County Sheriff's Office

Individuals with addictions can contact the Sheriff's Office through referral or officer interaction requesting assistance with addiction. Individuals will be put in immediate contact with a coordinator who will coordinate medical treatment, transport to the local ER to be checked out and explore treatment options while keeping the cost low.

(910) 363-7880

<https://www.brunswicksheriff.com/community-programs/anchor-initiative>

Hope Harbor Home

(Domestic/Sexual Violence) Hotline

24/7 Hotline

(910)-754-5856 crisis line

(910)-754-5726 Monday-Friday staff line

National Suicide Hotline

24/7 Hotline

Dial 988 for assistance

Rape Crisis Center - Coastal Horizons

Provides free and confidential services to all victims of sexual violence including a 24/7 crisis response to victims on the hotline and at hospital emergency rooms, advocacy for sexual assault victims, and free individual therapy and weekly support groups.

(910)-392-7460

supportrcc@coastalhorizons.org

<https://coastalhorizonsrcc.org/>

Wilmington Behavioral Health Mobile Crisis Hotline

A 24/7 hotline for those who are experiencing a mental health or substance use crisis and need immediate help.

(844)-709-4097

VA Crisis Line

Dial 988, then press 1 or text 838255



Dental Care

Brunswick Comm. College Dental Clinic

The BCC dental clinic is part of a teaching institution for the dental hygiene and dental assisting students.

Administrative Building & Student Center

50 College Rd NE

Bolivia, NC 28422

(910)-755-7320

<https://brunswickcc.edu/bcc-announces-dental-assisting-program/>

Cape Fear Comm. College Dental Clinic

The CFCC dental clinic is part of a teaching institution for the dental hygiene and dental assisting students.

Health Sciences Building (L)

415 N. Second Street

Wilmington, NC 28401

(910)-362-7341

<https://cfcc.edu/about/community-services/dental-clinic/>

Commwell Health

Provides a variety of dental services such as emergency care, preventative care, maintenance care, etc.

1525 Ocean Isle Beach Rd SW suite 2, Ocean Isle Beach, NC 28469

(877)-935-5255

<https://commwellhealth.org/locations/commwell-health-of-ocean-isle-beach/>

East Carolina University School of Dental Medicine

A dental school offering comprehensive general dental services for adults, children and special needs patients. They also offer denture and partial denture services.

Community Service Learning Center

100 Brunswick Medical Center Parkway NE Bolivia, NC, 28422

(910)-253-9000

<https://dental.ecu.edu/brunswick-county/>

Little River Medical Center

A patient-centered care center that offers dental care for routine and urgent dental needs for patients of all ages.

4303 Live Oak Drive, Little River, SC, 29566

(843)-663-8000

<https://www.lrmcenter.com/services/dental-care/>

Med North Health Center

Dental services offered on a sliding scale based on income.

925 North Fourth Street, Wilmington NC 28401

Additional Address: Med North at Calhoun

240 Calhoun Drive, Wilmington, NC, 28412

(910)-343-0270

<https://www.mednorth.org/>

NC Dental Society

The North Carolina Dental Society that prioritizes advancing oral health and linking free and low-cost dental services to individuals in need of such services.

1600 Evans Road, Cary, NC 27513

(919)-677-1396

Home page: <https://www.ncdental.org/>

Free/low cost dental care opportunities:

<https://www.ncdental.org/for-the-public/free-low-cost-dental>

New Hope Clinic

The New Hope Clinic aims to provide affordable healthcare and wellness services to adult residents in Brunswick County who are on Medicaid or are un-insured with a low-income. Their dental services primarily serve uninsured patients, however, Medicaid patients may be seen under special circumstances. Volunteer dentists offer care 3-8 days per month and provide exams, X-Rays, fillings, cleanings, and extractions. Furthermore, they offer limited restorative and preventive care for patients managing chronic diseases. Appointments are required as some services depend on volunteer availability, so please call ahead to ensure they can provide dental services for you at a specific date and time.

201 W Boiling Spring Rd, Southport, NC, 28461

(910)-845-5333

<https://newhopeclinicnc.org/services/>

Disability Resources

Agencies Offering Disability Assistance

Disability Resource Center

Empowers persons with disabilities to maintain independence in their communities by offering info & assistance, teaching independent living skills, transition services & housing advocacy

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

Mon - Thu 9 AM - 4:30 PM

(910) 815-6618

NC DHHS-Independent Living Program

Assists w/home & car modifications, durable medical equipment, personal assistance up to 40 hours a week. Must meet income qualifications. Household of 1 \$1,342 a month or less

(910) 746-6835 ; Simone Thompson

<https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities> BROCHURE: <https://www.ncdhhs.gov/media/14030/open>

NC DHHS-Regional Center for the Deaf and Hard of Hearing

Offers free hearing screenings and assistance for those who qualify.

3240 Burnt Mill Drive, Suite 5

Wilmington, NC 28403

(910)-251-5702 TTY (910)-251-5767

North Carolina Division of Services for The Blind

Provides services to people who are blind or visually impaired to help them reach their goals of independence. Referrals are made from Vocational Rehabilitation Counselors, Independent Living Rehabilitation Counselors or Social Workers for the Blind and then to one of our Deaf-Blind Specialists. (See Below)

309 Ashe Ave, Raleigh, NC 27699

(919) 527-6700

Brunswick & New Hanover Social Worker for the Blind

(910)-253-2127

219 60 Government Center

Bolivia, NC 28422

Krista Kelly

North Carolina Library for the Blind and Physically Handicapped

1841 Capital Blvd

Raleigh, NC 27635

(919) 733-4376

<https://statelibrary.ncdcr.gov/lbph>

Prevent Blindness North Carolina

4011 WestChase Blvd. Suite 225

Raleigh, NC 27607

(919) 755 5044

<https://nc.preventblindness.org>



Programs Offering Disability Assistance

Brunswick Interagency Program

The Brunswick Interagency Program is a program at Brunswick Community College that is dedicated to supporting and empowering adults with intellectual and developmental disabilities. The program offers adult basic education, employment resources, and transportation to and from classes.

50 College Rd NE, Bolivia, NC, 28422
(910)-755-7394

<https://brunswickcc.edu/home/find-a-program/brunswick-interagency-program/>

SSI/SSDI, Outreach, Access, and Recovery (SOAR) Program

The SOAR Program expands access to Social Security Disability Benefits for eligible adults and children who are experiencing or at risk of homelessness and have a severe mental illness, medical impairment, or a co-occurring substance abuse disorder. Individuals will work with SOAR Caseworkers to provide assistance in completing the SOAR Application, which increases the approval rates of first-time SOAR-eligible applicants from 15% without assistance to 75%.

SOAR Caseworker(s):

- Coastal Disability Advocates
Kathryn Winston
(910)-297-1763
- DukeWELL
(919)-660-9355

Disaster Assistance

Access & Functional Needs Registry

A computerized registry of people w/ special medical needs who may require special assistance in the event of a disaster.

(910)-253-2850

[Access & Functional Needs Registration Form](#)

Disability Rights NC - Disaster Recovery Project

Helps people with disabilities who have been impacted by a disaster, such as a hurricane or flood. They ensure that shelters and temporary housing are accessible to disabled individuals and advocate for accommodations to be provided like special food or service animals.

<https://disabilityrightsncc.org/our-work/disasters/>

Legal Aid of NC - Disaster Relief Program

Legal Aid of North Carolina provides legal assistance and education to survivors of natural disasters, including survivors of Hurricane Helene, by educating individuals on their rights following a natural disaster, assisting clients when applying for recovery fund assistance, and connecting clients to community resources.

<https://legalaidnc.org/topic/disaster/>

U.S. Government Financial Assistance

Offers a variety of services and financial assistance programs to help individuals recover after a natural disaster. They provide help with food access, assistance with bills, mortgage help, and unemployment benefits.

<https://www.usa.gov/disaster-financial-help>

Voluntary Organizations Active in Disaster (VOAD)

Assisting with food, diapers, bill asst., clean-up, tarps, etc.

(910)-253-2589

Leslie.Stanley@brunswickcountync.gov

<https://www.brunswickcountync.gov/317/VOAD-Volunteer-Organizations-Active-in-D>

Disposable Undergarments/Diapers

Aeroflow Urology

Offers a variety of insurance-covered, medical grade incontinence supplies that provide protection and comfort to adults with incontinence. If you have Medicaid, you could qualify for this program to receive free incontinence supplies that are directly shipped to your door on a monthly basis in discreet packaging. Fill out an eligibility form to determine if you qualify for this program.

<https://aeroflowurology.com/incontinence-product-guide>

Brunswick Baptist Association

Assists parents, older adults and caregivers with incontinence supplies, diapers and hygiene products. Prefer referrals from doctors' offices or other local agencies. Must meet income requirements.

Resource Center

1041 Old Ocean Highway // Bolivia, NC
(910)-754-7979

Brunswick Senior Resources, Inc.

*When available through grant funding or donations, BSRI provides incontinence supplies for Meals on Wheels Program recipients upon request. Contact a BSRI Case Manager for details.
(910)-754-2300 -Option 1*

Diaper Bank of NC

Provides incontinence supplies, diapers, and hygiene products for infants, seniors and caregivers who are enrolled in specific agency programs like food pantry programs, Brunswick County Smart Start, Brunswick County Senior Resource Centers and more.

(910)-777-3243

lowercapefear@ncdiaperbank.org

<https://ncdiaperbank.org/lower-cape-fear>

If you are enrolled in Medicaid or a Medicare Advantage Plan, disposable undergarments may be a covered benefit.

Be sure to check with your plan provider to confirm eligibility and coverage details for this benefit.

Durable Medical Equipment/Medical Devices Medical Supplies

Agencies Assisting With Durable Medical Equipment

Disability Resource Center

5041 New Centre Drive, Suite 210
Wilmington, NC 28403
(910)-746-6800
<http://www.drc-cil.org/>

Medicare (Original and Advantage Plans)

Medicare Part B (Medical Insurance) covers medically necessary durable medical equipment (DME). Medicare-covered DME includes, but is not limited to canes, diabetes supplies, oxygen equipment, walkers, and wheelchairs. Please ensure that your doctors and DME suppliers are enrolled in Medicare so Medicare can assist with the cost of DME. Your doctor or other health care provider must prescribe the DME for use in your home to be eligible.

<https://www.medicare.gov/coverage/durable-medical-equipment-dme-coverage>

*If you need more assistance, consult with a BSRI SHIP Counselor.

NC DHHS-Independent Living Program

vehicle & home modification, lift chairs, other dme for those who qualify
(910)-746-6835; Simone
[Independent Living](#)

Neighbor to Neighbor Loaner Program

St. James the Fisherman Episcopal Church
Durable medical equipment lending closet
4941 Main St. Shallotte, NC 28470
(910)-754-9313

Self-Help Credit Union

A nonprofit community development lender offering Assistive Technology Loans for the purchase of devices or equipment.

800-966-7353

Tamara Pereboom, (704)-566-2899

<https://www.self-help.org/personal/loans/other-loans/assistive-technology-loans>

Devices for Deaf and Hard of Hearing

ADCO Hearing Products

(800)-726-0851

www.adcohearing.com

Diglo

(800)-825-6758 V

(800)-825-9187 TTY

(952)-388-2152 VP

www.diglo.com

Hear-More Products

(800)-881-4327 V

(800)-281-3555 TTY

(631)-752-0689

www.hear-more.com

Hitec Group

(800)-965-9043 V

(888)-814-5359 TTY

www.hitec.com

WCI

(800) 233-9130 V/TTY

www.weitbrecht.com

Silent Call Communications

(800)-572-5227 V/TTY

www.silentcall.com



Devices for Visually Impaired

Brunswick & New Hanover Social Worker for the Blind

(910)-253-2127 (Tues & Thurs - BC)
(910)-251-5743 (M, W, F - NH)
krista.kelly@dhhs.nc.gov
219 60 Government Center
Bolivia, NC 28422

Disability Resource Center

910-815-6618
5041 New Centre Drive, Suite 210
Wilmington, NC 28403
<http://www.drc-cil.org/>

Lions Club International

Camp Dogwood for the Blind
Summer Camp for the Visually Impaired
tammy@nclionsinc.org
(828)-478-2135
7062 Camp Dogwood Drive
Sherrills Ford, NC 28673

Lions Clubs-Brunswick County

*Eyeglasses recycling, assistance programs,
vision screenings*
(910)-232-9925

North Carolina Division of Services for The Blind

Provides resources and referrals, in-home instruction in daily living techniques, guidance and counseling, assistive technology, adjustment to vision loss
309 Ashe Ave
Raleigh, NC 27699
(919) 527-6700

NCDHHS Medical Eye Care Program

The Division of Services for the Blind
3240 Burnt Mill Drive, Suite 7
Wilmington, NC 28403
<https://www.ncdhhs.gov/assistance/vision-loss/medical-eye-care-program>
(866)-222-1546
Spanish: (800)-662-7030

North Carolina Library for the Blind and Physically Handicapped

841 Capital Blvd
Raleigh, NC 27635
(919) 733-4376
<https://statelibrary.ncdcr.gov/lbph>

Prevent Blindness North Carolina

4011 WestChase Blvd. Suite 225
Raleigh, NC 27607
(919) 755 5044
<https://nc.preventblindness.org>

Oxygen Supplies

Apria Healthcare

501 Covil Ave., Ste. 400
Wilmington, NC 28403
(910)-343-8930
www.apria.com

Coastal Carolina Respicare

2527 Delaney Ave, Unit A
Wilmington, NC 28403
Office:(910)-362-1414
(800)-821-4897

Family Medical Supply

4600 Main St. #12,
Shallotte, NC 28470
(910)-755-7066

Family Medical Supply

1620 Wright St.
Wilmington, NC 28401
(910) 762-7007
www.familymedsupply.com

Liberty Medical Specialties

1120 Ocean Highway West
Supply, NC
(910)-755-0023

Lincare

25 Union School Rd NW, Shallotte, NC
28469
(910) 755-7277



Education

Brunswick Community College

A public, two-year educational institution provides accessible and affordable programs and services that meet the educational and cultural needs of the community and to provide opportunities for individuals to be successful.

50 College Rd.
Bolivia NC 28422
(910) 755-7300
www.brunswickcc.edu

Brunswick County Literacy Council

The Literacy Council offers tutoring, training, typing and has a literacy teacher, ESL (English as a Second Language) tutoring, in addition to basic literacy tutoring.

282 Ocean Highway
Supply NC 28462
(910)-754-7323
www.bcliteracy.org

Brunswick Senior Resources, Inc. Senior Centers

Computer labs.

Calabash Senior Center

10050 Beach Dr.
Calabash, NC 28467
(910)-754-6226

Leland Senior Center

121 Town Hall Dr.
Leland, NC 28451
(910)-754-3658

Shalotte Senior Center

3620 Express Dr.
Shalotte, NC 28470
910-754-4468

Southport Senior Center

1513 N. Howe St. Ste. 1
Southport, NC 28461
910-754-4106

Supply Senior Center

101 Stone Chimney Rd.
Supply, NC 28462
910-754-845

Waccamaw Senior Center

5841 Waccamaw School Rd. NW
Ash, NC 28420
(910)-286-3998



Financial Assistance

Agencies Providing Financial Assistance

Brunswick County Dept. of Social Services

60 Government Center Drive
Building B
(910)-253-2077

The State/County Special Assistance In-Home Program for Adults (SA/IH)

Provides monthly help with living expenses such as food, shelter and clothing to low-income older adults or adults with disabilities who are at risk of entering a residential facility. Must be Medicaid eligible.

Brunswick Family Assistance

324-I Village Rd
Leland, NC 28451 (910)-408-1365
Satellite Location: 2030 Holden Beach Rd
Supply, NC 28462

Open the 2nd Thursday of the month

<http://www.brunswickfamily.org/>

Catholic Charities

20 N 4th St UNIT 300
Wilmington, NC 28405
Phone: (910) 251-8130

<https://www.catholiccharitiesraleigh.org/>

Harrelson Help Hub Center

Emergency financial assistance may be provided to residents of New Hanover, Brunswick, and Pender counties once every twelve months. The Harrelson Help Hub Center can assist with financial services such as permanent housing, utilities, medications and healthcare, other essential bills, and bus passes, when available.

20 N 4th St., Suite 100

Wilmington, NC 28401

Phone: (910)-769-5357

<https://harrelsoncenter.org/help-hub/>

Southeastern Community Action Partnership- Community Services Block Grant Program

The Community Services Block Grant (CSBG) and Family Empowerment Self-Sufficiency (FESS) project works with families to determine their individual and family strengths, needs, and visions for the future. Participants in the program have achieved great success with moving from poverty to self-sufficiency, achieved gainful employment and medical benefits from their employer, completed education and/or job training, and purchased a home.

143 Holden Beach Rd.,

Suite 1B Shallotte, NC 28459

(910)-754-9441

<https://scapnc.org/community-services-block-grant-program-overview/>

Southport/Oak Island Interchurch

Provides monetary assistance to families in crisis. A referral is required. Please call the Aging Resource Specialist at the Brunswick Center at Southport for information. (910)-754-4106.

<https://soicf.org/>

Energy/Utility Assistance

Brunswick County DSS Programs

60 Government Center Drive, Building B
(910)-253-2077

DSS@Brunswickcountync.gov

Crisis Intervention Program

A federal program that assists those who have no heating or cooling source or has a disconnect notice and the well-being of a household member would be in danger if the heating or cooling crisis was not alleviated.

Low Income Energy Assistance

Check eligibility & Apply Online: <https://epass.nc.gov/>

Assistance with heating bills. Apply Dec. 1st through Jan 31st.

Brunswick Electric Membership Corporation (BEMC) Warm Homes, Warm Hearts Program

The Warm Homes, Warm Hearts program matches donations made to BEMC and assists neighbors in need with their electricity bill to avoid disconnection. This helps individuals in need maintain working electricity to power their refrigerators, air conditioning, and heating systems. BEMC partners with Brunswick Family Assistance and the Columbus County Department of Aging to determine eligibility for this program.

If you are interested in this program, contact your local agency to determine your eligibility:

4800-8/9 Main Street, Shallotte, NC 28470

(910)-754-4766

<https://www.bemc.org/warm-homes-warm-hearts/>

Brunswick Family Assistance

4600 Main St. Shallotte, NC 28470

(910) 754-4766

www.brunswickfamily.org

Brunswick Homeless Coalition

Ocean Isle Beach, NC 28469

1-888-519-5362

www.brunswickhomeless.com

Brunswick Senior Resources, Inc.

Heater and Fan Program

(910) 754-2300, Option 1

Generations Church

4019 Executive Park Blvd. SE

Southport, NC 28461

(910) 454-9302

www.generationschurch.com

St. Brendan's Catholic Church

5101 Ocean Hwy W

Shallotte, NC 28470

(910) 754-8544

www.stbrendan-shallotte.org/#/

*Offers utility and rental assistance



Fitness and Health Promotion

Brunswick Senior Resources, Inc. Senior Centers

Offers a variety of exercise equipment and classes including low impact cardio, line dancing, geri-fit, aerobics & dance, chair yoga, pilates, etc.

Exercise Equipment, Exercise Classes and Wellness Programs offered at Senior Centers. Free for 60+ and \$99 annual for individuals 50-59.

Call Senior Centers for Information

The Brunswick Center at Calabash

10050 Beach Dr.
Calabash, NC 28467
(910)-754-7427

The Brunswick Center at Leland

121 Town Hall Dr.
Leland, NC 28451
(910)-754-7701

The Brunswick Center at Shallotte

3620 Express Dr.
Shallotte, NC 28470
(910)-754-2300

The Brunswick Center at Southport

1513 N. Howe St. Ste. 1
Southport, NC 28461
(910)-754-7109

The Brunswick Center at Supply

101 Stone Chimney Rd.
Supply, NC 28462
(910)-754-7604

The Brunswick Center at Waccamaw

5841 Waccamaw School Rd. NW,
Ash, NC 28420
(910)-286-3998

Parks and Recreation Programs

<https://bcparks.recdesk.com>

(910)-253-2670

****See Senior Games**

SilverSneakers

Silversneakers is a health and fitness program designed for adults 65+ that is included within their Medicare Advantage plan. Members have access to online fitness classes or they can take classes with fitness centers in their area that work with SilverSneakers. Check with your insurance or SilverSneakers website to find a location near you.



Food Pantries

Bolivia

Love of Christ Ministries

4308 Bus. 17 NE | (910)-253-4893

- 1st & 3rd Thu: 12–2 PM
 - 2nd & 4th Thu: 5–7 PM
-

Leland

First Baptist Church

517 Village Rd | (910)-371-2233

- 1st & 3rd Sat: 10 AM-12 PM
- Brunswick County residency required*

Salvation & Deliverance

4402 Northwest Rd | (910)-655-3261

- 3rd Thu & 2nd/4th Sat: 9-11 AM
-

Navassa

Countywide CDC

1183 Old Mill Rd | (910)-383-1724

- 1st & 3rd Wed: 10 AM-12 PM
-

Shalotte

Brunswick Family Assistance

929 Old Ocean Hwy, Bolivia | (910)-754-4766

- Mon/Tue/Thu: 9-12 & 12:30-4
- Wed: 1-4:30 | Fri: 9-12 & 12:30-3

Camp United Methodist Church

4807 Main St | (910)-754-4840

- Fri: 3-5 PM

St. Brendan Catholic Church

5101 Ocean Hwy W | (910)-754-8544

- Wed: 10 AM- 12 PM

South Brunswick Interchurch Council (SBIC)

3610 Express Dr | (910)-477-3430

- 1st & 3rd Fri: 4:30-6 PM
- Sat: 10 AM-12 PM

Trinity Missionary Baptist Church

883 Holden Beach Rd SW | (910)-754-4018

- 2nd & 4th Tue: 10 AM-12 PM

Wings Ministry

4519-1 Main St | (910)-512-7643

- Wed: 12-4 PM
-

Mobile Food Pantry Locations

ID, proof of address, or utility bill required

Waccamaw School

5901 Waccamaw School Rd NW | 1st Thu:
9:30-11:30 AM

Calabash Elks Lodge

937 Carter Dr SW | 2nd Wed: 9:30-11:30 AM

Leland Community Park

1490 Village Rd NE | Mon, Tue, & Fri: 9:30-11:30 AM

Shalotte Treatment Center

4437 Main St | 4th Thu: 9:30-11:30 AM

Trinity United Methodist Church

209 E Nash St | 1st Wed: 9:30-11:30 AM

Sharon United Methodist Church

2030 Holden Beach Rd SW | 2nd Thu: 9:30-11:30 AM

Southport/Oak Island/Boiling Springs Lakes

Shoreline Baptist Church

4198 Vanessa Dr | (910)-457-1909

- Mon: 3-5 PM

Sonrise Independent Baptist Church

8375 River Rd | (910)-477-6161

- 2nd & 4th Mon: 2-4 PM

Southport/Oak Island Interchurch

249 W. Boiling Spring Rd | (910)-845-2320

- Tue & Sat: 8:30-11:30 AM
 - Thu: 4:30-7:30 PM
-

Sunset Beach

Breath of Life Ministries

8148 Ocean Hwy W | (910)-579-5753

- Tue: 12-3 PM

Seaside United Methodist Church

1300 Seaside Rd | (910)-579-5753

- Tue: 9-10:30 AM
-

Supply

Brunswick Islands Baptist Church

1672 Mt. Pisgah Rd | (910)-842-8969

- 1st & 3rd Tue: 8-10:30 AM

Victory Independent Church

516 Varnamtown Rd | (910)-393-7728

- Tue: 1-2 PM
-

Winnabow

St. Mary's Missionary Church Gospel

6401 Ocean Hwy E | (910)-253-7622

- 1st & 3rd Sat: 11 AM-1 PM
-



Fraud

BRUNSWICK COUNTY PROGRAM INTEGRITY/ FRAUD UNIT

Brunswick County's Program Integrity, or Fraud Unit investigates referrals and reports from various sources to determine whether over-payments have occurred in any of the program areas administered by Brunswick County Social Services.

To report suspected fraud or speak to someone regarding a concern, email dss@brunswickcountync.gov or call 910-253-2077 and ask for a fraud investigator.

NC Department of Justice (DOJ)

North Carolina Attorney General's Office: Call **1-877-5-NO-SCAM** or file a complaint online through their website to report consumer fraud, including senior scams and price gouging during an emergency.

- To sign up for information & scam alerts: ncdoj.gov/alertsignup
- Contact the agency directly: (919)-715-7000
- To file a consumer complaint: ncdoj.gov/complaint

To add your phone number to The National Do Not Call Registry: 1-888-382-1222 or Donotcall.gov

North Carolina Senior Medicare Patrol (SMP) Program

The SMP Program is a preventive educational program whose goal is to reduce Medicare error, fraud, and abuse by educating Medicare beneficiaries and caregivers about Medicare benefits in order to understand Medicare Statements such as Medicare Summary Notices, Medicare Part D Prescription Drug Plan (PDP), Explanations of Benefits (EOB), and other related health care statements. Through this knowledge, a person can identify, resolve, and/or report possible billing errors, fraud, abuse, and waste to NCSMP.

Contact NCSMP: (855)-408-1212

The United States Attorney's Office

Medicaid Investigations Division-Medicare or Medicaid Fraud

The prosecution and prevention of health care fraud is an important priority, focusing upon fraud matters involving false billings, violations of the Anti-Kickback Statute and other schemes that victimize patients, health care providers, private insurers and government insurers, such as Medicare and Medicaid. This district investigates fraud by both corporate and individual defendants, including hospitals, nursing home chains, pharmaceutical manufacturers, durable medical equipment suppliers, individual physicians, therapists and other health care providers. report it by phone at 1-800-447- 8477 (1-800-HHS-TIPS), E-Mail at HHSTips@oig.hhs.gov. To report Medicaid fraud in North Carolina, call the North Carolina Medicaid Investigations Division at 919-881-2320.

The United States Immigration & Customs Enforcement

To Report Counterfeit Goods

1-866-DHS-2-ICE or <https://www.ice.gov/webform/ice-tip-form>



Health Care Programs/Health Screenings

Clinics Offering Services Free or On a Sliding Scale

New Hope Clinic

201 W Boiling Spring Rd, Southport, NC
28461

(910)-845-5333

www.newhopeclinicfree.org

Provides basic medical and dental care, diagnostic services and prescription drugs to low Income, uninsured residents of Brunswick County.

New Hope Clinic Mobile Medical Program

New Hope Clinic now offers a Mobile Medical Program to improve access for underserved communities in Brunswick County through two different programs.

- Wellness Wagon: Their Wellness Wagon travels throughout the area to provide essential healthcare services like check-ups, sick visits, and health education.
- Care-A-Van: Their Care-A-Van provides eligibility screenings, enrollment assistance, and community outreach like providing health education and resources to those in need.

[Mobile Medical Calendar](#)

Brunswick County Health Clinic

30 Government Center Drive NE, Bolivia, NC 28422 *The Health Clinics are located in Building A at the Government Complex
(910)-523-2250

<https://www.brunswickcountync.gov/475/Health-Clinics>

The Brunswick County Health Clinic provides a variety of free or low-cost services to Brunswick County residents.

- Breast and Cervical Cancer Control Program (BCCCP): Provides free or low-cost mammograms and cervical cancer screenings and follow-ups to eligible women in North Carolina.
- Family Planning Clinic: Provides education, counseling, and medical

services to improve the reproductive health of adult and adolescent clients. The Family Planning Clinic can provide contraception to prevent unintended pregnancies, offers pregnancy testing and counseling, and helps clients who want to conceive. The clinic accepts private insurance, NC Medicaid, Family Planning Medicaid, and offers income-based sliding scale fees.

- Maternity Health Services: Provides comprehensive prenatal care by physicians and certified nurse midwives and offers a Pregnancy Care Management program by referral to women who have been identified as high-risk. Services include an initial complete physical exam and follow-up exams, a pregnancy care manager, health education, nutritional services, etc. The clinic accepts private insurance, NC Medicaid, Family Planning Medicaid, and offers income-based sliding scale fees.

CommWell Health

(877) 935-5255

aca@commwellhealth.org

www.commwelhealth.org

Shalotte Office
341 Whiteville Rd., Shallotte, NC
28470

Ocean Isle Office
1525 Ocean Isle Beach Rd. Suite 2,
Ocean Isle Beach, NC 28469

Bolivia Office
4311 Old Ocean Highway, Bolivia,
NC 2842

Cape Fear Health Net-Medical Care

Brunswick & New Hanover ONLY

1601 Doctors Cir, Wilmington, NC 28401



(910) 399-2751

www.capefearhealthnet.org

Assists low-income, uninsured who do not qualify for other resources with access to primary care.

Little River Medical Center

4303 Live Oak Drive,

Little River, SC 29566

(843)-663-8000

<https://www.lrmcenter.com/>

Utilizes a sliding scale fee for services based on family income and size. This program reduces the cost of care for eligible patients without insurance or with large insurance deductibles.

Novant Health - Charity Care Program

Offers financial assistance for patients who require medically necessary services if you meet the eligibility guidelines for their program. You can apply for financial assistance by mail, phone, in-person, or through your MyChart. To learn more about eligibility guidelines and apply, visit their website.

240 Hospital Dr NE,

Bolivia, NC 28422

(910)-721-1404

[Charity Care Program](#)

Novant Health - Community Health Worker Program

Community Health Workers provide one-on-one support to focus on patient's health needs, as well as addressing barriers that keep you from handling your health needs, such as access to food, housing, or transportation. They will work with you for approximately 30-45 days and can meet you where you are at, like at your house, work, doctor's office, or in the community. They will build upon resources and support you already have and act as a bridge with your doctor, community, and social service systems. To learn more, contact the Program Manager, Sarah Arthur or Program Supervisor, Mary Bartek McLean..

Sarah Arthur

(910)-667-9411

sarah.arthur@novanthealth.org

Mary Bartek McLean

(910)-667-9418

Health Screenings

Medicare Preventive Benefits

See your "Medicare & You" Book for updated information regarding your benefits.

www.medicare.gov/coverage/preventive-screening-services



Home Health Programs & Providers

Medicaid: Those who qualify for Medicaid may qualify for personal care services (PCS), but only as prescribed by your doctor. To qualify for personal care services, you must show that you need assistance with your activities of daily living such as bathing, dressing, eating and mobility. Your doctor may need to complete a DMA-3051 FORM to facilitate eligibility. For more information visit [North Carolina Medicaid Personal Care Services Program: Benefits & Eligibility](#) or contact a case manager at your local BSRI Senior Center.

North Carolina Dept. of Health and Human Services- CAP Program

Home Health Programs for 65+, blind, disabled who **require a nursing facility level of care** and who are at risk of institutionalization within 30 days.

Contact: Brunswick New Hanover Regional Medical Center (910) 667-7000

[Community Alternatives Program for Disabled Adults \(CAP/DA\) | NC Medicaid](#)

Community Alternatives Program for Disabled Adults (CAP/DA)

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation.

Community Alternatives Program/Choice (CAP/Choice).

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation. An agency arrange

PACE Program-Program of All-inclusive Care for the Elderly

State/Federal program that provides comprehensive health care and services that allow individuals 55+ who qualify for nursing level of care to remain with their family and as opposed to a nursing home or other care facility.

Eligibility: There are only four criteria to be eligible for PACE: age 55 or older, reside in an area served by PACE, be certified as eligible for nursing home level care in NC and be able to live safely in a community setting at the time of enrollment. THIS IS AN ENTITLEMENT PROGRAM and is therefore based on income requirements.

Contact: Elderhaus (910)-343-8209

[PACE Program - ElderhausElderhaus](#)

Special Assistance In-Home Program

The State and County Special Assistance In-Home Program for Adults provides a cash supplement to low-income individuals who are at risk of entering a residential facility but would prefer to live at home.

Eligibility: To determine if you or your loved one is eligible for this program, you must meet with a social worker in your county to conduct a comprehensive assessment and ongoing case management to identify how certain factors influence an individual's ability to live at home. Some of these factors include the functional status of client and need for care and services, availability of family, friends, and neighbors to provide care and services, etc. To learn more about SA-IH in Brunswick County you can call (910)-253-2197.

[Special Assistance In-Home Program](#)

Home Repairs/Modification Programs & Providers

Brunswick Baptist Association

Assists with ramp construction for those who qualify. Eligibility is based on age, income and physical limitations.

1041 Old Ocean Highway, Bolivia, NC
(910)-754-7979

www.brunsbaptist.org

Catholic Charities

Storm damage repair, etc. Income requirements must be met for this program.

Harrelson Center
20 N. 4th Street Ste 300, Wilmington, NC
(910)-251-8130

www.catholiccharitiesraleigh.org/wilmington

Christian Recovery Centers, Inc

Pressure washing & lawn maintenance to seniors meeting income requirements

1994 Ash Little River Rd NW, Ash, NC
(910)-287-4357

Lifepoint Church

1725 Reed Rd NE
Leland, NC 28451
(910)-794-3100

www.lifepointnow.com/benevolence

NC DHHS-Independent Living Program

Bathroom modifications, ramps, auto lifts, walk-in showers, etc. Eligibility requirements must be met.

(910)-746-6800

[Independent Living Program](#)

Seaside United Methodist Church - Hearts & Hammers

Performs household repairs for those who cannot afford them free of charge. They can provide repairs and maintenance with decks, windows, doors, electrical, etc. They cannot help with roofing, mold, or air conditioning, but they can refer you to providers who could help with these things.

1300 Seaside Rd, SW, Sunset Beach, NC
28468

(910)-579-5733

<https://www.seasideumc.org/hearts-and-hammers>

Weatherization Assistance Program

The U.S. Department of Energy Weatherization Assistance Program reduces energy costs for low-income households by increasing the energy efficiency of their home. Families with incomes below 200 percent of the federal poverty guidelines or those receiving cash assistance payments under Work First or Supplemental Security Income are eligible for weatherization services.

<https://actionpathways.ngo/our-programs/weatherization/>

Apply online at this link: [WAP Application](#)

Wilmington Area Rebuilding Ministry- W.A.R.M.

non-profit organization that makes urgent, safety-related home repairs for low-income homeowners.

909 Market St, Wilmington NC
(910)-399-7563

www.warmnc.org

Veterans Association Home Repair/Modification Grants

The VA offers Disability Housing Grants to veterans with certain service-connected disabilities who are looking to buy or change a home to meet their needs and live more independently.

- Specially Adapted Housing (SAH) Grant: You may qualify for a Specially Adapted Housing grant if you utilize the grant money to build, buy, or change your permanent home and you have qualifying service-connected disabilities such as the loss, or loss of use of more than one limb.
- Special Home Adaptation (SHA) Grant: You may qualify for a Special Home Adaptation grant if you use the grant money to build, buy, or change your permanent home and you



have qualifying service-connected disabilities such as the loss or loss of use of both hands, certain severe burns, or certain respiratory or breathing injuries.

- **Temporary Resident Adaptation (TRA) Grant:** You may qualify for a Temporary Resident Adaptation grant if you use the grant money to change a family member's house you are living in if you're living in a family member's home that needs changes to meet your needs and you qualify for a SAH grant or a SHA grant.

To learn more about the differences between these grants and how to apply, visit this website: <https://lawforveterans.org/housing/75-other/47-adapted-housing-grants>

Home Improvement/Structural Alterations (HISA) Grant

This grant provides medically necessary improvements and structural alterations to veterans' primary residences for purposes such as allowing entry or exit from the primary residence, use of essential lavatory and sanitary facilities, etc. This grant applies to veterans who have service-connected disabilities and non service-connected disabilities. Veterans with service-connected disabilities can receive a grant up to \$6,800 to cover home repairs and veterans with non-service-connected disabilities can be approved for a grant of up to \$2,000.

To learn more about how to apply, visit this website:

<https://www.prosthetics.va.gov/psas/HISA2.asp>

Veteran Readiness & Employment (VR&E) Home Adaptation Grant

This grant is designed for veterans with service-connected disabilities that limit their abilities to perform activities of daily living like bathing, dressing, etc. and veterans that can not return to work right away. In order to qualify, you must have a serious employment handicap (SEH), your disabilities prevent you from looking for or returning to work, and you're in need of services to live as independently as possible. From there, you will be evaluated to see if you are eligible for VR&E home adaptation grant.

To learn more about how to apply, visit this website:

<https://www.va.gov/careers-employment/vocational-rehabilitation/programs/independent-living/>

Homeless Resources

Brunswick Homeless Coalition

BCHC PO Box 7411
Ocean Isle Beach, NC 28469
(888)-519 5362
www.brunswickhomeless.com

Brunswick County StreetReach, Inc

Streetreach 24 hr. message center. Also offers mobile showers.
(910)-842-2711
www.bcstreetreach.org

Brunswick Partnership for Housing

A transitional housing agency providing eligible families with a safe in which to live for 9-18 months.
(910)-946-1501
4891 Long Beach Rd. SE
Suite 3 #311
Southport, NC 28461
<https://www.brunswickpartnership.org>

Cape Fear Coordinated Entry

The Coordinated Entry is a community-wide system which ensures equal access to all homelessness response resources through a standardized intake, assessment, and referral process. It is the first step in helping families and individuals obtain housing crisis services in our area.
(910)-444-0621
[Coordinated Entry](#)

Cape Fear Rescue Mission

A Christ-centered ministry serving those living in homelessness in the greater Wilmington area. Rescue Mission of Cape Fear's residential program can provide meals, transportation, clothing, and shelter for up to 16 men at a time. They are a work-based program, so Mission residents work in their thrift store for 30 days then are encouraged to find gainful employment. Residents can stay for up to 90 days.
502 Castle Street, Wilmington, NC 28401
(910)-343-0366
<https://rescuemissioncapefear.org/>

Coastal Horizons Center

24 HOUR HOTLINE

Emergency Youth Shelter
615 Shipyard Boulevard
Wilmington, NC 28412
(800) 672-2903 OR (910)-392-7408

Homeless Crisis Line

not on weekends
(910)-444-4998 (9am-3pm)

Salvation Army Center of Hope Shelter

The new Center of Hope Shelter contains the Center of Hope Shelter and Corps. Community Center. This new center contains 7 family living spaces, and 75 beds, including 12 spaces for women and 38 spaces for men.
1410 William Booth Dr,
Wilmington, NC 28402
(617)-780-2477, Timothy McKinney, Shelter Director
<https://www.buildhope.news/build-hope-brief>

SSI/SSDI, Outreach, Access, and Recovery (SOAR) Program

The SOAR Program expands access to Social Security Disability Benefits for eligible adults and children who are experiencing or at risk of homelessness and have a severe mental illness, medical impairment, or a co-occurring substance abuse disorder.
SOAR Caseworker(s):
Coastal Disability Advocates
Kathryn Winston
(910)-297-1763
DukeWELL
(919)-660-9355

Suds of Love

The mobile outreach truck, Miss Dorothy, travels throughout Brunswick County offering free laundry and shower services to those experiencing homelessness or housing insecurity. They can also donate essential hygiene kits and provide disaster and emergency relief with emergency hygiene products to affected communities.
(910)-280-6760
<https://www.sudsoflovetruck.org/>

Emergency Warming Shelter

Christian Recovery Center Inc.-Warming Shelter

520 Mulberry St., Shallotte, NC
(910)-287-4357

The shelter is open when the temp. drops below 30 degrees for two consecutive nights. The shelter opens at 5pm. Local transportation provided. No guns, tobacco, illicit substances & must be independently mobile.

The Warming Shelter

1403 Market Street at Trinity United Methodist
(Enter on 14th Street side)

The shelter is open when the temp. drops below 30 degrees for two consecutive nights. The shelter opens at 6pm. Dinner is served at 6:30pm. Breakfast is served at 7am.

Day Shelter

First Fruit Ministries

Open twice a week w/ free showers, laundromat, barber, primary medical care, meals, clothing, supplies & full housing navigation services for those who are homeless or victims of trafficking. Through a partnership with MedNorth, provides wound care, diabetic testing and services, prescription medication assistance, HIV/Hepatitis C testing, hypertension monitoring, and other primary care services to patients who are itinerant and incredibly vulnerable.

Social Service Organization

2750 Vance St, Wilmington, NC
(910)-794 9656 x110

<https://firstfruitministries.org>

The Good Shepherd

The Day Shelter is open Monday – Friday 8 AM – 4 PM to homeless neighbors interested in any or all of these services: TV Room, Showers and toiletries, Clothing closet, Help getting a new I.D, Computer and internet access, Resource referral, Laundry service, Lunch 11 AM – Noon, Medical clinic (prescriptions, first aid), Mailing address and phone messages, Cell phone charging station, Help transitioning back to housing.

811 Martin St. Wilmington, NC
(910)-763-4424 x100

<http://www.goodshepherdwil.mington.org>

Domestic Violence Housing

Domestic Violence Shelter and Services, Inc.

2901 Market St. Wilmington, NC 28401

(910)-343-0703

www.domesticviolence-wilm.org

Good Shepherd Center

*Shelter, Soup Kitchen (open to the public), 30 Days are Free – \$3 per night thereafter
Registration: Monday – Friday (Not on a holiday) between 8am - 3:30pm,*

Male, Female, Families

811 Martin Street

Wilmington, NC 28401

(910)-763-4424 x100

www.goodshepherdwilmington.org

Hope Harbor Home Crisis Line

PO Box 230, Supply, NC 28462

(910)-754-5856

www.hopeharborhome.org

Salvation Army

Shelter, Soup Kitchen (for guests of shelter), 2 weeks are free – approx. \$55 per week thereafter. Please call the Salvation Army to inquire about their registration process. Male, Female, and Families. Can hold 40 men, 12 women, and contains 7 family rooms 820 N.

Second Street

Wilmington, NC

(910)-762-2070

www.salvationarmycarolinas.org/capefear/home/

Wilmington Interfaith Hospitality Network/ Family Promise of Lower Cape Fear

The Harrelson Center at 20 N. 4th Street, Suite 440

Wilmington, NC 28401

(910)-769-4730

www.familypromiselcf.org

Families only (victims of domestic violence)



Shelter Services/Soup Kitchens

Brunswick County Streetreach

Partnerships with community churches offering food, shelter, supplies, resources, etc.

(910)-842-2711

<http://www.bcstreetreach.org/>

Dignity Ministry- Little River UMC

Offers showers, hot lunch, and a bag lunch to go.

1629 Highway 17 N., Little River, SC 29566

(843)-249-2329

www.lrumc.net

Shepherd's Table free dinner – Little River UMC

1629 Highway 17 N., Little River, SC 29566

Every Friday 5-7pm in the Fellowship Hall

(843) 249-2329

www.lrumc.net

Soup Kitchen Camp UMC

4807 Main St., Shallotte, NC 28470

(910)-754-4840

3:30p-5:00p

(Call ahead to confirm it's operating.)

St. Philips Episcopal Church

Free lunch every Monday from 11:30 to 1:00pm. All are welcome. Singles, seniors, homeless, parents who just need a break.

205 E. Moore St., Southport, NC 28461

(910)-457-5643

www.stphilipchurch.org/staff

The Good Shepherd Soup Kitchen and Grocery Giveaway

811 Martin Street, Wilmington, NC

(910)-763-4424 ext 100

Breakfast 7-8 AM; Lunch 11 AM-Noon; Open to the public Monday – Friday

To-go plates available. Masks required.

Food Box Distributions Noon-1 PM (Wednesdays only)

Hospice

Hospice offers both Palliative Care and Hospice Care. **Palliative Care**, also known as palliative medicine, is specialized medical care focused on the symptoms and stress of a serious illness. Staff assist in navigating complex healthcare situations, coordinating with your doctors to support your current treatment plan, and helping you manage pain and symptoms to improve quality of life for you and your loved ones. Patients can receive palliative care in their homes, assisted living facilities, hospitals, and skilled nursing facilities. Palliative care nurse practitioners visit patients as needed to assess care needs and provide pain and symptom management. **Hospice Care** begins when the current prognosis indicates a life expectancy of six months or less, or treatment is no longer available or desired.

HOSPICE AGENCIES

Amedisys Hospice Care

1729 Southport Supply Road Unit A
Bolivia, NC 28422
(855)-809-0997
www.amedisys.com

Community Hospice

Brunswick County
497 Olde Waterford Way Suite 208
Belville, NC 28451
(910)-371-6427

Columbia County
333 Jefferson St.
Whiteville, NC 28472
(910)-642-5009

Liberty Home Care & Hospice

Brunswick County
1120 Ocean Hwy W
Supply, NC 28462
(910)-754-8134
New Hanover County

420 Eastwood Rd, Suite 101
Wilmington, NC 28403
(910)-251-8111

Lower Cape Fear LifeCare

TO MAKE A REFERRAL CALL: [800.207.6908](tel:800.207.6908).
New Hanover County
1406 Physicians Drive
Wilmington, NC 28401
(910)-796-7900

OFFERS: Palliative Care, Hospice Care, Respite Care, Memory Partners and 3 Hospice Care Centers.

Memory Partners Program: offers care and support for patients diagnosed with dementia, and for their caregivers through counseling, support groups, respite care, home care and consistent contact from program staff.



Housing Assistance/Affordable Housing/Housing Resources

Affordable Housing Options

Affordable Housing refers to rental properties in which rent is based on income. Such properties receive funding through the Low Income Housing Tax Credit (LIHTC) and therefore must offer a certain number of units for lower income households. Households must earn either less than 50% or 60% of the area median income to qualify for these units. Rents in these units are capped at a maximum of 30% of the set-aside area median income.

Affordable Housing for 55 Plus

Calabash Meadows

60 unit senior housing complex
due for completion in 2023 in Calabash
Call Brunswick Senior Resources, Inc.
to inquire 910-754-2300

Sunset Creek Commons Senior Apts

1401 Sunset Creek Way SW, Ocean
Isle, NC
910-579-6555

Shalotte Villas

Accepts Section-8.
4580 White St., Shalotte, NC
910-754-6437

Westgate Apartments

9200 Ocean Gate Plaza, Leland, NC
910-782-1124

Affordable Housing Community for 62 Plus

Brunswick Village

249 E. 11th Street
Southport, NC 28461
(910) 457-449

Windtree Apartments

1229 N. Caswell Ave. #201
Southport, NC 28461
(910) 457-6051

[Norcomanagement](#)

Garnet Apartments

3972 Garnet Place Drive
Shalotte, NC 28470

Affordable Housing Family & Individual

Abbington Oaks

4744 Abbington Oaks Way,
Southport, NC 28461
(910)-477-6305

[Abbington Oaks of Southport](#)

Cardinal Pointe at the Highlands

37 Paisley Dr. SW,
Shallotte, NC 27470
(910)-294-5702

www.cardinalpointeapartments.com

Egret Pointe

1005 Egret Nest Circle
Winnabow, NC 28479
(910)-501-2743; (910)-371-9400

www.egretpointapts.com

Fiddlers Creek 1 Apartments

1211 N Caswell Ave,
Southport, NC 28461
(910)-457-4575

[Norcomanagement](#)

Park View Apartments

80 Parkview Pl NW
Shallotte, NC 28470
(910)-477-4649

River Pointe

4620 White Street,
Shallotte, NC 28470
(910)-754-5549

Shallotte Manor Apartments

408 Whiteville Road NW
Shallotte, NC 28470
(910) 754-9202

Southport Green Apartments

8000 Pickerrell Drive,
Southport, NC 28451
(910) 457-5200

Other Housing Options

Holiday Motel

2119 James B White Hwy N, Whiteville, NC
(910)-642-5162

\$705 plus tax (monthly rate) for 1 person
2 bedroom \$850 plus tax (monthly rate)
2 bedroom & stove \$1150 plus tax (monthly rate)

Yattie's Place

Independent Living Homes. Full meal served daily. All utilities included. WIFI. Transp. provided for Doctor appts & shopping. Housekeeping service. On 800 acres of land.

\$600/month for shared rooms.

7932 Peacock Rd, Chadburn, NC
(910)-654-6637

VIVO Living Apartments

Studio apartments within walking distance of shopping and dining. \$750 - \$775 monthly.

4903 Market St, Wilmington, NC 28405
(910)-782-4850

<https://www.vivolivingwilmington.com/floor-plans>

Housing Resources

Brunswick County Public Housing Agency

Administers Section 8 Housing Choice Voucher (HCV) to offer low-income families housing units. The family must meet HUD requirements.

60 Government Center Drive NE, Building B, Bolivia NC 28422
(910)-253-2222

<http://www.brunswickcountync.gov/public-housing/>

Brunswick County Tax Department

Property Tax Relief Information (65+ may receive a property tax discount)
<http://www.brunswickcountync.gov/tax-office/elderly-exclusion/>

Brunswick Housing Opportunities

3470 Old Ocean Hwy, Bolivia, NC
(910)-253-0699

Brunswick Partnership for Housing

Providing transitional housing for Brunswick county families in need.
<https://www.brunswickpartnership.org/>

Countywide CDC

Provides homebuyer education
404 Old Mill Rd NE, Navassa
(910)-383-1787

Habitat for Humanity

Builds & rehabilitates homes for those who qualify.
1323 Stone Chimney Rd.
Supply, NC 28462
(910)-454-0007

ReBuild NC - NCORR

Offers rent and utility assistance for those impacted by Covid through the Hope Program.

(833)-275-7262
<https://www.rebuild.nc.gov>

H.U.D. U.S. Department of Housing and Urban Development

(800)-569-4287
<https://www.hud.gov>



In-Home Aide & Home Health Services

In-Home Assistance Programs

Brunswick Senior Resources, Inc.- In-Home Aide Program

In-Home Aide services help individuals who have functional, physical or mental impairments accomplish their daily activities such as bathing, dressing, toileting, cooking, cleaning, laundry.

Contact a case manager at your local BSRI Senior Center

Medicaid: Those who qualify for Medicaid may qualify for personal care services PCS, but only as prescribed by your doctor. To qualify for personal care services, you must show that you need assistance with your activities of daily living such as bathing, dressing, eating and mobility. Your doctor may need to complete a DMA-3051 FORM to facilitate eligibility. For more information visit [North Carolina Medicaid Personal Care Services Program: Benefits & Eligibility](#) or contact a case manager at your local BSRI Senior Center.

North Carolina Dept. of Health and Human Services- CAP Program

Home Health Programs for 65+, blind, disabled who **require a nursing facility level of care** and who are at risk of institutionalization within 30 days.

Contact: Brunswick New Hanover Regional Medical Center, (910) 667-7000

[Community Alternatives Program for Disabled Adults \(CAP/DA\) | NC Medicaid](#)

Community Alternatives Program for Disabled Adults (CAP/DA)

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation.

Community Alternatives Program/Choice (CAP/Choice).

Provides adult day health, personal care aide, home modification, mobility aids, meal preparation. An agency arrange

PACE Program-Program of All-inclusive Care for the Elderly

State/Federal program that provides comprehensive health care and services that allow individuals 55+ who **qualify for nursing level of care** to remain with their family and as opposed to a nursing home or other care facility.

Eligibility: There are only four criteria to be eligible for PACE: age 55 or older, reside in an area served by PACE, **be certified as eligible for nursing home level care** in NC and be able to live safely in a community setting at the time of enrollment. THIS IS AN ENTITLEMENT PROGRAM and is therefore based on income requirements.

Contact: Elderhaus 910-343-8209

[PACE Program - ElderhausElderhaus](#)



Job Training/Job Placement

EDSI (Educational Data Systems, Inc.) Workforce Services

Administers the WIOA Adult and Dislocated Workers program in Brunswick County under Contract with the Cape Fear Council of Governments. Employment and Training Opportunities.

5300-7 Main Street, Shallotte, NC 28470

(910)-754-6120

<http://www.edsisolutions.com>

NC Department of Commerce, Division of Employment Security

File an unemployment claim, inquiry into the status of the claim, resolve Issues associated with a filed claim.

PO Box 25903, Raleigh, NC 27611

(888)-737-0259

www.des.nc.gov

NC Department of Commerce, Division of Workforce Solutions/ NCWorks Brunswick County Career Center

Provides employment assistance, labor market information, TAA.

5300-7 Main Street, Shallotte NC 28470

(910)-754-6120

Marcell Hatten- NCWorks One-Stop Manager Brunswick County

www.ncworks.gov

NC DHHS-Independent Living Program

Provides Counseling, training, education, transportation, job placement, assistive technology and other support services. These services are provided to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.

(910)-746-6800

[Independent Living Program](#)

Southeastern Community Action Partnership- Community Services Block Grant Program

The Community Services Block Grant (CSBG) and Family Empowerment Self-Sufficiency (FESS) project works with families to determine their strengths, needs, and visions for the future. Participants in the program have achieved great success with moving from poverty to self-sufficiency, achieved gainful employment and medical benefits, completed education and/or job training, and purchased a home.

143 Holden Beach Rd., Suite 1B Shallotte, NC 28459

(910)-754-9441

<https://scapnc.org/community-services-block-grant-program-overview/>

United Way Senior AIDES Program

Offers job counseling and training for qualified people age 55+. Applicants must meet certain income-level requirements.

5919 Oleander Drive, Suite 115 Wilmington, NC 28403

(910)-798-3900

Legal Aid

Brunswick Senior Resources, Inc.

Offers notary services at your local BSRI Senior Centers.

Disability Rights North Carolina

Disability Rights North Carolina offers free legal services to North Carolina residents with disabilities. These services include educating people on their rights, self-advocacy assistance, and legal representation.

801 Corporate Center Drive, Suite 118, Raleigh, NC 27607

(877)-235-4210

<https://disabilityrightsncc.org/>

Land Loss Prevention Project

The Land Loss Prevention Project extends legal support and assistance to all financially distressed and limited resource farmers and landowners in North Carolina. Additionally, they provide assistance to elderly and low-income residents of North Carolina who are threatened by predatory lending practices.

401 N. Magnum St., 2nd Fl, Durham, NC 27701

(800)-672-5839

<https://landloss.org/services/index.html>

Legal Aid of North Carolina

Legal Aid of North Carolina is a statewide, nonprofit law firm that provides free legal services in civil matters through a variety of programs and services that assist with defending housing, helping victims of domestic violence, or providing free legal advice.

- **Disaster Relief Program:** Legal Aid of North Carolina provides legal assistance and education to survivors of natural disasters, including survivors of Hurricane Helene, by educating individuals on their rights following a natural disaster, assisting clients when applying for recovery fund assistance, and connecting clients to community resources.
- **Heir Property Pro Bono Project:** Recruits North Carolina real-estate lawyers to help heir property owners establish clear title to their home and land. This is beneficial for individuals who inherit an interest in a property when a relative dies without a will or an estate plan.
- **Lawyer on the Line Program:** Lawyer on the Line is an advice-only, pro bono program that helps individuals by providing critical legal advice to clients struggling with common legal problems such as housing conditions.
- **Second Chance Project:** The Second Chance Project can help expunge criminal records for North Carolinians whose past is keeping them from securing housing, employment, and other necessities.
- **Volunteer Wills Program:** This program assists seniors who own property but have a low enough income to qualify for Legal Aid NC services. Volunteers interview clients and help them prepare their wills, powers of attorney, and advanced directives, depending on the client's needs.

272 N Front St #220, Wilmington, NC 28401

(910)-763-6207

<https://legallaidnc.org/get-help/>

North Carolina Prisoner Legal Services

Provides legal services to North Carolina inmates by evaluating claims regarding an incarcerated person's conviction or sentence and corrects any errors informally or through litigation. North Carolina civil attorneys can also evaluate potential civil rights claims such as use of force by prison staff, dangerous prison conditions, inadequate medical care, etc.

1110 Wake Forest Rd, Raleigh, NC, 27604

(919)-856-2200

<https://www.ncpls.org/who-we-are>

Legal Services

Consultation and Legal Assistance for Seniors

LawHelpNC.org

www.lawhelpnc.org

Legal Aid of NC

Legal aid offers telephone assistance, project screening, assistance, and referral for major areas of help including benefits, housing, civil rights, and domestic violence.

272 N. Front Street, #220

PO Box 814

Wilmington, NC 28402-0184

(910)-763-6207

<https://www.legalaidnc.org>

North Carolina Advocates for Justice

The organization offers an online database that matches the user with a local attorney who will provide a free consultation.

701 Corporate Center Dr, Suite 450

Raleigh, NC 27607

(919)-832-1413

<https://www.ncaj.com/>

North Carolina Elder Law Legal Aid & Pro Bono Services

<https://www.justia.com/lawyers/elder-law/north-carolina/legal-aid-and-pro-bono-services?locate=state>

North Carolina's Statewide Senior Legal Hotline

Housing law, consumer law, employment law, public benefits, civil law

(877)-579-7562 (60+)

www.legalaidnc.org

apply online at same link

Find additional resources and events through our local Area Agency on Aging.

<https://capefearcog.org/area-agency-on-aging/>



Long Term Care/Nursing Facilities

*Questions about how to pay for Long Term Care? Call Brunswick Senior Resources, Inc. at 910-754-2300

For a complete list of Long Term Care Facilities in North Carolina visit the North Carolina Dept of Health and Human Services website at this link [Long Term Care](#).

LIVING FACILITIES DEFINED

Assisted Living Facilities ALFs and **Skilled Nursing Facilities SNFs** are two different facilities with different rules and different programs. If you suspect that a long-term care facility is needed for your loved one, the first step is to have a conversation with the individual's primary care physician. The physician will recommend whether or not your loved one needs a Nursing Home or an Adult Care Home (a.k.a. Assisted Living). Once the determination of level of care is made, the physician will complete a document called an FL2. This is a one-page medical form that lists the physician's recommended level of care as well as medical diagnoses, care needs, and medications.

Assisted Living Facilities ALFs: A facility for frail individuals who need assistance with a number of what we call activities of daily living (ADLs). Think assistance with bathing and toileting, mobility, personal hygiene, feeding. Not all ALFs offer "Memory Care Units" for those with forms of dementia. Monthly costs average \$4,000 for standard care and \$6,000 for memory care.

Skilled Nursing Facility SNFs: (What some call a "nursing home") is a place for folks who are (usually) nonambulatory and with some chronic medical condition that requires skilled care on a daily basis. Think of it as a "step down" from a hospital meant for longer term stays. Monthly costs average \$10,000.

HOW TO PAY FOR IT

Medicare, Medicaid and Special Assistance

1. Medicare: health insurance for 65+. **TO APPLY:** Contact a SHIIP counselor at your local BSRI Senior Center or the Social Security Administration at 800-772-1213

SNFs:

Medicare Part A (Hospital Insurance) covers skilled nursing care in certain conditions for a limited time (on a short-term basis) if these conditions are met:

1. You have Part A and have days left in your benefit period to use.
2. Your doctor has decided that you need daily skilled care. It must be given by, or under the supervision of, skilled nursing or therapy staff.
3. You get these skilled services in a SNF that's certified by Medicare.
4. You need these skilled services for a medical condition that's either a hospital-related medical condition treated during your qualifying 3-day inpatient hospital stay, even if it wasn't the reason you were admitted to the hospital or a

condition that started while you were getting care in the SNF for a hospital-related medical condition.

You pay:

Days 1–20: \$0 for each benefit period .

Days 21–100: \$185.50 coinsurance per day of each benefit period.

Days 101 and beyond: All costs.

Medicare (cont'd):

ALFs:

Medicare typically only covers a short-term stay in a skilled nursing or rehabilitation community while an older adult is recovering from an illness or injury. It can also cover in-home rehab care performed by a home health nurse or therapist.

It does not cover non-medical care services such as:

- Assisted living
- Long-term care in a nursing care community
- Residential care homes
- Non-medical home care
- Generally speaking, Medicaid does not cover room and board fees in assisted living facilities. However, if you have little income and few assets, you may qualify for a program that helps pay for assisted living facilities.

2. Medicaid: Health coverage for people with low income and few assets besides their home. Medicaid is funded partly by the government and partly by the states. That's why qualifications for an individual to receive this type of coverage varies. **Medicaid does not generally cover the cost of ALFs.**

SNFs: Medicaid generally covers the cost of SNFs.

ALFs: Medicaid programs will cover some costs of services received by residents in an assisted living facility.

Medicaid does pay for these assisted living services:

- Nursing care
- Case management
- Medication management
- Assessments
- Medical exams

3. Special Assistance: Individuals with low income are potentially eligible if they are age 65 or older, or if they are disabled according to Social Security disability standards. Your monthly income must be lower than about \$1,300 a month. That's GROSS income. Count Social Security BEFORE deductions for Medicare or other insurance. Count all other income from any source except VA benefits. For memory related disability income cap is around \$1,600 a month. To Apply: call Brunswick County Department of Social Services 910-253-2077.

Assisted Living/Skilled Nursing Facilities-Brunswick County

To learn more about Assisted Living and Skilled Nursing Facilities in Brunswick County, use the following links that are provided by the Cape Fear Council of Government.

[Assisted Living Facilities in Brunswick County](#)

[Skilled Nursing Facilities in Brunswick County](#)

Assisted Living Facilities-Neighboring Counties

To learn more about Assisted Living Facilities in neighboring counties, use the following links that are provided by the Cape Fear Council of Government.

[Assisted Living Facilities in New Hanover County](#)

[Skilled Nursing Facilities in New Hanover County](#)



Medicaid/Medicare

Medicaid: <https://www.brunswickcountync.gov/>

To Apply For Medicaid

Contact:

Brunswick County Dept of Social Services OR Apply online: <https://epass.nc.gov/>

60 Government Center Drive

Building B, Bolivia, NC

Phone: 910-253-2077

Who is eligible for the North Carolina Medicaid Program? You can check your eligibility at ePass.gov. Click on the following link <https://epass.nc.gov/>

Be a resident of the state of North Carolina, a U.S. national, citizen, permanent resident, or legal alien, in need of health care/insurance assistance, whose financial situation would be characterized as low income or very low income. You must also be one of the following:

- Pregnant, or
- Be responsible for a child 18 years of age or younger, or
- Blind, or have a disability or a family member in your household with a disability, or
- Be 65 years of age or older.

Medicare: See page 11 for assistance.

Medication Assistance Program/Medication Packaging Services

Medication Access Program

Provide access to free and low-cost medication through pharmaceutical company programs for low income, uninsured patients who cannot afford them.

Brunswick Senior Resources, Inc.

To get help, contact Marilou Smith, Medication Access Specialist / SHIP Coordinator:

📞 910-754-6559

msmith@bsrinc.org

MedAssist

Provides free prescription medications to North Carolina residents who are uninsured and fall at or below 300% of the Federal Poverty Level. This statewide program is the answer for those who do not have the means to obtain life-saving medications to treat chronic diseases such as, heart disease, diabetes, and asthma. Applicants must live in North Carolina, be uninsured with no access to Medicaid, Medicare, VA insurance or private insurance.-Income at or below 300% of the Federal Poverty Level.call us at 866-331-1348 to request an application.

Medication Packaging-Pill Packs

If you have been prescribed a number of medications that you need to take at different times of the day, it can be difficult to keep track of what medication you need to take and when. Multi-dose packaging bundles your medications together by date and time. Medications to be taken in the morning will be packaged together in one pack, evening medications will be packaged separately and time stamped to take in the evening.

AccuPac

Offers prepackaged medication system. Transfers your prescriptions and call your doctor for any refills you need. Ships free to your home monthly. Only pay your copays.

Amazon-PillPack

Free service, you only pay your copays. Coordinates with your doctor and insurance to gather your prescriptions, schedules your first shipment and orders your refills, packages your medication by time of day and sends them to you. Automatic refills, free delivery, pharmacy support day or night. Accepts most insurance plans.

(855)-745-5725

<https://www.pillpack.com/>

Galloway Sands

Meds sorted for you by dose and time. Pick up in-store or delivery is available. Works with your doctors to automatically manage your refills.

1513 N Howe St #8

Southport, NC 28461

(910)-454-9090

Mental Health & Addiction Programs/Services

Mental Health & Addiction - Important Phone Lines

Brunswick County Anchor Initiative Addiction Hotline | (910)-363-7880

Disaster Distress Helpline | (800)-985-5990

Mobile Crisis Hotline | (844)-709-4097

National Hopeline Network, Suicide & Crisis Hotline | (800)-442-HOPE(4673)

National Institute of Mental Health Information Resource Center |
(866)-615-6464

National Suicide Hotline – DIAL 988

Mental Health Organizations

Coastal Horizons Center

Provides outpatient services such as substance use, mental health, and integrated care.

Highway 17 South (Behind Jones Ford)

120 Coastal Horizons Drive | (910)-754-4515

Rape Crisis: (910)-754-7949

National Alliance on Mental Illness (NAMI)

*Provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives. Offers a NAMI HelpLine that provides confidential, one-on-one emotional support, mental health information, and resources. *The HelpLine is not a crisis line or suicide prevention line; Please call 988 if experiencing a crisis.*

(800)-950-6264 | [NAMI HelpLine](https://www.nami.org/), Available Monday-Friday 10 AM-10 PM

<https://www.nami.org/>

Trillium Access Point Screening Program

Provides 24/7 anonymous, online, evidence-based, self-administered behavioral health self-screenings, educational resources, and referral info in English and Spanish.

(866)-998-2597.

<https://trilliumncaccesspoint.org/>

Trillium Health Resources

Provides intervention and treatment to those with mental illness, developmental disabilities and substance abuse problems.

Wilmington: (910)-550-2556 Crisis: (877)-685-2415 (24/7)

<http://www.trilliumhealthresources.org/>

Addiction Assistance and Recovery Programs

The Brunswick County Sheriff's Office Anchor Initiative Program

Individuals with addictions can contact the Sheriff's Office through referral or officer interaction requesting assistance with addiction. Individuals will be put in immediate contact with a coordinator who will coordinate medical treatment, transport to the local ER to be checked out and explore treatment options while keeping the cost low.

(910)-363-7880

Nutrition Services/Meals

Food and Nutrition Programs

Brunswick County Department of Social Services

Food and Nutrition Service (Food Stamps)

60 Government Center Drive

Building B

Bolivia, NC

910-253-2077

You must apply in person or online

<https://epass.nc.gov/CitizenPortal/application.do>

Brunswick Senior Resources , Inc.

Congregate Meal Program

All BSRI Senior Centers and Senior Nutrition Sites offer weekday congregate meals during lunch time for those 60+ at no cost. (Donations Appreciated). Call 910-754-2300 for more information.

Home Delivered Meals

Weekday hot meals delivered to homebound seniors 60+ who are homebound, unable to shop and prepare meals. An in-home assessment is required to establish eligibility and reassessments are conducted regularly. Eligibility is not based on income. Call 910-754-2300 to schedule an assessment.

Camp United Methodist

Serves community Friday night meals from 3:30-5 p.m. You can pick up these meals at their church or they can be delivered to you.

4807 Main Street

Shallotte, NC 28470

(910)-754-4840

<https://campumc.org/announcements/>

St Peter Lutheran Church

Delivers meals the 2nd and 5th Saturday of each month to homebound seniors in need.

4843 Southport-Supply Road, Southport,

Open Mon-Thur 8:30AM-1:00 PM

(910) 457-5604

<https://stpeterlutheran-nc.org/contact-us>



Food Delivery & Pick Options


If it's hard for you to get to the grocery store or cook every day, there are many simple ways to get food delivered to your home — groceries, hot meals, or frozen ready-to-eat meals.

✓ 1. Grocery Delivery Services

These services let you shop online or by app and have groceries delivered right to your door.


Instacart

- Website: www.instacart.com
- You can order groceries from local stores like Food Lion, Publix, or Aldi.
- A personal shopper will shop for you and deliver to your home.
- You can choose what day and time it arrives.
- *Small delivery fee may apply.*

 **Tip:** Ask a family member or friend to help you the first time.

Walmart Grocery Delivery or Pick-Up

- Website: www.walmart.com
- Enter your ZIP code to find a store near you.
- Click on “**Grocery Pickup & Delivery**” at the top.
- You can choose:
 - **Pick-Up:** Someone you trust picks up your groceries
 - **Delivery:** Groceries delivered to your home

 **Tip:** You can ask someone to place the order for you.


Amazon (Pantry Items)

- Website: www.amazon.com
- Order canned goods, snacks, and household items.
- Delivered to your home in a few days.

 **Tip:** You may need help setting up an account.

DoorDash

- Website: www.doordash.com
- Order hot meals from restaurants or groceries from local stores.
- Delivered to your home, usually within an hour.

 **Tip:** Great option when you don't feel like cooking.

2. Prepackaged Meal Delivery (Ready to Heat & Eat)

These services deliver frozen meals to your home. Meals can be stored in the freezer and heated in the microwave when needed.

Mom's Meals

- Website: www.momsmeals.com
 - Phone: **(811)-508-6667**
 - Offers pre-made meals delivered to your home.
 - Designed for seniors and those with special dietary needs.
 - Keep meals in the freezer; heat in microwave.
-

Magic Kitchen

- Website: www.magickitchen.com
 - Phone: **(800)-766-1765**
 - Frozen, pre-made meals.
 - Options for diabetic, low-sodium, and other medical needs.
 - Easy to heat up in the microwave.
-

MealPro

- Website: www.mealpro.net
 - Phone: **(844)-463-2577**
 - Delivers healthy, pre-cooked meals to your door.
 - Meals stay frozen and are simple to heat.
-

Silver Cuisine

- Website: www.silvercuisine.com
 - Phone: **(844)-404-3633**
 - Specializes in senior-friendly frozen meals.
 - Choose meals that meet your health needs (low salt, diabetic, etc.)
 - Delivered to your home and ready to heat.
-

3. Local Food Assistance


If you're on a fixed income or need free food support, these programs can help.

Food for Seniors – Free Food Box

- Phone: **910-253-0600** or **803-801-1141**
- A box of shelf-stable food (about 30 pounds) is delivered to your home.
- May require that you meet income or age guidelines.

 **Tip:** Call to check if you qualify.

Local Food Pantries

- Contact your nearby food pantry to ask if they can prepare a food box. See **list of local food pantries or (910) 754-2300, Option 1.**
 - Ask a family member or friend to pick it up for you.
 -  **Brunswick Family Assistance – 910-408-1700**
-

Local Churches

- Many churches offer help with food or have volunteers who deliver.
- Call your local church and ask if they offer food programs for seniors.

Pet Health

Fix-A-Friend

Fix-A-Friend is a nonprofit organization that provides low-cost, high-quality spay/neuter services to reduce pet overpopulation in Southeastern NC.

6033 Ocean Hwy E, Winnabow, NC 28479

(910)-253-8161

<https://fixafriendclinic.org/>

Paws-Ability

Paws-Ability is a nonprofit organization that raises funds to assist local animal groups and support their programs to improve animal welfare in Brunswick County, North Carolina.

- **Stella's Touch**- Assists Brunswick County residents with veterinary costs in cases of emergency, serious illness, or injury to their pets.
- **Paw's Pantry**-Provides pet food to three local food pantries and two meals on wheels programs to allow families in need to properly and adequately feed and care for their pets.

6174 Ocean Isle Beach, NC 28469

(910)-269-6885

<https://www.paws-ability.org/>

Pet Sheltering - Brunswick County Sheriff's Office Animal Protective Services 429

Green Swamp Rd.

Supply, NC 28462

(910) 754-8204

<https://aps.brunswicksheriff.com>

Pet Spay or Neutering Vouchers- Brunswick County Sheriff's Office Animal Protective Services

Brunswick County Sheriff's Office Animal Protective Services now has funding for their Spay/Neuter Program. Only two vouchers per household only and all animals must be companion animals. The spay/neuter program is income-based and an application must be filled out at Brunswick County Sheriff's Animal Protective Services.

429 Green Swamp Rd NW, Supply, NC 28462

(910)-754-8204

<https://aps.brunswicksheriff.com/spay-neuter-information/>

Placement Services

Assisted Living Locators

Assisted Living Locators support families with their search for the best senior living options for their loved ones. Their case managers engage in a four step process that starts with an in-depth assessment of you or your loved ones' needs, thoughtful analysis and recommendations, assistance with the selection process, and transition support. They provide an unbiased, free service as they will be compensated by the home-care provider or senior living community that is selected by you or your loved one.

Contact Paul and Lexi Beall, the Assisted Living Locators for Wilmington and surrounding areas, for more information.

(910)-742-3797

<https://assistedlivinglocators.com/care-advisor/north-carolina/wilmington>

Choice Connections - Placement Services

A Certified Senior Advisor® (CSA) offering local expert knowledge to help you negotiate the many options and questions you may have on senior living, in-home care and local community resources.

PO Box 967

Wilmington, NC 28402

(910)-338-3003

www.ChoiceConnectionsCF.com

Preferred Living Solutions

Senior care managers work with older adults in Brunswick County to ensure that they receive personalized and high quality care. Senior care managers assess individual needs, create comprehensive care plans, and facilitate access to a range of resources including medical care, home health services, and community programs.

9121 Anson Way, Ste 200

Raleigh, NC 27615

(919)-554-0675

<https://preferredlivingsolutions.com/senior-care-in-brunswick-county/>

Veteran Services

910-253-2233

<https://www.brunswickcountync.gov/472/Veterans-Services>



Respite Services

Brunswick Senior Resources, Inc.

Respite Program

Provides respite to eligible caregivers on a short term, temporary basis. In-home assessments are conducted in order to determine eligibility and to assess for additional services. Resources, education and care management are also provided.

Contact: A case manager at your local BSRI Senior Center.

Area Agency On Aging

Project C.A.R.E. (Caregiver Alternatives To Running On Empty)

State-funded, dementia-specific support for caregivers of persons with Alzheimer's disease. The goal of Project C.A.R.E. is to increase quality, access, choice, and the use of respite care for caregivers. Caregivers in crises are provided timely individualized assessment, guidance, counseling and limited respite care.

Contact: Dana Bentley
Project C.A.R.E Family Consultant

(910)-408-6365

dbentley@capefearcog.org

<https://capefearcog.org/area-agency-on-aging/project-c-r-e/#>

Respite Vouchers

Eligible caregivers can receive vouchers to provide in-home respite care and/or respite in group settings such as Adult Day Care/Health. Funds are limited.

North Carolina Lifespan Respite Project

An application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$500 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available. Applicants must be referred to the program by a local professional organization. Contact your senior center for more information.

<https://www.highcountryaging.org/node/83>

GUIDE Program

GUIDE (Guiding an Improved Dementia Experience) is a new Medicare pilot program that is designed to improve the quality of life for people with dementia and their unpaid caregivers. GUIDE can provide up to \$2,500 each year for respite benefits which can pay for in-home caregivers, overnight respite care, or adult day care so caregivers can have a break. Caregivers also receive access to a 24 hour phone hotline and families are assigned to a care navigator who helps them find local services such as access to meals and transportation.

<https://www.cms.gov/priorities/innovation/innovation-models/guide>

Providers of GUIDE Program in Brunswick County:

- **BrightStar Care:** *BrightStar Care is another participant of the GUIDE Program. They offer personalized dementia care, caregiver support, respite care, and care coordination. 2709 Market St. Suite 201, Wilmington, NC 28401*



(910)-218-2252

<https://brightstarcare.com/how-we-help/#GUIDE>

- **Lower Cape Fear LifeCare Memory Partners:** *Within Brunswick County, Lower Cape Fear LifeCare Memory Partners is one of the 20 programs within North and South Carolina that were chosen to participate in the GUIDE Program.*

1414 Physicians Dr, Wilmington, NC 28401

(800)-733-1476

<https://lifecarememorypartners.org/how-we-help/#GUIDE>

Hilarity for Charity

HFC Respite Grants: HFC Respite Grants cover the cost of professional, in-home, or Adult Day Center Care to provide relief to caregivers

- Adult Day Center Respite Grant: 24 days of respite care to be used within 3 months of the first date of care.
- In-Home Respite Grant: 100 hours of total respite care to be used within 3 months of being awarded.

<https://www.wearehfc.org>

Email: info@wearehfc.org

Lower Cape Fear LifeCare

Respite care is provided through the Medicare Hospice Benefit, which allows loved ones to stay in Lower Cape Fear LifeCare's Care Centers for up to five consecutive days without any out-of-pocket costs to the family. In order to arrange a respite stay, you must speak with your care team and it must be pre-authorized by a nurse case manager.

<https://lifecare.org/news-events/respice-care-a-welcoming-break-for-caregivers/>



Safety Devices & Safety Programs

Medical Alert Systems w/out Service Fees

LogicMark Guardian Alert 911-requires a landline

Pushing the blue button connects you directly with 911. LogicMark promises no service charges or contracts with this device. The system and its battery can be tested periodically to ensure that it'll work when needed. The pendant is water-resistant and provides two-way communication.

Cost is about \$299. [LogicMark](#)

SkyAngel 911 FD

This medical alert system stands out among other unmonitored medical alert systems because it has emergency cellular service and automatic fall detection. This system is fully independent and does not require pairing with a cell phone or a connection to your home landline. SkyAngel also features two-way voice communication to let you speak with the operators.

Cost is about \$175.88. [SkyAngel 911 FD](#)

Wyze Cam Smart Home Camera-requires smartphone and wifi

See inside your home using your mobile phone. Pan, tilt, and zoom: Control remotely, or monitor a room automatically by setting 4 predefined waypoints. Panning has a 360° left/right rotation range and tilting has a 93° vertical up/down range. Now with Color Night Vision.

Two-way audio: Speak with anyone you care about through the Wyze app.

The cost is about \$40. [Wysecamv3](#)

FINANCIAL ASSISTANCE FOR MEDICAL ALERT SYSTEMS W/ SERVICE FEES

Medicaid Waivers

Medicaid's Home and Community Based Services (HCBS) waivers or 1915 waivers offer Personal Emergency Response Services as a standard included benefit. North Carolina's Community Alternatives Program (CAP) increased their monthly budget from \$30.77 to \$41.66 for Personal Emergency Response Services (PERS). If you qualify for CAP, you could potentially have your medical alert system covered without having to worry about the monthly fees.

[Medicaid Waivers](#)

Medicare Advantage Plans

Original Medicare (Parts A and B) will not cover medical alert systems because they are not considered durable medical equipment (DME). However, Medicare Advantage Plans (Medicare Part C) may include additional benefits such as partial or full coverage for medical alert systems. You can check your Medicare Advantage plan by calling the number on the back of your card, reviewing your Evidence of Coverage (EOC) document, visiting the Medicare website or calling your doctor to find out what your plan covers.

(800)-633-4227

[medicare.gov](#)

Veterans Affairs Support

Veterans of all ages may be eligible for a free medical alert system from providers that have partnered with the Department of Veterans Affairs. The two VA-approved medical alert systems

are Latitude Mobile Alert and MedEquip Alert. Both of these devices are free for eligible veterans with no upfront or monthly costs when they are prescribed by a VA physician and authorized by the VA.

VA Benefits helpline: (800)-827-1000

[Latitude Mobile Alert](#)

[MedEquip Alert](#)

Safety Programs

The Brunswick County Sheriff's Office's "Are You Okay?" Program

The "Are You Okay?" system makes daily computer generated calls to subscribers at their pre-determined time each day, seven days a week, 365 days a year. If the subscriber is okay, they simply hang up the phone after hearing the pre-recorded message. The computer assumes the subscriber is okay if they answer the telephone. If the subscriber does not answer the phone, it will alert the Sheriff's Office and someone will try to make contact with that person or key holder to check on the subscriber. If they cannot make contact, a law enforcement officer will be dispatched to their residence.

Contact: the Brunswick County Sheriff's Office I.M.P.A.C.T. Unit at (910)-253-2749.

Project Lifesaver (Free Alert System)-Brunswick County Sheriff's Office

A FREE service for Brunswick County residents who are caring for loved ones with Alzheimer's disease or other conditions that make them likely to wander away or who have difficulties communicating with rescuers. Project Lifesaver bracelets can help rescuers find a loved one who has wandered away.

Contact the I.M.P.A.C.T. Unit (910)-253-2749

<https://www.brunswicksheriff.com/community-programs/project-lifesaver>

"We Care" Calling Program of Southport

A free telephone reassurance service offered by the Southport Police Department. The Southport Police Department places a daily call to each person enrolled at a specified time. If no response is received, an Officer is dispatched to the residence to ensure the person's safety. for info call (910)-457-7911



Senior Games & 50+ Programs

Brunswick County Gator Senior Games, SilverArts, & Classes/Fitness

<https://bcparks.recdesk.com/Community/Page>

Brunswick County Parks and Recreation

Khrystye Haselden

910-253-2677

Calendar of events

<https://bcparks.recdesk.com/Community/Calendar>



Social Security

(Contact your local Brunswick Senior Resources, Inc. Senior Center for assistance through SHIP Counseling, see pg. 11)

Apply For Social Security Retirement Benefits

Wilmington Social Security Office

1528 S 16th St, Wilmington, NC

1-866-964-6227

Apply By Phone 1-800-772-1213 (TTY 1-800-325-0778)

Apply Online <https://secure.ssa.gov/iClaim/rib>

Whiteville Social Security Office

204 S Lee St., Whiteville, NC, 28472

(800)-772-1213

Apply By Phone 1-800-772-1213 (TTY 1-800-325-0778)

Apply Online <https://secure.ssa.gov/iClaim/rib>

Social Security Disability Insurance

The Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) programs provide assistance to people with disabilities.

To apply for Social Security: 1-800-772-1213 (TTY 1-800-325-0778)

To apply Online: <https://secure.ssa.gov/iClaim/dib>

Social Security - Fraud and Security

- Get a free credit report at annualcreditreport.com or 1-877-322-8228
- For prevention tips and free resources visit FTC.gov/idtheft
- To report tax issues and identity theft visit irs.gov/identity-theft-central or call 1-800-908-4490

Support Groups

In Person Support Groups

Alzheimer's & Related Dementia

Memory Cafe at St. Peter Lutheran Church

4843 Southport-Supply Rd SE |
(910)-457-6039

1st Wednesday: 1-3 PM

Facilitator: Joy Miller:

joymillern@gmail.com

Facilitator: Barbara Grever:

begrever@gmail.com

<https://splc-nc.org/memory-cafe/>

Brunswick Forest

Hammock Lake Community Room
2162 Shelmore Way

Every Tuesday: 10-11 AM

Eileen Scanlon eileenscanlon@gmail.com

[CareGivers Group](#)

Dementia Support Group at SW Brunswick Branch Library

9400 Ocean Hwy W

1st Thursday: 12:30-2:30 PM

Holly Neddermann, hn2021@comcast.net

<https://brunSCO.libcal.com/event/15581100>

Dementia Support Group at Seaside United Methodist Church

1300 Seaside Road SW | (910)-579-5753

2nd Tuesday: 1-2:30 PM

Facilitator: Judy Rocklage,

jarocklage@gmail.com

LifeCare Memory Care

<https://lifecarememorypartners.org/calendar/memorypartners@lifecare.org>

Together in Harmony: Music for Dementia Care

487 Village Rd NE |(908)-910-5939

4th Wednesday: 01/28, 02/25, and 03/25

2:00-3:00 PM

contact@harmonyindementia.com

<https://brunSCO.libcal.com/event/15600085>

*Free for all participants *Space limited (30 max) - Registration required*

General- All Caregivers Welcome

The Brunswick Center at Calabash

10050 Beach Drive | (910)-754-2300 ext. 1

4th Wednesday 1:30PM - 3:00 PM

Vikki Hine

vhine@bsrinc.org

The Brunswick Center at Leland

121 Town Hall Drive | (910)-754-2300 ext. 1

4th Thursday: 10:00-11:30 AM

Sandy Porcaro

sporcaro@bsrinc.org

The Brunswick Center of Shallotte

3620 Express Dr. | (910)-754-2300 ext. 1

2nd Tuesday: 10:00-11:30 AM

Laura Collins

lcollins@bsrinc.org

The Brunswick Center at Southport

1513 N. Howe St., Suite 1 | (910)-754-2300 ext. 1

4th Wednesday: 10:00 -11:30 AM

Tikila Morgan

tmorgan@bsrinc.org

The Brunswick Center at Supply

101 Stone Chimney Road | (910)-754-2300 ext. 1

2nd Thursday: 10:00-11:00 AM

Kenneth Chisholm

kchisholm@bsrinc.org



Grief

Camp United Methodist Church

4807 Main St, | 910-754-4840

www.campumc.org/support

Lower Cape Fear Lifecare Grief Groups and Workshops

(910)-796-7900

<https://lifecare.org/grief-groups-workshops/>

GriefShare

A 13-week program - Non-church members may attend.

www.griefshare.org

GriefShare at Seaside United Methodist Church

1300 Seaside Rd SW, | (704)-860-0974

Contact: Mike Waggoner,

mwaggonergolf@gmail.com

*13-week cycle offered 3x per year (*Can join group at any time)*

Seaside United Methodist Church

1300 Seaside Rd SW |

2nd Tuesday: 1-2:30 PM

Contact: Judy Rocklage,

jarocklage@gmail.com

R.I.S.E. - St. James Community Center

4136 Southport Supply Rd, SE |

614-323-8729

2nd & 4th Wednesday: 3-4 PM

Contact: Susan Werlinich,

swerlinich50@gmail.com

Parkinson's & Lewy Body Dementia

Durham Parkinson's Disease Support Group

A virtual support group that is held virtually on Zoom and offers three types of groups: the Durham Parkinson's Disease Support Group, a Young Onset Parkinson's Disease (YOPD) Support Group, and a Loud and Proud group designed to learn effective speech exercises and practice communication skills for those with Parkinson's.

(919)-681-2656

[Durham Parkinson's Disease Support Group](#)

Parkinson Association of the Carolinas

A virtual support group that offers free educational and interactive sessions on topics directly related to Parkinson's disease.

P.O. Box 1465, Matthews, NC, 28106

(980)-245-2786

pac@parkinsonassociation.org

<https://www.parkinsonassociation.org/event/virtual-support-group/2025-10-01/>

Seaside United Methodist Church

1300 Seaside Road SW | (910)-579-5753

4th Wednesday: 10-11:30 AM

Contact: Susan Freeman, susan@my1010.org

A support group that welcomes all who have been affected by Parkinson's in some way. The group will focus on movement, music, & will welcome guest speakers, & the opportunity to share time with each other in support.

Sacred Heart Catholic Church

5269 Doshier Cutoff SE | (910)-457-6173

Contact: Ted Stephens, ted.stephens701@gmail.com

Recovery

Celebrate Recovery

For all hurts, habits, and hangups

www.celebraterecovery.com

- **Beach Assembly of God**
20 Bliss Rd NW | (910)-721-0544
Mondays at 7:00 PM
Contact: Renee Cooper
renee.cooper087@gmail.com
- **Generations Church**
4019 Executive Park Blvd SE |
(910)-454-9302

Fridays at 6:00 PM

Contact: Leanne Vinal

leanne@generationschurch.com

Alcoholics Anonymous

www.AA.org

Narcotics Anonymous

www.NA.org

Stroke Support

The Brunswick Center at Southport Stroke Support Group

3rd Monday 1:00PM-2:30 PM

Group Facilitator: Kevin Whiteheart & Marcy Merkle

(910) 754-7109 (The Brunswick Center at Southport)

Kevin: kevin.whiteheart@gmail.com Marcy: mmerk394@outlook.com

Virtual Support Groups

Lifecare Memory Partners/Alzheimer's Assoc

Male caregiver groups are a safe place to share and learn helpful tips and meet other men coping with caring for a loved one living with Alzheimer's or dementia. If you are attending for the first time, you're encouraged to connect with the support group facilitator prior to joining. here for registration information.



First Friday of the month; 10:00 am - 11:30 AM

Contact Brooke Banson-Vallely

(919)-241-5960

LifeCare Memory Partners - Virtual Caregiver Support Group

A welcoming support group facilitated by a compassionate team member from Memory Partners and is hosted through Zoom. Each session begins with 10-15 minutes of helpful education, then the floor is open for heartfelt conversation, shared experiences, and mutual support.

Second Thursday of each month; 10:00 a.m. - 11:00 AM

(910)-796-7975 or RSVP Online

[Virtual Caregiver Support Group](#)

Transportation

There are two categories of transportation services: general and medical.

An agency may provide general or medical or both.

1. **General Transportation:** destinations may include, but are not limited to, nutrition sites, senior centers, shopping centers, pharmacies and recreational facilities.
2. **Medical Transportation:** destinations may include, but are not limited to, doctor's offices, hospitals, and health clinics.

If you are **Medicaid**-eligible then Medicaid will support your ride to Medicaid covered services. Contact your social worker or call your **local Department of Social Services** for assistance. 910-253-2077

General Transportation

Brunswick Transit System

Travels all across Brunswick County but does not travel to New Hanover County. Reservation of 2 days notice required. Drivers cannot assist riders. Fares for general public riders are \$3-\$5 one-way depending on the destination. You can ride Monday-Friday 8:00 a.m.-4:30 p.m.

5040 Main St. | (910)-253-7800

www.brunswicktransit.org

Shally Shuttle

A program within the Brunswick Transit System that provides free transportation to assist seniors and individuals with disabilities by offering hourly transportation services in Shallotte.

Shally Shuttle occurs Monday-Friday 9:00 a.m.-2:00 p.m.

[Shally Shuttle Schedule](#)

Coastal Companion Care

Providing transportation to medical appointments, outpatient therapy, dental

Medical Transportation

Ivory Accessible Transport Services, Inc.

Provides medical transport for those who cannot leave home without assistance. They are open Monday-Friday 9:00 a.m.-5:00 p.m. They can transport people living in Brunswick County and you can obtain a quote for transportation.

(910) 264-9329

(910) 262-3670

procedures. Employee screening includes background checks, DMV driving records, insurance/registration
Southport (910)-457-5300
Wilmington (910)-444-0650

Road To Recovery

Volunteer drivers help patients who need to get to their cancer-related treatments.

(800)-227-2345

[Road To Recovery](#)

Wave Transit-Ride MICRO

Passengers can book an on-demand ride from a virtual stop and be connected to Wave Transit's fixed-route service or brought to their destination.

M-F 6AM-9AM; 4:30PM-7:30PM. \$2 one way. RESERVE 1HR IN ADVANCE.

**Only available in New Hanover County and a part of Leland.*

(844)-764-1223

[How to Ride Microtransit](#)

MedTrans of NC, LLC.

Provides medical transportation for those who cannot leave home without assistance. They do provide transportation assistance to those living in Brunswick County. Please call to confirm availability because their appointments can book up quickly.

Contact: Eddie Smith

(910) 431-2996



Veterans Services/Information

Brunswick County Services for Veterans

10 Referendum Drive (Building F)

Open 8:30 a.m. to 5 p.m., Monday – Friday.

(910)-253-2233

<http://www.brunswickcountync.gov/veterans-services/>

Anita Hartsell, Senior Veterans Service Officer,

Email: anita.hartsell@brunswickcountync.gov

Tracy Walts, Veterans Services Technician,

Email: tracy.walts@brunswickcountync.gov

Brunswick County Veterans Clinic

Address: 18 Doctors Circle Suite 2, Supply NC 28462

Phone: (910)-754-6141

Hours: Monday-Friday 8:00am-4:30pm

For information on Health Benefits eligibility, call the hotline at (877)-222-8387 or visit the <https://www.vets.gov/healthcare/> web site.

North Carolina Department of Veterans Affairs (DVA)

Physical Address: 413 North Salisbury Street,
Raleigh, NC 27603

Mailing Address: 4001 Mail Service Center
Raleigh, NC 27699-4001

(844)-624-8387

www.milvets.nc.gov/

Suicide Prevention for Veterans

The Veterans Crisis Line

Offers free, confidential support, 24 hours a day, 7 days a week, 365 days a year.

(800)-273-8255, Press 1

Chat online: <https://www.veteranscrisisline.net/get-help/chat>

Text 838255

Mental Health Assistance for Veterans

Coastal Horizons Veterans Outreach Program

Coastal Horizons is partnering with Save a Vet Now (SAVN) to offer financial support for veterans who need mental health services. If a veteran can not access mental health services because they can not afford a co-pay or self-pay costs that are not covered by the State, Medicaid, Medicare, etc., then this program will help cover those costs for the veteran. For authentication, veterans must show their proof of veteran status, which could be one of the following certificates: DD-214, DD-215, WD AGO 53/55, NAVMC 78-PD, or NAVPERS. Alternatively, veterans can use their veteran designation on their drivers license.

120 Coastal Horizons Drive | (910)-754-4515

<https://coastalhorizons.org/services/veteran-services/>

Housing Assistance for Veterans

Disability Housing Grants

The VA offers Disability Housing Grants to veterans with certain service-connected disabilities who are looking to buy or change a home to meet their needs and live more independently.

- **Specially Adapted Housing (SAH) Grant:** You may qualify for a Specially Adapted Housing grant if you utilize the grant money to build, buy, or change your permanent home and you have qualifying service-connected disabilities such as the loss, or loss of use of more than one limb.
- **Special Home Adaptation (SHA) Grant:** You may qualify for a Special Home Adaptation grant if you use the grant money to build, buy, or change your permanent home and you have qualifying service-connected disabilities such as the loss or loss of use of both hands, certain severe burns, or certain respiratory or breathing injuries.
- **Temporary Resident Adaptation (TRA) Grant:** You may qualify for a Temporary Resident Adaptation grant if you use the grant money to change a family member's house you are living in if you're living in a family member's home that needs changes to meet your needs and you qualify for a SAH grant or a SHA grant.

To learn more about the differences between these grants and how to apply, visit this website: <https://lawforveterans.org/housing/75-other/47-adapted-housing-grants>

HUD-Veterans Affairs Supportive Housing (HUD-VASH) Program

This program combines the HUD's Housing Choice Vouchers (HCV) which provides rental assistance for homeless veterans with case management and clinical services offered by the Department of Veterans Affairs (VA). VA case managers can help veterans with other services such as health care, mental health treatment, and substance use counseling to help them maintain housing in their community. The VA provides these services at VA medical centers, community-based outreach clinics, or through other designated VA entities. To learn more, contact your local VA clinic.

Brunswick County VA Clinic

18 Doctors Circle, Suite 2 | (910)-754-6141

National Call Center for Homeless Veterans (NCCHV)

If experiencing homelessness, call the National Call Center for Homeless Veterans. From there, a trained VA staff member will conduct a brief screening of each homeless veteran, and the NCCHV responder will obtain information about the caller's current living situation, family, employment, etc. Then the caller will be connected with a homeless specialist at the closest VA facility.

Open 24 hours, 7 days a week.

(877)-424-3838

[National Call Center for Homeless Veterans](#)

Supportive Services for Veteran Families (SSVF) Program

This program supplies case management and supportive services to very low-income veterans to prevent the imminent loss of a veteran's home or to rapidly re-house veterans and their families who are homeless and might remain homeless without this assistance. First, they provide crisis resolution to mediate the risk of housing loss and offer temporary financial assistance to cover the cost of things like rent, utilities, etc. Finally, the case management provides supportive services to help them maintain their housing long-term. The Volunteers of

America Organization offers this program and serves veterans in Brunswick county, and all across North Carolina.

507 W. Innes Street, Suite 280, Salisbury, NC 28144

(980)-643-4439

<https://www.voachesapeake.org/locations/supportive-services-for-veteran-families-nc-4/>

Job Search Resources for Veterans

Marcell Hatten

Veterans Representative

Department of Commerce, Division of Employment Security

5300-7 Main Street, Shallotte, NC 28470

(910) 754-5627

Vision/Hearing Resources

Resources for the Visually Impaired

Be My Eyes

Their mission is to help individuals who are blind or have low vision, by connecting them to sighted individuals on their app who can help them tackle the inaccessible parts of everyday life. It is a free app that connects users with volunteers instantly. They will utilize your phone's outward-facing camera to provide real-time descriptions and assist with everyday tasks.

[Be My Eyes](#)

Brunswick & New Hanover Social Worker for the Blind

Services to individuals who meet financial and visual eligibility requirements. Services include payment of eye exams, prescription glasses, and eye-related surgery costs, and equipment for the visually-impaired including talking books and audio cassette players.

Krista Kelly

Phone: (910)-253-2127 (Tues & Thurs - BC)

Phone: (910)-251-5743 (M, W, F - NH)

krista.kelly@dhhs.nc.gov

PO Box 219 60 Government Center, Bolivia, NC 28422

Disability Resource Center

Open Mon - Thu 9 AM - 4:30 PM

(910)-815-6618

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

<http://www.drc-cil.org/>

Lions Club International

Eyeglasses recycling services, individual assistance programs, and mobile vision screenings.

Shallotte (910)-232-9925

Wilmington (910)-791-3015

Vision Assistance Form

<https://southportlions.org/individual-vision-assistance-program/>

Lions Club Directory

<https://directory.lionsclubs.org/>

Lions Club International Camp Dogwood for the Blind (Summer Camp for the Visually Impaired)

Email: tammy@nclionsinc.org

Phone: (828)-478-2135

Near Lake Norman and offers recreational activities such as boating, fishing, swimming, tubing, art, crafts, mini golf, and off campus trips to shopping, seminars, bowling, the art museum and zoo to those with visual impairments. Ages 18yo to 100yo.

Pricing:

For blind/visually impaired residents, the weekly fee is \$225

Caregivers have a fee of \$275, while companions have a fee of \$400.

There are scholarships available and to see if you can obtain a scholarship, please reach out to your local Lions Club.

<https://nclionscampdogwood.org/application-fees-schedule/>



New Hope Clinic

The New Hope Clinic provides free vision screenings at their Boiling Springs location on the first Tuesday of every month from 1:30-3:30 p.m. This service is for individuals on Medicaid and un-insured individuals with a low-income. This service is by appointment only so please contact the New Hope Clinic to schedule your vision screening.

201 W Boiling Spring Rd, Southport, NC 28461

(910)-845-5333

<https://newhopeclinicnc.org/services/>

North Carolina Division of Services for The Blind

The North Carolina Division of Services for the Blind provides a variety of services and resources for deaf and blind individuals in North Carolina. For instance, they can provide assistance for those who need to purchase adaptive technology to live a more independent life. They also offer vocational rehabilitation services to help you find a job, keep a job, or return to work.

- **NCDHHS Medical Eye Care Program:** This program utilizes every available resource to prevent blindness and restore vision for individuals who are at risk for losing sight or have lost sight. The Medical Eye Care Program delivers preventative and corrective services but they may be able to assist with eye-related surgery and/or treatment if you are a North Carolina resident and do not qualify for Medicaid. They may also be able to assist with medication assistance if you do not have Medicaid and can not afford your eye medication. However, eligibility must be determined by a social worker for the blind.

To learn more about the Medical Eye Care Program, visit this website:

<https://www.ncdhhs.gov/divisions/services-blind/medical-eye-care-program-preserving-or-improving-your-vision>

Address: 309 Ashe Ave, Raleigh, NC 27699

Phone: (919)-527-6700

<https://www.ncdhhs.gov/divisions/services-blind>

The Division of Services for the Blind

This is the Wilmington location for the NC Division of Services for the Blind that also serves Brunswick County. Their organization aims to help people with visual impairments achieve independence and employment. They offer the same services and programs as the NC Division of Services for the Blind listed above.

3240 Burnt Mill Drive, Suite 7

Wilmington, NC 28403

(910)-945-6130

Spanish: (800)-662-7030

North Carolina Library for the Blind and Physically Handicapped

This is a special public library that provides books and magazines especially made for people who can not use regular printed material because of a visual, physical, or reading disability. Their library contains more than 150,000 braille and audio book titles and over 100 magazines. This service is completely free and they have a wide range of genres for every reader to enjoy such as romance, western, non-fiction, etc. You can receive the title by either downloading it or it can be mailed directly to and from your residence at no cost.

841 Capital Blvd, Raleigh, NC 27635

(919) 733-4376

<https://statelibrary.ncdcr.gov/lbph>

Prevent Blindness North Carolina



Prevent Blindness North Carolina is a non-profit organization that aims to prevent blindness and preserve sight through direct services and programs, education, and advocacy. For instance, they have preschool children and children's vision screening programs to ensure that schools are able to conduct vision screenings in accordance with national guidelines so that vision problems can be detected and treated early. They also have adult vision screening programs for those with diabetes or who may not even know they have diabetes, since diabetes and old age can be the cause of many eye diseases such as glaucoma, macular degeneration, etc. Finally, they have financial resources for youth up to age 19 in school to receive vouchers for free eye exams and/or glasses for qualified students.

4011 WestChase Blvd #180 Raleigh, NC 27607

Phone: (919)-755-5044

<https://nc.preventblindness.org>

Resources for the Hearing Impaired

Disability Resource Center

The Disability Resource Center can provide services for the hearing impaired such as housing case management and connecting them to resources that provide assistive technology and in-home services. Furthermore they provide peer support, teach individuals with disabilities on how to advocate for themselves, and offer socialization groups and activities.

Open Mon - Thu 9 AM - 4:30 PM

(910)-815-6618

5041 New Centre Drive, Suite 210

Wilmington, NC 28403

<http://www.drc-cil.org/>

Telebraille Relay Service

This is a service designed for people who are deafblind or deaf with low vision. This service allows individuals to make phone calls by reading a phone conversation in braille or a large front size at 15 WPM transmission speed. A relay operator will read aloud the message you typed to the other party and type the other party's voiced message to you.

Dial 711

English: (800)-735-2962

Spanish: (888)-825-6570

<https://relaync.com/telebraille/>

Online Deaf Web Directory for NC

Ongoing and updated list of Deaf Clubs, Associations, and helpful links to Deaf related websites that are mostly based in North Carolina.

<http://www.deafnc.info/>

Wilmington Regional Resource Center

3240 Burnt Mill Drive Suite 5 Wilmington, NC 28403

Phone: Voice (910)-251-5702 Toll Free Voice (800)-205-9915

Video Phone (910)-777-5770

<https://www.ncdhhs.gov/assistance>